

# **BCS70 technical report Appendix**

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# 1. Advance Letter

## a. Waves 1-4 (video)

GenAdVI

Participant reference number:

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Dear \_\_\_\_\_

### Your Invitation to take part in the BCS70 Life in Your Early 50s Survey

As you know, for over 50 years, the 1970 British Cohort Study has been following everyone in Britain born in the same week as you, from birth right through to the present day. I am now thrilled to be inviting you to take part in the next stage of this world-renowned study – the Life in Your Early 50s Survey. As a valued and irreplaceable member of the cohort, we hope we can count on your support. Over the last year many of you have taken part in our series of COVID-19 surveys. We're enormously grateful for that.

**Each time you take part, the information you provide becomes more useful.** With over 17,000 study members, BCS70 is one of the most valuable studies of its kind anywhere in the world. Important findings have recently been drawn from BCS70 on topics as varied as early childhood education, obesity, and the important link between birth weight and balance.

Your interview will be carried out by a specially trained interviewer from either NatCen Social Research or Kantar Public. We are now conducting the interviews via video call and the interviewer will ask you if you would be happy to take part in this way when they contact you.

### What happens next?

In the coming weeks, your interviewer will contact you via telephone to discuss taking part and can answer any questions you may have. If you are happy to do so, they will arrange an appointment for your video interview at a time which suits you. The interview can take place in the evenings or at weekends if this is most convenient. We have added some further information about how video call interviewing will work on the back of this letter. We have also enclosed a guide for you that describes what the survey will involve. Some of the procedures outlined in this guide have been adapted for video interviewing.

If you would prefer an interviewer to visit you at your home, just let the interviewer know when they call and we will make arrangements to do this at a later date.

### Any questions?

If you have any questions or prefer that the interviewer does not contact you, please do not hesitate to contact the NatCen research team by email at [bcs70@natcen.ac.uk](mailto:bcs70@natcen.ac.uk) or on Freephone **0800 526 397** between 9:00am and 5:00pm (Monday to Friday). You can also keep up with the latest news from BCS70, including new findings, on our website: [www.bcs70.info](http://www.bcs70.info) and on Facebook: [www.facebook.com/1970BritishCohortStudy/](https://www.facebook.com/1970BritishCohortStudy/).

Thank you again for your continued participation in the BCS70 study; we hope to see you soon.

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

Your interviewer on this study will be:

Contact number:

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Email address:

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**Why are we doing interviews by video call?**

Due to COVID-19 restrictions, we restarted the survey interviewing by video call using Microsoft Teams and received positive feedback. As a result of this feedback, we are continuing to conduct some interviews by video call.

**Do I have to take part via video call?**

No. Please let the interviewer know if you would prefer an interviewer to visit you at home when they contact you.

**Will it be complicated?**

No – taking part in a video call interview should be very straightforward for most people. The interviewer will telephone you and talk you through the process and will be able to help with any problems. If there are technical difficulties which stop you taking part via video call we can arrange to visit you at home to conduct your interview in person at a later date. If you do find anything difficult or confusing, please tell us. Your feedback is very important.

**Is video call interviewing secure?**

Yes. Your video call interview will take place using Microsoft Teams. This software has been approved by the UCL Information Security Team. The software uses end-to-end encryption and authentication process which provides the highest level of security. Interviewers will make sure that they conduct the interview in a place where nobody else will be able to see or hear the interview taking place. The interviewer will record your answers on their laptop and the information collected will then be processed in exactly the same way as the information we collect in face-to-face interviews.

**Will the video interview be recorded?**

No, we will not be recording the video call interviews.

b. For waves 5-7 (video and in person)

GenAdCom



Participant reference number:

\_\_\_\_\_

Dear \_\_\_\_\_

**Your invitation to take part in the BCS70 'Life in Your Early 50s' Survey**

As you know, for over 50 years, the 1970 British Cohort Study has been following everyone in Britain born in the same week as you, from birth right through to the present day. I am now thrilled to be inviting you to take part in the next stage of this world-renowned study – the Life in Your Early 50s Survey. As a valued and irreplaceable member of the cohort, we hope we can count on your support. Many of you took part in our series of COVID-19 surveys in 2020 and 2021. We're enormously grateful for that.

**Each time you take part, the information you provide becomes more useful.** With over 17,000 study members, BCS70 is one of the most valuable studies of its kind anywhere in the world. Important findings have recently been drawn from BCS70 on topics as varied as early childhood education, obesity, and the important link between birth weight and balance.

The enclosed 'Survey Guide' describes what the survey will involve. Your interview will be carried out by a specially trained interviewer from either NatCen Social Research or Kantar Public. The interview can take place in the evenings or at weekends if this suits you better.

**What happens next?**

In the coming weeks, your interviewer will contact you to discuss taking part and arrange a time for the interview. The interview can either be conducted in person or by video call. The interviewer will discuss this further with you when they contact you and will be able to answer any queries you have.

Please see the enclosed COVID-19 leaflet which details how we are keeping you and our interviewers safe if they visit you. We have also added some further information about how video call interviewing works on the back of this letter.

**Any questions?**

If you have any questions or prefer not to take part, you can contact the NatCen research team by email at [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk) or on Freephone **0800 526 397** between 9:00am and 5:00pm (Monday to Friday). You can also keep up with the latest news from BCS70, including new findings, on our website: [www.bcs70.info](http://www.bcs70.info) and on Facebook: [www.facebook.com/1970BritishCohortStudy/](https://www.facebook.com/1970BritishCohortStudy/).

Thank you again for your continued participation in the BCS70 study; we hope you enjoy taking part.

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

Your interviewer on this study will be:

Contact number:

Email address:



## **Video Call Interviews**

### **Why are we doing some interviews by video call?**

Due to COVID-19 restrictions, we restarted the survey interviewing by video call using Microsoft Teams and received positive feedback. As a result of this feedback, we are continuing to conduct some interviews by video call.

### **Do I have to take part via video call?**

No. Please let the interviewer know if you would prefer an interviewer to visit you at home when they contact you.

### **Will it be complicated?**

No – taking part in a video call interview should be very straightforward for most people. The interviewer will telephone you and talk you through the process and will be able to help with any problems. If there are technical difficulties which stop you taking part via video call we can arrange to visit you at home to conduct your interview in person at a later date. If you do find anything difficult or confusing, please tell us. Your feedback is very important.

### **Is video call interviewing secure?**

Yes. Video call interviewing will take place using Microsoft Teams. This software has been approved by the UCL Information Security Team. The software uses end-to-end encryption and authentication process which provides the highest level of security. Interviewers will make sure that they conduct the interview in a place where nobody else will be able to see or hear the interview taking place. The interviewer will record your answers on their laptop and the information collected will then be processed in exactly the same way as the information we collect in face-to-face interviews.

### **Will the video interview be recorded?**

No, we will not be recording the video call interviews.

## c. For reissues

ReissueAdCom



Participant reference number:

\_\_\_\_\_

Dear \_\_\_\_\_

### Your invitation to take part in the BCS70 'Life in Your Early 50s' Survey

For over 50 years, the 1970 British Cohort Study has been following everyone in Britain born in the same week as you, from birth right through to the present day. We are currently conducting the next stage of this world-renowned study – the Life in Your Early 50s Survey. We have previously invited you to take part in this latest survey, but we were either unable to reach you or you could not take part at the time. As a valued and irreplaceable member of the cohort, we would like to invite you again to take part and hope you will be able to.

**Each time you take part, the information you provide becomes more useful.** With over 17,000 study members, BCS70 is one of the most valuable studies of its kind anywhere in the world. Important findings have recently been drawn from BCS70 on topics as varied as early childhood education, obesity, and the important link between birth weight and balance. We previously sent a 'Survey Guide' which describes what the survey will involve. If you did not receive this or no longer have a copy of this, you can access it online at: <https://bcs70.info/home/surveys/life-in-your-early-50s/>

Your interview will be carried out by a specially trained interviewer from either NatCen Social Research or Kantar Public. The interview can take place in the evenings or at weekends if this suits you better.

#### What happens next?

In the coming weeks, your interviewer will contact you to discuss taking part and arrange a time for the interview. The interview can either be conducted in person or by video call. The interviewer will discuss this further with you when they contact you and will be able to answer any queries you have. We have added some further information about how video call interviewing works on the back of this letter.

