Ethical review and consent

November 2012

Peter Shepherd
Millennium Cohort Study
Ethical review and consent

Peter Shepherd

November 2012
Contents

Introduction ............................................................................................................................. 2
Background ............................................................................................................................. 2
MCS and ethical review ......................................................................................................... 2
MCS and consent ................................................................................................................... 3
MCS1 Consents ...................................................................................................................... 3
MCS2 Consents ...................................................................................................................... 5
MCS3 Consents ...................................................................................................................... 6
MCS4 Consents ...................................................................................................................... 9
Further information ............................................................................................................... 12
Annex: Examples of letters, leaflets and consent forms ....................................................... 13
Introduction

1. This note reports on the approach adopted to ethical review and informed consent for the various stages of the Millennium Cohort Study (MCS) - a continuing, multi-disciplinary longitudinal study which takes as its subjects all those born in selected areas of England, Scotland, Wales and Northern Ireland over 12 months in 2001/.

2. Below, a brief summary of the background to the study is followed by an account of how the approach to ethical review and consent has changed over the course of the study to date. Examples of letters, leaflets and consent forms used for various MCS surveys are provided in an Annex.

Background

3. The Millennium Cohort Study (MCS) is a multi-disciplinary research project following the lives of around 19,000 children born in the UK in 2000-01. It is the most recent of Britain’s world-renowned national longitudinal birth cohort studies. The study has been tracking the Millennium children through their early childhood years and plans to follow them into adulthood. It collects information on the children’s siblings and parents. MCS’s field of enquiry covers such diverse topics as parenting; childcare; school choice; child behaviour and cognitive development; child and parental health; parents’ employment and education; income and poverty; housing, neighbourhood and residential mobility; and social capital and ethnicity.

4. The study was commissioned by the Economic and Social Research Council (ESRC - http://www.esrc.ac.uk/), whose funding has been supplemented by a consortium of Government departments.

5. The data for all MCS sweeps is available to researchers from the Economic and Social Data Service. http://www.esds.ac.uk/

MCS and ethical review

6. Those responsible for the study have been concerned that appropriate procedures for ethical review and consent are followed – a particular issue when children involved. Currently in the UK, probably the most important route for ethical approval for studies like MCS is the National Health Service (NHS) Research Ethics Committee (REC) system.

7. NHS Research Ethics Committees (RECs) are appointed by the Strategic Health Authorities in England, their equivalents in Scotland and Wales and the Health and Social Care Business Services Organisation in Northern Ireland. RECs safeguard the rights, safety, dignity and well-being of people participating in research. They review applications for research and give an opinion about the proposed participant involvement and whether the research is ethical. Each consists of between seven and 18 volunteer members. At least one-third of the members must be 'lay' whose main personal or professional interest is not in a research area. The remainder of the committee are expert members, who are specialists including doctors, other healthcare professionals and academics.
8. MREC ethical approval has been sought for all MCS follow-ups as indicated in the table below.¹.

### MCS Ethical approval 2000-2008

<table>
<thead>
<tr>
<th>Survey</th>
<th>Age</th>
<th>Year</th>
<th>Approval</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCS1</td>
<td>9 months</td>
<td>2000/1</td>
<td>South West MREC MREC/01/6/19</td>
</tr>
<tr>
<td>MCS2</td>
<td>3 years</td>
<td>2003/4</td>
<td>London MREC MREC/03/2/022</td>
</tr>
<tr>
<td>MCS3</td>
<td>5 years</td>
<td>2005/6</td>
<td>London MREC Committee. 05/MRE02/46</td>
</tr>
<tr>
<td>MCS4</td>
<td>7 years</td>
<td>2007/8</td>
<td>Yorkshire MREC 07/MRE03/32</td>
</tr>
</tbody>
</table>

