

# COVID-19 Online Survey Questionnaire - Wave 1 - April 2020 (Version 2)

**Studies covered:**

- Millennium Cohort Study (born 2000-02), MCS
- Next Steps (born 1989-90)
- 1970 British Cohort Study, BCS70
- 1958 National Child Development Study, NCDS
- MRC National Survey of Health and Development (1946 British birth cohort), NSHD

**Notes:**

- The questionnaire indicates cohort-specific questions using routing variable CohortID, which is set as follows: 1= NCDS; 2= BCS70; 3= Next Steps; 4= MCS; 5= NSHD.
- In Millennium Cohort Study parents are included as well as cohort members

## Table of Contents

Introduction .....	4
Physical health (including COVID-19) .....	5
Time use .....	12
Household composition, relationships and caring.....	14
Pregnancy, children, school and childcare .....	18
Housing.....	25
Finances and benefits.....	27
Employment – Prior to outbreak.....	30
Education – Before outbreak.....	34
Occupation   Employment – since outbreak .....	40
Education – Since outbreak .....	42
Partner Employment – prior to outbreak.....	44
Partner Employment – since outbreak .....	48
Education – continued.....	50
Health behaviours .....	51
Alcohol Use Disorders Test (AUDIT) .....	52
Social contact and social support.....	58
Social Provisions Scale – 3 items.....	60
Loneliness and mental health.....	61
UCLA Loneliness scale – 4 items .....	61
Kessler Psychological Distress Scale (K6) .....	62
Short Warwick-Edinburgh Mental Wellbeing Scale .....	65
Malaise Inventory .....	66
General Health Questionnaire (GHQ) -12 item .....	66
Generalized Anxiety Disorder- 2-item .....	71
Patient Health Questionnaire-2.....	71
COVID-19 experiences (open text question) .....	75
Administration .....	76
Linkage to COVID-19 symptom tracker app .....	80

## Introduction

### INTROTX

Thank you. The survey should take about 20 minutes to complete. As always, answering these questions is voluntary and you can skip over any questions that you cannot or would prefer not to answer. The 'Privacy and data protection' FAQs on the study website provide details about how we protect the information you provide and how it will be used for research.

If you have any problems, queries or concerns, you can contact us using the contact details in the email that we sent to you.

## Physical health (including COVID-19)

PHEALINT The first few questions will ask about your health.

COVID19 Do you think that you have or have had Coronavirus?

- Yes, confirmed by a positive test
- Yes, based on strong personal suspicion or medical advice
- Unsure
- No

COVIDSYMPT Have you experienced any of the following symptoms in the past 2 weeks?

Please select all that apply.

- Fever
- Cough - dry
- Cough - mucus or phlegm
- Sore throat
- Chest tightness
- Shortness of breath
- Runny nose
- Nasal congestion
- Sneezing
- Muscle or body aches
- Fatigue
- Unusual loose motions or diarrhoea
- Vomiting
- Loss of smell
- Loss of taste
- Skin rash

Headaches

Other

No - none of these

*Display This Question:*

*If Whether has had Coronavirus = Yes, confirmed by a positive test*

*Or Whether has had Coronavirus = Yes, based on strong personal suspicion or medical advice*

*Or Whether has had Coronavirus = Unsure*

COVIDADV Have you sought medical advice in relation to any symptoms you have had, which you think may be caused by Coronavirus? Please select all that apply.

Yes - discussed symptoms with doctor/practice nurse

Yes - discussed symptoms with NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland

Yes – accessed online advice at NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland

Yes - visited pharmacist

Yes - visited A&E or walk in centre

No

*Display This Question:*

*If Whether has had Coronavirus = Yes, confirmed by a positive test*

*Or Whether has had Coronavirus = Yes, based on strong personal suspicion or medical advice*

*Or Whether has had Coronavirus = Unsure*

COVID HOSPAD Have you been in hospital because of Coronavirus symptoms?

Yes

No

COVIDTEST Have you been tested for Coronavirus?

Yes

No

*Display This Question:*

*If Whether been tested for Coronavirus = Yes*

COVIDRESULT What was the result of your coronavirus test? If you had more than one test please report the findings of the latest test.

- Positive - it showed I had coronavirus
- Negative - it showed I did not have coronavirus
- Inconclusive
- Waiting for results

GHQ In general, would you say your health is...

- Excellent
- Very good
- Good
- Fair
- Poor

GHQPRECOVID In general, in the 3 months **before** the Coronavirus outbreak would you say your health was...

- Excellent
- Very good
- Good
- Fair
- Poor

LLI Do you have any of the following?

Please select all that apply.

- Cancer
- Cystic fibrosis
- Asthma
- Chronic Obstructive Pulmonary Disease
- Wheezy bronchitis
- Diabetes
- Recurrent backache, prolapsed disc, sciatica or other back problem
- Problems with hearing
- High blood pressure
- Heart disease, congenital or acquired
- Depression or other emotional, nervous or psychiatric problems
- Obesity
- Chronic obstructive airways disease
- Infection
- HIV / Immunodeficiency
- Condition affecting the brain and nerves (e.g. Parkinson's, Multiple Sclerosis)
- None

*Display This Question:*

*If COHORTID = 5*

## SURGCAN

As a result of the COVID-19 pandemic, have you experienced any of the following?

Please select all that apply

- Routine out-patient appointment cancelled or deferred
- Surgery cancelled or deferred
- Cancer treatment cancelled or deferred
- Investigations for health problem cancelled or deferred
- Difficulty getting prescription medicine (
- None of the above

*Display This Question:*

*If COHORTID = 5*

MEDS Do you currently take any of these medications/supplements?

Please select all that apply

- ACE-inhibitor (e.g. Ramipril, Lisinopril)
- Sartan (e.g. Losartan, Valsartan, Candesartan)
- Entresto (sucubitril/valsartan)
- Ibuprofen / Neurofen, any other type of non-steriodal anti-inflammatory
- Vitamin D
- None

*Display This Question:*

*If COHORTID = 1  
OR COHORTID = 2  
OR COHORTID = 3  
OR COHORTID = 4*

SURGCAN Have you had any surgery, medical procedures or any other medical appointments cancelled **since** the outbreak of the Coronavirus?

- Yes
- No

SHIELD Have you received a letter or text message from the NHS or Chief Medical Officer saying that you have been identified as someone at risk of severe illness if you catch Coronavirus, because you have an underlying disease or health condition?

- Yes
- No

COMPLIANC The next question is about the extent to which you are complying with the social distancing guidelines issued by the Government.

On a scale from 0 to 10, where 0 means that you are 'not complying at all' and 10 means you are 'fully complying', how much would you say you are complying with the guidelines?