#### Any questions?

If you have any questions or prefer not to take part, you can contact the NatCen research team by email at [bcs70@natcen.ac.uk](mailto:bcs70@natcen.ac.uk) or on Freephone **0800 526 397** between 9:00am and 5:00pm (Monday to Friday). You can also keep up with the latest news from BCS70, including new findings, on our website: [www.bcs70.info](http://www.bcs70.info) and on Facebook: [www.facebook.com/1970BritishCohortStudy/](https://www.facebook.com/1970BritishCohortStudy/).

Thank you again for your continued participation in the BCS70 study; we hope you enjoy taking part.

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

Your interviewer on this study will be:

Contact number:

Email address:

\_\_\_\_\_



### **Video Call Interviews**

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#### **Do I have to take part via video call?**

No. Please let the interviewer know if you would prefer an interviewer to visit you at home when they contact you.

#### **Will it be complicated?**

No – taking part in a video call interview should be very straightforward for most people. The interviewer will telephone you and talk you through the process and will be able to help with any problems. If there are technical difficulties which stop you taking part via video call we can arrange to visit you at home to conduct your interview in person at a later date. If you do find anything difficult or confusing, please tell us. Your feedback is very important.

#### **Is video call interviewing secure?**

Yes. Video call interviewing will take place using Microsoft Teams. This software has been approved by the UCL Information Security Team. The software uses end-to-end encryption and authentication process which provides the highest level of security. Interviewers will make sure that they conduct the interview in a place where nobody else will be able to see or hear the interview taking place. The interviewer will record your answers on their laptop and the information collected will then be processed in exactly the same way as the information we collect in face-to-face interviews.

#### **Will the video interview be recorded?**

No, we will not be recording the video call interviews.

## 2. Survey leaflet

# 1970 BRITISH COHORT STUDY: LIFE IN YOUR EARLY 50s

Your guide to taking part

**BCS70** 50  
1970 British Cohort Study YEARS OF LIFE & SCIENCE

5\_BCS50\_SL\_Advance Leaflet

# WELCOME TO THE LIFE IN YOUR EARLY 50s SURVEY!

Over the past fifty years, you – and over 17,000 study members like you – have been telling us the stories of your lives. Together, the information you have provided represents the lives of your whole generation, and is creating one of the most valuable research resources of its kind anywhere in the world.

Each time you take part, BCS70 becomes even more valuable. This guide will answer any questions you may have about the Life in Your Early 50s Survey. Please read it carefully before your interview. The Life in Your Early 50s Survey will involve:

 paper questionnaire

 interview

 short online questionnaire about your diet.

## WHY IS BCS70 SO IMPORTANT?

Every time we visit you, we add the information you provide to what you told us before. This allows scientists to determine how our past experiences shape our future. Here are just a few examples of what the study has found.

## READING FOR PLEASURE

When you were a child, we asked your mother about your reading habits. We also tested your vocabulary, spelling and maths as you grew.

We discovered that those who read for pleasure made more progress in every area

than those who rarely read – even in maths! This research received widespread press coverage, and has helped to shape policies on reading and libraries.

## TRACKING THE RISE OF HEALTH INEQUALITIES

Obesity is one of the biggest public health problems of our time. We compared information from BCS70 to three studies of other generations to see how being overweight might be driven by social inequalities.

We found that for the Baby Boomers and your generation – Generation X – your family's social class made little difference to your weight in childhood. However, for Generation Z those born in the year 2000-1, clear social inequalities have emerged: those from lower social classes were more likely to be overweight. Today, the obesity epidemic disproportionately affects those who are less advantaged.

## BIRTH WEIGHT AND BALANCE

In the very first BCS70 survey, we recorded your birth weight. At age 10, we tested your balance by asking you to stand on one leg.

Researchers found that babies who were heavier at birth were more likely to have good balance at age 10 – an important indicator of good overall health. When we last visited you in your mid-40s, we tested your balance again to see how life experiences might affect balance as you get older.





# SO WHAT HAPPENS NEXT?

Within the next few weeks, your interviewer will be in touch to answer any questions you have and book your interview at a time that suits you. As always, the interviewer will be fully trained, and experienced in conducting research. Your participation is, of course, entirely voluntary.

If you don't want to take part this time around please contact the NatCen research team by email at [bcs70@natcen.ac.uk](mailto:bcs70@natcen.ac.uk) or on Freephone 0800 526 397 between 9:00 am and 5:00 pm (Monday to Friday).

## BEFORE YOUR INTERVIEW: PAPER QUESTIONNAIRE

Once you have booked your interview, the interviewer will send you a paper questionnaire in the post. If possible, we would like you to complete it **before your interview**. Your interviewer will let you know how to return the questionnaire to us.

The paper questionnaire includes questions about wellbeing, physical activity and leisure activities. It will take about 30 minutes to complete.



## YOUR INTERVIEW

In the interview, we will ask you about some familiar topics, including your relationships with friends and family, your employment and income, and your physical and mental health.

During the interview, you will be asked to answer some private questions. For these questions you will be asked to enter your answer directly to ensure that the interviewer will not be able to see or hear your answers. The interviewer will talk you through how to do this.

The interview will take around 85 minutes to complete. As always, if at any point there are any questions that you don't feel comfortable answering, you can just tell the interviewer you want to skip that question.

## AFTER THE INTERVIEW: ONLINE DIETARY QUESTIONNAIRE

Lastly, we would be grateful if on two days after your interview you could complete an online questionnaire about what you ate and drank the day before.

The questionnaire will take around 15 minutes to complete on each day. The days will be allocated to you during your interview. Your interviewer will give you more information about this.



# MORE INFORMATION

## ADDING OTHER INFORMATION ABOUT YOU

Many of you have already given us permission to add information about you from health records held by the NHS, and economic records held by Her Majesty's Revenue and Customs (HMRC) and the Department for Work and Pensions (DWP).

Your health records will help us understand what causes illnesses and conditions, and how they could be prevented.

Your economic records will help give us deeper insight into how people's finances affect different aspects of life.

If you haven't already given permission your interviewer will ask you about this. They will provide full details and answer any questions you may have.

We would also like to ask your partner (if you have one) if we can add their records, if they haven't already given permission. The experiences of those you live with have a big impact on you, so this information would give a more accurate picture of the factors affecting your life.

## WHO CARRIES OUT THE SURVEY?

BCS70 is run by the Centre for Longitudinal Studies (CLS), a research centre in the UCL Social Research Institute. The Economic and Social Research Council funds the survey.

The Life in Your Early 50s Survey is being conducted by the National Centre for Social Research (NatCen) and Kantar, two of Britain's largest social research agencies.

## ETHICAL APPROVAL

The BCS70 Life in Your Early 50s Survey has been approved by an independent group called a Research Ethics Committee, to protect your safety, rights, wellbeing and dignity.

## CONFIDENTIALITY AND DATA SECURITY

The information you provide will be treated in accordance with the General Data Protection Regulations and used for research purposes only. This means that the data we collect from you is kept separately from information which could identify you. When reports using the data are published, care is taken to ensure that no information which could identify an individual is included.

The data controller for this project is University College London (UCL). A data controller refers to the party that determines the way personal data is processed, and for what reason. The UCL Data Protection Office provides oversight of UCL activities that process personal data, and can be contacted at: [data-protection@ucl.ac.uk](mailto:data-protection@ucl.ac.uk).

The legal basis used to process your personal data is performance of a task in the public interest.

If you are concerned about how your personal data is processed, please contact the UCL Data Protection Office in the first instance using the email address above. If you remain unsatisfied, you may wish to contact the Information Commissioner's Office (ICO). Contact details, and details of data subject rights, are available on the ICO website at: <https://ico.org.uk/>

Your data will be stored securely and retained until no longer required by the Centre for Longitudinal Studies.

Participation in this research is not compulsory and you have the right to withdraw at any stage. More information about privacy and confidentiality is available on the BCS70 website: <https://bcs70.info/faqs/#privacy-and-data-protection>

## SUPPORT AND ADVICE

If you need support or advice on any of the topics in the survey the following organisations may be able to help.