9. Separate MREC approval has also been obtained for a number of studies that gather additional information from and/or about the MCS cohort, including the collection of milk teeth and the monitoring of activity. Further information is available from the CLS website ([http://www.cls.ioe.ac.uk/](http://www.cls.ioe.ac.uk/)) or by emailing: clsfeedback@ioe.ac.uk

### MCS and consent

10. The approach to consent has also been consistent. MRECs are most often concerned to see explicit written consent to all or particular elements of a survey and, from the outset, MCS has sought informed parental consent. Letters and leaflets sent in advance of the surveys have summarised what participation in the survey will involve and written consent has been sought from parents for their participation and the participation of their child(ren). Written consent has also been sought for gathering information from health, education and economic records and to contact teachers.

11. Where parents give consent to the participation of their child(ren) in one or more elements of a survey the inclusion of the child(ren) requires their agreement and compliance. Although no attempt has been made to date to obtain the written consent of the MCS child subjects, oral consent was obtained at MCS4 and it is anticipated that written consent will be sought in future surveys.

12. As with the other CLS cohort studies and irrespective of any consent or assent, individuals are able to refuse to participate in any element of a survey or withdraw from the study at any time by simply expressing the wish to do so.

13. A summary of the consents sought for each MCS survey is provided below. Copies of the relevant letters, leaflets and consent forms are provided in the Annex.

### MCS1 Consents

14. The sample for the first MCS survey (MCS1) was drawn from: all babies born between 1 September, 2000 and 31 August, 2001 in England and Wales; those born in

¹ For more details see the NHS National Research Ethics Service website: [http://www.nres.npsa.nhs.uk/](http://www.nres.npsa.nhs.uk/)
Scotland and Northern Ireland between 23 November, 2000 and 11 January 2002. It was selected from a random sample of electoral wards, disproportionately stratified to ensure adequate representation of all four UK countries, deprived areas and areas with high concentrations of Black and Asian families. Children with appropriate birth dates and living in selected wards were selected from the Child Benefit register by the Department of Social Security (DSS) responsible for administering the benefit. DSS sent a letter and leaflet to selected families giving them an opportunity to opt-out of the survey.

15. At the end of the main interview, the respondent who was the natural mother (or, in her absence, the main carer) was asked to read and decide whether to sign a consent form giving permission to link their survey data to health data. Interviewers were asked to ensure that all respondents read this form thoroughly before deciding whether or not to sign. If a respondent was unable to read the form for any reason (perhaps due to language/literacy/sight problems or because they were attending to the baby’s needs), interviewers were instructed to read it out.

16. There were two distinct consents on the form:

- The first (A) asked for consent to the research team obtaining information about the respondent’s pregnancy and baby’s birth from health records. Only information about pregnancy and birth was obtained.

- The second (B) consent asked to link to the National Health Service Central Register (NHSCR). This study, like the previous cohort studies, wished to mark the records of the cohort children on this register. This is to help keep track of them for future surveys, should other contact be lost.

The NHSCR also is also used to collect information on the death of cohort members dies; though interviewers were not required to volunteer this information unless asked.

17. Respondents who were willing to give consent signed and printed their name and dated the form. It was possible to give one consent but withhold the other simply by crossing out either A or B. Only the natural mother can give consent for her pregnancy records to be accessed. If a father or other relative was the main carer and was completing this consent form, they could give consent with respect only to clause B.

18. The consent form was translated into the same languages as the advance letter and simplified leaflet.

19. As the table below shows, consent to linkage was given for 9 out 10 children in the MCS1 achieved sample.

---

2 The delay was necessary in order to avoid an overlap with an infant feeding survey being carried out in September and October. In the event the sampled cohort was extended to 59 weeks of births to make up for a shortfall in numbers which became apparent during fieldwork.
Consent to linkage to birth and hospital records

<table>
<thead>
<tr>
<th></th>
<th>Babies</th>
<th>Consents</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth registration</td>
<td>18,818</td>
<td>17019</td>
<td>90.4</td>
</tr>
<tr>
<td>Hospital records</td>
<td>18,818</td>
<td>16886</td>
<td>89.7</td>
</tr>
</tbody>
</table>

20. Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

**MCS2 Consents**

21. At the start of the MCS data collection, the interviewer asked the main respondent for written consent to the process by completing a Consent Form consisting of three separate sections relating to:

- The parental interview
- The Cohort Child - covering the assessments, measurements, collection of oral fluids and gathering of administrative data on hospital admissions
- Older siblings - including permission for CLS to collect statistical data from the relevant authorities from school records. It was made clear to respondents that they could give permission to some elements and refuse permission for others and the Consent Form made provision for this.

22. The rates of consent in these different areas are shown below.

**MCS2 Consents**

<table>
<thead>
<tr>
<th></th>
<th>Eligible</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main interview and self-completion:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Interview</td>
<td>15586</td>
<td>15446</td>
<td>99.1</td>
</tr>
<tr>
<td>b) Self-completion</td>
<td>15414</td>
<td>14846</td>
<td>96.3</td>
</tr>
<tr>
<td>Consent for the cohort child:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assessments:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Bracken Basic Concepts Scale - knowledge of colours, letters, numbers and counting, sizes, comparisons and shapes</td>
<td>15808</td>
<td>14969</td>
<td>94.7</td>
</tr>
<tr>
<td>Eligible</td>
<td>Number</td>
<td>Percent</td>
<td></td>
</tr>
<tr>
<td>----------</td>
<td>--------</td>
<td>---------</td>
<td></td>
</tr>
<tr>
<td>b) British Ability Scales - Naming Vocabulary</td>
<td>15808</td>
<td>15167</td>
<td>95.9</td>
</tr>
<tr>
<td>Measurements:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Standing height</td>
<td>15808</td>
<td>14638</td>
<td>92.6</td>
</tr>
<tr>
<td>d) Body weight</td>
<td>15808</td>
<td>14814</td>
<td>93.7</td>
</tr>
<tr>
<td>Sample of saliva</td>
<td>12471</td>
<td>11034</td>
<td>88.5</td>
</tr>
<tr>
<td>Information from NHS records on date and reason for hospital admission and treatment of cohort member from birth to age 7 years</td>
<td>15809</td>
<td>13022</td>
<td>82.4</td>
</tr>
<tr>
<td>Consent for older siblings</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Part A: School records</td>
<td>11868</td>
<td>10296</td>
<td>86.8</td>
</tr>
<tr>
<td>Information from school records on cohort member’s siblings’ school performance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Part B: Older siblings self-completion questionnaire for children aged 10-15 years</td>
<td>2170</td>
<td>2092</td>
<td>96.4</td>
</tr>
</tbody>
</table>

23. Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

**MCS3 Consents**

24. As with all MCS surveys, an important requirement for the MCS3 survey was that all adult respondents had to give informed consent in writing to take part in the study. Written consent was also required from a parent or guardian for the participation of a child. This necessitated the use of several consent forms that had to be completed before parts of the survey could be administered. In addition, written consent was requested for linkage to health records, school records and to approach the class teacher.

25. Interviewers were prompted to collect the data collection consents at the end of the household questionnaire. It was possible for interviewers to leave the collection of some of the data collection consents until later in the interview, and prompts were built into several places within the CAPI questionnaire. Interviewers were prompted to collect consent for linkage to health records, school records and to approach the class teacher towards the end of main interview.

26. In total there were five consent forms for families in England, and four for families in other countries:
• **Consents 1 and 2: Data collection** - The purpose of these forms was to gain consent from the parent(s) to administer the survey, and also to gain permission to carry out the cognitive assessments and physical measurements of the cohort children.

• Consent 1 was usually completed by the main carer of the cohort child, who was also usually the main respondent, but it was possible for it to be completed by either parent. It was split into two parts.

• The first part of the form gained consent to administer the CAPI and CASI for the parent or carer, and it was necessary for this to be completed before the interviewer started to administer the CAPI to the relevant parent.