- Not complying at all 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Complying fully 10

## Time use <sup>1</sup>

TIMEUSE1 We would like to know about how you have been spending your time **since** the Coronavirus outbreak.

How many hours have you been spending doing each of the following activities on a typical week day **since** the Coronavirus outbreak began?

Please round to the nearest hour.

	Number of hours
Paid work	
Volunteering / unpaid work (not for your household)	
Home schooling your children (if you have any)	
Other interactive activities with children (e.g. reading to them, playing games with them, painting/drawing with them, doing puzzles together).	
Caring for someone other than a child	
Housework (e.g. cleaning, laundry, cooking, DIY)	
Formal learning as part of a course	
Physical activity / exercise	
Other leisure activities and hobbies (e.g. TV, gaming, reading, news, listening to music, gardening, online shopping, mealtime, relaxing)	
Socialising with non-household members via telephone, video-calling or messaging	
Socialising with non-household members in person	
Travelling for work	
Shopping or essential appointments	
Personal care (e.g. taking a shower/bath, grooming, getting dressed etc.)	
Ill in bed	
Other	

---

<sup>1</sup> NSHD placed this section before the Administration section

TIMEUSE2 How many hours in total have you been spending outside of your home on a typical week day **since** the Coronavirus outbreak began?

*Please do not include time spent in your garden or any other outdoor space which is part of your home.*

Please round to the nearest hour.

---

## Household composition, relationships and caring

HHNUM The next questions are about who you are currently living with.

How many people do you currently live with? Please include yourself.

---

*Display This Question:*

*If The next questions are about who you are currently living with.How many people do you currently live with? Please include yourself.&nbsp; Text Response Is Greater Than 1*

HHNUMWH Who do you currently live with?

Please select all that apply.

- Husband/Wife/Cohabiting Partner
- Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)
- Parent or Parent-in-law (including step-parent or adoptive parent)
- Grandparent
- Grandchild
- Sibling
- Other relative
- Friend / unrelated sharer
- Other

ANYCHNL Do you have any children who you do not live with? Please include any adopted children, step-children or foster children of whom you consider yourself a parent. Please include grown-up children.

- Yes
- No

COVCHAN Have there been any changes to the people you are living with **since** the Coronavirus outbreak?

- Yes
- No

*Display This Question:*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner  
And People living with change because of Covid-19 = Yes*

COVPART Have you started living with your partner **since** the Coronavirus outbreak ?

- Yes
- No

*Display This Question:*

*If Any children not living with = Yes  
Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)  
And If  
People living with change because of Covid-19 = Yes*

COVCHIL Have any of the following occurred **since** the Coronavirus outbreak?

- At least one of my children has moved into my home
- At least one of my children has moved out of my home
- I have moved into one of my children's homes
- None of these

*Display This Question:*

*If Who do you currently live with = Parent or Parent-in-law (including step-parent or adoptive parent)  
And People living with change because of Covid-19 = Yes*

COVPER Have any of the following occurred **since** the Coronavirus outbreak?

- At least one of my parents (or in-laws) has moved in with me
- I have moved in with at least one of my parents (or in-laws)
- None of these

*Display This Question:*

*If Who do you currently live with = Grandparent  
Or Who do you currently live with = Grandchild  
Or Who do you currently live with = Sibling  
Or Who do you currently live with = Other relative  
Or Who do you currently live with = Friend / unrelated sharer  
Or Who do you currently live with = Other*

*And If*

*People living with change because of Covid-19 = Yes*

COVOTH Have any of the following occurred **since** the Coronavirus outbreak?

- Someone other than a parent or child has moved in to my home
- I have moved in to someone other than a parent or child's home
- None of these

*Display This Question:*

*If Who do you currently live with != Husband/Wife/Cohabiting Partner*

OTHRELA Are you in a relationship with someone at the moment?

- Yes
- No

*Display This Question*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner  
Or Whether in a non-cohabiting relationship = Yes*

RELSAT On a scale from 1 to 7, where '1' means that you are 'very unhappy' and '7' means that you are 'very happy', how happy is your relationship with your partner at the moment, all things considered?

- Very unhappy 1
- 2
- 3
- 4
- 5
- 6
- Very happy 7

*Display This Question:*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner*

*Or Whether in a non-cohabiting relationship = Yes*

RELCONFL **Since** the Coronavirus outbreak began, has the amount you have argued with your partner changed?

- My partner and I have argued more often
- No change - same as before
- My partner and I have argued less often

## Pregnancy, children, school and childcare

*Display This Question:*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner*

*Or Whether in a non-cohabiting relationship = Yes*

*And SEX = 1*

*Or If*

*SEX = 2*

*And*

*If COHORTID = 1*

*OR COHORTID = 2*

*OR COHORTID = 3*

*OR COHORTID = 4*

CURPREG Are you or your partner (if you have one) currently pregnant?

Yes

No

*Display This Question:*

*If Whether currently pregnant = Yes*



PREDUE How many weeks pregnant are you/is she?

---

*Display This Question:*

*If Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)*



NUMCHIL How many of your children do you currently live with?

---

*Display This Question:*  
*If If Number of children live with Is Greater Than 0*

CHILAGE Please give the age of each child you live with.

	Years old
Child 1	
Child 2	
Child 3	
Child 4	
Child 5	
Child 6	
Child 7	
Child 8	
Child 9	
Child 10	

*Display This Question:*  
*If Age of each child - <Child 1> <=4 4*  
*Or Age of each child < Child 2> <= 4*  
*Or Age of each child <Child 3> <=4*  
*Or Age of each child <Child 4> <=4*  
*Or Age of each child <Child 5> <=4*  
*Or Age of each child <Child 6> <=4*  
*Or Age of each child <Child 7> <=4*  
*Or Age of each child <Child 8> <=4*  
*Or Age of each child <Child 9> <=4*  
*Or Age of each child <Child 10> <=4*

PREC19CA **Before** the Coronavirus outbreak, which of the following applied to your child(ren) aged 4 or under?

- My child(ren) aged 4 or under were home all the time
- My child(ren) aged 4 or under did attend day care or school
- Some of my children aged 4 or under were at home all the time and some attend day care or school

*Display This Question:*

*If Age of each child , My child(ren) aged 4 or under were home all the time Is Displayed*

POSC19AC Which of the following **now** applies to your child(ren) aged 4 or under?

- My child(ren) aged 4 or under are at home all the time
- My child(ren) aged 4 or under attend day care or school
- Some of my children aged 4 and under are at home all the time and some attend day care or school

*Display This Question:*

*If Age of each child = My child(ren) aged 4 or under attend day care or school*

*Or Age of each child = Some of my children aged 4 and under are at home all the time and some attend day care or school*

YCATSCW Why is your child(ren) still attending day care or school?

