

Variable overview general wellbeing/life satisfaction

NCDS 1958

Wave	Year	Age CM	Subject	Dataset	Variable name	Scale	Description	Item	Response categories	Approx. nr. cases
4	1981	23	Cohort member (CM)	see N509774 from wave 5!			Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	
5	1991	33	Cohort member	5567	n509765		Life satisfaction	How you feel about life so far: All things considered, how happy are you?	1 = very happy, 2 = fairly happy, 3 = not very happy, 4 = not at all happy	10712
5	1991	33	Cohort member	5567	n509772		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	10629
5	1991	33	Cohort member	5567	n509774		Life satisfaction	Where would you put yourself 10 years ago, last interview	0 = completely dissatisfied to 10 = completely satisfied	10561
5	1991	33	Cohort member	5567	n509776		Life satisfaction	Where do you see yourself in 10 years from now	0 = completely dissatisfied to 10 = completely satisfied	10565
6	2000	42	Cohort member	5578	ghq3	GHQ	Feeling useful	Have you recently felt that you were playing a useful part in things?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	11276
6	2000	42	Cohort member	5578	ghq7	GHQ	Enjoying life	Have you recently been able to enjoy your normal day-to-day activities?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	11279
6	2000	42	Cohort member	5578	ghq12	GHQ	Happiness	Have you recently been feeling reasonably happy, all things considered?	1 = not at all, 2 = no more than usual, 3 = rather more than usual, 4 = much more than usual	11276
6	2000	42	Cohort member	5578	lifesat1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	11268
6	2000	42	Cohort member	5578	lifesat2		Life satisfaction	How do you expect to be in ten years time	0 = completely dissatisfied to 10 = completely satisfied	11242
7	2004	46	Cohort member	5579	n7lifet1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	9510
8	2008	50	Cohort member	6137	N8LIFET1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	9631
8	2008	50	Cohort member	6137	N8LIFET2		Life satisfaction	How do you expect to be in ten years time	0 = completely dissatisfied to 10 = completely satisfied	9594
8	2008	50	Cohort member	6137	N8SCQ3A	Wellbeing (WEMWBS)	Wellbeing	I've been feeling optimistic about the future	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8743
8	2008	50	Cohort member	6137	N8SCQ3B	Wellbeing (WEMWBS)	Wellbeing	I've been feeling useful	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8737
8	2008	50	Cohort member	6137	N8SCQ3C	Wellbeing (WEMWBS)	Wellbeing	I've been feeling relaxed	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8732
8	2008	50	Cohort member	6137	N8SCQ3D	Wellbeing (WEMWBS)	Wellbeing	I've been feeling interested in other people	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8736
8	2008	50	Cohort member	6137	N8SCQ3E	Wellbeing (WEMWBS)	Wellbeing	I've had energy to spare	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8740
8	2008	50	Cohort member	6137	N8SCQ3F	Wellbeing (WEMWBS)	Wellbeing	I've been dealing with problems well	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8748
8	2008	50	Cohort member	6137	N8SCQ3G	Wellbeing (WEMWBS)	Wellbeing	I've been thinking clearly	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8741
8	2008	50	Cohort member	6137	N8SCQ3H	Wellbeing (WEMWBS)	Wellbeing	I've been feeling good about myself	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8744
8	2008	50	Cohort member	6137	N8SCQ3I	Wellbeing (WEMWBS)	Wellbeing	I've been feeling close to other people	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8734
8	2008	50	Cohort member	6137	N8SCQ3J	Wellbeing (WEMWBS)	Wellbeing	I've been feeling confident	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8737
8	2008	50	Cohort member	6137	N8SCQ3K	Wellbeing (WEMWBS)	Wellbeing	I've been able to make up my own mind about things	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8751
8	2008	50	Cohort member	6137	N8SCQ3L	Wellbeing (WEMWBS)	Wellbeing	I've been feeling loved	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8750
8	2008	50	Cohort member	6137	N8SCQ3M	Wellbeing (WEMWBS)	Wellbeing	I've been interested in new things	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8745