SupportLine: 01708 765 200  
Citizen's Advice Bureau:  
03444 111 444



## WHO TO CONTACT FOR MORE INFORMATION

Your interviewer should be able to answer any further questions you might have, but if you need more information or want to make a complaint, please contact NatCen:

 Freephone 0800 526 397

 [bcs70@natcen.ac.uk](mailto:bcs70@natcen.ac.uk)

You can also find out more at

 [www.bcs70.info](http://www.bcs70.info)

 [bcs70@ucl.ac.uk](mailto:bcs70@ucl.ac.uk)

 0800 035 5761

 1970 British Cohort Study,  
Centre for Longitudinal Studies,  
UCL Social Research Institute,  
20 Bedford Way,  
London, WC1H 0AL



### 3. Appointment letter

#### a. Video



Date: .....

### LIFE IN YOUR EARLY 50s SURVEY

Dear .....

Thank you for agreeing to take part in the Life in Your Early 50s Survey.

Before the interview, we would like you to complete the enclosed paper questionnaire. It should take no longer than 30 minutes. The questionnaire will ask you about a range of topics including your leisure activities, well-being, and physical activity.

Once you have completed the questionnaire please seal it in the enclosed prepaid envelope and post it back to us as soon as possible. If you have any difficulties, please speak to your interviewer about it during your video call interview.

Please read the instructions on the front page of the questionnaire about how to complete it. If you have any concerns or queries about this please contact NatCen on Freephone **0800 526 397** or email **bc70@natcen.ac.uk**.

We have also enclosed a sealed envelope with this letter. Please **do not open it** but keep it safe so that you can easily access it during your video interview. The envelope contains details of a task we would like you to complete during the interview. The interviewer will give you further information on this task during your video call.

The date and time which you have agreed for your interview is:

Date: .....

Time: .....

If you need to re-arrange the interview for another time – or have difficulty joining the video call - please get in touch with your interviewer on the number below:

Interviewer: .....

Contact number: .....

Further instructions on what you will need for the video call and how to join the call are **on the back of this letter**. We hope you enjoy taking part.

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

## TAKING PART IN A VIDEO CALL

You can join your interview via a PC, laptop, tablet or smartphone. If you have the option, we suggest using a PC, laptop or tablet, as these devices will allow you to view on-screen text more easily. We would also advise that you take part from your home or somewhere you are comfortable and have some privacy. At one point you will be asked to write so you may want to be near a hard surface to lean on (you could also use a hard book to do this).

## JOINING THE VIDEO CALL

1. **Click on the "Click here to join the meeting" link** in your meeting invite which has been e-mailed to you by the interviewer.
  - If you use a PC or laptop (and don't already have MS Teams installed) you may prefer to join the call via your browser to avoid needing to download the Microsoft Teams app (supported browsers for MS Teams include Chrome and Edge).
  - If you choose to join the call on your tablet or smartphone, you will need to download the MS Teams app when prompted.
  - If prompted please accept the option to allow audio and video for the call.
2. **Enter your name and toggle on sound and/or video**
  - You should then see a page where you choose your audio and video settings for the meeting. You should see yourself on screen (if your video is toggled on) and a place to enter your name (so we know who it is that is joining).
  - Make sure your microphone is toggled on. You can choose whether you start with your camera on or off. But it would be really nice to be able to see you!
3. **Join the call**
  - When you are ready click "Join now".
  - If you join early you will get a message that says "When the meeting starts, we'll let people know you're waiting". Your interviewer will start the interview shortly.
  - Then the message will change to "Connecting" and you will be admitted to the meeting.

## FURTHER HELP AND SUPPORT

You can click on 'Learn more' on the meeting invite for further instructions on how to join a video call.

Alternatively, you can type in the following into your browser:  
<https://support.microsoft.com/en-us/teams>

If you click on 'Meetings and Calls', a number of links will appear with further guidance.

b. In person



Date: .....

## LIFE IN YOUR EARLY 50s SURVEY

Dear .....

Thank you for agreeing to take part in the Life in Your Early 50s Survey.

Before the interview, we would like you to complete the enclosed paper questionnaire. It should take no longer than 30 minutes. The questionnaire will ask you about a range of topics including your leisure activities, well-being, and physical activity.

Once you have completed the questionnaire please seal it in the enclosed envelope. This will keep your answers confidential. The interviewer will be able to collect this when they visit.

Please read the instructions on the front page of the questionnaire about how to complete it. If you have any concerns or queries about this please contact NatCen on Freephone **0800 526 397** or email **bc70@natcen.ac.uk**.

The date and time which you have agreed for your interview is:

Date: .....

Time: .....

If you need to re-arrange the interview for another time, please get in touch with your interviewer on the number below:

Interviewer: .....

Contact number: .....

We hope you enjoy taking part.

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

## 4. Tracing

### a. Mover tracing letter

TracFwd



Participant reference number

Date \_\_\_\_\_

**1970 British Cohort Study: Life in Your Early 50s Survey**

Dear \_\_\_\_\_

I am writing to let you know that the next stage of the 1970 British Cohort Study (BCS70) is now underway. I hope you would like to take part.

Interviews will be conducted by our partner organisations: NatCen Social Research and Kantar Public who are both independent research organisations.

An interviewer from one of these two organisations tried to contact you using the details we have on our files and found that your contact details have changed.

The interviewer spoke to \_\_\_\_\_ who did not wish to give your new contact details without your permission, but did agree to forward this letter to you on our behalf.

**I would be most grateful if you would let NatCen Social Research know your current address and any other contact details you are happy to give.** You can either email them at [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk) or call on NatCen Freephone **0800 526 397**. Alternatively, you can complete the reply slip at the bottom of this letter and return it in the enclosed FREEPOST envelope – you won't need a stamp.

By giving us your contact details you are not committing yourself to be interviewed. Once you have confirmed your new details you will be contacted by an interviewer who will provide you with information about the Life in Your Early 50s Survey and invite you to take part. If you are willing, they will arrange a convenient time to interview you.

Without the ongoing commitment of irreplaceable study members like you, BCS70 - a ground breaking study - could not continue. If you have any further queries about the study please do not hesitate to contact NatCen Social Research using the contact details above.

**Thank you very much for your help.**

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Director



7\_BCS50\_SL\_Tracing Letter Fwd

Participant reference number

Please complete this form using **BLOCK CAPITALS** and return in the **FREEPOST** envelope

**Title** \_\_\_\_\_ **First name** \_\_\_\_\_ **Surname** \_\_\_\_\_

**Address** \_\_\_\_\_

**Postcode** \_\_\_\_\_ **Telephone** \_\_\_\_\_

**Email** \_\_\_\_\_

**THE INFORMATION YOU GIVE WILL BE TREATED IN STRICTEST CONFIDENCE**  
Please turn over



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Please return the completed form in the enclosed Freepost envelope - you won't need a stamp if you post it in the UK.

If you have any questions about this form, or about the 1970 British Cohort Study please contact us: by email at [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk) or on Freephone **0800 526 397**.

**THANK YOU FOR YOUR HELP**



..... ✂

Please give address details below using **BLOCK CAPITALS**

**Address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

If you are the person named overleaf, please also complete the following:

**First name(s):** \_\_\_\_\_ **Surname:** \_\_\_\_\_

Please help by completing this form and returning it in the enclosed FREEPOST envelope - you don't need a stamp if you post it in the UK. If you have any questions, please email at [cohort@natcen.ac.uk](mailto:cohort@natcen.ac.uk) or call **0800 526 397** (calls from landlines are free but costs from mobile phones may vary, check with your provider).

**THANK YOU FOR YOUR HELP**

### c. Stable contact tracing letter

TracStc



Participant reference number

Date \_\_\_\_\_

**1970 British Cohort Study: Life in Your Early 50s Survey**

Dear \_\_\_\_\_

We are trying to make contact with \_\_\_\_\_ so that we can invite them to take part in the latest stage of the 1970 British Cohort Study (BCS70), a major national study following the lives of about 17,000 individuals born one week in 1970.

Interviews will be conducted by our partner organisations: NatCen Social Research and Kantar Public who are both independent research organisations.

An interviewer from one of these organisations has been unable to contact them using the details we have on our files, so this information may have changed. This person has previously given us your details and permission to contact you to try and find out the best way for us to get in touch with them.