- I am a key worker
- My partner is a key worker
- My child has Special Education Needs (SEN) or Education and Healthcare plan (EHCP)
- Other reason

*Display This Question:*

*If If Age of each child <Child 1> >= 5*

*And Age of each child <Child 1> <=16*

*Or If*

*If Age of each child <Child 2> >= 5*

*And Age of each child <Child 2> <=16*

*Or If*

*If Age of each child <Child 3> >= 5*

*And Age of each child <Child 3> <=16*

Or If

If Age of each child <Child 4>  $\geq$  5

And Age of each child <Child 4>  $\leq$  16

Or If

If Age of each child <Child 5>  $\geq$  5

And Age of each child <Child 5>  $\leq$  16

Or If

If Age of each child <Child 6>  $\geq$  5

And Age of each child <Child 6>  $\leq$  16

Or If

If Age of each child <Child 7>  $\geq$  5

And Age of each child <Child 7>  $\leq$  16

Or If

If Age of each child <Child 8>  $\geq$  5

And Age of each child <Child 8>  $\leq$  16

Or If

If Age of each child <Child 9>  $\geq$  5

And Age of each child <Child 9>  $\leq$  16

Or If

If Age of each child <Child 10>  $\geq$  5

And Age of each child <Child 10>  $\leq$  16

SCATSCH Are any of your child(ren) aged between 5 and 16 still physically attending school daily?

Yes

No

Display This Question:

If School age child still attending school = Yes

SCATSCHW Why is your child(ren) still physically attending school?

I am a key worker

My partner is a key worker

My child has Special Education Needs (SEN) or Education and Healthcare plan (EHCP)

Other reason

CARE **Before** the Coronavirus outbreak did you or a person you live with usually get help with regular personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) that cannot be managed alone?

- No help needed <sup>2</sup>
- No help received
- Help received for myself
- Help received for someone I live with

*Display This Question:*

*If care before COVID outbreak = Help received for myself*

*Or care before COVID outbreak = Help received for someone I live with*

CAREWHO Who provided this help?

- Husband/wife/partner/self
- Son or daughter or other family member (include even if not blood related)
- Friend or neighbour
- Voluntary helper
- Paid/professional help
- Other

*Display This Question:*

*If care before COVID outbreak = Help received for myself*

*Or care before COVID outbreak = Help received for someone I live with*

HCARPRES Altogether, how many hours help did you or someone you live with usually get in a week?

- Up to 4 hours
- 5-9 hours
- 10-19 hours

---

<sup>2</sup> Response option only available for NHSD

- 20-34 hours
- 35 hours or more

CARECHAN **Since** the Coronavirus outbreak, have you or someone you live with had a change in help needed and/or received?

- Yes, there has been a change to the care needed or received
- No change

*Display This Question:*

*If Change in care because of covid = Yes, there has been a change to the care needed or received*

CACHANWH Which of these statements best describes the change in help needed or received?

- Needs remain the same, but regular care reduced due to the Coronavirus outbreak
- New or more care needed but not received
- New or more care needed and received

*Display This Question:*

*If Change in care because of covid = Yes, there has been a change to the care needed or received*

CARHRAF **Since** the Coronavirus outbreak, how many hours of help have you or someone you typically received each week?

- 0 hours
- 1-4 hours
- 5-9 hours
- 10-19 hours
- 20-34 hours
- 35 hours or more

*Display This Question:*

*If Care amount since covid = 1-4 hours*

*Or Care amount since covid = 5-9 hours*

*Or Care amount since covid = 10-19 hours*

*Or Care amount since covid = 20-34 hours*

*Or Care amount since covid = 35 hours or more*

PRNCARE Who provided this help?

- Husband/wife/partner/self
- Son or daughter or other family member (include even if not blood related)
- Friend or neighbour
- Voluntary helper
- Paid/professional help
- Other

## Housing

NUMROOMS The next few questions are about where you are currently living.

How many rooms are there in the home where you are currently living, not counting kitchens,<sup>3</sup>, bathrooms, toilets, halls and garages?

Please do not include conservatories unless they are used as a living room all year round.

---

*Display this question:*

If COHORTID= 1  
OR COHORTID=2  
OR COHORTID=3  
OR COHORTID=4



CMPOST Please enter the postcode of the address at which you are currently living, even if this is a temporary address.

Use capitalised letters and leave a space between the two parts of the postcode. For example WC1H 0AL.

---

*Display this question:*

If COHORTID= 5

CMPOST Please enter the partial postcode (first half and first number of the second half) of the address at which you are currently living, even if this is a temporary address.

Use capitalised letters and leave a space between the two parts of the postcode. For example WC1B 7HB becomes WC1B 7.

---

<sup>3</sup> NSHD also referred to utility rooms.

OUTDOORS Do you have a garden, a patio or yard, a roof terrace or large balcony?

Please select all that apply

- A garden
- A patio or yard
- A roof terrace or large balcony
- None of the above

## Finances and benefits

FINANCIALMANB The following questions are about your financial situation, your job, or any other things that you were doing **before** and **since** the Coronavirus outbreak.

In the 3 months **before** the Coronavirus outbreak, how well would you say you personally were managing financially?

- Living comfortably
- Doing all right
- Just about getting by
- Finding it quite difficult
- Finding it very difficult

FINANCIALMAND Overall, how do you feel your **current** financial situation compares to **before** the Coronavirus outbreak?

- I'm much worse off
- I'm a little worse off
- I'm about the same
- I'm a little better off
- I'm much better off

FOODAFFORD Which of the following statements best describes the food eaten in your household **since** the Coronavirus outbreak began?

- You and other household members always have had enough of the kinds of foods you wanted to eat
- You and other household members have had enough to eat, but not always the kinds of foods you wanted
- Sometimes you and other household members did not have enough to eat
- Often you and other household members did not have enough to eat

FOODBANK How often has your household used a food bank, or similar service, **since** the Coronavirus outbreak began?

- Never
- Less than four times
- Four times or more

BENEFITB In the three months **before** the Coronavirus outbreak, have you (or your partner if you have one) received any of the following?

Please select all that apply.

- Free school meals <sup>4</sup>
- Universal credit
- Pension credit
- Income support or Job Seeker's Allowance
- Working Tax Credit or Child Tax credit
- Employment and Support Allowance
- Statutory sick pay
- Housing benefit
- Council tax support or reduction
- Pension credit
- Carers allowance, Personal independence payments, or Disability Living Allowance

No - none of these

**BENEFITD** Now thinking about the time **since** the Coronavirus outbreak, have you (or your partner if you have one) made any **new** claims for the following?

Please select all that apply.