• The second part of the form was to gain consent to administer the child cognitive assessments and measurements. Interviewers were first prompted to ask for this consent at the end of the household questionnaire. If they did not gain consent at this stage, they were prompted again at the end of the main questionnaire.

• Consent 2 was designed to collect consent from the other parent or carer to administer their CAPI and CASI, and was usually used for the partner respondent.

• **Consent 3: Cohort child health records** - The main respondent CAPI contained questions about the cohort child’s health. To supplement this information permission was asked for access to the cohort children’s hospital admissions and treatment from the routine records kept by the National Health Service.

  This consent had been included in MCS2, where permission, if given, covered data up to and including when the cohort children were seven years of age.

  Interviewers were prompted to collect this consent towards the end of the main interview. If permission was given at MCS2, then permission was not needed again at MCS3.

• **Consent 4: Cohort child school records - (England only)** - For every pupil in England, teachers complete the Foundation Stage Profile at the end of the child’s reception year. The Foundation Stage profile collects information about children’s social and personal, communication, language, literacy and mathematical development.

  The information is passed from schools to the Local Education Authority where it is held centrally.

  The fourth consent form in England asked for permission to access the child’s Foundation Stage Profile. Interviewers were prompted to collect this consent towards the end of the main interview.
• **Consent 4: Cohort child teacher survey - (Northern Ireland, Scotland and Wales)** - Only teachers in England complete the Foundation Stage Profile described above. In order to collect similar information in Northern Ireland, Scotland and Wales, it was necessary to approach teachers directly and ask them to complete a questionnaire. Consent 4 collected consent to approach their class teacher for each cohort child.

Interviewers were prompted to collect this consent towards the end of the main interview.

• **Consent 5: Older siblings questionnaire - England only** - The final consent form, for England only, was to gain consent to ask older siblings to complete a questionnaire, where applicable.

27. The rates of consent in these different areas are shown below. Almost two thirds (63.4%) of households had given permission for their cohort child’s health records to be accessed at MCS2. The majority of parents who did not give permission for this at MCS2 did give permission at MCS3.

### MCS3 Consents

<table>
<thead>
<tr>
<th></th>
<th>Eligible</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main interview and self-completion</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Interview</td>
<td>15246</td>
<td>15168</td>
<td>99.5</td>
</tr>
<tr>
<td>b) Self-completion</td>
<td>15163</td>
<td>14776</td>
<td>97.4</td>
</tr>
<tr>
<td><strong>Child: Assessments and Measurements</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Story of Sally &amp; Anne</td>
<td>15340</td>
<td>15188</td>
<td>99.0</td>
</tr>
<tr>
<td>b) Picture similarities</td>
<td>15337</td>
<td>15185</td>
<td>99.0</td>
</tr>
<tr>
<td>c) Naming vocabulary</td>
<td>15334</td>
<td>15164</td>
<td>98.9</td>
</tr>
<tr>
<td>d) Pattern construction</td>
<td>15332</td>
<td>15131</td>
<td>98.9</td>
</tr>
<tr>
<td><strong>Measurements</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) Height</td>
<td>15336</td>
<td>15211</td>
<td>99.2</td>
</tr>
<tr>
<td>f) Weight</td>
<td>15331</td>
<td>15215</td>
<td>99.2</td>
</tr>
<tr>
<td></td>
<td>Eligible</td>
<td>Number</td>
<td>Percent</td>
</tr>
<tr>
<td>--------------------------</td>
<td>----------</td>
<td>--------</td>
<td>---------</td>
</tr>
<tr>
<td>g) Waist</td>
<td>15332</td>
<td>15104</td>
<td>98.5</td>
</tr>
</tbody>
</table>

Partner interview and self-completion

<table>
<thead>
<tr>
<th></th>
<th>Eligible</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Interview</td>
<td>11901</td>
<td>10436</td>
<td>87.7</td>
</tr>
<tr>
<td>b) Self-completion</td>
<td>10485</td>
<td>9980</td>
<td>95.2</td>
</tr>
</tbody>
</table>

