# Obesity prevalence and its inequality from childhood to adolescence 

Initial findings from the Millennium Cohort Study Age 17 Survey

## Appendix

## TABLE 1: UK90 CLASSIFICATION

|  | Overall |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age | N (\%) |  |  |  |
| 3 | 208 (2.4\%) | 6734 (76.8\%) | 1026 (11.7\%) | 800 (9.1\%) |
| 5 | 81 (0.8\%) | 7306 (74.8\%) | 1369 (14.0\%) | 1005 (10.3\%) |
| 7 | 97 (1.1\%) | 6847 (75.1\%) | 1098 (12.1\%) | 1072 (11.8\%) |
| 11 | 144 (1.5\%) | 6065 (63.8\%) | 1405 (14.8\%) | 1889 (19.9\%) |
| 14 | 160 (1.7\%) | 5769 (63.0\%) | 1333 (14.6\%) | 1894 (20.7\%) |
| 17 | 167 (1.9\%) | 5401 (62.4\%) | 1240 (14.3\%) | 1854 (21.4\%) |

By sex

|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 105 (2.3\%) | 3554 (78.6\%) | 457 (10.1\%) | 403 (8.9\%) |
| 5 | 28 (0.6\%) | 3854 (77.3\%) | 636 (12.8\%) | 469 (9.4\%) |
| 7 | 46 (1.0\%) | 3510 (75.9\%) | 567 (12.3\%) | 503 (10.9\%) |
| 11 | 94 (2.0\%) | 3048 (64.8\%) | 681 (14.5\%) | 882 (18.7\%) |
| 14 | 49 (1.1\%) | 2747 (62.6\%) | 712 (16.2\%) | 881 (20.1\%) |
| 17 | 54 (1.3\%) | 2635 (62.7\%) | 648 (15.4\%) | 868 (20.6\%) |
|  |  |  |  |  |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 103 (2.4\%) | 3179 (74.8\%) | 569 (13.4\%) | 397 (9.3\%) |
| 5 | 53 (1.1\%) | 3453 (72.3\%) | 733 (15.3\%) | 536 (11.2\%) |
| 7 | 51 (1.1\%) | 3337 (74.3\%) | 531 (11.8\%) | 570 (12.7\%) |
| 11 | 50 (1.0\%) | 3016 (62.9\%) | 724 (15.1\%) | 1008 (21.0\%) |
| 14 | 111 (2.3\%) | 3023 (63.4\%) | 621 (13.0\%) | 1013 (21.3\%) |
| 17 | 113 (2.5\%) | 2765 (62.1\%) | 592 (13.3\%) | 986 (22.1\%) |

By income quintile
$\left.\begin{array}{|l|l|l|l|l|}\hline & \text { Underweight } & \text { Normal weight } & \text { Income quintile 1 (lowest) } \\ \text { Overweight }\end{array}\right]$

|  |  | Income quintile 2 <br> Overweight |  | Obese |
| :--- | :--- | :--- | :--- | :--- |
| Age |  | Normal weight | N (\%) |  |
| 3 | $48(3.7 \%)$ | $970(74.3 \%)$ | $158(12.1 \%)$ | $130(10.0 \%)$ |
| 5 | $17(1.2 \%)$ | $1099(75.1 \%)$ | $181(12.4 \%)$ | $166(11.3 \%)$ |
| 7 | $28(1.9 \%)$ | $1037(70.9 \%)$ | $188(12.9 \%)$ | $209(14.3 \%)$ |
| 11 | $30(1.8 \%)$ | $1003(59.4 \%)$ | $258(15.3 \%)$ | $397(23.5 \%)$ |
| 14 | $26(1.5 \%)$ | $1042(60.1 \%)$ | $222(12.8 \%)$ | $445(25.7 \%)$ |
| 17 | $30(2.3 \%)$ | $748(57.0 \%)$ | $156(11.9 \%)$ | $379(28.9 \%)$ |


|  |  | Income quintile 3 |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Age |  | Normal weight | Overweight | Obese |
| 3 | $40(2.3 \%)$ | N (\%) |  |  |
| 5 | $14(0.7 \%)$ | $1376(78.2 \%)$ | $183(10.4 \%)$ | $160(9.1 \%)$ |
| 7 | $14(0.7 \%)$ | $1423(72.2 \%)$ | $321(16.3 \%)$ | $211(10.7 \%)$ |
| 11 | $25(1.3 \%)$ | $1375(74.2 \%)$ | $244(13.1 \%)$ | $222(12.0 \%)$ |
| 14 | $35(1.9 \%)$ | $1142(61.1 \%)$ | $292(15.6 \%)$ | $411(22.0 \%)$ |
| 17 | $32(1.9 \%)$ | $1091(59.9 \%)$ | $297(16.3 \%)$ | $399(21.9 \%)$ |