- Free school meals<sup>5</sup>
- Universal credit
- Employment and Support Allowance
- Statutory sick pay
- Council tax support or reduction
- Carers allowance or Personal independence payments
- New government financial support for self employed people
- No - none of these

**BENEFITOTH** **Since** the Coronavirus outbreak, have you used any of the following?

Please select all that apply.

- Mortgage or rent payment holidays
- Council tax payment holiday
- Other debt repayment or interest payment holidays
- No - none of these

---

<sup>4</sup> NSHD excluded this option

<sup>5</sup> NSHD excluded this option

## Employment – Prior to outbreak

ECONACTIVITYB Which of these best describes what you were doing just **before** the Coronavirus outbreak? If you were doing more than one activity, please choose the activity that you spent most time doing.

- Employed
- Self-employed
- In unpaid/ voluntary work
- Apprenticeship
- Unemployed
- Permanently sick or disabled
- Looking after home or family
- In education at school/college/university
- Retired
- Doing something else

*Display This Question:*

*If Economic activity - prior outbreak = Apprenticeship*

APPRENTYPE Was this apprenticeship part of..?

- A full time job
- Or a part time job
- Not part of any job

*Display This Question:*

*If Economic activity - prior outbreak = Employed*

*Or Economic activity - prior outbreak = Self-employed*

*Or Economic activity - prior outbreak = In unpaid/ voluntary work*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type != Not part of any job*



WRKHOURSB How many hours per week did you usually work, not including meal breaks but including overtime?

*Display This Question:*

*If Economic activity - prior outbreak = Employed*

*Or Economic activity - prior outbreak = Self-employed*

*Or Economic activity - prior outbreak = In unpaid/ voluntary work*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type != Not part of any job*



JTITLEB What was your job title?

*Display This Question:*

*If Economic activity - prior outbreak = Employed  
Or Economic activity - prior outbreak = Self-employed  
Or Economic activity - prior outbreak = In unpaid/ voluntary work  
Or Economic activity - prior outbreak = Apprenticeship  
And Apprenticeship type != Not part of any job*

JDOB Please describe in your own words what you mainly did in this job. Please describe in detail (for example job title and the type of work).

---

---

---

---

---

*Display This Question:*

*If Economic activity - prior outbreak = Employed  
Or Economic activity - prior outbreak = In unpaid/ voluntary work  
Or Economic activity - prior outbreak = Apprenticeship  
And Apprenticeship type != Not part of any job*



JMAKEB What did the firm or organisation you worked for mainly make or do?

Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).

---

---

---

---

---

*Display This Question:*

*If Economic activity - prior outbreak = Self-employed*



JMAKESEB What did your firm or organisation mainly make or do?

Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).

---

---

---

---

---

*Display This Question:*

*If Economic activity - prior outbreak = Employed*

ZEROHB In this job, did you have a zero hours contract?

- Yes
- No

## Education – Before outbreak

*Display This Question:*

*If Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

FTCOURSEAPPRENT Was this apprenticeship a full time course at a college or training centre?

Yes

No

*Display This Question:*

*If Whether apprenticeship a full time course = No*

STUDYAPPRENT Did it involve periods of study at a college or training centre?

Yes

No

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

STUDYORG Where were you studying or doing your apprenticeship?

- School
- College
- University
- Other

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

STUDYHRS Were you studying or doing your apprenticeship full or part time?

- Full-time
- Part time

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*



COURSENAME What is the name of the course you were studying?

Please write the name of the course in the box below.

---

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

STUDYORNAME In the boxes below please write the full name of the school, college, university or other organisation at which you were studying or doing your apprenticeship, and the town in which it is in:

Name: \_\_\_\_\_

Town: \_\_\_\_\_

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

COURSE DUR What is the duration of the course or apprenticeship?

One year

Two years

Three years

Four years

Other (please specify)

\_\_\_\_\_

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

STUDYYEAR Which course year or year in the apprenticeship are you currently in?

First year

*Course duration = Two years*

*Or Course duration = Three years*

*Or Course duration = Four years*

*Or Course duration = Other (please specify)*

Second year

*Course duration = Three years*

*Or Course duration = Four years*

*Or Course duration = Other (please specify)*

Third year

*Course duration = Four years*

*Or Course duration = Other (please specify)*

Fourth year

*Course duration = Other (please specify)*

Other (please specify)

---

*Display This Question:*

*If Economic activity - prior outbreak = In education at school/college/university*

*Or Economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type = Not part of any job*

LEARNACTIVITYCHNG Has your learning activity changed in any of the following ways **since** the Coronavirus outbreak?

- No - there is no interruption to learning activities
  - Yes - I am taking a formal break in learning activities
  - Yes - I am studying at home with online resources provided by my learning establishment
  - Yes - I am studying at home with no online resources provided by my learning establishment
  - Yes - I dropped out from learning activities
  - Other (Please specify)
-

Display This Question:

*If Change in learning activity - during outbreak = Yes - I am studying at home with online resources provided by my learning establishment*

*Or Change in learning activity - during outbreak = Yes - I am studying at home with no online resources provided by my learning establishment*

LEARNSATISFACTION Using a scale of 0 to 10, where 0 means 'completely disagree' and 10 means 'completely agree', please indicate the extent to which you agree or disagree with each of the statements below.

	Completely disagree 0	1	2	3	4	5	6	7	8	9	Completely agree 10
I am satisfied with the learning resources provided by my learning establishment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been able to continue my studies effectively whilst being at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Occupation | Employment – since outbreak

*Display This Question:*

*If Change in learning activity - during outbreak = Yes - I am taking a formal break in learning activities*

*Or Change in learning activity - during outbreak = Yes - I dropped out from learning activities*

ECONACTIVITYDEDU And which of these best describes what you are doing **now** - that is **since** the Coronavirus outbreak?

If you are doing more than one activity, please choose the activity that you spend most time doing.

- Employed
- Self-employed
- In unpaid/ voluntary work
- Apprenticeship
- Unemployed
- Permanently sick or disabled
- Looking after home or family
- In education at school/college/university
- Retired
- Doing something else

*Display This Question:*

*If Economic activity - during outbreak if learning interrupted = Employed*

*Or Economic activity - during outbreak if learning interrupted = Self-employed*

*Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work*



WRKHOURSDEDU And how many hours per week do you usually work **now**, not including meal breaks but including overtime?

---

*Display This Question:*

*If Economic activity - during outbreak if learning interrupted = Employed*

*Or Economic activity - during outbreak if learning interrupted = Self-employed*

*Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work*

WRKLOCATIONDEDU Which of the following best describes your work location **since** the Coronavirus outbreak?

- Work from your own home
- Work at employer's premises
- Other

*Display This Question:*

*If Economic activity - during outbreak if learning interrupted = Employed*

*Or Economic activity - during outbreak if learning interrupted = Self-employed*

*Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work*

KEYWORKEREDU Are you a Key worker, or has your work been classified as critical to the Covid-19 response?

