# Incentivising specific combinations of subjects: does it make any difference to university access? 

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#### Abstract

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#### Abstract

A major part of the 2010-2015 UK government's education reforms in England was a focus on the curriculum that pupils study from ages 14-16. Most high profile was the introduction of the English Baccalaureate (EBacc) performance measure for schools, incentivising study of "subjects the Russell Group identifies as key for university study" (Gibb, 2011). However, there does not appear to be good quantitative evidence about the importance of studying such a set of subjects, per se. This paper sets out to analyse this question, considering whether otherwise similar young people who study specific sets of subjects (full set for EBacc-eligibility, two or more sciences, foreign languages, applied subjects) to age 16 have different probabilities of entering university, and specifically a high-status university. It compares results from regression modelling and propensity score matching, taking advantage of rich survey data from a recent cohort of young people in England. We find that conditional differences in university entry attributable to subject choice are, at most, small.


## Non-Technical Summary

A major part of the 2010-2015 UK government's education reforms in England was a focus on the curriculum that pupils study from ages 14-16. Most high profile was the introduction of the English Baccalaureate (EBacc) performance measure for schools, incentivising study of "subjects the Russell Group identifies as key for university study" (Gibb, 2011). However, there does not appear to be good quantitative evidence about the importance of studying a complete set of subjects, per se. Indeed, concern has been expressed in some quarters that a particular focus on a set of subjects such as the English Baccalaureate (EBacc) might 'crowd out' other subject combinations.

This paper sets out to address whether these is quantitative evidence to support this policy. We do this by considering whether otherwise similar young people who study specific sets of subjects (full set for EBacc-eligibility, two or more sciences, foreign languages, applied subjects) to age 16 have different probabilities of entering university, and specifically a high-status university. To do this, we use statistical matching techniques effectively to compare individuals with similar observable characteristics, other than the set of subjects that they studied, applied to rich survey data from a recent cohort of young people in England ('Next Steps').

Overall, we find that the seemingly large differences in university progression associated with the subjects young people study from ages 14 to 16 often seem to be small, at most, once we take into account differences in the kinds of people who study these subjects. The results for studying the full set of EBacc subjects and for studying any applied subjects do show residual associations with university attendance, suggesting the view that they may have particular importance is not without merit, a finding that concords with other research focussing on subject choice at a later point in individuals' educational careers (Dilnot, 2016). Nevertheless, it is important to emphasise that the differences are still not large, meaning that we should not exaggerate the likely implications of more pupils studying EBacc subjects.

## Introduction

A major part of the 2010-2015 UK government's education reforms in England was a focus on the curriculum that pupils study from ages 14-16. Most high profile was the introduction of the English Baccalaureate (EBacc) performance measure for schools. Since schools were now judged on the proportion of pupils getting a "good pass" in the subjects that made up this measure, it incentivised schools to encourage pupils to study this set of "subjects the Russell Group identifies as key for university study" (Gibb, 2011). Young people's parents also see the choices their children are making at this point in time as important, with $93 \%$ of the parents of the Next Steps (formerly known as the Longitudinal Study of Young People in England) participants saying they see subject choices at age 14 as "very important" or "fairly important" for the educational options their offspring will have open to them subsequently.

However, there does not appear to be good quantitative evidence about the importance of studying a complete set of subjects, per se. Indeed, concern has been expressed in some quarters that a particular focus on a set of subjects such as the English Baccalaureate (EBacc) might 'crowd out' other subject combinations, such as a full set of separate sciences, that are also potentially important for individuals' future educational opportunities. Young people's subjects of study from age 14 may have important consequences for future academic and labour market outcomes, since they affect, in turn, the qualifications to which they can easily continue in postcompulsory education. Choosing the 'wrong' set of options at this point may have long term consequences (lannelli, 2013). This is a particularly important issue in an English context, where specialisation of the curriculum occurs earlier than in many other countries (Hodgson and Spours, 2008).

This paper provides new evidence on this issue. It borrows techniques from the programme evaluation literature to consider whether young people who study the full set of subjects required for EBacc-eligibility between ages 14 and 16 have different probabilities of applying to university, entering university and attending a high-status university. It also examines the same issue for sub-elements of the EBacc: studying for two or more science qualifications (either separate or combined awards), studying a foreign language, and studying History or Geography (we do not consider English or Maths since these are mandatory). By way of contrast, we also consider differences by whether individuals study for any 'applied' GCSEs, which, it has been argued, provide less effective preparation for future university study.

In particular, this paper contrasts purely descriptive differences in outcomes to those from flexible regression adjustment and matching approaches. These attempt to compare individuals very close to the margin of studying each full set of subjects, adjusting for observable differences in a highly flexible manner, taking advantage of rich survey data from a recent cohort of young people in England. As such, the estimates from this method demonstrate just the impact of having studied the full combination of subjects, rather than of the cumulative changes from overall differences in curriculum. To provide context for these results, we also produce estimates of the change in probability of the university outcomes associated with a continuous change in the academic selectivity of subjects studied and conditional on the same set of observable characteristics in the main analysis.

The paper proceeds as follows. Section 2 describes the background to the issue. Section 3 introduces the dataset used, highlighting the rich survey data available to do the best possible job of matching; in doing so, it explores the proportion of young
people proceeding to university by whether they took the combinations of subjects we consider. Next the methods are introduced in Section 4, covering both the regression analysis and matching approach. Further details on the construction of the matched samples are reported in Section 5, including an assessment of the extent to which good balance on observable characteristics is achieved. The results, contrasting university application, university attendance and attendance at a highstatus university before any adjustment, using regression analysis, and using a matched sample, are reported in Section 6. We report comparative results for the differences associated with a continuous change in the academic selectivity of subjects studied in Section 6.1. Finally, Section 7 concludes.

## Background

The importance of the subjects young people study while at school for their chances of progressing to Higher Education (HE), in general, and highly selective HE institutions, in particular, has increasingly attracted the attention of policymakers. Most notably this has manifested itself in the UK Government's introduction of the English Baccalaureate school performance measure at age 16 (Gibb,2011). Understanding subject choice at age 14 is important to help young people make the choices that will assist them in achieving their future plans.

The policy attention stems from a concern that young people are making subject choice decisions (or being channelled towards decisions) that are reducing the probability of getting to Higher Education. Indeed, previous work has suggested that when high achieving young people from less advantaged backgrounds are provided with more information on how best to prepare for university applications their decisions improve (Borghans et al., 2013; Hoxby and Turner, 2013). Although these previous studies cited did not specifically cover advice about subject choice, the same logic of improving educational decisions is applicable. Choosing the 'wrong' curriculum at this point may have long term consequences in terms of occupational status acquisition (lannelli, 2013); educational progression seems one plausible mechanism for this. In a different context, evidence from Belgium suggests that subject choice has an influence on the gender gap in the labour market (Duquet et al., 2010).

Age 14 is the first point at which young people have a direct choice about the curriculum they receive, although there may of course be some earlier indirect influence through secondary school choice. It is also a point at which all young people are still in compulsory education for two more years. As such, it seems a sensible period in which to study the decisions and subsequent actions of young people. Unlike studying post-16 subject choices, there remains something of a common core to the curriculum, allowing a focus on how choices about noncompulsory subjects seem to affect future plans.

However, previous work has highlighted that there are important and complex patterns in the subjects individuals study during this age range (Henderson et al., 2016). Three particularly important characteristics in explaining subject choices at this age are gender (Bell, 2001; Francis, 2000; Jin et al., 2011; Sullivan et al., 2010), prior attainment (Davies et al., 2008; Jin et al., 2011) and socioeconomic background (Davies et al., 2008; Jin et al., 2011). Coming at this from a different angle, AbbottChapman et al. (1995) point out that, due to the correlation between the two, subject choices may be used as a surrogate for information about 'ability' in an Australian setting.

Davies et al. (2008) used the 1998 Year 11 Information System to examine the probability of taking GCSEs in optional subjects (specifically: Business Studies, French, Geography, German, History and Home Economics), finding that 'ability' has the strongest influence on subject choice but for some subjects social class exerts more of an effect than gender. Jin et al. (2011) find that girls are more likely to study modern foreign language at school and less likely to study all three sciences separately; these associations remain after taking into account prior attainment. Furthermore, those with more educated parents are more likely to study two or more science and to stay on in full-time education after Year 11, however these effects are not significant after controlling for prior attainment. Since all these factors seem likely to affect university entry in their own right (Anders, 2012), it is important to take them into account in this paper's analysis.

We focus explicitly on whether individuals study for combinations of subjects, rather than their attainment in these subjects. While attainment at age 16 is undoubtedly highly important for whether individuals gain access to university (Anders, 2012), this paper explores whether there are distinct effects of subject choices in and of themselves. This has been considered before, but previous work on the issue has tended to focus on the more proximal influence of subject choice post-16. For example, in their exploration of racial inequality in university entry, Noden et al. (2014) note that differences in subject of study post-16 appear to affect university entry. However, since subjects available to individuals at age 16 depend on those that have been studied before this point, it is of interest to explore whether there are consequences of subject choices at age 14 that flow through to these same later outcomes.

