

MCS7 (age 17) survey consultation

Socio-emotional development

Louise Arseneault
King's College London

Centre for Longitudinal Studies
UCL Institute of Education
16th November 2015

mental health

money

university



travelling

friends

love



religion

decisions

violence



Some considerations

- **Longitudinal design of study**
- **Age relevant?**
- **Best methods to tackle questions?**
- **Potential distress?**
- **Time allowed for interview – ruthless!**
- **How much can be answered? – tackling small groups**
- **How many will be interested?**
- **Policy relevant?**
- **Parallel with other longitudinal studies**
- **Retention**

Suggested topics

- **Mental health and well being**
- **Difficulties**
- **Attitudes/traits**
- **Bad experiences**
- **Identity**
- **Relationships**
- **Interests**
- **Choices**
- **Expectations**

Mental health and well being

- **self-harm**
- **eating problems**
- **depression**
- **psychotic experiences**
- **ADHD medication - ?**
- **Service use?**

-
- Wellbeing grid at MCS6 – overall measure
 - Wellbeing: WEMWEBS, a validated scale that can be used in the future
 - Assessed in previous phases (e.g. overall wellbeing, self-harm, ADHD medication)
 - Validated measures (PS16 for psychotic experiences, Deliberate Self-harm Inventory for self-harm, CES-D for depression)
 - But ... can be lengthy to assess and can cause distress
 - May capture small groups of people

Difficulties

- **speech/vocabulary**
- **affective instability**

- **social isolation?**
- **loneliness?**

-
- Continuation of questions on speech problems but this time with study participants (e.g., stammer)
 - 1 question: 'Yesterday I had rapid and intense changes in my mood that I had difficulty controlling'

Attitudes/traits

- **impulsiveness**
- **self-control**
- **locus of control**
- **self-esteem**
- **motivation**
- **executive function**

-
- Assessed in previous sweeps
 - Self-esteem assessed in MCS6
 - Barrat Impulsiveness scale
 - Control strategies: multiscale questionnaire (OPS-Scales)

Bad experiences

- **bereavement**
- **bullying and victimization**

- **Life events?**

-
- Some questions about death in the family in previous sweeps
 - Bullying in MCS6
 - Age-appropriate? Dating violence, internet abuse
 - Overall measure of Life Events?

Relationships

- **friendships**
- **parent-teenager relationships**
- **romantic partnerships**

-
- Important transition from family to more intimate relationships
 - Parental monitoring, warmth ...
 - Risk and protective factors
 - Validated measures?

Identity

- **gender identity**
- **ethnic group identity**

-
- 3 questions on ethnicity in MCS6
 - Self-reports
 - Set of 5 questions from NatCen on gender

Interests

- **politics**
- **religion**
- **curricular and extra-curricular activities**

-
- 4 questions on politics and religion from NCDS and BCS70
 - Participation in school governance – questionnaire to Head teachers?

Choices

- **decision making process**
- **sexual attraction**
- **preferences**
- **risky behaviours**

-
- Decision making: resources, factors involved, education
 - Preferences: risk, time, social
 - Risky behaviours: smoking, drinking, eating habits
 - Already covered in activity and behaviour module?

Expectations

- **future education plans (e.g., university)**
 - **costs of studying**
 - **likelihood of being employed**
 - **earnings**
 - **views on becoming an adult**
 - **fertility**
 - **aspirations**
-
- Providing an overall picture or based on research questions?
 - Validated measures?

More

- **Welsh culture - language**
- **diet and obesity, body image**
- **awareness of global warming**
- **neighbourhood and school climate**

-
- More interesting topics
 - Maybe already tackle by other modules?
 - May not be the best methods to collect some data