- Yes
- No

## Education – Since outbreak

*Display This Question:*

*If Economic activity - prior outbreak != In education at school/college/university*

*And Apprenticeship type != Not part of any job*

ECONACTIVITYD And which of these would you say best describes your situation **now** - that is **since** the Coronavirus outbreak?

- Employed and currently working
- Employed but on paid leave (including furlough)
- Employed and on unpaid leave
- Apprenticeship
- In unpaid/voluntary work
- Self-employed and currently working
- Self-employed but not currently working
- Unemployed
- Permanently sick or disabled
- Looking after home or family
- In education at school/college/university
- Retired
- Doing something else

Display This Question:

*If Economic activity - during outbreak = Employed and currently working*

*Or Economic activity - during outbreak = Apprenticeship*

*Or Economic activity - during outbreak = In unpaid/voluntary work*

*Or Economic activity - during outbreak = Self-employed and currently working*



WRKHOURSD And how many hours per week do you usually work **now**, not including meal breaks but including overtime?

---

Display This Question:

*If Economic activity - during outbreak = Employed and currently working*

*Or Economic activity - during outbreak = Apprenticeship*

*Or Economic activity - during outbreak = In unpaid/voluntary work*

*Or Economic activity - during outbreak = Self-employed and currently working*

WRKLOCATIOND Which of the following best describes your work location **since** the Coronavirus outbreak?

- Work from your own home
- Work at employer's premises
- Other

Display This Question:

*If Economic activity - during outbreak = Employed and currently working*

*Or Economic activity - during outbreak = Apprenticeship*

*Or Economic activity - during outbreak = In unpaid/voluntary work*

*Or Economic activity - during outbreak = Self-employed and currently working*

KEYWORKERD Are you a Key worker, or has your work been classified as critical to the Covid-19 response?

- Yes
- No

## Partner Employment – prior to outbreak

*Display This Question:*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner*

PECONACTIVITYB Which of these best describes what **your partner** was doing just **before** the Coronavirus outbreak? If they were doing more than one activity, please choose the activity that they spent most time doing.

- Employed
- Self-employed
- In unpaid/ voluntary work
- Apprenticeship
- Unemployed
- Permanently sick or disabled
- Looking after home or family
- In education at school/college/university
- Retired
- Doing something else

*Display This Question:*

*If Partner's economic activity - prior outbreak = Apprenticeship*

PAPPRENTYPE Was this apprenticeship part of..?

- A full time job
- Or a part time job
- Not part of any job

Display This Question:

- If Partner's economic activity - prior outbreak = Employed*
- Or Partner's economic activity - prior outbreak = Self-employed*
- Or Partner's economic activity - prior outbreak = In unpaid/ voluntary work*
- Or Partner's economic activity - prior outbreak = Apprenticeship*
- And Apprenticeship type - partner != Not part of any job*



PWRKHOURSB How many hours per week did **your partner** usually work, not including meal breaks but including overtime?

---

Display This Question:

- If Partner's economic activity - prior outbreak = Employed*
- Or Partner's economic activity - prior outbreak = Self-employed*
- Or Partner's economic activity - prior outbreak = In unpaid/ voluntary work*
- Or Partner's economic activity - prior outbreak = Apprenticeship*
- And Apprenticeship type - partner != Not part of any job*



PJTITLEB What was **your partner's** job title?

---

Display This Question:

- If Partner's economic activity - prior outbreak = Employed*
- Or Partner's economic activity - prior outbreak = Self-employed*
- Or Partner's economic activity - prior outbreak = In unpaid/ voluntary work*
- Or Partner's economic activity - prior outbreak = Apprenticeship*
- And Apprenticeship type - partner != Not part of any job*



PJDOB Please describe in your own words what **your partner** mainly did in this job. Please describe in detail (for example job title and the type of work).

---

---

---

---

---

*Display This Question:*

*If Partner's economic activity - prior outbreak = Employed*

*Or Partner's economic activity - prior outbreak = In unpaid/ voluntary work*

*Or Partner's economic activity - prior outbreak = Apprenticeship*

*And Apprenticeship type - partner != Not part of any job*



PJMAKEB What did the firm or organisation **your partner** worked for mainly make or do? Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).

---

---

---

---

---

*Display This Question:*

*If Partner's economic activity - prior outbreak = Self-employed*



PJMAKESEB What did **your partner's** firm or organisation mainly make or do? Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).

---

---

---

---

---

*Display This Question:*

*If Partner's economic activity - prior outbreak = Employed*

PZEROHB In this job, did **your partner** have a zero hours contract?

- Yes
- No

## Partner Employment – since outbreak

*Display This Question:*

*If Who do you currently live with = Husband/Wife/Cohabiting Partner*

PECONACTIVITYD And which of these would you say best describes **your partner's** situation **now** - that is **since** the Coronavirus outbreak?

- Employed and currently working
- Employed but on paid leave (including furlough)
- Employed and on unpaid leave
- Apprenticeship
- In unpaid/voluntary work
- Self-employed and currently working
- Self-employed but not currently working
- Unemployed
- Permanently sick or disabled
- Looking after home or family
- In education at school/college/university
- Retired
- Doing something else

Display This Question:

*If Partner's economic activity - during outbreak = Employed and currently working*

*Or Partner's economic activity - during outbreak = Apprenticeship*

*Or Partner's economic activity - during outbreak = In unpaid/voluntary work*

*Or Partner's economic activity - during outbreak = Self-employed and currently working*



PWRKHOURSD And how many hours per week does **your partner** usually work **now**, not including meal breaks but including overtime?

---

Display This Question:

*If Partner's economic activity - during outbreak = Employed and currently working*

*Or Partner's economic activity - during outbreak = Apprenticeship*

*Or Partner's economic activity - during outbreak = In unpaid/voluntary work*

*Or Partner's economic activity - during outbreak = Self-employed and currently working*

PKEYWORKER Is **your partner** a Key worker, or has their work been classified as critical to the Covid-19 response?

Yes

No

## Education – continued

*Display This Question:*

*If GROUP = 4*

EDUOFFER Have you, at any stage, formally accepted an offer for a place on a college or university course or an apprenticeship programme which will start later this year?

- Yes
- No

*Display This Question:*

*If GROUP = 4*

*And Whether accepted a place at college or university = Yes*

EDUORGNAME In the boxes below please write the full name of the college, university or other organisation at which you have been offered a place, and the town in which it is in:

- Name: \_\_\_\_\_
- Town: \_\_\_\_\_

*Display This Question:*

*If GROUP = 4*

*And Whether accepted a place at college or university = Yes*

EDUOFFERINTENT Do you still intend to take up this course or have your plans changed?