8	2008	50	Cohort member	6137	N8SCQ3N	Wellbeing (WEMWBS)	Wellbeing	I've been feeling cheerful	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8747
8	2008	50	Cohort member	6137	N8SCQ19A	Quality of Life (CASP)	Quality of Life	My age prevents me from doing the things I would like to	1 = often, 2 = sometimes, 3 = not often, 4 = never	8725
8	2008	50	Cohort member	6137	N8SCQ19B	Quality of Life (CASP)	Quality of Life	I feel what happens to me is out of my control	1 = often, 2 = sometimes, 3 = not often, 4 = never	8716
8	2008	50	Cohort member	6137	N8SCQ19C	Quality of Life (CASP)	Quality of Life	I feel left out of things	1 = often, 2 = sometimes, 3 = not often, 4 = never	8715
8	2008	50	Cohort member	6137	N8SCQ19D	Quality of Life (CASP)	Quality of Life	I can do the things I want to do	1 = often, 2 = sometimes, 3 = not often, 4 = never	8710
8	2008	50	Cohort member	6137	N8SCQ19E	Quality of Life (CASP)	Quality of Life	Family responsibilities prevent me from doing what I want to do	1 = often, 2 = sometimes, 3 = not often, 4 = never	8722
8	2008	50	Cohort member	6137	N8SCQ19F	Quality of Life (CASP)	Quality of Life	I feel that I can please myself what I do	1 = often, 2 = sometimes, 3 = not often, 4 = never	8718
8	2008	50	Cohort member	6137	N8SCQ19G	Quality of Life (CASP)	Quality of Life	Shortage of money stops me from doing things I want to do	1 = often, 2 = sometimes, 3 = not often, 4 = never	8723
8	2008	50	Cohort member	6137	N8SCQ19H	Quality of Life (CASP)	Quality of Life	I look forward to each day	1 = often, 2 = sometimes, 3 = not often, 4 = never	8715
8	2008	50	Cohort member	6137	N8SCQ19I	Quality of Life (CASP)	Quality of Life	I feel that my life has meaning	1 = often, 2 = sometimes, 3 = not often, 4 = never	8723
8	2008	50	Cohort member	6137	N8SCQ19J	Quality of Life (CASP)	Quality of Life	I enjoy the things that I do	1 = often, 2 = sometimes, 3 = not often, 4 = never	8733
8	2008	50	Cohort member	6137	N8SCQ19K	Quality of Life (CASP)	Quality of Life	On balance, I look back on my life with a sense of happiness	1 = often, 2 = sometimes, 3 = not often, 4 = never	8721
8	2008	50	Cohort member	6137	N8SCQ19L	Quality of Life (CASP)	Quality of Life	I feel full of energy these days	1 = often, 2 = sometimes, 3 = not often, 4 = never	8721
8	2008	50	Cohort member	6137	N8SCQ19M	Quality of Life (CASP)	Quality of Life	I feel that life is full of opportunities	1 = often, 2 = sometimes, 3 = not often, 4 = never	8728
8	2008	50	Cohort member	6137	N8SCQ19N	Quality of Life (CASP)	Quality of Life	I feel that the future looks good for me	1 = often, 2 = sometimes, 3 = not often, 4 = never	8727
8	2008	50	Cohort member	6137	N8SCQ10D	SF-36	Emotional wellbeing	Have you felt calm and cheerful?	1 = all of time, 2 = most of t, 3 = a good bit of t, 4 = some of t, 5 = a little of t, 6 = none of time	8740
8	2008	50	Cohort member	6137	N8SCQ10H	SF-36	Emotional wellbeing	Have you been a happy person?	1 = all of time, 2 = most of t, 3 = a good bit of t, 4 = some of t, 5 = a little of t, 6 = none of time	8730
9	2013	55	Cohort member	7669	N9CASP1	Quality of Life (CASP)	Quality of Life	My age prevents me from doing the things I would like to	1 = often, 2 = sometimes, 3 = not often, 4 = never	9006
9	2013	55	Cohort member	7669	N9CASP2	Quality of Life (CASP)	Quality of Life	I feel what happens to me is out of my control	1 = often, 2 = sometimes, 3 = not often, 4 = never	8990
9	2013	55	Cohort member	7669	N9CASP3	Quality of Life (CASP)	Quality of Life	I feel left out of things	1 = often, 2 = sometimes, 3 = not often, 4 = never	8998
9	2013	55	Cohort member	7669	N9CASP4	Quality of Life (CASP)	Quality of Life	I feel full of energy these days	1 = often, 2 = sometimes, 3 = not often, 4 = never	9007
9	2013	55	Cohort member	7669	N9CASP5	Quality of Life (CASP)	Quality of Life	I feel that life is full of opportunities	1 = often, 2 = sometimes, 3 = not often, 4 = never	8999
9	2013	55	Cohort member	7669	N9CASP6	Quality of Life (CASP)	Quality of Life	I feel that the future looks good for me	1 = often, 2 = sometimes, 3 = not often, 4 = never	8964