## Data

This paper uses Next Steps (a representative longitudinal survey formerly known as the Longitudinal Survey of Young People in England) in order to explore these questions. Next Steps follows a cohort of young people born in 1989-90 from age 14 through to age 20. The survey has a clustered design based around schools, so that young people are randomly selected for inclusion within randomly selected schools (albeit with some oversampling). It includes annual interviews throughout with the young people themselves, interviews with their parents (for the first four years), and linked administrative data about young people's academic attainment (from the National Pupil Database, discussed below). Using the responses from the parental questionnaires provides high quality data on young people's socioeconomic background, based on questions about family income, parental education, and occupational status.

Importantly for this work, it also includes self-reported information on subjects that young people are studying at age 14 (academic year 2004/05-2005/06). We use these to generate the subject choice classifications that we use as 'treatment' variables, of which we attempt to assess the intrinsic importance for university outcomes.

We consider the importance of studying the full set of subjects required to be eligible for the English Baccalaureate (EBacc). For a pupil to count towards their school's EBacc measure they must achieve a C grade or above (often referred to as a 'good pass') in the following GCSE subjects: English, Mathematics, History or Geography,
two sciences and a Modern or Ancient Language. However, the introduction of this performance measure comes after the cohort we consider took their GCSEs.

This strengthens our approach since it eliminates the possibility that individuals took these subjects specifically in order to achieve the EBacc, which may increase any selection issue; constructing an indicator of studying EBacc subjects artificially for this cohort should give us a cleaner estimate of whether studying the required subjects improves university entry chances in and of itself. We construct a binary measure according to whether pupils study the full set of subjects that would make them eligible for the EBacc if they a) go on achieve at least a grade C in all of them and b) were in a later cohort when the measure had been introduced. We find that one third of the sample studied subjects that would have make them eligible for the EBacc in later years.

We also consider whether individuals study specific elements that make up the EBacc. We assess whether individuals study two or more sciences i.e. two of Physics, Chemistry and Biology as separate subjects or a combined 'double' award in sciences during this period. Previous work on the importance of subject choice during secondary school has focussed on whether young people study Science, Technology, Engineering and Maths (STEM)-related subjects (Tripney et al., 2010; Codiroli, 2015), particularly reflecting concerns about a gender gap in uptake of such subjects, although Codiroli (2015) highlights that this may not be the case among individuals from advantaged backgrounds. Particularly for science subjects, it seems plausible that universities are likely to prefer individuals who have taken these more detailed tracks. Just under a third (30\%) of the sample report studying for at least two separate sciences or a double award.

We also consider whether individuals study foreign languages. We only consider the main languages studied in English secondary schools: French, German, Italian and Spanish. In the data, all other subjects are simply encoded as 'Other' and we wish to exclude those who study for a qualification in their first language, which often makes up a majority of those studying such qualifications (Vidal Rodeiro, 2009). This cohort was one of the first for whom studying a language to age 16 was no longer compulsory; nevertheless, $60 \%$ study one of these main languages during this period.

Finally, from the components of the EBacc, we compare individuals who study History or Geography with those who do not. Almost two thirds (64\%) of the sample do so and, in common with other elements of the EBacc, they are generally more advantaged and have higher prior attainment than their peers who do not do so.

As something of a comparison, we consider whether individuals studied for any applied GCSEs. These were introduced in the 2002 Education Act, as part of a policy to increase the diversity of the 14-19 curriculum. However, this policy has since been criticised, with some of these qualifications having their equivalence to GCSEs in performance tables downgraded since this period. $42 \%$ of the sample studied for at least one applied GCSE; those who did so tended to be less advantaged and have lower prior attainment than those who did not.

Wave 7 of Next Steps covers young people aged 19-20. Hence the data allow us to model the entry to university through what might be thought of as the 'traditional' route, going from sixth form or Further Education College to university, either the same year or after a single gap year. While this includes the majority of those who attend university, later entrants would not be represented. The exclusion of this potentially interesting subpopulation should be noted; in particular, it could affect the
results if subjects studied at GCSE are associated with later entry to university. We also consider entry to a Russell Group institution; the Russell Group is a group of 20 research-intensive UK institutions, $1^{1}$ which are often considered to be amongst the most prestigious universities in the UK.

Next Steps includes a rich set of data measuring young people's socioeconomic status (SES), including household income, parental education, and parental occupational status, all of which are important in measuring SES (Hauser, 1994). Household income is measured at each wave between 1 and 4. As previous research has suggested 'permanent' income (rather than transitory income) has a much larger effect on young people's educational outcomes (Jenkins and Schluter, 2002, p.2). An approximation of the household's equivalised 'permanent' income is made by averaging across these four measures and dividing by the square root of household size. Previous work suggests that Next Steps underestimates household income to some extent, relative to social surveys where it is a major focus (Anders, 2012).

Parental education also captures an important aspect of socioeconomic status; one explanation for this is that it "may alter the 'productivity' of [parents'] time investments in children" (Ermisch and Pronzato, 2010, p.1). Whatever the explanation, a number of studies have found evidence of a causal impact of parents education on children's educational outcomes (Chevalier, 2004; Ermisch and Pronzato, 2010; Havari and Savegnago, 2014), making it an important factor to take into account. Similarly, social class is seen by sociologists as a key element of an individual's SES (Goldthorpe and McKnight, 2004), in particular as "young people (and their families) have, as their major educational goal, the acquisition of a level of education that will allow them to attain a class position at least as good as that of their family of origin" (Breen and Yaish, 2006, p.232). Parents' occupational status is recorded in Next Steps using the National Statistics SocioEconomic Classification (NS-SEC), which was designed to capture social class differences between the different occupational types (Rose and Pevalin, 2001).

[^0]Table 1: Differences in university access by subjects studied ages 14-16

|  | EBacc-elig. |  | 2+ Sciences |  | Foreign Lang. |  | Hist./Geog. |  | Applied |  | Overall |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Yes | No | Yes | No | Yes | No | Yes | No | Yes |  |
| Outcomes |  |  |  |  |  |  |  |  |  |  |  |
| Apply to University | 0.51 | 0.78 | 0.43 | 0.67 | 0.45 | 0.69 | 0.49 | 0.66 | 0.68 | 0.49 | 0.60 |
| Attend University | 0.38 | 0.67 | 0.30 | 0.55 | 0.32 | 0.58 | 0.37 | 0.53 | 0.56 | 0.36 | 0.48 |
| Attend Russell Group | 0.07 | 0.21 | 0.05 | 0.14 | 0.05 | 0.16 | 0.06 | 0.14 | 0.15 | 0.06 | 0.11 |
| Background Characteristics |  |  |  |  |  |  |  |  |  |  |  |
| KS3 English Z-Score | -0.26 | 0.51 | -0.44 | 0.19 | -0.47 | 0.30 | -0.31 | 0.17 | 0.21 | -0.29 | -0.00 |
| KS3 Maths Z-Score | -0.26 | 0.52 | -0.49 | 0.21 | -0.44 | 0.28 | -0.31 | 0.17 | 0.21 | -0.29 | -0.00 |
| KS3 Science Z-Score | -0.27 | 0.54 | -0.51 | 0.22 | -0.44 | 0.28 | -0.33 | 0.18 | 0.22 | -0.30 | -0.00 |
| H/h income (£) | 16,139 | 20,911 | 15,167 | 18,849 | 15,005 | 19,500 | 15,828 | 18,798 | 19,199 | 15,718 | 17,737 |
| Male | 0.49 | 0.48 | 0.48 | 0.50 | 0.55 | 0.45 | 0.45 | 0.51 | 0.50 | 0.48 | 0.49 |
| Lone parent family | 0.03 | 0.02 | 0.03 | 0.02 | 0.03 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 |
| Mother has degree | 0.09 | 0.22 | 0.07 | 0.16 | 0.08 | 0.17 | 0.08 | 0.16 | 0.17 | 0.08 | 0.13 |
| Father has degree | 0.11 | 0.26 | 0.09 | 0.19 | 0.09 | 0.21 | 0.10 | 0.20 | 0.21 | 0.10 | 0.16 |
| Selective School | 0.02 | 0.14 | 0.02 | 0.08 | 0.00 | 0.10 | 0.03 | 0.08 | 0.09 | 0.02 | 0.06 |
| School w/ 6th Form | 0.60 | 0.69 | 0.60 | 0.64 | 0.59 | 0.66 | 0.59 | 0.65 | 0.63 | 0.62 | 0.63 |
| Proportion | 0.67 | 0.33 | 0.30 | 0.70 | 0.39 | 0.61 | 0.36 | 0.64 | 0.58 | 0.42 | 1.00 |
| N | 4,023 | 1,977 | 1,756 | 4,244 | 2,458 | 3,542 | 2,216 | 3,784 | 3,444 | 2,555 | 6,000 |

Notes: Column titles report combinations of subjects studied: EBacc-elig. = studied the full set of subjects required to be eligible for the English Baccalaureate performance measure; $2+$ Sciences $=$ studied at least two separate sciences or 'double award' science; Foreign Lang. = studied at least one of French, German, Italian and Spanish; Hist./Geog. = studied History, Geography or both; Applied = studied for at least one applied GCSE. Outcomes panel reports proportions achieving outcome measure by combinations of subjects studied. Background Characteristics panel reports mean (or proportion) of these characteristics by combinations of subjects studied. Weighted using Next Steps-provided design and attrition weights.