- No change to plans - I will take up the course or apprenticeship
- Deferred entry to course or apprenticeship
- Do not plan to do the course or apprenticeship anymore
- Not sure / Still deciding

## Health behaviours

**SMOKING** The next set of questions are about smoking, drinking alcohol, exercise, diet and sleep.

Which of these statements applies to you?

- I've never smoked cigarettes
- I used to smoke cigarettes but don't at all now
- I now smoke cigarettes occasionally but not every day
- I smoke cigarettes every day

*Display This Question:*

*If Smoking behaviour = I now smoke cigarettes occasionally but not every day*

*Or Smoking behaviour = I smoke cigarettes every day*



**NUMCIGSPP** In the month **before** the Coronavirus outbreak, how many cigarettes a day did you usually smoke?

---

*Display This Question:*

*If Smoking behaviour = I now smoke cigarettes occasionally but not every day*

*Or Smoking behaviour = I smoke cigarettes every day*



**NUMCIGSSP** **Since** the start of the Coronavirus outbreak, how many cigarettes a day have you typically smoked?

---

VAPE Now thinking about electronic cigarettes or vaping devices, which of these statements applies to you?

- I've never used an electronic cigarette or a vaping device
- I used to use an electronic cigarette or a vaping device but don't at all now
- I now use an electronic cigarette or a vaping device occasionally but not every day
- I use electronic cigarettes or vaping devices every day

*Display This Question:*

*If Vaping behaviour = I now use an electronic cigarette or a vaping device occasionally but not every day*

*Or Vaping behaviour = I use electronic cigarettes or vaping devices every day*

VAPESP **Since** the start of the Coronavirus outbreak, has the amount you have been using an electronic cigarette or vaping device changed?

- Yes - I have used an electronic cigarette or vaping device more often
- Yes - I have used an electronic cigarette or vaping device less often
- No

## Alcohol Use Disorders Test (AUDIT)

ALDRPP In the month **before** the Coronavirus outbreak, how often did you have a drink containing alcohol?

- 4 or more times a week
- 2-3 times a week
- 2-4 times per month
- Monthly or less<sup>6</sup>
- Never

---

<sup>6</sup> NSHD did not include this response

*Display This Question:*

*If How often drank alcohol pre Coronavirus outbreak = 4 or more times a week*

*Or How often drank alcohol pre Coronavirus outbreak = 2-3 times a week*

*Or How often drank alcohol pre Coronavirus outbreak = 2-4 times per month*

*How often drank alcohol pre Coronavirus outbreak = Monthly or less*

AUNDP In the month **before** the Coronavirus outbreak, how many standard alcoholic drinks have you had on a typical day when you were drinking?

- 1-2
- 3-4
- 5-6
- 7-9
- 10+

ALDRSP **Since** the start of the Coronavirus outbreak, how often have you had a drink containing alcohol?

- 4 or more times a week
- 2-3 times a week
- 2-4 times per month
- Monthly or less<sup>7</sup>
- Never

*Display This Question:*

*If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week*

*Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week*

*Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month*

*How often drank alcohol pre Coronavirus outbreak = Monthly or less*

---

<sup>7</sup> NSHD did not include this response

AUNDSP **Since** the start of the Coronavirus outbreak, how many standard alcoholic drinks do you have on a typical day when you were drinking?

- 1-2
- 3-4
- 5-6
- 7-9
- 10+

*Display This Question:*

*If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week  
Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week  
Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month  
Or How often drank alcohol pre Coronavirus outbreak = Monthly or less*

AUSDSP **Since** the start of the Coronavirus outbreak, how often have you found you were not able to stop drinking once you had started?

- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

*Display This Question:*

*If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week  
Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week  
Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month  
Or How often drank alcohol pre Coronavirus outbreak = Monthly or less*

AUACSP **Since** the start of the Coronavirus outbreak, how often have you failed to do what was expected of you because of drinking?

- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

*Display This Question:*

*If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week*

*Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week*

*Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month*

*Or How often drank alcohol pre Coronavirus outbreak = Monthly or less*

AUCDSP **Since** the start of the Coronavirus outbreak, has a relative, friend, doctor or health worker been concerned about your drinking or advised you to cut down?

- Yes
- No

***Alcohol Use Disorders Test (AUDIT) – End***

EXCISEPP In the month **before** the start of the Coronavirus outbreak, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?

---

EXCISEP **Since** the start of the Coronavirus outbreak, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?

---

FRTVEGPP

In the month **before** the start of the Coronavirus outbreak, how many portions of fresh fruit and vegetables did you eat in a typical day?

*A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).*

*A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.*

*Juice/smoothies can count as 1 portion per day.*

---

FRTVEGSP

**Since** the start of the Coronavirus outbreak, how many portions of fresh fruit and vegetables have you eaten in a typical day?

*A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).*

*A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.*

*Juice/smoothies can count as 1 portion per day.*

---

HSLEEPPP In the month **before** the start of the Coronavirus outbreak, how many hours did you sleep each night on average?

Please round to the nearest hour.

---

HSLEEPSP **Since** the start of the Coronavirus outbreak, how many hours have you slept each night on average?

Please round to the nearest hour.

---

WEIGHT The next question is about your weight. Would you prefer to report your weight in kilograms or stones and pounds?

- Kilograms
- Stones and Pounds
- I do not wish to report my weight

*Display This Question:*

*If The next question is about your weight. Would you prefer to report your weight in kilograms or st... = Kilograms*

WGHTKG What is your weight in kilograms?

---

*Display This Question:*

*If The next question is about your weight. Would you prefer to report your weight in kilograms or st... = Stones and Pounds*

WGHTSTP What is your weight in stones and pounds?

- Stone \_\_\_\_\_
- Pounds \_\_\_\_\_

## Social contact and social support

SCON1 The next few questions are about the contact you have had with people you do not live with in the last seven days.

In the last seven days, on how many days did you meet up in person with any of your family or friends who do not live with you?

- Every day
- 4-6 days
- 2-3 days
- 1 day
- Never

SCON2 In the last seven days, on how many days did you talk to family or friends you do not live with via phone or video calls?

- Every day
- 4-6 days
- 2-3 days
- 1 day
- Never

SCON3 In the last seven days, on how many days did you keep in contact with family or friends you do not live with by email or text or other electronic messaging?

- Every day
- 4-6 days
- 2-3 days
- 1 day
- Never

SCON4 In the last seven days, on how many days did you take part in an online community activity, e.g. an online community group, online chat group, street or neighbourhood social media group?

- Every day
- 4-6 days
- 2-3 days
- 1 day
- Never

SCON5 In the last seven days, on how many days did you give help to people outside of your household affected by Coronavirus or the current restrictions?

Please include doing shopping, collecting medicines, checking in on people and any other voluntary work for community groups or other organisations.