BCS 1970

Wave	Year	Age CM	Subject	Dataset	Variable name	Scale	Description	Item	Response categories	Approx. nr. cases
3	1986	16	Cohort member	6095	c5g7	Compared with others	Happy	Compared with an average teenager my age ...: I am happy	1 = much less, 2, 3, 4, 5 = much more	5352
3	1986	16	Cohort member	6095	c5g11	Compared with others	Relaxed	I am relaxed	1 = much less, 2, 3, 4, 5 = much more	5448
3	1986	16	Cohort member	6095	c5g23	Compared with others	Energetic	I am energetic	1 = much less, 2, 3, 4, 5 = much more	5403
3	1986	16	Cohort member	6095	c5g26	Compared with others	Wellbeing	I feel well	1 = much less, 2, 3, 4, 5 = much more	5397

3	1986	16	Cohort member	6095	c5i5	GHQ (How I feel)	Enjoying life	Been able to enjoy my normal day-to-day activities	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	5516
3	1986	16	Cohort member	6095	c5i4	GHQ (How I feel)	Happy	Been feeling reasonably happy all things considered	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	5533
3	1986	16	Cohort member	6095	c5i6	GHQ (How I feel)	Feeling useful	Feel that I am playing a useful part in things	1 = not at all, 2 = no more than usual, 3 = rather more than usual, 4 = much more than usual	5552
3	1986	16	Mother	6095	pa1_1		Wellbeing	Is your teenage well in every possible way?	1 = yes, 2 = no	8857
4	1996	26	Cohort member	3833	b960666/b960667		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	8942
5	2000	30	Cohort member	5558	ghq3	GHQ	Feeling useful	Have you recently felt that you were playing a useful part in things?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	11108
5	2000	30	Cohort member	5558	ghq7	GHQ	Enjoying life	Have you recently been able to enjoy your normal day-to-day activities?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	11114
5	2000	30	Cohort member	5558	ghq12	GHQ	Happiness	Have you recently been feeling reasonably happy, all things considered?	1 = not at all, 2 = no more than usual, 3 = rather more than usual, 4 = much more than usual	11114
5	2000	30	Cohort member	5558	lifesat1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	11105
6	2004	34	Cohort member	5585	b7lifet1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	9549
6	2004	34	Cohort member	5585	b7lifet2		Life satisfaction	How do you expect to be in ten years time	0 = completely dissatisfied to 10 = completely satisfied	9576
8	2013	42	Cohort member	7473	B9SCQ31A	Wellbeing (WEMWBS)	Wellbeing	I've been feeling optimistic about the future	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8573
8	2013	42	Cohort member	7473	B9SCQ31B	Wellbeing (WEMWBS)	Wellbeing	I've been feeling useful	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8552
8	2013	42	Cohort member	7473	B9SCQ31C	Wellbeing (WEMWBS)	Wellbeing	I've been feeling relaxed	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8540
8	2013	42	Cohort member	7473	B9SCQ31D	Wellbeing (WEMWBS)	Wellbeing	I've been feeling interested in other people	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8513
8	2013	42	Cohort member	7473	B9SCQ31E	Wellbeing (WEMWBS)	Wellbeing	I've had energy to spare	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8566
8	2013	42	Cohort member	7473	B9SCQ31F	Wellbeing (WEMWBS)	Wellbeing	I've been dealing with problems well	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8566
8	2013	42	Cohort member	7473	B9SCQ31G	Wellbeing (WEMWBS)	Wellbeing	I've been thinking clearly	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8566
8	2013	42	Cohort member	7473	B9SCQ31H	Wellbeing (WEMWBS)	Wellbeing	I've been feeling good about myself	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8574
8	2013	42	Cohort member	7473	B9SCQ31I	Wellbeing (WEMWBS)	Wellbeing	I've been feeling close to other people	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8551
8	2013	42	Cohort member	7473	B9SCQ31J	Wellbeing (WEMWBS)	Wellbeing	I've been feeling confident	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8569
8	2013	42	Cohort member	7473	B9SCQ31K	Wellbeing (WEMWBS)	Wellbeing	I've been able to make up my own mind about things	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8561
8	2013	42	Cohort member	7473	B9SCQ31L	Wellbeing (WEMWBS)	Wellbeing	I've been feeling loved	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8550
8	2013	42	Cohort member	7473	B9SCQ31M	Wellbeing (WEMWBS)	Wellbeing	I've been interested in new things	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8574
8	2013	42	Cohort member	7473	B9SCQ31N	Wellbeing (WEMWBS)	Wellbeing	I've been feeling cheerful	1 = None of the time, 2 = rarely, 3 = some of the time, 4 = often, 5 = all of the time	8575
8	2013	42	Cohort member	7473	B9LIFST1		Life satisfaction	How life has turned out so far: Here is a scale from 0 to 10	0 = completely dissatisfied to 10 = completely satisfied	9696
8	2013	42	Cohort member	7473	B9LIFST2		Life satisfaction	How do you expect to be in ten years time	0 = completely dissatisfied to 10 = completely satisfied	9419