If you know how we can get in touch with them, please let NatCen Social Research know their address and any other contact details you have for them. You can do so by either emailing them at [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk) or calling on NatCen Freephone **0800 526 397**. Alternatively, you can complete the reply slip at the bottom of this letter and return it in the enclosed FREEPOST envelope – you won't need a stamp.

By telling us their contact details, you are not committing them to taking part again. They will be able to decide this for themselves when we get in touch with them.

If you know their address but would prefer to pass this letter on to the study member and ask them to return it to us themselves, please do so. If the study member has any questions about the study, or would prefer not to be contacted again, please ask them to let us know.

**Thank you very much for your help.**

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Director

6\_BCS70\_SL\_Tracing Letter Stc



Participant reference number

Please complete this form using **BLOCK CAPITALS** and return in the **FREEPOST** envelope

**Title** \_\_\_\_\_ **First name** \_\_\_\_\_ **Surname** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_ **Postcode** \_\_\_\_\_ **Telephone** \_\_\_\_\_

**Email** \_\_\_\_\_

**THE INFORMATION YOU GIVE WILL BE TREATED IN STRICTEST CONFIDENCE**  
Please turn over

---

Please return the completed form in the enclosed Freepost envelope - you won't need a stamp if you post it in the UK.

If you have any questions about this form, or about the 1970 British Cohort Study please contact us: by email at [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk) or on Freephone **0800 526 397**.

**THANK YOU FOR YOUR HELP**



d. Change of address card



---

## CHANGE OF ADDRESS

---

PLEASE COMPLETE IN BLOCK CAPITALS

---

PERSONAL REF: (printed on all correspondence from the study)	
TITLE:	
FIRST NAME:	
SURNAME:	
DATE OF BIRTH (DD/MM/YY):	



GUMMED EDGE GUMMED EDGE

ADDRESS TO WHICH YOU'LL BE MOVING:
POSTCODE:
HOME TEL NO:
MOBILE TEL NO:
EMAIL ADDRESS:
DATE OF MOVE:

GUMMED EDGE GUMMED EDGE

Once complete please moisten edges, fold along the dotted line, seal and return – **no stamp is needed**. If this is not convenient or if you have any questions please contact us on [bc70@ucl.ac.uk](mailto:bc70@ucl.ac.uk) or Freephone **0800 035 5761**.

GUMMED EDGE GUMMED EDGE



Freepost RTCX-HBGC-CJSK  
1970 British Cohort Study  
20 Bedford Way  
London  
WC1H 0AL



## 5. Letter cancellation sheet

**LETTER  
CANCELLATION**



Interviewer ID number

Participant first name

Participant date of birth

Participant gender

Participant reference number

**Please only complete this when the interviewer asks you to do so**

Official use only

A

B

C

14\_BCS90\_MS\_Letter Cancellation Sheet

## LETTER CANCELLATION

EXAMPLE: G T G E ~~W~~ N R E ~~F~~ A Q B N D

→ A Y O V K S V S Y K W E Z J Z G V A U X C S H S P N K A A K  
I Y N O L C S C L I U A O P F E G M Z T Y M F Y D U P U U O  
O I T V L B U F V L N T H W T T N V D C H H X W A F A A M R  
M I S V X V G H H F P Z G P X T D Q X R U Q E K I E M V C W  
Q Z E I H B W M H A D B Y A S J Z L I H F Y K P Z X W J M C  
R S U W Y E P U Y W U V H Q G N J E J A V K E J M S Y H G Y  
S Y T I H E N V M U G M Q G J J C R Y N K T U D L H M F T V  
N H L P L I X K P G G J X D Q H V E A T V H L I W G V T H B  
L H V M J D T L M W P D W O A N E S T D G X Z D H C A N U W  
A Q F H B B P N O K M E R U F R L F H T M J C N P T Y O I S  
C D N E K E V J X V D Q W S U B M L C Y S N Z I Y Y N O R S  
T R L I E T O L B T N O T R G M D M B J O Z H R Y J X U Y I  
K L T F F T R S Y G N M D M P E I G O V D A B E S N Y P O S  
L C I V X L F V O W C Z P P S W J F B J H P C E G N W K C O  
J M R Y J F L X U H M E Z W K S P L S W J B K I K Q V B R P  
Q S S W G W K V M C K Y C S M E D I G B G B C R D P K E J V  
B K Q R Z Q X W I Z E O K O A M L G Z Z A L R X E L O X O P  
O W Z A H X Q P H B B Z R V H Y X O W H A F K L Q L O R X T  
G Q C F C V T Z B N Z K N A D L K W M X O Q L N S T U Q C Q  
I T W D P W O B E K Q F S Z P L S X O C I Q N O K L K F T O  
S Q X J W U T X F Z S S U K D T F O P U Y L E S P I B N W P  
N S W S U T I P M X O D R C V D L N O F R V W W I N I C U O  
D H T G I Z C M M H X X N K H W Q I T Z X X I O N C S V Y N  
S O V B A B G D B I M T J G T E T L G N H C N Z D C C X U J  
E K J O V C Q Y G D R P L M D R W L W D S H K R D L A R T T  
X X Q U S U I Y C Q C B U O O B T Z P G Q G H C N L I I W Q

## 6. Cognitive assessment booklet

### COGNITIVE MODULE – INTERVIEWER RECORDING BOOKLET



Interviewer ID number

--	--	--	--

Participant first name

Participant gender

M	F
---	---

Participant date of birth

		0	4	7	0
--	--	---	---	---	---

Participant reference number

--	--	--	--	--	--	--	--	--	--

### WORD LIST – FIRST RECALL

**Please write down the words the respondent recalls in the space provided:**

- Do NOT interrupt the respondent
- If respondent is saying words more quickly than you can write them down in full, just write down the first letter of the word
- Do NOT count any words the respondent says which are not on the list

#### WORD LIST A WORD LIST A - RESPONSES

Hotel
River
Tree
Skin
Gold
Market
Paper
Child
King
Book

--	--

#### WORD LIST B WORD LIST B - RESPONSES

Sky
Ocean
Flag
Dollar
Wife
Machine
Home
Earth
College
Butter

--	--

#### WORD LIST C WORD LIST C - RESPONSES

Woman
Rock
Blood
Corner
Shoes
Letter
Girl
House
Valley
Engine

--	--

#### WORD LIST D WORD LIST D - RESPONSES

Water
Church
Doctor
Palace
Fire
Garden
Sea
Village
Baby
Table

--	--

12\_BCS80\_MS\_Cognitive Assessment Booklet\_with LC



**ANIMAL NAMES**

Please write down all the animal names given by the respondent in the space provided:

- Do NOT interrupt the respondent
- If respondent is saying names more quickly than you can write them down in full, use abbreviations or a tally
- ONLY if the respondent asks for clarification, explain that animals include birds, insects, fish etc.
- If the respondent gets stuck, say "Can you think of any more?"

--	--

**POINTS TO REMEMBER:**

- Do NOT count repetitions
- Do NOT count redundancies (e.g. white cow, brown cow)
- Do NOT count named animals (e.g. Spot, Bambi)
- DO count different breeds (e.g. terrier, greyhound)
- DO count gender- or generation-specific names (e.g. bull, cow, heifer, calf)
- If the respondent names animals that are unfamiliar to you, give them the benefit of the doubt and count them (e.g. Kudu)

**Letter Cancellation**

EXAMPLE: 

G	T	G	E	<del>W</del>	N	R	E	<del>F</del>	A	Q	B	N	D
---	---	---	---	--------------	---	---	---	--------------	---	---	---	---	---