- Every day
- 4-6 days
- 2-3 days
- 1 day
- Never

## Social Provisions Scale – 3 items

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 4*

SOCPROV In answering the following questions, think about your current relationships with friends, family members, community members, and so on.

Please indicate to what extent each statement describes your current relationships with other people.

	Very true	Partly true	Not true at all
I have family and friends who help me feel safe, secure and happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is someone I trust whom I would turn to for advice if I were having problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is no one I feel close to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### ***Social Provisions Scale – 3 items – End***

SICK If you were sick in bed how much could you count on the people around you to help out?

- Not at all
- A little
- Somewhat
- A great deal

Display This Question:

If COHORTID = 1

Or COHORTID = 2

LISTEN If you needed to talk about your problems and private feelings, how much would the people around you be willing to listen?

- Not at all
- A little
- Somewhat
- A great deal

## Loneliness and mental health

### UCLA Loneliness scale – 4 items

LONELY

	Hardly ever	Some of the time	Often
How often do you feel that you lack companionship?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you feel left out?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you feel isolated from others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you feel lonely?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**UCLA Loneliness scale – 4 items – End**

SATN Overall, how satisfied are you with your life nowadays, where 0 means 'not at all' and 10 means 'completely'?

- Not at all satisfied 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Completely satisfied 10

### Kessler Psychological Distress Scale (K6)

*Display This Question:*

*If COHORTID = 4*

PHDE The next few questions are about how you have felt over the last 30 days.

During the last 30 days, about how often did you feel so depressed that nothing could cheer you up?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

*Display This Question:*

*If COHORTID = 4*

PHHO During the last 30 days, about how often did you feel hopeless?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

*Display This Question:*

*If COHORTID = 4*

PHRF During the last 30 days, about how often did you feel restless or fidgety?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

*Display This Question:*

*If COHORTID = 4*

PHEE During the last 30 days, about how often did you feel that everything was an effort?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

*Display This Question:*

*If COHORTID = 4*

PHWO During the last 30 days, about how often did you feel worthless?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

*Display This Question:*

*If COHORTID = 4*

PHNE During the last 30 days, about how often did you feel nervous?

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

**Kessler Psychological Distress Scale (K6) – End**

Display This Question:  
If COHORTID = 4

HARM **Since** the start of the Coronavirus outbreak have you hurt yourself on purpose in any way?

- Yes
- No

### Short Warwick-Edinburgh Mental Wellbeing Scale

Display This Question:  
If COHORTID = 4

WEMWBS Below are some statements about feelings and thoughts.

Please select the answer that best describes your experience of each over the last two weeks.

	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	<input type="radio"/>				
I've been feeling useful	<input type="radio"/>				
I've been feeling relaxed	<input type="radio"/>				
I've been dealing with problems well	<input type="radio"/>				
I've been thinking clearly	<input type="radio"/>				
I've been feeling close to other people	<input type="radio"/>				
I've been able to make up my own mind about things	<input type="radio"/>				

**Short Warwick-Edinburgh Mental Wellbeing Scale – End**

## Malaise Inventory

*Display This Question:*

*If COHORTID = 1*

*Or COHORTID = 2*

MALAISE The next questions are concerned with how you are feeling generally.

	Yes	No
Do you feel tired most of the time?	<input type="radio"/>	<input type="radio"/>
Do you often feel miserable or depressed?	<input type="radio"/>	<input type="radio"/>
Do you often get worried about things?	<input type="radio"/>	<input type="radio"/>
Do you often get in a violent rage?	<input type="radio"/>	<input type="radio"/>
Do you often suddenly become scared for no good reason?	<input type="radio"/>	<input type="radio"/>
Are you easily upset or irritated?	<input type="radio"/>	<input type="radio"/>
Are you constantly keyed up and jittery?	<input type="radio"/>	<input type="radio"/>
Does every little thing get on your nerves and wear you out?	<input type="radio"/>	<input type="radio"/>
Does your heart often race like mad?	<input type="radio"/>	<input type="radio"/>

***Malaise Inventory – End***

## General Health Questionnaire (GHQ) -12 item

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ121 Have you recently been able to concentrate on what you're doing?

- Better than usual
- Same as usual
- Less than usual
- Much less than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ122 Have you recently lost much sleep over worry?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ123 Have you recently felt that you are playing a useful part in things?

- More so than usual
- Same as usual
- Less useful than usual
- Much less useful

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ124 Have you recently felt capable of making decisions about things?

- More so than usual
- Same as usual
- Less so than usual
- Much less capable

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ125 Have you recently felt constantly under strain?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ126 Have you recently felt you couldn't overcome your difficulties?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ127 Have you recently been able to enjoy your normal day to day activities?

- More so than usual
- Same as usual
- Less so than usual
- Much less than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ128 Have you recently been able to face up to your problems?

- More so than usual
- Same as usual
- Less so than usual
- Much less able

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ129 Have you recently been feeling unhappy or depressed?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ1210 Have you recently been losing confidence in yourself?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ1211 Have you recently been thinking of yourself as a worthless person?

- Not at all
- No more than usual
- Rather more than usual
- Much more than usual

*Display This Question:*

*If COHORTID = 3*

*Or COHORTID = 5*

GHQ1212

Have you recently been feeling reasonably happy, all things considered?

- More so than usual
- Same as usual
- Less so than usual
- Much less than usual

**General Health Questionnaire -12 item – End**

Generalized Anxiety Disorder- 2-item  
Patient Health Questionnaire-2

GAD2PHQ2 Over the last 2 weeks, how often have you been bothered by the following problems?

	Not at all	Several days	More than half the days	Nearly every day
Feeling nervous, anxious or on edge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to stop or control worrying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Little interest or pleasure in doing things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling down, depressed or hopeless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Generalized Anxiety Disorder- 2 item – End**  
**Patient Health Questionnaire-2 – End**

RISK On a scale from 0-10, where 0 is 'never' and 10 is 'always', how willing to take risks would say you are?

- Never 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Always 10

PATIENT On a scale from 0-10, where 0 is 'never' and 10 is 'always', how patient would you say you are?

- Never 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Always 10

TRUST On a scale from 0-10 where 0 means you are 'not at all trusting' of other people and 10 means you are 'extremely trusting' of other people, how trusting of other people would you say you are?

- Not at all trusting 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Extremely trusting 10

TRUSTPOLP On a scale from 0-10 where 0 means you are 'not at all trusting' and 10 means you are 'extremely trusting', how trusting are you that British Governments, of any party, place the needs of the nation above the needs of their own political party?

- Not at all trusting 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- Extremely trusting 10

CVDCHNG **Since** the Coronavirus outbreak please indicate how the following have changed.