Information from records:

<table>
<thead>
<tr>
<th></th>
<th>Eligible</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parental consent to release child information from NHS records</td>
<td>5142</td>
<td>5113</td>
<td>99.4</td>
</tr>
<tr>
<td>Parental consent to release child information from school records (England only)</td>
<td>9368</td>
<td>9341</td>
<td>99.7</td>
</tr>
<tr>
<td>Parental consent to contact teacher for Teacher Survey (Northern Ireland, Scotland and Wales only)</td>
<td>5281</td>
<td>5270</td>
<td>99.8</td>
</tr>
<tr>
<td>Parental consent to ask older siblings to complete a questionnaire</td>
<td>2633</td>
<td>2493</td>
<td>94.7</td>
</tr>
</tbody>
</table>

28. Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

**MCS4 Consents**

29. There are 5 consent forms associated with MCS4:

- **Consent 1: Main respondent** - The purpose of this form was to gain consent to administer the survey, and also to gain permission to access information from other sources relating to the main respondent.

  The consent form was split into two parts:

  - **Part A** was used to gain consent to administer the CAPI and CASI for the main respondent, and it was necessary for this part of the form to be completed before the interviewer started to administer the CAPI to the main respondent.

  - **Part B** was used to gain permission to release the main respondent’s routine health and economic records; this part was completed at the end of the main respondent interview.
- **Consent 2: Cohort child data collection** - This form was used to gain consent from either the main respondent or partner for the administration of the cohort child data-collection elements: cognitive assessments and physical measurements, physical activity monitoring and child self completion questionnaire. All sections of this consent form had to be completed by the same parent or guardian.

There were several opportunities to complete this consent form. Consents for the assessments and measurements were asked immediately after the household grid and again at the end of the main questionnaire (if not collected after the household grid). CAPI also asked interviewers to confirm that written consent had been obtained prior to administering each of the child elements.

For the child self-completion questionnaire, interviewers were asked to collect consent immediately after the household grid or at the end of the main questionnaire.

For the activity monitor interviewers were prompted to explain it and collect consent after the physical measurements were taken.

- **Consent 3: Cohort child - information from other sources** - In the main respondent questionnaire there were many questions about the cohort child’s experiences at school and their health and education. To supplement this information, permission was asked to send a questionnaire to the cohort child’s school teacher, and to access information held in routine records on education and health:

  **Part A** of this consent form sought consent to approach the child’s class teacher to administer the teacher questionnaire.

  **Part B** of this consent form asked for parental consent to access information held about the child in routine records on education and health.

Interviewers were prompted to collect this consent at the end of the main respondent interview, although the form could be signed by either the main respondent or the partner.

- **Consent 4: Siblings - health and education records** - This form was used to gain permission from either the main respondent or partner to access the routine health and education records of the cohort child’s siblings in order to gain further insights into the cohort child’s development in relation to their siblings.

All types of siblings were eligible to be selected (natural, step, foster, adoptive, half) and up to four children were selected by the CAPI, and their names and other details shown on the consent screen. If there were more than four siblings, the four youngest were selected.

Interviewers were prompted to collect this consent at the end of the main respondent interview, although the form could be signed by either the main respondent or the partner.
• **Consent 5: Partner respondent** - The purpose of this form was to gain consent from the partner to administer the survey, and also to gain permission to access information from other sources.

  **Part A** of this form was used to obtain consent from the partner respondent to administer the survey (CAPI and CASI), and interviewers were prompted to collect this consent before administering the CAPI to the partner.

  **Part B** was used to gain permission to release the partner’s routine health and economic records; this part was completed at the end of the partner interview.

The consent forms were carbon-backed and printed in triplicate. One copy was retained by the respondent, and the other two copies returned by interviewers to NatCen's operations department.