|  | Underweight | Normal weight | tile 4 <br> Overweight | Obese |
| :---: | :---: | :---: | :---: | :---: |
| Age | N (\%) |  |  |  |
| $\begin{aligned} & 3 \\ & 5 \\ & 7 \\ & 11 \\ & 14 \\ & 17 \end{aligned}$ | $\begin{aligned} & 33 \text { (1.7\%) } \\ & 25 \text { (1.1\%) } \\ & 20 \text { (1.0\%) } \\ & 32 \text { (1.6\%) } \\ & 34 \text { (1.9\%) } \\ & 27 \text { (1.5\%) } \end{aligned}$ | $\begin{aligned} & 1506 \text { (75.0\%) } \\ & 1633 \text { (73.2\%) } \\ & 1492 \text { (74.5\%) } \\ & 1242 \text { (63.9\%) } \\ & 1163 \text { (64.1\%) } \\ & 1166 \text { (64.6\%) } \end{aligned}$ | $\begin{aligned} & 260 \text { (13.0\%) } \\ & 334 \text { (15.0\%) } \\ & 245 \text { (12.2\%) } \\ & 325 \text { (16.7\%) } \\ & 286 \text { (15.8\%) } \\ & 266 \text { (14.7\%) } \end{aligned}$ | $\begin{aligned} & 208 \text { (10.4\%) } \\ & 238 \text { (10.7\%) } \\ & 248 \text { (12.4\%) } \\ & 344 \text { (17.7\%) } \\ & 332 \text { (18.3\%) } \\ & 345 \text { (19.1\%) } \end{aligned}$ |
|  | Income quintile 5 (highest) |  |  |  |
| Age | N (\%) |  |  |  |
| $\begin{aligned} & 3 \\ & 5 \\ & 7 \\ & 11 \\ & 14 \\ & 17 \end{aligned}$ | $\begin{aligned} & 53 \text { (2.1\%) } \\ & 12 \text { (0.4\%) } \\ & 18 \text { (0.7\%) } \\ & 33 \text { (1.5\%) } \\ & 29 \text { (1.5\%) } \\ & 33 \text { (1.4\%) } \end{aligned}$ | $\begin{aligned} & 1975 \text { (78.2\%) } \\ & 2166 \text { (78.0\%) } \\ & 1935 \text { (80.1\%) } \\ & 1624 \text { (72.1\%) } \\ & 1426 \text { (72.3\%) } \\ & 1619 \text { (70.7\%) } \end{aligned}$ | $\begin{aligned} & 306 \text { (12.1\%) } \\ & 345 \text { (12.4\%) } \\ & 258 \text { (10.7\%) } \\ & 286 \text { (12.7\%) } \\ & 257 \text { (13.0\%) } \\ & 324 \text { (14.2\%) } \end{aligned}$ | $\begin{aligned} & 193 \text { (7.6\%) } \\ & 252 \text { (9.1\%) } \\ & 205 \text { (8.5\%) } \\ & 310 \text { (13.8\%) } \\ & 259 \text { (13.2\%) } \\ & 314 \text { (13.7\%) } \end{aligned}$ |

TABLE 2: IOTF CLASSIFICATION

|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 849 (9.6\%) | 6459 (73.3\%) | 1138 (12.9\%) | 365 (4.1\%) |
| 5 | 432 (4.4\%) | 7364 (75.3\%) | 1511 (15.5\%) | 470 (4.8\%) |
| 7 | 565 (6.2\%) | 6771 (74.2\%) | 1313 (14.4\%) | 478 (5.2\%) |
| 11 | 628 (6.6\%) | 6289 (66.2\%) | 1991 (21.0\%) | 596 (6.3\%) |
| 14 | 619 (6.8\%) | 6046 (66.0\%) | 1761 (19.2\%) | 734 (8.0\%) |
| 17 | 795 (9.2\%) | 5289 (61.2\%) | 1645 (19.0\%) | 920 (10.6\%) |

By sex

|  | Female |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age | N (\%) |  |  |  |
| 3 | 487 (10.7\%) | 3236 (71.3\%) | 622 (13.7\%) | 193 (4.3\%) |
| 5 | 193 (3.9\%) | 3682 (73.8\%) | 868 (17.4\%) | 249 (5.0\%) |
| 7 | 294 (6.4\%) | 3306 (71.4\%) | 757 (16.3\%) | 275 (5.9\%) |
| 11 | 352 (7.5\%) | 2973 (63.2\%) | 1080 (23.0\%) | 301 (6.4\%) |
| 14 | 267 (6.1\%) | 2877 (65.5\%) | 892 (20.3\%) | 355 (8.1\%) |
| 17 | 329 (7.8\%) | 2564 (61.1\%) | 846 (20.2\%) | 458 (10.9\%) |
|  | Male |  |  |  |
|  | Underweight | Normal weight | Overweight | Obese |
| Age | N (\%) |  |  |  |
| 3 | 363 (8.5\%) | 3223 (75.4\%) | 516 (12.1\%) | 172 (4.0\%) |
| 5 | 240 (5.0\%) | 3681 (76.9\%) | 643 (13.4\%) | 221 (4.6\%) |
| 7 | 271 (6.0\%) | 3465 (77.1\%) | 556 (12.4\%) | 203 (4.5\%) |
| 11 | 277 (5.8\%) | 3316 (69.1\%) | 911 (19.0\%) | 295 (6.1\%) |
| 14 | 352 (7.4\%) | 3169 (66.5\%) | 868 (18.2\%) | 378 (7.9\%) |
| 17 | 466 (10.5\%) | 2725 (61.2\%) | 799 (17.9\%) | 463 (10.4\%) |