The top panel of Table 1 demonstrates that there are large differences in university application and attendance by the subjects that young people have studied. While $60 \%$ of the sample apply to university (attend university), $78 \%$ (67\%) of those that studied EBacc subjects, $67 \%$ (55\%) of those that studied two or more sciences, $66 \%$ (53\%) of those who studied History or Geography, and 69\% (58\%) of those that studied any languages did so. Only $49 \%$ (36\%) of those that studied any applied subjects did so. Similarly, while $11 \%$ of the sample go on to attend a Russell Group university, almost twice as many who studied the EBacc do so; by contrast, nearly half as many who studied any applied subjects do so. A somewhat higher proportion go on to attend a Russell Group university if they studied two or more sciences (14\%), studied a foreign language (16\%), or studied History or Geography (14\%).

However, there is no indication that such differences can be interpreted as in any way causal. There are many differences in the characteristics of individuals who study these subject combinations, as can be seen in the lower panel of the same table and was explored in more detail by (Henderson et al., 2016). In general, we can see that individuals who study the full set of subjects required to be eligible for EBacc are, on average, from households with higher incomes than those who do not, scored higher in tests at age 14, are more likely to be in a selective school, and have parents who progressed to higher levels of education. All of these are plausibly important for explaining young people's increased probability of applying to and attending university and attending a Russell Group university (Anders, 2012). The same broad pattern is evident for studying two or more sciences, for studying History or Geography, and for studying foreign languages, while the opposite is the case among those studying for any applied GCSEs.

In order to make more meaningful comparisons of the probability of attending university depending on subject choices we wish to compare individuals who did or did not study these subjects, but who are similar in terms of other relevant characteristics.

## Methods

This section discusses our analytical strategy for comparing individuals' probabilities of going to university depending upon their subject choices, while taking into account that these individuals may well differ in other important respects.

We take two main approaches, first applying binary choice regression modelling of our outcomes of interest, then using propensity score matching approaches to account more flexibly for differences in background characteristics. These methods both have advantages and disadvantages relative to one another, which we highlight in the following discussion.

## Regression Analysis

Regression modelling is a well-established method for estimating the association between a treatment variable and outcomes of interest, holding other background characteristics constant. Its advantage is that it provides an estimate of the treatment across the sample; however, this is also a disadvantage in that it may be extrapolating beyond the sample for which the data can provide us with reliable evidence. It also relies upon the regression equation adequately describing the relationship between independent and dependent variables.

Since our outcomes of interest are dichotomous, we estimate linear probability regression models (analyses using probit models do not give qualitatively different results). We use the following regression specification, recommended by Imbens and Rubin (2015), to estimate difference in outcomes conditional on a vector of controls, X , listed below:

$$
\begin{equation*}
Y_{i}=\alpha+\beta \text { Treat }_{i}+\gamma\left(\mathbf{X}_{i}^{\prime}-\overline{\mathbf{X}}^{\prime}\right)+\delta \operatorname{Treat}_{i}\left(\mathbf{X}_{i}^{\prime}-\overline{\mathbf{X}}^{\prime}\right)+\varepsilon_{i} \tag{1}
\end{equation*}
$$

Where $Y$ is a binary indicator of whether individuals achieve our outcome of interest and Treat is a binary indicator of our subject combinations. In this regression, $\beta$ is our primary coefficient of interest, recovering the average conditional difference in outcomes associated with the subject choice variable (separately: studying subjects required to be eligible for EBacc, studying at least one foreign language, studying two or more sciences, and studying for at least one applied GCSE).

This approach attempts to isolate the conditional association between subject choices and university access outcomes by using the extremely rich background data available in Next Steps. Specifically, we include the following covariates as dummy variables (where they are categorical) or linear and quadratic variables (where they are continuous): household income; age 14 (KS3) test scores (English, maths and science); gender; ethnic group (white, mixed, Indian, Pakistani, Black Caribbean, Black African, other); month of birth (continuous linear); number of siblings (categorical: none, one, two, or three or more); number of elder siblings (categorical: none, one, two, or three or more); lone parent family; mother's qualifications (none, below GCSEs, A Levels, HE below degree, degree); father's qualifications (none, below GCSEs, A Levels, HE below degree, degree); region of England (North East, North West, Yorkshire \& Humber, East Midlands, West Midlands, East of England, South East, South West); school type (community, community technology college, foundation school, voluntary aided, voluntary controlled); whether school is selective;
whether school has sixth form; mother's occupational status; and father's occupational status.

Given the design of Next Steps, we use clustered standard errors to account for the additional uncertainty around our estimates that this implies.

## Matching

We also use propensity score matching methods (Rosenbaum and Rubin, 1983) to provide estimates of the conditional change in probability of university attendance. Mendolia and Walker (2014), Alcott (2017) and McDool (2017) have previously used this approach to address research questions using Next Steps data. It has the advantage of controlling for background characteristics in a more flexible manner. It also more explicitly restricts attention to the sample within which the data can provide reliable causal impacts (imposing 'common support'), rather than extrapolating across the sample.

However, to produce its causal estimates, it is important to stress that it still relies on the assumption of all differences between individuals in the 'treated' and 'untreated' groups being captured by observed characteristics included in the propensity score model. In this case, 'treated' corresponds to individuals who study the combination of subjects considered (separately: studying subjects required to be eligible for EBacc, studying at least one foreign language, studying two or more sciences, and studying for at least one applied GCSE). Next Steps' rich set of such characteristics helps to make this a plausible assumption but we cannot, of course, rule out the continued presence of unobserved factors that determine the subject choices that individuals make (Shadish, 2012).

In this section, we lay out the matching approaches that we consider and discuss how we will assess whether they generate a matched sample that is well balanced on our observable characteristics and has good common support. The subsequent section reports on the process of constructing matched samples and assessing how well balanced these are in terms of background variables.

Matching begins by specifying a model of whether individuals study each of these sets of subjects starting at age 14. These are discrete choice models, specifically in this case we use a probit link function. This model includes the same set of background characteristics as those added to the regression model discussed in Section 4.1. However, we also experimented with additional complexity in the model, such as the inclusion of interaction terms between characteristics, where this helped to increase the balance.

This model is used to generate an estimated propensity score for each individual i.e. the estimated probability that they study the relevant combination of subjects (are 'treated' in the policy evaluation terminology). We consider the distribution of these estimated propensity scores among treated and untreated individuals in order to assess the extent to which they overlap and which matching approaches are likely to construct a balanced sample.

These estimated propensity scores are then used to produce a matched sample. We consider three methods of doing this:

- Nearest neighbour matching without replacement, with caliper: each treated individual is matched to one untreated individual with the closest propensity score, subject to the constraint (caliper) that the scores are no more than 0.05 different; once an individual has been used as a match they cannot be used again.
- Nearest neighbour matching with replacement, with caliper: each treated individual is matched to one untreated individual with the closest propensity score, subject to the constraint (caliper) that the scores are no more than 0.05 different; an individual can be used as a match multiple times.
- Kernel matching: each treated individual is matched to all untreated individuals with a weighting scheme that gives closer matches larger weight.

We assess the matched samples produced by these methods by considering the standardised differences in the background characteristics included in the matching model. Standardised differences are constructed by dividing the absolute difference in the characteristic between the treatment and control groups by the overall standard deviation of the characteristics, meaning that they are all in a common scale. As well as considering the average standardised difference across all characteristics of the matched sample, we also consider each characteristic to ensure that all differences are acceptably small (Imbens and Rubin, 2015).

Finally, we estimate linear probability regression models of our outcomes of interest using the matched sample, using the same model as that described in section 4.1.

## Constructing a matched sample

The distribution of the propensity scores by combination of subjects studied is shown in Figure 1 for whether individuals studied the subjects required to be eligible for EBacc, Figure 2 for whether individuals studied two or more sciences, Figure 3 for whether individuals studied foreign languages, Figure 4 for whether individuals studied either History or Geography, and Figure 5 for whether individuals studied any applied GCSEs. The distributions have implications for the preferred matching approach to take, which are now discussed in turn.