#### Millennium Cohort Study

Wave	Year	Age CM	Subject	Dataset	Variable name	Description	Item	Response categories	Approx. nr. cases	
1	2001-02	9 m	Main parent/partner	4683	amwali00, apwali00	Life satisfaction	How life has turned out so far: Here is a scale from 1 to 10	1 = completely dissatisfied to 10 = completely satisfied	17879/ 12744	
2	2004-05	3	Main parent/partner	5350	bmwali00, bpwali00	Life satisfaction	How life has turned out so far: Here is a scale from 1 to 10	1 = completely dissatisfied to 10 = completely satisfied	13507/ 9913	
3	2006	5	Main parent/partner	5795	cmwali00, cpwali00	Life satisfaction	How life has turned out so far: Here is a scale from 1 to 10	1 = completely dissatisfied to 10 = completely satisfied	14160/ 9895	
4	2008	7	Main parent/partner	6411	dmwali00, dpwali00	Life satisfaction	How life has turned out so far: Here is a scale from 1 to 10	1 = completely dissatisfied to 10 = completely satisfied	13024/ 8758	
4	2008	7	Cohort member	6411	dcsc0011	Mental wellbeing	How often do you feel happy?	1= all of the time, 2 = some of the time, 3 = never	13051	
5	2012	11	Main parent/partner	7464	EPWALI00	Life satisfaction	How life has turned out so far: Here is a scale from 1 to 11	1 = completely dissatisfied to 11 = completely satisfied	12249/ 8214	
5	2012	11	Cohort member	7464	ECQ10A00	Happiness and wellbeing	Mental wellbeing	How do you feel about your schoolwork?	1 = completely happy to 7 = not at all happy	13080
5	2012	11	Cohort member	7464	ECQ10B00	Happiness and wellbeing	Mental wellbeing	How do you feel about the way you look?	1 = completely happy to 7 = not at all happy	13030
5	2012	11	Cohort member	7464	ECQ10C00	Happiness and wellbeing	Mental wellbeing	How do you feel about your family?	1 = completely happy to 7 = not at all happy	13031
5	2012	11	Cohort member	7464	ECQ10D00	Happiness and wellbeing	Mental wellbeing	How do you feel about your friends?	1 = completely happy to 7 = not at all happy	13045
5	2012	11	Cohort member	7464	ECQ10E00	Happiness and wellbeing	Mental wellbeing	How do you feel about the school you go to?	1 = completely happy to 7 = not at all happy	13049
5	2012	11	Cohort member	7464	ECQ10F00	Happiness and wellbeing	Mental wellbeing	How do you feel about your life as a whole?	1 = completely happy to 7 = not at all happy	12993
5	2012	11	Cohort member	7464	ECQ74X00	Mental wellbeing	In the last four weeks, how often did you feel happy?	1 = Never, 2 = almost never, 3 = sometimes, 4 = often, 5 = almost always	12920	
6	2015	14	Main parent/partner	tbc	tbc	Life satisfaction	Overall how satisfied are you with your life nowadays?	0 = completely dissatisfied to 10 = completely satisfied	tbc	