By income quintile

|  | Underweight | Normal weight | Income quintile 1 (lowest) <br> Overweight |  |  |  | Obese |
| :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: |
| Age |  |  | N (\%) |  |  |  |  |
| 3 | $125(10.9 \%)$ | $839(73.0 \%)$ | $120(10.5 \%)$ | $65(5.6 \%)$ |  |  |  |
| 5 | $77(6.0 \%)$ | $942(73.2 \%)$ | $195(15.1 \%)$ | $73(5.7 \%)$ |  |  |  |
| 7 | $98(7.4 \%)$ | $942(70.4 \%)$ | $200(14.9 \%)$ | $98(7.3 \%)$ |  |  |  |
| 11 | $118(6.9 \%)$ | $1050(61.8 \%)$ | $386(22.7 \%)$ | $145(8.6 \%)$ |  |  |  |
| 14 | $111(6.3 \%)$ | $1095(61.7 \%)$ | $373(21.0 \%)$ | $196(11.1 \%)$ |  |  |  |
| 17 | $127(8.5 \%)$ | $835(55.9 \%)$ | $257(17.2 \%)$ | $276(18.5 \%)$ |  |  |  |

Income quintile 2

|  |  | Inc | tile 2 |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 150 (11.4\%) | 926 (70.4\%) | 177 (13.4\%) | 63 (4.8\%) |
| 5 | 76 (5.2\%) | 1102 (75.1\%) | 204 (13.9\%) | 85 (5.8\%) |
| 7 | 109 (7.4\%) | 1021 (69.7\%) | 240 (16.4\%) | 96 (6.5\%) |
| 11 | 131 (7.7\%) | 1025 (60.7\%) | 395 (23.4\%) | 137 (8.1\%) |
| 14 | 126 (7.3\%) | 1052 (60.6\%) | 366 (21.1\%) | 190 (11.0\%) |
| 17 | 111 (8.5\%) | 715 (54.6\%) | 292 (22.3\%) | 191 (14.6\%) |


|  |  | Inco | tile 3 |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 181 (10.2\%) | 1305 (73.8\%) | 217 (12.3\%) | 66 (3.7\%) |
| 5 | 78 (3.9\%) | 1437 (72.9\%) | 361 (18.3\%) | 95 (4.8\%) |
| 7 | 107 (5.8\%) | 1370 (73.8\%) | 286 (15.4\%) | 93 (5.0\%) |
| 11 | 102 (5.4\%) | 1213 (64.9\%) | 430 (23.0\%) | 126 (6.7\%) |
| 14 | 127 (7.0\%) | 1146 (62.9\%) | 394 (21.6\%) | 155 (8.5\%) |
| 17 | 199 (11.8\%) | 949 (56.4\%) | 364 (21.7\%) | 170 (10.1\%) |


|  |  | Inco | tile 4 |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 165 (8.2\%) | 1468 (72.8\%) | 295 (14.6\%) | 88 (4.4\%) |
| 5 | 88 (3.9\%) | 1657 (74.2\%) | 378 (16.9\%) | 111 (5.0\%) |
| 7 | 106 (5.3\%) | 1492 (74.3\%) | 306 (15.3\%) | 102 (5.1\%) |
| 11 | 107 (5.5\%) | 1329 (68.4\%) | 396 (20.4\%) | 111 (5.7\%) |
| 14 | 100 (5.5\%) | 1265 (69.8\%) | 332 (18.3\%) | 116 (6.4\%) |
| 17 | 146 (8.1\%) | 1162 (64.5\%) | 334 (18.5\%) | 161 (8.9\%) |
|  |  | Income | (highest) |  |
|  | Underweight | Normal weight | Overweight | Obese |
| Age |  |  |  |  |
| 3 | 227 (8.9\%) | 1898 (74.9\%) | 329 (13.0\%) | 81 (3.2\%) |
| 5 | 114 (4.1\%) | 2195 (79.0\%) | 367 (13.2\%) | 103 (3.7\%) |
| 7 | 144 (5.9\%) | 1917 (79.2\%) | 274 (11.3\%) | 87 (3.6\%) |
| 11 | 168 (7.5\%) | 1640 (72.7\%) | 371 (16.5\%) | 76 (3.4\%) |
| 14 | 151 (7.7\%) | 1456 (73.9\%) | 289 (14.6\%) | 75 (3.8\%) |
| 17 | 207 (9.1\%) | 1570 (68.6\%) | 392 (17.1\%) | 119 (5.2\%) |

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