The distribution of the propensity score by whether individuals study a full set of subjects required to be eligible for EBacc (Figure 1) is overlapping across most of its range. However, above propensity scores of approximately 0.3 there are far fewer untreated individuals than there are treated individuals. While this is unsurprising, our approach to matching will need to ensure that treated individuals with high propensity scores do not end up being matched to untreated individuals with much lower propensity scores due to a lack of available matches of a similar score. Possible solutions include imposing a caliper width on suitable matches or allowing matching with replacement (i.e. more than one treated individual is matched to the same untreated individual), both of which will reduce the size of the matched sample. There are only a small number of treated individuals whose propensity score is higher than that of the highest propensity score among untreated individuals who are, therefore, considered outside the range of common support (referred to as being 'off support') and excluded from the matched sample.

The distribution of the propensity score by whether individuals study two or more sciences (or for a double award) is more skewed towards 1 compared to the distribution for EBacc-eligibility, reflecting the larger proportion of the sample (67\%)
who meet this criterion. Once again, there are only a small number of treated individuals whose propensity score is higher than that of the highest propensity score among untreated individuals who are, therefore, considered outside the range of common support ('off support') and excluded from the matched sample.

Turning to propensity scores defined by whether or not individuals study any foreign languages, the distributions are more obviously overlapping than was the case for the EBacc sample. Nevertheless, at the tails of the distribution there is mismatch in the relative number of treated and untreated individuals, especially at high propensity scores. A large number of treated individuals have propensity scores very close to 1 and, as a result, a more substantial number of treated individuals are excluded due to being 'off support'.
Next, we consider the distribution of propensity scores by whether individuals study either History, Geography or both. There is a strong overlap across almost the entire range of the propensity score distribution with only very few individuals who study History or Geography 'off support' due to having a higher estimated propensity than the highest score estimated for individuals who do not study either of these subjects.

Finally, we consider the propensity score distribution defined by whether or not individuals study for any applied GCSEs. Again, there is a good overlap across much of the range. There are no treated individuals with propensity scores falling outside the range of common support.

Figure 1: Distribution of propensity scores by whether individuals would be eligible for EBacc


Notes: Histogram of the propensity score for treated individuals (i.e. study all subjects required to be eligible for EBacc) above $x$ axis and untreated individuals (i.e. do not study all subjects required to be eligible for EBacc) below x axis. Individuals described as 'off support' fall outside the range of common support and so are excluded from impact estimation.

Figure 2: Distribution of propensity scores by whether individuals study two or more sciences


Notes: Histogram of the propensity score for treated individuals (i.e. study two or more science subjects) above $x$ axis and untreated individuals (i.e. do not study two or more science subjects) below $x$ axis. Individuals described as 'off support' fall outside the range of common support and so are excluded from impact estimation.

Figure 3: Distribution of propensity scores by whether individuals study any foreign languages


Notes: Histogram of the propensity score for treated individuals (i.e. study at least one foreign language) above $x$ axis and untreated individuals (i.e. do not study at least one foreign language) below $x$ axis. Individuals described as 'off support' fall outside the range of common support and so are excluded from impact estimation.

Figure 4: Distribution of propensity scores by whether individuals study History or Geography


Notes: Histogram of the propensity score for treated individuals (i.e. study History, Geography or both) above $x$ axis and untreated individuals (i.e. do not study either History or Geography) below $x$ axis. Individuals described as 'off support' fall outside the range of common support and so are excluded from impact estimation.

Figure 5: Distribution of propensity scores by whether individuals study for any applied GCSEs


Notes: Histogram of the propensity score for treated individuals (i.e. study for at least one applied GCSE) above $x$ axis and untreated individuals (i.e. do not study for any applied GCSEs) below xaxis. Individuals described as 'off support' fall outside the range of common support and so are excluded from impact estimation.

On the basis of these distributions, our preferred method of matching is likely to be a nearest neighbour matching approach, without replacement (i.e. once an untreated individual is selected as a match they cannot be selected again) imposing common support and a caliper of 0.05 . As discussed, imposing common support does not result in the exclusion of many observations since there is a similar range of
propensity scores in treatment and control groups but remains important to exclude treated individuals for whom there are no comparable untreated individuals. There are also large parts of the propensity score distribution of treated individuals in which there are few suitable untreated matches. As such, a caliper on the distance between the propensity score of the treated individual and that of the match ensures that untreated matches do not end up being too different from their treated comparator.

Nevertheless, we do also perform our other proposed forms of matching. Matched samples from these approaches do, in some cases, differ somewhat from our preferred approach. Matching with replacement resulted in significantly smaller sample sizes than from applying a caliper. This suggests that the results are relying on a small number of untreated individuals being used as matches many times, which is not robust and is more likely to result in less representative results. In addition, the overall reduction in bias (as measured by standardised differences) was smaller, sometimes considerably, in matching with replacement. Kernel matching also resulted in smaller reductions in bias than nearest-neighbour matching with a caliper.

Since each individual in the treatment group is matched to an untreated individual with as similar as possible a propensity score, the matched sample should be balanced on the characteristics included in the propensity score model. We verify that this is the case in Table 2 for our matched sample by EBacc-eligibility, Table 3 for our matched sample by studying any languages, Table 4 for our matched sample by two or more sciences, Table 5 for our matched sample by whether individuals study History or Geography, and Table 6 for our matched sample by applied subjects.

Table 2: Balance of characteristics by whether individuals would be eligible for EBacc

| Variable | Unmatched Std. Diff | Matched Std. Diff | \% Bias Red. | p |
| :---: | :---: | :---: | :---: | :---: |
| KS3 English Z-Score | 0.75 | 0.00 | 99.9 | 0.98 |
| KS3 Maths Z-Score | 0.76 | 0.00 | 99.8 | 0.97 |
| KS3 Science Z-Score | 0.80 | 0.01 | 98.7 | 0.79 |
| H/h income ( E ) | 0.48 | 0.02 | 95.5 | 0.53 |
| Male | 0.03 | 0.00 | 95.6 | 0.97 |
| Ethnic group: Mixed | 0.03 | 0.00 | 88.1 | 0.93 |
| Ethnic group: Indian | 0.03 | 0.01 | 54.7 | 0.77 |
| Ethnic group: Pakistani | 0.05 | 0.02 | 59.4 | 0.58 |
| Ethnic group: Bangladeshi | 0.13 | 0.00 | 97.1 | 0.93 |
| Ethnic group: Black Caribbean | 0.01 | 0.00 | 42.4 | 0.89 |
| Ethnic group: Black African | 0.03 | 0.02 | 30.8 | 0.61 |
| Ethnic group: Other | 0.02 | 0.02 | 37.0 | 0.65 |
| No Siblings | 0.01 | 0.00 | 66.2 | 0.91 |
| 2 Siblings | 0.02 | 0.03 | -27.2 | 0.45 |
| 3+ Sblings | 0.17 | 0.03 | 85.4 | 0.52 |
| No Older Siblings | 0.11 | 0.02 | 83.6 | 0.62 |
| 2 Older Siblings | 0.07 | 0.01 | 87.4 | 0.79 |
| 3+ Older Siblings | 0.11 | 0.02 | 85.5 | 0.64 |
| Lone parent family | 0.08 | 0.02 | 79.5 | 0.67 |
| Mother has no quals. | 0.25 | 0.02 | 92.4 | 0.60 |
| Mother has below GCSEs | 0.13 | 0.01 | 96.0 | 0.89 |
| Mother has A Levels | 0.06 | 0.02 | 67.4 | 0.57 |
| Father has HE below degree | 0.16 | 0.00 | 98.9 | 0.96 |
| Mother has degree | 0.43 | 0.04 | 91.4 | 0.27 |
| Father has no quals. | 0.23 | 0.01 | 97.2 | 0.86 |
| Father has below GCSEs | 0.13 | 0.01 | 93.3 | 0.81 |
| Father has A Levels | 0.03 | 0.03 | 11.5 | 0.40 |
| Father has HE below degree | 0.10 | 0.00 | 96.4 | 0.92 |
| Father has degree | 0.48 | 0.04 | 90.7 | 0.23 |
| Region: North East | 0.01 | 0.01 | -15.0 | 0.88 |
| Region: North West | 0.00 | 0.01 | -248.0 | 0.81 |
| Region: Yorkshire \& Humber | 0.06 | 0.00 | 100.0 | 1.00 |
| Region: East Midlands | 0.02 | 0.02 | 3.3 | 0.70 |
| Region: West Midlands | 0.04 | 0.03 | 26.5 | 0.55 |
| Region: East of England | 0.07 | 0.01 | 78.9 | 0.77 |
| Region: South East | 0.13 | 0.03 | 79.6 | 0.64 |
| Region: South West | 0.01 | 0.00 | 100.0 | 1.00 |
| School: Community Tech. College | 0.01 | 0.01 | 44.1 | 0.92 |
| School: Foundation School | 0.14 | 0.01 | 91.9 | 0.82 |
| School: Voluntary Aided | 0.11 | 0.03 | 72.7 | 0.55 |
| School: Voluntary Controlled | 0.07 | 0.01 | 90.4 | 0.90 |
| Selective School | 0.71 | 0.08 | 88.8 | 0.07 |
| Schoolw/ 6th Form | 0.20 | 0.01 | 93.4 | 0.80 |
| Mother: Long-term unemployed | 0.21 | 0.03 | 85.3 | 0.45 |
| Mother: Intermediate Occupations | 0.10 | 0.00 | 98.5 | 0.97 |
| Mother: Higher Occupations | 0.31 | 0.00 | 99.2 | 0.94 |
| Father: Long-term unemployed | 0.10 | 0.03 | 71.9 | 0.46 |
| Father: Intermediate Occupations | 0.04 | 0.02 | 60.4 | 0.63 |
| Father: Higher Occupations | 0.45 | 0.01 | 98.1 | 0.82 |
| Overall | 0.17 | 0.02 | 88.2 |  |

Notes: Std. Diff = Standardised difference (absolute difference between two groups divided by standard deviation of pooled sample); $p=p$ value of a test of the null hypothesis of no difference between the treated and untreated groups in the matched sample.