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about your schoolwork?	1 = completely happy to 7 = not at all happy	tbc
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about the way you look?	1 = completely happy to 7 = not at all happy	tbc
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about your family?	1 = completely happy to 7 = not at all happy	tbc
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about your friends?	1 = completely happy to 7 = not at all happy	tbc
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about the school you go to?	1 = completely happy to 7 = not at all happy	tbc
6	2015	14	Cohort member	tbc	tbc	Happiness and wellbeing	Mental wellbeing	How do you feel about your life as a whole?	1 = completely happy to 7 = not at all happy	tbc

#### Next steps

Wave	Year	Age CM	Subject	Dataset	Variable name	Scale	Description	Item	Response categories	Approx. nr. cases
2	2005	14-15	Cohort member	5545	W2usefulYP	GHQ	Useful	Have you recently felt you were playing a useful part in things?	1 = more so than usual, 2 = same as usual, 3 = less useful than usual, 4 = much less useful	11635
2	2005	14-15	Cohort member	5545	W2happyYP	GHQ	Happy	Have you recently been feeling happy all things considered?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	12396

4	2007	16-17	Cohort member	5545	W4UsefulYP		GHQ	Useful	Have you recently felt you were playing a useful part in things?	1 = more so than usual, 2 = same as usual, 3 = less useful than usual, 4 = much less useful	11216
4	2007	16-17	Cohort member	5545	W4HappyYP		GHQ	Happy	Have you recently been feeling happy all things considered?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	11315
7	2010	19-20	Cohort member	5545	W7OSatisYP			Life satisfaction	How dissatisfied/satisfied about the way your life has turned out so far?	1 = very satisfied, 2 = fairly satisfied, 3 = neither, 4 = fairly dissatisfied, 5 = very dissatisfied	8527
8	2015	25	Cohort member	tbc	tbc		GHQ	Useful	Have you recently felt you were playing a useful part in things?	1 = more so than usual, 2 = same as usual, 3 = less useful than usual, 4 = much less useful	tbc
8	2015	25	Cohort member	tbc	tbc		GHQ	Happy	Have you recently been feeling happy all things considered?	1 = more than usual, 2 = same as usual, 3 = less so than usual, 4 = much less than usual	tbc
8	2015	25	Cohort member	tbc	tbc			Life satisfaction	How dissatisfied/satisfied about the way your life has turned out so far?	1 = very satisfied, 2 = fairly satisfied, 3 = neither, 4 = fairly dissatisfied, 5 = very dissatisfied	tbc