→ A Y O V K S V S Y K W E Z J Z G V A U X C S H S P N K A A K  
 I Y N O L C S C L I U A O P F E G M Z T Y M F Y D U P U U O  
 O I T V L B U F V L N T H W T T N V D C H H X W A F A A M R  
 M I S V X V G H H F P Z G P X T D Q X R U Q E K I E M V C W  
 Q Z E I H B W M H A D B Y A S J Z L I H F Y K P Z X W J M C  
 R S U W Y E P U Y W U V H Q G N J E J A V K E J M S Y H G Y  
 S Y T I H E N V M U G M Q G J J C R Y N K T U D L H M F T V  
 N H L P L I X K P G G J X D Q H V E A T V H L I W G V T H B  
 L H V M J D T L M W P D W O A N E S T D G X Z D H C A N U W  
 A Q F H B B P N O K M E R U F R L F H T M J C N P T Y O I S  
 C D N E K E V J X V D Q W S U B M L C Y S N Z I Y Y N O R S  
 T R L I E T O L B T N O T R G M D M B J O Z H R Y J X U Y I  
 K L T F F T R S Y G N M D M P E I G O V D A B E S N Y P O S  
 L C I V X L F V O W C Z P P S W J F B J H P C E G N W K C O  
 J M R Y J F L X U H M E Z W K S P L S W J B K I K Q V B R P  
 Q S S W G W K V M C K Y C S M E D I G B G B C R D P K E J V  
 B K Q R Z Q X W I Z E O K O A M L G Z Z A L R X E L O X O P  
 O W Z A H X Q P H B B Z R V H Y X O W H A F K L Q L O R X T  
 G Q C F C V T Z B N Z K N A D L K W M X O Q L N S T U Q C Q  
 I T W D P W O B E K Q F S Z P L S X O C I Q N O K L K F T O  
 S Q X J W U T X F Z S S U K D T F O P U Y L E S P I B N W P  
 N S W S U T I P M X O D R C V D L N O F R V W W I N I C U O  
 D H T G I Z C M M H X X N K H W Q I T Z X X I O N C S V Y N  
 S O V B A B G D B I M T J G T E T L G N H C N Z D C C X U J  
 E K J O V C Q Y G D R P L M D R W L W D S H K R D L A R T T  
 X X Q U S U I Y C Q C B U O O B T Z P G Q G H C N L I I W Q

**WORD LIST – SECOND RECALL**

**Please write the words the respondent recalls in the space provided:**

- Do NOT interrupt the respondent
- If respondent is saying words more quickly than you can write them down in full, just write down the first letter of the word
- Do NOT count any words the respondent says which are not on the list.

WORD LIST A	WORD LIST A - RESPONSES
Hotel	
River	
Tree	
Skin	
Gold	
Market	
Paper	
Child	
King	
Book	

WORD LIST B	WORD LIST B - RESPONSES
Sky	
Ocean	
Flag	
Dollar	
Wife	
Machine	
Home	
Earth	
College	
Butter	

WORD LIST C	WORD LIST C - RESPONSES
Woman	
Rock	
Blood	
Corner	
Shoes	
Letter	
Girl	
House	
Valley	
Engine	

WORD LIST D	WORD LIST D - RESPONSES
Water	
Church	
Doctor	
Palace	
Fire	
Garden	
Sea	
Village	
Baby	
Table	

Office use only – scoring letter cancellation

Row and column reached	Correct	Missed
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

## 7. Online dietary questionnaire booklet

# ONLINE DIETARY QUESTIONNAIRE

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MORE INFORMATION

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**INTERVIEWER TO COMPLETE:**

To login please go to: [www.bcs70survey.co.uk/diet](http://www.bcs70survey.co.uk/diet)

And enter this Login ID:

**Allocated days:**

Day 1:  
Enter day (Mon-Sun)

/  /

DAY / MONTH / YEAR

Day 2:  
Enter day (Mon-Sun)

/  /

DAY / MONTH / YEAR



23\_BCS60\_SL\_ODQ Leaflet\_Paper

We would like you to complete an online questionnaire about what you eat and drink on two days over the next week. Understanding more about your diet will allow researchers to explore the impact of diet on many other aspects of life including physical and mental health. You may remember this questionnaire from the 2016-18 survey, if you took part in the nurse visit.

#### **WHEN SHOULD I COMPLETE THE QUESTIONNAIRE?**

We would like you to complete the questionnaire on the two separate days which are noted on the front of this leaflet. **It is important to fill it in on these particular days if you can.** Please log in to the questionnaire on each of the two days written on the front of this form. When you log on you will be asked to record what you ate and drank on the **previous day**. The previous day covers the 24-hour period from midnight through to midnight. The time period you will be asked about will be very clear when you log in so just follow the instructions.

The two days have been randomly selected. If the day you are completing the questionnaire about was not a typical day for you this does not matter – please fill in the questionnaire about that day anyway.

#### **HOW DO I ACCESS THE QUESTIONNAIRE?**

To get started visit [www.bcs70survey.co.uk/diet](http://www.bcs70survey.co.uk/diet) and enter your unique ID for logging in - this is noted on the front page of this leaflet. Full instructions on how to complete the questionnaire will be provided on screen once you have logged in.

The survey can be completed on a computer (laptop or desktop), tablet, or smartphone.

#### **HOW LONG WILL THE QUESTIONNAIRE TAKE TO COMPLETE?**

The questionnaire will take around 15 minutes to complete on each day.

#### **HOW WILL I REMEMBER TO COMPLETE THE QUESTIONNAIRE ON MY ALLOCATED DAYS?**

You will receive a reminder text message and email on your allocated days, reminding you to login and complete the questionnaire. This will include your Login ID.

#### **I'VE MISSED MY ALLOCATED DAY FOR COMPLETING THE QUESTIONNAIRE – WHAT SHOULD I DO?**

Please go online as soon as you can and complete the questionnaire. All of the questions in the questionnaire ask about 'yesterday', so if you miss your allocated day please just answer about the day before the day on which you are completing it. If you miss your first allocated day please try to complete the questionnaire before your second allocated day. **You cannot complete the questionnaire more than once on any one day.**

#### **DO I HAVE TO DO IT?**

No, it's up to you whether you want to complete the questionnaire or not. The success of the study depends on the goodwill and co-operation of those asked to take part. The more people who do complete the questionnaire, the more useful the results will be.

#### **WHY ARE YOU ASKING ME TO DO THIS AGAIN?**

You may remember being asked to complete this questionnaire last time we visited. Researchers are interested in understanding how our diets change over time as well as how diet can affect our health and other areas of our life. It is important that they get as much information from different time periods as possible so that they can fully understand how these things are linked. If you didn't complete the questionnaire last time, the information you provide about your diet is still really valuable to researchers.

#### **IS THE QUESTIONNAIRE CONFIDENTIAL AND SECURE?**

Yes. We take great care to protect the confidentiality of the information we are given, and take careful steps to ensure that the information is secure at all times. The study results will not be presented in a form which can reveal your identity. This will only be known to certain members of the NatCen and Centre for Longitudinal Studies research teams. The information collected will be used for research purposes only and treated in strict confidence in accordance with the General Data Protection Regulation 2018.

### WHAT IF I HAVE ANY OTHER QUESTIONS?

If you have any further questions, or  
need technical help, you can:

 [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk)


 0800 526 397

If you would like to find out more  
about the 1970 British Cohort Study  
you can:

 [www.bcs70.info](http://www.bcs70.info)