Table 2 suggests that matching has produced a strongly balanced sample by whether or not individuals study a full set of EBacc subjects. While, in the unmatched sample, there are substantial standardised differences between variables such as household income, prior attainment and parental education, these have all been substantially reduced in the matched sample. No standardised differences exceed 0.08 in the matched sample. A small number of characteristics see an increased bias (negative figures in the \% bias reduction column), but this is driven by only small increases in very small pre-matching standardised differences. Overall, the average standardised difference between characteristics in the treatment and control group are reduced from 0.17 to 0.02 .

The sample matched on whether individuals study any foreign languages (Table 3) also sees much improvement in terms of balance. Particularly large differences are evident in the unmatched sample (with an average standardised difference of 0.22 ), especially for household income, parental education and school type; these are much reduced in the matched sample. A small number of characteristics are slight outliers,
although still with modest standardised differences of 0.07-0.08. Overall, as with the matched sample for EBacc, the average standardised difference between treatment and control groups is dramatically reduced to 0.03 .

A similar picture is also evident for the sample defined by whether or not individuals study two or more sciences. There are, again, a couple of outliers in terms of standardised differences, with selective school attendance and ethnic group Indian having standardised differences of 0.08 and 0.09 , respectively, in the matched sample; in this case these are not statistically significant differences. Overall, the matching exercise results in a $75 \%$ reduction in bias on observable characteristics.

The only outlier in terms of balance, in the case of the matched sample divided by whether individuals study History or Geography, is whether mother has a degree. This has a standardised difference of 0.07 and this is still not statistically significant. The overall balance is reduced from an average standardised difference of 0.12 in the unmatched sample to an average standardised difference of 0.02 in the matched sample.

Finally, we see a similarly well-matched sample when splitting the group by whether they study for any applied GCSEs. In the matched dataset the standardised differences between groups does not exceed 0.04 for any of the characteristics. The average standardised difference in the matched dataset is 0.01 , compared to 0.12 in the unmatched sample.

## Results

The results are reported in Table 7. This includes:

1. The 'naïve' estimates of the change in probability of university access measures associated with studying the relevant set of subjects (these replicate the difference between the two columns in the top panel of Table 1);
2. The regression adjusted estimates of the change in probability of university access measures having controlled for background characteristics parametrically;
3. and, finally, the matched estimates of the change in probability of university access measures, estimating conditional differences among those in the matched samples constructed in Section 5.

It also reports the statistical significance (taking into account the school-level clustering in Next Steps) of these estimated differences and the size of the matched sample. We report average marginal effects from linear probability models (average marginal effects from probit regression models give similar results).

Table 3: Balance of characteristics by whether individuals are studying any foreign languages

| Variable | Unmatched Std. Diff | Matched Std. Diff | \% Bias Red. | p |
| :---: | :---: | :---: | :---: | :---: |
| KS3 English Z-Score | 0.80 | 0.07 | 91.3 | 0.09 |
| KS3 Maths Z-Score | 0.75 | 0.04 | 94.7 | 0.31 |
| KS3 Science Z-Score | 0.75 | 0.05 | 93.2 | 0.20 |
| H/h income ( E ) | 0.53 | 0.07 | 86.0 | 0.03 |
| Male | 0.18 | 0.07 | 58.9 | 0.05 |
| Ethnic group: Mixed | 0.03 | 0.00 | 91.2 | 0.93 |
| Ethnic group: Indian | 0.02 | 0.02 | 8.9 | 0.66 |
| Ethnic group: Pakistani | 0.15 | 0.00 | 98.5 | 0.96 |
| Ethnic group: Bangladeshi | 0.20 | 0.02 | 88.9 | 0.60 |
| Ethnic group: Black Caribbean | 0.03 | 0.00 | 85.7 | 0.89 |
| Ethnic group: Black African | 0.00 | 0.00 | 100.0 | 1.00 |
| Ethnic group: Other | 0.03 | 0.02 | 30.2 | 0.52 |
| No Siblings | 0.05 | 0.00 | 100.0 | 1.00 |
| 2 Siblings | 0.01 | 0.01 | 15.0 | 0.80 |
| 3+ Sblings | 0.25 | 0.00 | 98.9 | 0.94 |
| No Older Siblings | 0.14 | 0.01 | 90.2 | 0.69 |
| 2 Older Siblings | 0.05 | 0.01 | 75.8 | 0.75 |
| 3+ Older Siblings | 0.18 | 0.01 | 94.7 | 0.81 |
| Lone parent family | 0.03 | 0.00 | 88.5 | 0.92 |
| Mother has no quals. | 0.32 | 0.03 | 91.9 | 0.53 |
| Mother has below GCSEs | 0.11 | 0.04 | 64.1 | 0.28 |
| Mother has A Levels | 0.13 | 0.01 | 88.5 | 0.66 |
| Father has HE below degree | 0.19 | 0.02 | 89.2 | 0.56 |
| Mother has degree | 0.40 | 0.07 | 82.2 | 0.04 |
| Father has no quals. | 0.30 | 0.02 | 93.1 | 0.60 |
| Father has below GCSEs | 0.08 | 0.01 | 92.0 | 0.85 |
| Father has A Levels | 0.06 | 0.01 | 80.6 | 0.74 |
| Father has HE below degree | 0.14 | 0.02 | 88.2 | 0.63 |
| Father has degree | 0.41 | 0.08 | 81.3 | 0.02 |
| Region: North East | 0.08 | 0.02 | 77.4 | 0.80 |
| Region: North West | 0.01 | 0.02 | -93.4 | 0.77 |
| Region: Yorkshire \& Humber | 0.10 | 0.00 | 98.2 | 0.98 |
| Region: East Midlands | 0.07 | 0.00 | 96.9 | 0.97 |
| Region: West Midlands | 0.01 | 0.01 | 24.8 | 0.87 |
| Region: East of England | 0.03 | 0.02 | 51.6 | 0.79 |
| Region: South East | 0.15 | 0.01 | 95.6 | 0.92 |
| Region: South West | 0.03 | 0.02 | 43.0 | 0.79 |
| School: Community Tech. College | 0.05 | 0.02 | 60.6 | 0.60 |
| School: Foundation School | 0.14 | 0.04 | 70.6 | 0.52 |
| School: Voluntary Aided | 0.16 | 0.02 | 89.6 | 0.81 |
| School: Voluntary Controlled | 0.06 | 0.01 | 84.1 | 0.88 |
| Selective School | 2.15 | 0.04 | 98.0 | 0.04 |
| Schoolw/ 6th Form | 0.18 | 0.02 | 89.6 | 0.77 |
| Mother: Long-term unemployed | 0.26 | 0.01 | 98.0 | 0.91 |
| Mother: Intermediate Occupations | 0.14 | 0.04 | 70.4 | 0.24 |
| Mother: Higher Occupations | 0.35 | 0.07 | 81.0 | 0.07 |
| Father: Long-term unemployed | 0.16 | 0.03 | 83.3 | 0.46 |
| Father: Intermediate Occupations | 0.08 | 0.05 | 36.1 | 0.11 |
| Father: Higher Occupations | 0.47 | 0.08 | 81.9 | 0.02 |
| Overall | 0.22 | 0.03 | 86.4 |  |

Notes: Std. Diff = Standardised difference (absolute difference between two groups divided by standard deviation of pooled sample); $p=p$ value of a t test of the null hypothesis of no difference between the treated and untreated groups in the matched sample.