30. The rates of consent in these different areas are shown below.

**MCS4 Consents**

<table>
<thead>
<tr>
<th>Part A: Interview and self-completion</th>
<th>Eligible</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Main parent CAPI interview</td>
<td>13857</td>
<td>13797</td>
<td>99.6</td>
</tr>
<tr>
<td>b) Main parent self-completion</td>
<td>13797</td>
<td>13491</td>
<td>97.8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part B: Health and economic records</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Permission to release information from routine health records</td>
<td>13797</td>
<td>11977</td>
<td>86.8</td>
</tr>
<tr>
<td>Permission to release information from routine economic records</td>
<td>13797</td>
<td>11063</td>
<td>80.2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Child: Assessments and Measurements</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessments:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Story of Sally &amp; Anne</td>
<td>13966</td>
<td>13824</td>
<td>99.0</td>
</tr>
<tr>
<td>b) Word Reading</td>
<td>13812</td>
<td>13603</td>
<td>98.5</td>
</tr>
<tr>
<td>c) Progress in Maths</td>
<td>13962</td>
<td>13765</td>
<td>98.6</td>
</tr>
<tr>
<td>d) Pattern Construction</td>
<td>13961</td>
<td>13737</td>
<td>98.4</td>
</tr>
<tr>
<td>Measurements:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) Height</td>
<td>13975</td>
<td>13872</td>
<td>99.3</td>
</tr>
</tbody>
</table>
f) Weight 13975 13823 98.9  
g) Body fat percentage 13975 13710 98.1  
h) Waist 13974 13740 98.3

Child: Physical activity and monitoring

Consent to wear an activity monitor to have their physical activity measured 14043 12854 91.5  
Child: Self-completion questionnaire 14043 13244 94.3  
Part A: Consent to contact teacher for teacher survey 14043 13368 95.2  
Part B: Health and education records

information from health records 14043 13047 92.9  
information from education records 14043 13170 93.8

Health and education records – SIBLINGS (For up to 4 children)

Information from health records 17338 15468 89.2  
Information from education records 17338 15463 89.2  
Partner: Part A: Interview and self-completion

a) CAPI interview 10595 9181 86.7  
b) Main parent self-completion 9181 8825 96.1  
Partner Part B: Health and economic records

Permission to release information from routine health records 9181 7908 86.1  
Permission to release information from routine economic records 9181 7290 79.4

31. Examples of letters, leaflets and consent forms used for the MCS1-4 surveys are reproduced in the Annex below.

Further information

33. Further information is available from the CLS website (http://www.cls.ioe.ac.uk/) or by emailing: clsfeedback@ioe.ac.uk. This document will be updated as new MCS datasets are available.
Annex: Examples of letters, leaflets and consent forms

Examples of letters, leaflets and consent forms used for various MCS surveys are reproduced below.

**NB:** The documents shown below are those used for families living in England and able to read English. There were often slightly different versions used in one or more of the other UK countries; and translations into Welsh and other languages were also available.

**MCS1**


**DSS Opt-out letter: English**

![DSS Opt-out letter: English](image)

Dear,

CHILD OF THE NEW CENTURY
The Millennium Cohort Study

We are willing to invite you to take part in a new study of babies in the United Kingdom, which is going to be vitally important in getting good services for children growing up in the 21st century. The Centre for Longitudinal Studies at the Institute of Education, London University and the National Centre for Social Research are carrying out the study. The enclosed leaflet from the research team explains what it is about and why it is so important. The team has also told GPs and health visitors in your area about the study.

The study will collect information about the lives of up to 20,000 babies. This will be done by interviewing parents. It will not involve any medical examination or tests.

You may wish to know why your baby has been chosen from our records for 'Child of the New Century'. Firstly, the study only includes babies born between 1 September 2000 and 30 November 2001. Second, you live in one of the areas chosen by chance to be part of the study.

An interviewer from the National Centre will be calling on you at home some time during the next month or so. He or she will explain more about the study, confirm whether you will be taking part, and arrange a convenient time for the interview.