or contact the BCS70 team

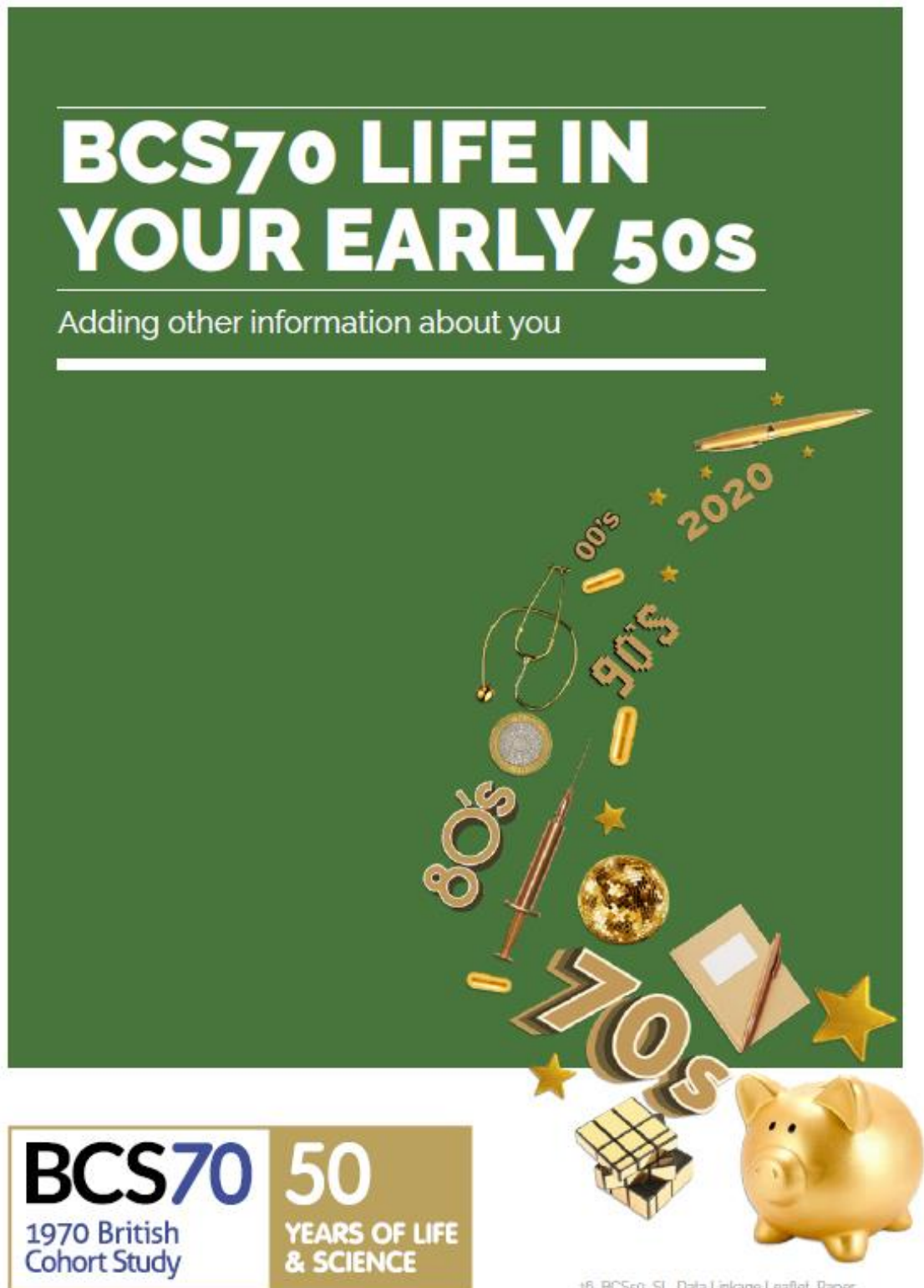
 [bc70@ucl.ac.uk](mailto:bc70@ucl.ac.uk)

 0800 035 5761

# THANK YOU FOR YOUR HELP



## 8. Data linkage leaflet



The leaflet cover features a dark green background with the title "BCS70 LIFE IN YOUR EARLY 50s" in large white letters. Below the title is the subtitle "Adding other information about you". The central graphic is a collage of golden 3D objects including a pen, a globe, a syringe, a piggy bank, a Rubik's cube, a briefcase, a stethoscope, a coin, and various decade labels like "80's", "90's", "00's", and "2020".

**BCS70** 50  
1970 British Cohort Study YEARS OF LIFE & SCIENCE

16\_BCS50\_SL\_Data Linkage Leaflet\_Paper



### ADDING OTHER INFORMATION ABOUT YOU

Government departments and agencies routinely collect information about all of us to help them plan and provide the services we need.

We would like to ask you and your partner (if you have one) for permission to add some of this information held about yourselves in administrative records to the information we collect from you as part of the study.

The information we would like to add is from administrative health and economic records.

We will only obtain this information with your permission.

### WHAT INFORMATION IS IN THESE RECORDS?

#### HEALTH RECORDS

National Health Service (NHS) records include admissions or attendances at hospital (such as dates of admission, discharge or attendance, diagnoses received, treatments given, surgical procedures), visits to your family doctor or other health professional (e.g. midwife), specific conditions (such as cancer or diabetes), and prescriptions given.

The medical and health records for all patients using the NHS health services throughout their lives are maintained by:

- NHS Digital in England;
- NHS Wales Informatics Service's Information Services Division (ISD);
- Information Services Division (ISD) of NHS National Services Scotland.

#### ECONOMIC RECORDS

Records kept by the Department for Work and Pensions (DWP) include information about benefit claims and participation in employment programmes.

Records kept by Her Majesty's Revenue and Customs (HMRC) include information about employment, earnings, tax credits, occupational pensions and National Insurance Contributions.

#### SOME ASSURANCES

Your decision whether or not to allow us to add information from your records will not affect your health treatment or any health insurance.

It will not affect your benefits, tax or pension.

Neither will it affect your future participation in the study.



### WHY IS ADDING THIS INFORMATION IMPORTANT?

The information in these records is more detailed than the information we collect from you in the survey.

Adding information stored in administrative records to the information you have given to BCS70 over the years can help us understand much more about your experiences.

It helps us build a more complete picture of your life and makes the study an invaluable resource for researchers and policy makers, who use this information to improve public services.

Adding other information from your health records will allow us to carry out more detailed research on things like:

- What lifestyle factors are linked to particular illnesses
- How some illnesses impact people's lives

Adding extra information about your earnings and benefits from your economic records will allow us to carry out more detailed research on things like:

- How well prepared people are for retirement
- Who receives which benefits and the impact this has on people's lives
- How childhood circumstances affect income in adult life

### WHY ARE WE ASKING FOR YOUR PARTNER'S RECORDS?

The circumstances of people you live with have a big effect on you. If, for example, your partner were to become seriously ill, or were to experience a long period of unemployment, this could clearly have a significant impact on your life. We are only able to collect a very limited amount of information about your partner when we interview you, so adding information from their records will give us a much better understanding of your family circumstances. We can use this information to make our research more accurate.

### HAVE WE ASKED YOU (OR YOUR PARTNER) ABOUT THIS BEFORE?

Some of you may have already given permissions for us to add this information about you. This time, we are only asking about the permissions we have not previously collected from you.

**Your permissions can be changed at any time without giving us a reason. This applies to any permissions you may have given in the past.**

All information collected by BCS70, including information from administrative records, is treated in the strictest confidence in accordance with the Data Protection Act and the General Data Protection Regulation (GDPR). The information is collected and used for research purposes only. The lawful basis on which we process your personal information is a "Task in the Public Interest".



## HOW THE PROCESS WORKS

- 1) With your permission, we securely send your unique study identifier (unique ID), name, sex, address and date of birth to the named government departments and agencies that hold your records. If they are available, we may also send your NHS and National Insurance numbers to help identify your records.

*Your personal details will only be used to help identify your records accurately. We do not send your survey responses or other information about you.*

- 2) The government departments and agencies use your personal details to find your records.

*When your records have been identified, the file containing your personal details is destroyed. These organisations will not keep any of the personal information passed on to them.*

- 3) The government departments and agencies then send the information taken from your records, together with your unique ID, back to the BCS70 team.

- 4) The BCS70 team uses your unique ID to match the information from your administrative records to your survey responses.

- 5) The matched information containing survey answers and administrative information is made available to researchers.

*Your name, address, your NHS or National Insurance numbers will never be seen by researchers, which ensures that no one can be identified from the data.*

**If your partner gives permission, the same process will occur and their records will be added to your study responses.**

## KEEPING YOUR INFORMATION SAFE

To keep your information safe, it is encrypted and sent via secure transfer systems, in line with the most up to date security rules and procedures.

## WHO WILL USE THE INFORMATION AND WHAT FOR?

The matched survey and administrative information will be used for research purposes only. Like your study responses, this information will be used by professional academic and social policy researchers for non-commercial research and statistics.

## WHO GETS TO SEE THE INFORMATION FROM YOUR RECORDS?

The information will be made available to researchers under restricted access arrangements via the UK Data Service (UKDS) or a similar organisation. This means that access to the data will only be granted in a secure research environment and after a successful application, assessed and approved by the BCS70 team and by the named government department or agency (if required). This is to make sure this information is used responsibly and safely.

## WHEN DOES YOUR PERMISSION EXPIRE?

The information we would like to add relates to your past, present and future circumstances.