Table 4: Balance of characteristics by whether individuals are studying two or more sciences

| Variable | Unmatched Std. Diff | Matched <br> Std. Diff | \% Bias Red. | p |
| :---: | :---: | :---: | :---: | :---: |
| KS3 English Z-Score | 0.58 | 0.03 | 94.4 | 0.46 |
| KS3 Maths Z-Score | 0.63 | 0.00 | 99.4 | 0.93 |
| KS3 Science Z-Score | 0.68 | 0.02 | 96.8 | 0.61 |
| H/h income ( $\mathrm{I}^{\text {) }}$ | 0.34 | 0.04 | 86.9 | 0.49 |
| Male | 0.04 | 0.04 | 11.0 | 0.41 |
| Ethnic group: Mixed | 0.03 | 0.00 | 87.4 | 0.93 |
| Ethnic group: Indian | 0.08 | 0.09 | -10.7 | 0.17 |
| Ethnic group: Pakistani | 0.02 | 0.01 | 42.2 | 0.78 |
| Ethnic group: Bangladeshi | 0.05 | 0.02 | 52.0 | 0.48 |
| Ethnic group: Black Caribbean | 0.03 | 0.05 | -47.7 | 0.47 |
| Ethnic group: Black African | 0.03 | 0.04 | -33.1 | 0.45 |
| Ethnic group: Other | 0.00 | 0.00 | -3.5 | 0.91 |
| No Siblings | 0.01 | 0.03 | -484.2 | 0.49 |
| 2 Siblings | 0.04 | 0.03 | 25.5 | 0.55 |
| 3+ Sblings | 0.11 | 0.00 | 97.9 | 0.95 |
| No Older Siblings | 0.05 | 0.00 | 90.9 | 0.91 |
| 2 Older Siblings | 0.04 | 0.02 | 42.7 | 0.54 |
| 3+ Older Siblings | 0.09 | 0.00 | 99.1 | 0.98 |
| Lone parent family | 0.07 | 0.00 | 96.0 | 0.92 |
| Mother has no quals. | 0.16 | 0.05 | 70.1 | 0.28 |
| Mother has below GCSEs | 0.12 | 0.03 | 76.6 | 0.38 |
| Mother has A Levels | 0.07 | 0.04 | 45.4 | 0.40 |
| Father has HE below degree | 0.10 | 0.03 | 74.4 | 0.61 |
| Mother has degree | 0.33 | 0.05 | 86.1 | 0.55 |
| Father has no quals. | 0.15 | 0.02 | 83.8 | 0.55 |
| Father has below GCSEs | 0.08 | 0.03 | 62.7 | 0.41 |
| Father has A Levels | 0.03 | 0.03 | -22.4 | 0.46 |
| Father has HE below degree | 0.08 | 0.00 | 97.2 | 0.96 |
| Father has degree | 0.33 | 0.00 | 99.2 | 0.98 |
| Region: North East | 0.02 | 0.01 | 67.9 | 0.91 |
| Region: North West | 0.04 | 0.05 | -29.3 | 0.39 |
| Region: Yorkshire \& Humber | 0.11 | 0.01 | 90.8 | 0.82 |
| Region: East Midlands | 0.01 | 0.04 | -303.5 | 0.61 |
| Region: West Midlands | 0.01 | 0.00 | 86.6 | 0.98 |
| Region: East of England | 0.02 | 0.03 | -33.0 | 0.50 |
| Region: South East | 0.03 | 0.04 | $-31.0$ | 0.39 |
| Region: South West | 0.01 | 0.04 | -484.0 | 0.25 |
| School: Community Tech. College | 0.05 | 0.00 | 90.8 | 0.88 |
| School: Foundation School | 0.09 | 0.03 | 67.4 | 0.61 |
| School: Voluntary Aided | 0.09 | 0.02 | 77.2 | 0.70 |
| School: Voluntary Controlled | 0.03 | 0.01 | 56.8 | 0.85 |
| Selective School | 0.31 | 0.08 | 74.5 | 0.54 |
| Schoolw/ 6th Form | 0.06 | 0.00 | 96.1 | 0.96 |
| Mother: Long-term unemployed | 0.11 | 0.02 | 79.5 | 0.56 |
| Mother: Intermediate Occupations | 0.07 | 0.00 | 96.5 | 0.96 |
| Mother: Higher Occupations | 0.20 | 0.02 | 87.7 | 0.67 |
| Father: Long-term unemployed | 0.08 | 0.02 | 72.9 | 0.58 |
| Father: Intermediate Occupations | 0.01 | 0.05 | -281.2 | 0.21 |
| Father: Higher Occupations | 0.32 | 0.01 | 95.8 | 0.80 |
| Overall | 0.12 | 0.03 | 75.0 |  |

Notes: Std. Diff = Standardised difference (absolute difference between two groups divided by standard deviation of pooled sample); $p=p$ value of a test of the null hypothesis of no difference between the treated and untreated groups in the matched sample.

Table 5: Balance of characteristics by whether individuals are studying History or Geography

| Variable | Unmatched Std. Diff | Matched Std. Diff | \% Bias Red. | p |
| :---: | :---: | :---: | :---: | :---: |
| KS3 English Z-Score | 0.46 | 0.01 | 98.8 | 0.88 |
| KS3 Maths Z-Score | 0.46 | 0.01 | 97.2 | 0.73 |
| KS3 Science Z-Score | 0.50 | 0.01 | 98.5 | 0.84 |
| H/h income ( E ) | 0.33 | 0.05 | 85.1 | 0.38 |
| Male | 0.10 | 0.04 | 60.0 | 0.31 |
| Ethnic group: Mixed | 0.03 | 0.02 | 39.7 | 0.61 |
| Ethnic group: Indian | 0.08 | 0.01 | 85.3 | 0.77 |
| Ethnic group: Pakistani | 0.07 | 0.01 | 79.9 | 0.69 |
| Ethnic group: Bangladeshi | 0.11 | 0.01 | 89.6 | 0.64 |
| Ethnic group: Black Caribbean | 0.02 | 0.03 | -61.3 | 0.36 |
| Ethnic group: Black African | 0.05 | 0.01 | 89.3 | 0.85 |
| Ethnic group: Other | 0.01 | 0.02 | -103.6 | 0.65 |
| No Siblings | 0.02 | 0.02 | 17.8 | 0.65 |
| 2 Siblings | 0.04 | 0.00 | 89.0 | 0.92 |
| 3+ Sblings | 0.14 | 0.02 | 88.5 | 0.61 |
| No Older Siblings | 0.08 | 0.00 | 95.3 | 0.92 |
| 2 Older Siblings | 0.04 | 0.02 | 42.1 | 0.51 |
| 3+ Older Siblings | 0.12 | 0.01 | 90.3 | 0.69 |
| Lone parent family | 0.04 | 0.01 | 70.5 | 0.72 |
| Mother has no quals. | 0.22 | 0.00 | 98.4 | 0.91 |
| Mother has below GCSEs | 0.09 | 0.02 | 83.7 | 0.60 |
| Mother has A Levels | 0.01 | 0.01 | -148.4 | 0.71 |
| Father has HE below degree | 0.09 | 0.00 | 97.1 | 0.96 |
| Mother has degree | 0.29 | 0.07 | 76.0 | 0.29 |
| Father has no quals. | 0.20 | 0.03 | 85.6 | 0.36 |
| Father has below GCSEs | 0.06 | 0.01 | 84.3 | 0.78 |
| Father has A Levels | 0.05 | 0.01 | 79.0 | 0.80 |
| Father has HE below degree | 0.03 | 0.01 | 82.7 | 0.89 |
| Father has degree | 0.33 | 0.02 | 93.2 | 0.73 |
| Region: North East | 0.01 | 0.01 | 5.5 | 0.87 |
| Region: North West | 0.02 | 0.03 | -52.4 | 0.53 |
| Region: Yorkshire \& Humber | 0.00 | 0.00 | 30.7 | 0.97 |
| Region: East Midlands | 0.03 | 0.00 | 88.0 | 0.94 |
| Region: West Midlands | 0.07 | 0.01 | 83.5 | 0.77 |
| Region: East of England | 0.03 | 0.02 | 47.2 | 0.75 |
| Region: South East | 0.09 | 0.01 | 93.2 | 0.91 |
| Region: South West | 0.03 | 0.03 | -2.1 | 0.46 |
| School: Community Tech. College | 0.01 | 0.01 | 27.7 | 0.82 |
| School: Foundation School | 0.14 | 0.00 | 98.4 | 0.97 |
| School: Voluntary Aided | 0.07 | 0.02 | 71.0 | 0.74 |
| School: Voluntary Controlled | 0.11 | 0.04 | 64.0 | 0.62 |
| Selective School | 0.31 | 0.01 | 96.9 | 0.92 |
| Schoolw/ 6th Form | 0.14 | 0.02 | 88.6 | 0.73 |
| Mother: Long-term unemployed | 0.18 | 0.01 | 95.6 | 0.77 |
| Mother: Intermediate Occupations | 0.09 | 0.00 | 96.5 | 0.94 |
| Mother: Higher Occupations | 0.19 | 0.04 | 80.3 | 0.39 |
| Father: Long-term unemployed | 0.09 | 0.03 | 70.0 | 0.43 |
| Father: Intermediate Occupations | 0.03 | 0.02 | 39.0 | 0.60 |
| Father: Higher Occupations | 0.30 | 0.03 | 89.6 | 0.48 |
| Overall | 0.12 | 0.02 | 83.3 |  |

Notes: Std. Diff = Standardised difference (absolute difference between two groups divided by standard deviation of pooled sample); $p=p$ value of a t test of the null hypothesis of no difference between the treated and untreated groups in the matched sample.