Whether or not you take part will not affect your benefit entitlement or any dealings you have with DSS or Benefits Agency, now or in the future. Anything you tell the interviewer will be treated in the strictest confidence. No report will ever identify you or your family.

We hope very much that you will help with this important study. If, however, you do not wish an interviewer to contact you, please let us know before 18 May 2001, either by writing to the FREEPOST address above or telephoning the Project Team during office hours (Monday–Thursday 9:00 a.m. to 4:30 p.m. Friday 9:00 a.m. to 4:00 p.m.) on 0800 016 0024. If you do write or phone, please remember to give your name and the reference number at the top of this letter.

Thank you for your co-operation. We hope you will enjoy talking to the interviewer.

Yours sincerely,

Katie Dodd
Introduction

Every new baby is special, but those born today - right at the start of a new century - belong to a unique generation.

What will growing up in the 21st century be like for its very newest citizens? How will they compare with previous generations - in their health and happiness, achievements and challenges?

Different starting points

These babies are starting life in a United Kingdom full of contrasts and diversity. They will be born into families in varying circumstances and with different styles and standards of living. Most will have parents who have stayed together during the pregnancy. Some will be the first child in their family, others will have other brothers or sisters. The variety of cultural and religious backgrounds which make up our society will also represent differences in attitudes towards bringing up children and different ways of preparing them for the future.

Not all of these differences are concerning, or disturbing. But each of these differences may be resulting in a series of problems for some of the babies born in recent years.

Finding the answers

The answers to these questions are important for everyone bringing up children, as well as for policy makers and professionals. This knowledge is vital if we are to develop the kind of services in health, education, child care and family support which will be most beneficial to young children and their parents.

But to provide the answers a great deal of information is required about these babies and their families.

Collecting this information is the task of a major new research project - Child of the New Century. Its aim is to follow the unfolding issues from birth onwards, of around 20,000 children born over a 12 month period from 1 September 2000.

Every year about 280,000 babies are born in the UK. Your new baby is one of these special babies who have been selected to take part in this new study of what it is like growing up in the new century.

Different pathways

What will this mean for their future? Who will they be at school and what will they achieve? Who will overcome difficult beginnings or remain problems in early life? Which child will need special help in order to ensure that they achieve their full potential in every aspect of their life?

What will be involved if I agree to take part?

You will be invited for the first time when your baby is around nine months old. One of our interviewers will visit your home, to ask both mothers and fathers about the baby's birth and early development, and about your family and household. This will include details of the baby's health and development, and all about your family life, your work and your future plans.

What use has this kind of research been in the past?

Research has been a mainstay in this type of research for more than 50 years. No fewer than three studies exist already: the first started in 1946 (National Survey of Health and Development); the second in 1958 (National Child Development Study) and the third in 1970 (British Cohort Study 1970). These three studies are tracking the lives of over 50,000 people. Their findings have been of enormous importance to parents, policy makers and professionals in tracking health, educational and social issues, and developing responses to meet the needs of children and their families.

Child of the New Century will sit at the heart of equally important research about the first generation of children of the 21st century. It will also provide fascinating comparisons with the earlier studies, for revealing the changes and similarities in the lives of today's children and those of yesteryear.
Advance letter

Our reference: P2063
Autumn, 2001

CHILD OF THE NEW CENTURY
The Millennium Cohort Study

The National Centre for Social Research is carrying out the interviews for this important new study of babies in Britain. This year and next we shall be collecting information about the lives of over 20,000 babies and their families on behalf of the Centre for Longitudinal Studies.

A short while ago you should have received a letter and leaflet letting you know about the study. We do hope you found this information useful.

Your interviewer, ____________________, will visit you shortly to ask for an interview at a time convenient to you. Our interviewers always carry identification cards and will treat everything you say in strictest confidence.

We, too, will treat your answers as confidential and will not pass them on to anyone outside the research team.