**We have not put an end date on the permissions that you give as we do not know exactly when we will add this information. We will collect these records on an ongoing basis unless you tell us to stop.**

**As our aim is to follow your whole life's journey, we have not set a time limit on how long we will keep your information.**

## WHAT IF YOU CHANGE YOUR MIND?

**You can change your mind about adding information from these records or withdraw any of your permissions at any time, without giving us a reason. This applies for any permissions that you may have given in the past.**

If we have already added some of your information, it will continue to be used for research purposes only, however we will not add any further information from your records.

See the back page for how you can change your permissions.

For questions about adding other information in this year's survey, contact NatCen by:


 emailing [bc70@natcen.ac.uk](mailto:bc70@natcen.ac.uk)

 calling the NatCen Freephone on **0800 526 397**

You can also find out more at

 [bc70.info](http://bc70.info)

To change or ask questions about permissions you have previously given, contact the BCS70 team by:

 emailing [bc70@ucl.ac.uk](mailto:bc70@ucl.ac.uk)

 calling BCS70 Freephone **0800 035 5761** (leave a message quoting your reference number)

 writing to  
1970 British Cohort Study,  
UCL Social Research Institute,  
20 Bedford Way,  
London, WC1H 0AL



## 9. Covid booklet

### a. NatCen

**NatCen**  
Social Research that works for society

# OUR COVID-19 SAFETY MEASURES

As Britain's largest independent social research agency, we've worked, for the last 50 years, on behalf of government and charities to find out what people really think about important social issues and how Britain is run.

As leaders in social research, we know the impact of COVID-19 will shape society for years to come. Face-to-face data collection (i.e. interviewing in person) remains an essential method of data collection to ensure everyone's views are represented.

**We want to reassure you that we are working in line with government guidance to minimise the risk of COVID-19 transmission.**

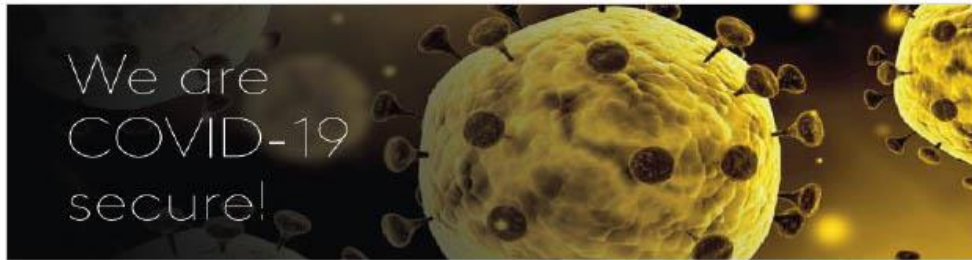


NatCen covid secure leaflet v4.0

## **What measures have the National Centre for Social Research introduced to ensure safe working during the COVID-19 pandemic?**

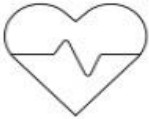
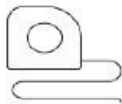
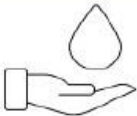

- ♥ Interviewers will self-assess their health before working and will re-arrange their working days if they are unwell or display symptoms of COVID-19
- ♥ Social distancing will be observed by our interviewers. Where possible contact and interviews will be carried out at a 2-metre social distance and 1-metre as a minimum
- ♥ Interviewers are supplied with face masks and will check whether you would like them to wear a face mask before entering your home
- ♥ Interviewers will sanitise their hands and equipment before entering your home, during the interview if they need to pass anything to you and after every interview
- ♥ Alternative interview options such as a remote telephone or video interview may be offered to you if you are unable to be interviewed in your home
- ♥ Our interviewer will carry out a household health screening questionnaire with you before making an appointment and in advance of any in-home visits
- ♥ Could we please ask for your support in ensuring a safe interviewing environment by;
  - ♥ Opening doors to reduce the contact our interviewer has with surfaces in your home
  - ♥ Choosing a place for the interview to take place that supports social distancing
  - ♥ Opening a window or external door to provide ventilation in the room where the interview will take place
- ♥ The interview can take place outdoors if you have a private garden or outside space

## b. Kantar



Face-to-face data collection is a valuable method to ensure people's views are represented and we want to reassure you that we are working in line with Government and Market Research Society guidelines to minimise the risk of Covid-19 transmission.

### How is Kantar working in a secure manner?

	<p>Our interviewers will self-assess their health at the start of every working day and will not be expected to work if they have displayed symptoms of Covid-19 in the last 5 days.</p>
	<p>Social distancing will be observed by interviewers. Interviews will be conducted with a 1 metre social distance.</p>
	<p>Interviewers are provided with face masks. Interviewers may choose to wear these whilst working and you will be asked prior to the interview if you would like the interviewer to wear a mask in your home. If this is your preference, the interviewer will wear a mask for the duration of the interview.</p> <p>The interviewer will sanitise their hands and equipment before entering your home and during the interview if we need to pass anything to you.</p>
	<p>The interviewer will arrange a suitable time with you to conduct the interview.</p> <p>Prior to the interview, to ensure we are working in a secure manner, we ask if you could please support us in making the interviewing environment safe by:</p> <ul style="list-style-type: none"><li>• Choosing a place for the interview to take place where you and the interviewer can sit at least 1 metre apart.</li><li>• Opening a window or door for 10 minutes, every hour to provide ventilation in the room where the interview will take place</li></ul>

Should you have any queries, please call **020 8433 4012** (during office hours, Mon-Fri, 9.00am - 5.30pm).

**KANTAR**

FTF In home Covid-19 leaflet V2 (issued April 2022)  
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## 10. Health screener

**NatCen**  
Social Research that works for society



### Participant / Household Health Screener

**Fieldworker instruction:** Participant & household health screening must be carried out in advance of making an appointment for an in home visit **AND** immediately before entering a participants' home.

**Introduction to Health Screener:** I would like to firstly reassure you that I do not have any Covid-19 symptoms. I would now like to ask a few screening questions about you and other members of your household.

#### Screening questions (fieldworker read out):

- a) Are you or anyone in your household currently self-isolating?
- b) In the last 10 days have you or anyone in your household been diagnosed with Covid19?
- c) In the last 10 days have you or anyone in your household experienced flu-like or Covid19 symptoms
- d) Are you caring for someone who is vulnerable to Covid19?
- e) Do you have a serious underlying health condition that makes you high risk or vulnerable to Covid19?

#### Fieldworker Instruction:

If the response is "NO" to each of the above screener questions, you may make an appointment or carry out an in-home visit.

If any of screener questions a, b or c are answered "YES", you must **NOT CARRY OUT AN IN HOME VISIT** for a minimum period of 7 days. Appointments must be planned or re-scheduled accordingly or an option provided for a telephone or video conference interview.

If either of screening questions d or e are answered "YES", **YOU SHOULD** make arrangements to carry of the interview remotely by telephone or video conference where possible,

#### Before proceeding with an in-home interview, please ask:

- a) Are you happy to continue with an in-home interview?
- b) Would you like me to wear a face mask whilst I am interviewing in your home?

Version 0.5 April 2022

# 11. Post-interview notifications and reminders

## a. Partner data linkage completion invite letter

<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>



Our ref: <AgencySerial> <CheckLetter>  
<Month><Year>

Dear <CM\_Firstname>,

During your BCS70 interview you told us you were happy to pass on some information to your partner about adding information from their administrative records to your BCS70 data.

If you are still happy to do so, please can you pass them this letter.

The information on the second page will provide them with further information.

Thank you for your help with this special study,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director





Your Unique login:  
<Unique Link PDLLogin >  
<DV\_PFFLGN>

### Adding information about you to the 1970 British Cohort Study

Dear <PFNAME>

We are lucky to count your partner as a member of the 1970 British Cohort Study (BCS70). For the past 50 years the study has followed the lives of over 17,000 people born in the same week in Great Britain in 1970. The study seeks to understand how different aspects of life such as health, wealth, education, family circumstances and employment are inter-linked and how experiences during one stage of life can affect later life.

Findings from the study have had an important impact on the government's policies and services they provide across a whole range of areas including health, education and employment. You can find many examples of important research based on BCS70 on the study website: [www.bcs70.info](http://www.bcs70.info).

Your partner recently took part in our Life in Your Early 50s Survey and as part of this we asked them for some limited information about you. This is because your experiences and circumstances have a big effect on them. If, for example, you were to become seriously ill, or were to experience a long period of unemployment, this could have a hugely significant impact on their life.