Table 6: Balance of characteristics by whether individuals are studying for any applied GCSEs

| Variable | $\begin{aligned} & \hline \hline \text { Unmatched } \\ & \text { Std. Diff } \end{aligned}$ | Matched <br> Std. Diff | \% Bias Red. | p |
| :---: | :---: | :---: | :---: | :---: |
| KS3 English Z-Score | 0.52 | 0.04 | 93.0 | 0.30 |
| KS3 Maths Z-Score | 0.51 | 0.03 | 93.2 | 0.32 |
| KS3 Science Z-Score | 0.54 | 0.04 | 92.1 | 0.22 |
| H/h income (£) | 0.32 | 0.02 | 94.3 | 0.61 |
| Male | 0.02 | 0.01 | 71.7 | 0.87 |
| Ethnic group: Mixed | 0.07 | 0.01 | 92.5 | 0.86 |
| Ethnic group: Indian | 0.03 | 0.01 | 62.8 | 0.75 |
| Ethnic group: Pakistani | 0.09 | 0.00 | 100.0 | 1.00 |
| Ethnic group: Bangladeshi | 0.13 | 0.02 | 88.2 | 0.69 |
| Ethnic group: Black Caribbean | 0.02 | 0.00 | 76.9 | 0.91 |
| Ethnic group: Black African | 0.01 | 0.00 | 69.3 | 0.92 |
| Ethnic group: Other | 0.05 | 0.02 | 47.9 | 0.49 |
| No Siblings | 0.01 | 0.01 | -15.2 | 0.64 |
| 2 Siblings | 0.00 | 0.00 | 55.9 | 0.94 |
| 3+ Siblings | 0.13 | 0.01 | 95.3 | 0.85 |
| No Older Siblings | 0.04 | 0.01 | 78.0 | 0.79 |
| 2 Older Siblings | 0.03 | 0.00 | 100.0 | 1.00 |
| 3+ Older Siblings | 0.10 | 0.03 | 69.7 | 0.32 |
| Lone parent family | 0.03 | 0.01 | 73.0 | 0.75 |
| Mother has no quals. | 0.23 | 0.01 | 94.7 | 0.73 |
| Mother has below GCSEs | 0.15 | 0.04 | 74.4 | 0.17 |
| Mother has A Levels | 0.05 | 0.00 | 97.6 | 0.97 |
| Father has HE below degree | 0.11 | 0.00 | 96.2 | 0.89 |
| Mother has degree | 0.23 | 0.04 | 83.5 | 0.25 |
| Father has no quals. | 0.19 | 0.01 | 97.1 | 0.87 |
| Father has below GCSEs | 0.07 | 0.01 | 83.5 | 0.73 |
| Father has A Levels | 0.01 | 0.01 | -62.5 | 0.79 |
| Father has HE below degree | 0.07 | 0.00 | 100.0 | 1.00 |
| Father has degree | 0.24 | 0.04 | 82.4 | 0.20 |
| Region: North East | 0.07 | 0.00 | 97.0 | 0.96 |
| Region: North West | 0.02 | 0.00 | 100.0 | 1.00 |
| Region: Yorkshire \& Humber | 0.10 | 0.01 | 86.5 | 0.77 |
| Region: East Midlands | 0.03 | 0.01 | 70.4 | 0.81 |
| Region: West Midlands | 0.10 | 0.00 | 100.0 | 1.00 |
| Region: East of England | 0.01 | 0.02 | -124.1 | 0.65 |
| Region: South East | 0.10 | 0.02 | 75.5 | 0.60 |
| Region: South West | 0.01 | 0.00 | 54.1 | 0.94 |
| School: Community Tech. College | 0.16 | 0.02 | 85.3 | 0.13 |
| School: Foundation School | 0.12 | 0.01 | 92.4 | 0.86 |
| School: Voluntary Aided | 0.12 | 0.04 | 66.4 | 0.38 |
| School: Voluntary Controlled | 0.05 | 0.00 | 94.3 | 0.94 |
| Selective School | 0.26 | 0.01 | 97.3 | 0.87 |
| Schoolw/ 6th Form | 0.03 | 0.00 | 84.0 | 0.91 |
| Mother: Long-term unemployed | 0.16 | 0.02 | 89.4 | 0.64 |
| Mother: Intermediate Occupations | 0.07 | 0.01 | 92.6 | 0.87 |
| Mother: Higher Occupations | 0.19 | 0.01 | 93.5 | 0.70 |
| Father: Long-term unemployed | 0.05 | 0.00 | 95.3 | 0.94 |
| Father: Intermediate Occupations | 0.01 | 0.01 | 22.1 | 0.82 |
| Father: Higher Occupations | 0.29 | 0.02 | 93.7 | 0.58 |
| Overall | 0.12 | 0.01 | 91.7 |  |

Notes: Std. Diff = Standardised difference (absolute difference between two groups divided by standard deviation of pooled sample); $p=p$ value of a test of the null hypothesis of no difference between the treated and untreated groups in the matched sample.

Table 7: Estimates of differences in university progression outcomes by combinations of subjects studied

| Outcome | Unmatched | Regression | Matched |
| :--- | :---: | :---: | :---: |
| EBacc-eligible |  |  |  |
| Apply to University | 0.27 | 0.04 | 0.03 |
|  | $(18.47)$ | $(2.59)$ | $(1.59)$ |
| Attend University | 0.29 | 0.03 | 0.05 |
|  | $(18.56)$ | $(2.41)$ | $(2.65)$ |
| Attend Russell Group | 0.14 | -0.02 | 0.01 |
|  | $(10.34)$ | $(-2.29)$ | $(0.92)$ |
| N | 6000 | 6000 | 2693 |
| 2+ Sciences |  |  |  |
| Apply to University | 0.24 | 0.04 | 0.02 |
|  | $(14.75)$ | $(3.14)$ | $(1.27)$ |
| Attend University | 0.25 | 0.05 | 0.02 |
|  | $(16.20)$ | $(3.78)$ | $(1.20)$ |
| Attend Russell Group | 0.10 | 0.01 | 0.01 |
|  | $(10.87)$ | $(1.44)$ | $(2.39)$ |
| N | 6000 | 6000 | 2758 |
| Foreign Languages |  |  |  |
| Apply to University | 0.25 | 0.01 | 0.01 |
|  | $(14.59)$ | $(1.06)$ | $(0.61)$ |
| Attend University | 0.26 | 0.02 | 0.01 |
|  | $(15.64)$ | $(1.18)$ | $(0.37)$ |
| Attend Russell Group | 0.11 | -0.04 | 0.00 |
|  | $(10.63)$ | $(-3.59)$ | $(0.01)$ |
| N | 6000 | 6000 | 3212 |
| History or Geography |  |  |  |
| Apply to University | 0.17 | 0.03 | 0.02 |
| Attend University | $(10.25)$ | $(2.03)$ | $(1.24)$ |
| Attend Russell Group | 0.16 | 0.02 | -0.00 |
|  | $(10.06)$ | $(1.66)$ | $(-0.07)$ |
| N | 0.08 | 0.02 | -0.01 |
| Applied GCSEs | $(8.01)$ | $(2.15)$ | $(-1.01)$ |
| Apply to University | -0.19 | 6000 | 3753 |
| Attend University | $(-12.03)$ | -0.04 | -0.04 |
|  | -0.20 | -0.04 | $(-2.73)$ |
| Attend Russell Group | -0.10 | -0.03 |  |
| N | $(-9.26)$ | $(-2.83)$ | $(-2.16)$ |
| N | 6000 | 6000 | $395)$ |

Notes: Regression models are weighted using Next Steps-provided design and attrition weights. Figures in parentheses report t-statistics from test of null hypothesis of no difference, based on standard errors calculated taking into account school-level clustering. N in Matched analysis is purely for the treated (minus a small number removed due to being outside the range of common support) and matched controls, hence the reduced sample size.

As noted in Section 3, in the unmatched sample with no adjustments, individuals who study the full set of subjects required to be eligible for the EBacc are 27 percentage points more likely to apply to university, and 29 percentage points more likely to attend, than their peers who do not study the full set of subjects. Once we control for background characteristics using regression analysis, these differences are dramatically reduced to differences of four and three percentage points, respectively. The differences remain statistically significant. In the matched sample, the difference in the probability of attending university remains statistically significant, however the difference in probability of applying does not. Surprisingly, given the particular rhetoric around EBacc representing the subjects favoured by more prestigious universities (Gibb, 2011), the results from the regression model imply that those with a full set of EBacc subjects are less likely to get into a Russell Group university than their peers who do not. However, this is not robust to using the matching approach, where the difference is essentially zero. This reduces our confidence in the regression adjustment result, suggesting it may be driven by extrapolation across not truly comparable individuals.