	More than before	Same - no change	Less than before
The amount of stress I've been feeling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of trust I have in the Government	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of trust I have in people in my local area	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of conflict I have had with people around me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# COVID-19 experiences (open text question)

OPEN Please use the space below to express in your own words the main ways the Coronavirus outbreak has affected your life and/or your loved ones so far, and what you think the effects might be in the future.

You can write as much or little as you like, and cover any topic you choose.<sup>8</sup>

---

---

---

---

---

<sup>8</sup> NSHD placed the Time use section here.

## Administration

*Display This Question:*

*If COHORTID = 3*

NSIMP You have nearly completed the survey. We would just like to ask a couple more questions.

The next major survey is likely to be in the next year or two and may involve a home visit from an interviewer if social distancing rules are relaxed to allow this. We are interested to know whether the Coronavirus outbreak could affect your willingness to be visited at home by an interviewer. Which of the following statements applies to you?

- The Coronavirus outbreak is likely to make me less willing to be visited at home.
- The Coronavirus outbreak will have no impact on my willingness to be visited at home.
- The Coronavirus outbreak is likely to make me more willing to be visited at home.

*Display This Question:*

*If COHORTID = 1*

NCDSMO Home visits for the 'Life in Your Early 60s' Survey began in January but have been paused because of the Coronavirus outbreak. As we do not know when social distancing rules will allow us to restart home visits we are considering whether to ask study members to take part in the Life in Your Early 60s Survey in other ways. Would you be willing to take part in any of the following ways?

Please select all that apply.

- Video call with an interviewer (e.g. using Skype, Zoom or similar)
- Telephone interview
- Online questionnaire
- Paper questionnaire
- None of the above

*Display This Question:*

*If COHORTID = 2*

BCSMO Home visits for the BCS70 Age 50 Survey were due to start in June but this will not be possible because of the Coronavirus outbreak. As we do not know when social distancing rules will allow us to start home visits we are considering whether to ask study members to take part in the Age 50 Survey in other ways. Would you be willing to take part in any of the following ways?

Please select all that apply.

- Video call with an interviewer (e.g. using Skype, Zoom or similar)
- Telephone interview
- Online questionnaire
- Paper questionnaire
- None of the above

*Display This Question:*

*If COHORTID = 3*

NSWIL We are considering whether to ask study members to take part in the next survey in other ways. How willing or unwilling would you be to take part by having a video call with an interviewer (e.g. using Skype, Zoom or similar)?

- Very willing
- Fairly willing
- Neither willing nor unwilling
- Fairly unwilling
- Very unwilling

EMOK

The email address we currently hold for you is [\\${e://Field/RecipientEmail}](#).

Is this the best email address to use to contact you?

- Yes
- No

*Display This Question:*

*If Current email okay = No*



EMUPDAT Please enter below the best email address to use to contact you in the future.

---

*Display This Question:*

*If COHORTID = 5*

NSHDMO Data collections for next NSHD survey were due to start later this year, but there may be delays because of the Coronavirus outbreak. As we do not know when social distancing rules will allow us to restart home visits or clinic visits, we are considering whether to ask study members to take part in other ways. Would you be willing to take part in any of the following ways?

Please select all that apply.

- Video call with an interviewer (e.g. using Skype, Zoom or similar)
- Telephone interview
- Online questionnaire
- Paper questionnaire
- None of the above [exclusive code]

## Linkage to COVID-19 symptom tracker app

*Display This Question:*

*If COHORTID = 1*

NCDSAPP **Finally – we’d like to ask you to download a COVID-19 Symptoms Tracker app.** Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of NCDS you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by NCDS. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. **Please click [HERE](#) to download the app.** You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study [website](#). If you DO NOT wish your information held by NCDS to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my NCDS information to be linked with information collected by the COVID-19 tracker app

---

*Display This Question:*

*If COHORTID = 1*

NCDSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, [here](#). You can also opt out of linking your NCDS information to the symptoms tracker at any time by calling us for free on 0800 0355761 or email us at [ncds@ucl.ac.uk](mailto:ncds@ucl.ac.uk).

---

*Display This Question:*

*If COHORTID = 2*

BCSAPP Finally – we’d like to ask you to download a COVID-19 Symptoms Tracker app. Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of BCS70 you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by BCS70. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been

recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click [HERE](#) to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study [website](#). If you DO NOT wish your information held by BCS70 to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my BCS70 information to be linked with information collected by the COVID-19 tracker app

---

*Display This Question:*

*If COHORTID = 2*

BCSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, [here](#).

You can also opt out of linking your BCS70 information to the symptoms tracker at any time by calling us for free on 0800 0355761 or email us at [bcs70@ucl.ac.uk](mailto:bcs70@ucl.ac.uk).

---

*Display This Question:*

*If COHORTID = 3*

NSAPP Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker app. Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of Next Steps you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by Next Steps. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click [HERE](#) to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study [website](#). If you DO NOT wish your information held by Next Steps to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my Next Steps information to be linked with information collected by the COVID-19 tracker app

*Display This Question:*

*If COHORTID = 3*

NSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, [here](#).

You can also opt out of linking your Next Steps information to the symptoms tracker at any time by calling us for free on 0800 977 4566 or email us at [nextsteps@ucl.ac.uk](mailto:nextsteps@ucl.ac.uk).

*Display This Question:*

*If COHORTID = 4*

MCSAPP Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker app. Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of Child of the New Century you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by Child of the New Century. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click [HERE](#) to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study [website](#). If you DO NOT wish your information held by Child of the New Century to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my Child of the New Century information to be linked with information collected by the COVID-19 tracker app

*Display This Question:*

*If COHORTID = 4*

MCSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, [here](#).

You can also opt out of linking your Child of the New Century information to the symptoms tracker at any time by calling us for free on 0800 0921250 or email us at [childnc@ucl.ac.uk](mailto:childnc@ucl.ac.uk).

*Display This Question:*

*If COHORTID = 5*

**NSHDAPP Finally – we’d like to ask you to download a COVID-19 Symptoms Tracker app.** Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of NSHD you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by NSHD. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. **Please click [HERE](#) to download the app.** You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study [website](#). If you DO NOT wish your information held by NSHD to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish your information held by NSHD to be linked to information collected by the COVID-19 tacker app (5)

*Display This Question:*

*If COHORTID = 5*

**NSHDOPT** For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, [here](#). You can also opt out of linking your NSHD information to the symptoms tracker at any time by calling us for free on 0800 952 0249 or email us at [mrclha.enquiries@ucl.ac.uk](mailto:mrclha.enquiries@ucl.ac.uk).

**SUBMIT** You have come to the end of the questions. If you'd like to go back to check or change any of your answers you should do so now. Once you've clicked to go to the next screen you won't be able to go back. Thank you for your help!