**We asked your partner to pass this letter to you as we would like to collect some additional information about you from routine administrative records so that we can add it to the information we have collected about your partner over the years.** The information held in these records would give us a much better understanding of your circumstances and how these could affect your partner. It would make the study an even more valuable resource for researchers and policy makers, who use the data collected in BCS70 to improve public services.

**We can only add your information with your permission. The leaflet enclosed explains more about these records and what will happen if you give permission.**

**If you are happy to give BCS70 this permission please visit [www.bcs70survey.co.uk/addinginfo](http://www.bcs70survey.co.uk/addinginfo). You will be asked to enter your unique login, then record which permissions you are happy to give. We will send you a confirmation of your choices by post or email.**

**Don't worry if you change your mind later, you can change your permissions at any time.** If you have any questions or want to change your permissions please contact us using the details on the back of the leaflet.

Thank you for your help with this special study,

Yours sincerely,

*Alice Sullivan*

Professor Alice Sullivan  
BCS70 Study Director

17\_BCS60\_MS\_Data Linkage Partner Letter



## b. Confirmation of data linkage permissions letter for partners

The example shown is for the letter sent where consent was asked but refused for all.

<PFNAME> <PSNAME>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>



Our ref: <AgencySerial> <CheckLetter>  
<MonthText> <YearText>

## Your choices about adding other information about you to BCS70

Dear <PFNAME>,

We recently asked you for permission to add information, from routine records, held about you in some government departments and agencies, to information we have collected from your partner during their participation in the 1970 British Cohort Study.

<PCons1a>

<PNHScon>  
<PDWPcon>  
<PHMRCcon>

<PAnyRef>

<PNHSref>  
<PDWPreff>  
<PHMRCref>

<PCons1b>

<PConslc>  
<PConsl d>  
<PConsl e>

<PCons1f>

Thank you for your help with this important study,

*Alice Sullivan*

**Professor Alice Sullivan**  
BCS70 Study Director

21\_BCS60\_MS\_Data Linkage Partner Confirmation



- c. Thank you letter & confirmation of data linkage permissions – consent asked but refused for all



<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>

Our ref: <AgencySerial> <CheckLetter>  
<MonthText> <YearText>

## **THANK YOU**

Many thanks for taking part in the latest stage of the 1970 British Cohort Study – the Life in Your Early 50s Survey. It is because of your support over the past 50 years that BCS70 has been such a success. As always, we appreciate the time you have given us, and hope you enjoyed taking part. You can also keep up with the latest news from BCS70, including new findings, on our website: [www.bcs70.info](http://www.bcs70.info) and on Facebook: [www.facebook.com/1970BritishCohortStudy/](https://www.facebook.com/1970BritishCohortStudy/).

### **You are really making a difference**

For 50 years researchers, policymakers, and charities have used the information we have collected from you, across your lifetime, to make discoveries that are relevant to us all. It is from these discoveries society will continue to benefit for generations to come.

### **Stay in touch**

Please stay in touch and let us know if you move house or change your contact details. To edit your details you can visit [www.bcs70.info](http://www.bcs70.info); email [bc70@ucl.ac.uk](mailto:bc70@ucl.ac.uk); write to 1970 British Cohort Study, Centre for Longitudinal Studies, UCL Social Research Institute, 20 Bedford Way, London WC1H 0AL; or call on Freephone **0800 035 5761**.

We appreciate the time you've given to us so far, and hope you continue to be part of the study for many years to come.

Thanks again.

*Alice Sullivan*

**Professor Alice Sullivan  
BCS70 Study Director**



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# **YOUR CHOICES ABOUT ADDING OTHER INFORMATION ABOUT YOU**

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During your interview, we asked for your permission to add information about you from routine records to the information collected about you in the study.

We would like to confirm that you chose not to give us permission to add information held by:

the National Health Service (NHS)

the Department for Work and Pensions (DWP)

Her Majesty's Revenue and Customs (HMRC)

You chose not to give your permission during the interview. Permissions for us to add other information from administrative records can be changed at any time. If you change your mind, please get in touch by writing to 1970 British Cohort Study, Centre for Longitudinal Studies, UCL Social Research Institute, 20 Bedford Way, London WC1H 0AL, or by emailing BCS70 at [bc570@ucl.ac.uk](mailto:bc570@ucl.ac.uk).

d. Thank you letter & confirmation of data linkage permissions – no consent asked



<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>

Our ref: <AgencySerial> <CheckLetter>  
<MonthText> <YearText>

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We appreciate the time you've given to us so far, and hope you continue to be part of the study for many years to come.

Thanks again.

A handwritten signature in black ink that reads 'Alice Sullivan'.

**Professor Alice Sullivan**  
BCS70 Study Director





## 12. Mop-up survey

### a. Advance letter



<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>

Our ref: <SerialNumber>  
<LetMonth><LetYear>

Dear <CM\_FirstName>



## BCS70 'Life in Your Early 50s' Survey

As you know, for over 50 years, the 1970 British Cohort Study has been following everyone in Britain born in the same week as you, from birth right through to the present day. We have previously invited you to take part in the latest survey, but we were either unable to reach you or you could not take part at the time we made contact. There's still an opportunity for you to take part by completing our short web survey.

As a valued and irreplaceable member of the cohort, we hope we can count on your support. **Each time you take part, the information you provide becomes more useful.** With over 17,000 study members, BCS70 is one of the most valuable studies of its kind anywhere in the world. Important findings have recently been drawn from BCS70 on topics as varied as early childhood education, obesity, and the important link between birth weight and balance.

### HOW TO TAKE PART?

To complete the survey, please visit the web link below and enter your access code:

-  Go to the survey website: <SurUr|BCS70>
-  Enter your access code: <AccessCode>
-  Complete the survey

The survey should take around **20 minutes** to complete, but it can be slightly quicker or longer depending on your circumstances.

## WILL THE INFORMATION YOU GIVE REMAIN CONFIDENTIAL?

The information you give will be used for research purposes only and in accordance with the General Data Protection Regulation (GDPR). Your personal details will be kept strictly confidential and separate from the answers you give, so you can't be identified. More detail about privacy and confidentiality is available on the BCS70 website: [bcs70.info/privacy](https://bcs70.info/privacy).

## HOW TO FIND OUT MORE ABOUT THE STUDY?

Scan the QR code or visit the link below to find out more about the study from the BCS70 Study Director.



<https://bcs70.info/why-take-part-in-bcs70/>

## ANY QUESTIONS?

If you have any questions please contact the NatCen research team by email at [bcs70@natcen.ac.uk](mailto:bcs70@natcen.ac.uk) or on **Freephone 0800 526 397** between 9:00am and 5:00pm (Monday to Friday). You can also get in touch using these contact details if you'd like to tell us that you don't wish to take part. You can keep up with the latest news from BCS70, including new findings, on our website: [www.bcs70.info](https://www.bcs70.info) and on Facebook: [www.facebook.com/1970BritishCohortStudy/](https://www.facebook.com/1970BritishCohortStudy/).

Thank you for your help with this important study.

Yours sincerely,



George Ploubidis  
BCS70 Study Director

## b. Reminder letter



<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>

Our ref: <SerialNumber>  
<LetMonth><LetYear>

Dear <CM\_FirstName>

---

## BCS70 'Life in Your Early 50s' Survey

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We wrote to you recently to invite you to take part in an online survey for the 1970 British Cohort Study (BCS70). If you have not already done so, there is still an opportunity to take part.

---

### HOW TO TAKE PART?

---

To complete the survey, please visit the web link below and enter your access code:

-  Go to the survey website: <SurUrlBCS70>
-  Enter your access code: <AccessCode>
-  Complete the survey

The survey should take around 20 minutes to complete. If you have recently completed the survey, we are sorry for bothering you again.

By taking part you can help us to find new ways to make life better for your generation and the next.

## c. Thank you letter



<CM\_Title> <CM\_FirstName> <CM\_Surname>  
<AddressLine1>  
<AddressLine2>  
<AddressLine3>  
<Town>  
<County>  
<Postcode>

Our ref: <AgencySerial> <CheckLetter>  
<MonthText> <YearText>

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Thanks again.

*Alice Sullivan*

**Professor Alice Sullivan**  
BCS70 Study Director