In purely descriptive terms, individuals who study two or more sciences are 24 percentage points more likely to apply to university and 25 percentage points more likely to attend than their peers who do not. As with the overall EBacc, these are much reduced once we adjust for background characteristics using the regression model but do remain statistically significant. However, they are reduced further and become statistically insignificant in the matched sample. Individuals who study two or more sciences are also 10 percentage points more likely to attend a Russell Group institution than those who only study for one science award. This is reduced to just a one percentage point difference in both the regression model and the matched sample; this is a statistically significant difference only when using the matching approach.

Students who study a foreign language are 25 percentage points more likely to apply and 26 percentage points more likely to attend university. However, once the background of those studying these subjects is taken into account, these differences are reduced to be small and statistically insignificant, whether we use regression modelling or consider our matched sample. In the case of entry to a Russell Group university, there is a difference between the regression adjustment and matching results. While those who study any languages are 11 percentage points more likely to attend a Russell Group university, the regression adjustment results suggest that, taking into account background characteristics, they are 4 percentage points less likely to do so. By contrast, the results from the matched sample suggest there is no statistically significant difference in Russell Group attendance by whether or not individuals have studied any languages.

Students who study either History or Geography are 17 percentage points more likely to apply to university and 16 percentage points more likely to attend university than their peers who do not study either of these subjects. After adjusting for background characteristics, these differences reduce to 3 percentage points in the case of applying to university and 2 percentage point for attending university. Only the first of these differences is statistically significant at the conventional $5 \%$ level; however, neither of the differences are robust to the use of the matching approach instead. Likewise, an 8 percentage point raw difference in the probability of attending a Russell Group university is reduced to a significant 2 percentage point difference after regression adjustment and further reduced to statistical insignificance when we use the matching approach.

Finally, we consider the case of whether individuals study any applied subjects. Unlike the other combinations we have considered, individuals who study applied subjects are less likely to achieve our outcome variables. Before any adjustment, we start out with a difference of 19 percentage points in the probability of applying to university, 20 percentage points in the probability of attending university, and 10 percentage points in the probability of attending a Russell Group institution. Controlling for the differences in composition of the group who study any applied subjects using a regression we find that, while the difference is much reduced to four percentage points (two percentage points in the case of Russell Group attendance), they are not eliminated. In the case of university application and university attendance, they also remain statistically significant when we restrict attention to the matched sample. This is not the case for Russell Group attendance but this could be due to few comparable individuals at this margin.

Table 8: Estimates of differences in university progression outcomes by continuous measure of academic selectivity of subjects studied

| Outcome | Unmatched | Regression |
| :--- | :---: | :---: |
| Apply to University | 0.11 | 0.02 |
|  | $(15.78)$ | $(2.48)$ |
| Attend University | 0.11 | 0.01 |
|  | $(14.41)$ | $(1.08)$ |
| Attend Russell Group | 0.05 | 0.01 |
|  | $(8.70)$ | $(1.11)$ |
| N | 6000 | 6000 |

Notes: Weighted using Next Steps-provided design and attrition weights. Figures in parentheses report tstatistics from test of null hypothesis of no difference, based on standard errors calculated taking into account school-level clustering.

Continuous measure of subject choice

The main aim of this paper has been to consider what evidence there is that taking specific combinations of subjects makes a difference to later educational progression, comparing those on the margin between taking this combinations and not taking them. In general, we have found that the differences are small or not statistically significant once we account flexibly for observable differences in the individuals that take these subjects. However, perhaps it is simply the case that subject choices at age 14 simply do not affect progression to university.

To explore whether this is the case, we consider a continuous measure of academic subject selectivity (Henderson et al., 2016) and whether changes along this spectrum make a difference to the probability of progression to higher education. This measure is based on the prior academic performance of the pupils that choose to study each subject. We assign each subject the average score in Key Stage 3 (KS3) compulsory tests at age 14 of those pupils that report they are studying that subject. KS3 tests are taken roughly contemporaneously with subject choice decisions, so they seem the most appropriate measure to use in this way. Further details, including a ranking of subjects based on this measure, are discussed by Henderson et al. (2016).

We explored a technique that extends propensity score matching to continuous 'treatments' of the kind we are considering (Bia and Mattei, 2008; Hirano and Imbens, 2005). However, it did not appear to be possible to apply this approach in this setting, largely because it relies on strong functional form assumptions. If anything, this approach appeared to exaggerate the differences. Instead, we employ the same flexible regression adjustment approach outlined in Section 4.1
(substituting the binary treatment indicator Treat for our continuous measure of subject selectivity) to estimate an average difference in outcomes across the distribution of the subject choice measure. We report the estimated change in probability of university entry (or Russell Group attendance) for a one standard deviation change in the subject choice academic selectivity score in Table 8.

Individuals with a one standard deviation more academically selective subject mix are 11 percentage points more likely to apply to, or to attend, university. They are also five percentage points more likely to attend a Russell Group university. However, in line with the results of Henderson et al. (2016), there are big differences in the subject choice mix that young people study depending on their background characteristics. After adjusting for these differences, the difference in probability of applying to university is reduced to two percentage points, while the difference in probability of attending university, or attending a Russell Group institution, is reduced to one percentage point. Only the difference in probability of applying to university remains statistically significant.

These results provide additional context to our main findings. The association between a change in our continuous measure of academic selectivity of all subjects studied and university progression measures is small and (except in the case of application) statistically insignificant. This makes the differences in probability of going to university depending upon studying combinations of subjects that do persist even when using a matching approach (i.e. positive difference when studying a full set of subjects that would make an individual eligible for the EBacc; negative difference when studying any applied GCSEs) stand out more. It suggests that there may be a particular importance of the combinations, above and beyond that they are just more academically selective subjects.

## Conclusions

This paper has provided important new evidence on the importance of the subjects that individuals study from ages 14-16 for access to university. Using rich survey data collected about a representative cohort of young people from England, we estimated the effect on university entry of studying specific sets of subjects that have been of particular interest to policymakers in recent years. We did so using both regression modelling and propensity score matching to test the robustness of the results to each of these approaches. The aim of these methods is to produce estimates that specifically compare very similar individuals who are on the margin between studying a set of subjects or not.

While there are large raw differences in the probability of university attendance by subjects studied, once differences in the characteristics of individuals who study such subjects are taken into account, the remaining differences are small or non-existent. There is some evidence of a positive effect (3-5 percentage points) of studying the full suite of English Baccalaureate subjects and a negative effect of a similar magnitude of studying any applied GCSE subjects. We also produced estimates of the change in probability of applying to or attending university, or attending a Russell Group university, associated with a general increase in the academic selectivity of the subjects that an individual studies. The differences are also small and, except in the case of applying to university, not statistically significant.

With respect to the significant differences, we should keep in mind that to regard these results as truly causal we need to be satisfied that there are no unobserved differences (i.e. driven by factors that we could not include in the propensity score model) between individuals who did study such subjects and those who did not that
could be driving the results. Given the relatively small differences we find after taking the observed differences into account, it would not require large unobserved differences for these results to be overturned. It is striking that, while differences associated with a continuous change in the academic selectivity of subjects studied become insignificant when controlling for background characteristics, differences in the probability of university attendance by whether or not young people studied the full set of EBacc subjects and by whether or not they studied any applied subjects remain significant when controlling for the same set of background characteristics. This suggests that there may be a particular importance of the combinations, above and beyond that they are just more academically selective subjects.

What should we make of these results? Overall, we find that the seemingly large differences in university progression associated with the subjects young people study from ages 14 to 16 often seem to be small, at most, once we take into account differences in the kinds of people who study these subjects. Why might this be the case? Beyond the removal of the influence of background characteristics, it could be that differences in subjects studied at this stage are simply swamped by decisions young people make in the following two years. The results for studying the full set of EBacc subjects and for studying any applied subjects do show residual associations with university attendance, suggesting the view that they may have particular importance is not without merit, a finding that concords with other research focussing on subject choice at a later point in individuals' educational careers (Dilnot, 2016). Nevertheless, it is important to emphasise that the differences are still not large, meaning that we should not exaggerate the likely implications of more pupils studying EBacc subjects.

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[^0]:    ${ }^{1}$ The Russell Group has since increased in size but for the individuals in the cohort considered it consisted of the following 20 universities: University of Birmingham, University of Bristol, University of Cambridge, Cardiff University, University of Edinburgh, University of Glasgow, Imperial College London, King's College London, University of Leeds, University of Liverpool, London School of Economics and Political Science, University of Manchester, Newcastle University, University of Nottingham, University of Oxford, Queen's University Belfast, University of Sheffield, University of Southampton, University College London and University of Warwick