Your interviewer should be able to answer most of the questions you may have about the study and will have spare copies of the information leaflet. However, if you have any further questions or concerns please do call us on 0800 783 5890 or email joanne@prates.ac.uk. We would be happy to discuss them with you. We hope that you enjoy the interview.

Thank you for helping us with this study.

Yours sincerely,

Heather Joshi
Project Manager

Joanne Day
Interview Co-ordinator
Information Sheet

Child of the New Century

About our survey

Is your baby special?

We think so. Your baby has been picked to be in a major new national survey that could make all the difference to people's lives in the future.

What is it like for children growing up in the 21st century? How will they get on at school? What helps them and what holds them back? The answers you give us will help plan health care, education and child care services to really benefit children and their parents.

So can we come and ask all about you and your baby? The information you give us will be confidential under the law - you won't be named in the survey report, no names are made public.

Our interviewers are trained to ask everyone the same kinds of questions about:

- your baby's birth and early development;
- your family;
- your beliefs and concerns about bringing up children today.

The interview with Mum will last a little over an hour, and one with Dad, if available, about half an hour. The interviewer will not need to handle your baby, and there will be no medical tests.

To fill in the background we'll also ask you a bit about your own education and employment and about the home you live in.

Then we'll put together the answers from all the people we talk to throughout the United Kingdom. This will show what life is like right now for the Children of the New Century.

---

Project Leader: Professor Heather Joshi
Centre for Longitudinal Studies, Institute of Education, University of London
20 Bedford Way, London WC1H 0AL
Do you have questions for us?

What's the point of this survey?
A fair question given all the fuss we're making about your baby! It's only by getting this kind of information - new and by following the babies as they grow into adulthood - that government, parents and others can change things for the better.

We've done surveys like this before - in fact Britain is the world leader in this research. We found, for example, that good health services for mothers and children, good housing and proper food make a lasting difference to health and success as children grow up. But this is the first new survey for over 30 years.

Will this be the only interview?
We'd like to come back in a couple of years time and find out how things are going. As your baby grows up we will be following up with interviews every few years. That way we get a good idea of how your child is developing. This information will give the government and other groups valuable clues about how they can give people more help.

Once I've said 'yes' to this survey is my baby stuck with it for life?
Absolutely not. You or your child can bow out at any time, although of course we hope you stay with us. People generally seem to enjoy being part of these surveys.

Who's this 'we' you keep talking about?
We are a research centre in the Institute of Education in London. We have been chosen to carry out this survey because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews are being carried out by the National Centre for Social Research who we have chosen because they are experts in this field. Child of the New Century is being funded by government and others.

If you would like more information about the survey, there is a leaflet that goes into more detail.
Or you can talk to someone from the Study team on Freephone 0800 092 1353
For general information or advice to parents contact:
Parentline Plus - 0800 800 2222
or your local Citizens Advice Bureau
(the number will be in your local telephone directory)
Permission to Obtain Health Information

We have already asked about your pregnancy and the baby’s birth. To make the information complete we would like to find out more about your pregnancy and your baby’s birth and health from health records. These include birth registration, maternity or central records.

In most cases we would obtain this information from the summaries held by the Office for National Statistics and the Department of Health. If this is not possible, we will write to the hospital where your baby was born, or the maternity service attending the birth if the baby was born at home. Getting the baby’s NHS number, with your permission, from these records would help us keep in touch with you.

To obtain any of this information we need your written permission for it to be released.

Like everything else you have told us, the health information collected from these records will be completely confidential. The information is used for statistical research purposes only. Names and addresses are never included in the results.

Please ask the interviewer about anything that concerns you or you can call the research team free on 0800 092 1250, or write or email to the addresses below.

I have read or heard the information leaflet (and introductory letter) about the Child of the New Century and have had the opportunity to ask questions.

I understand that all the about information about my family and myself will be treated in the strictest confidence.

A. I understand that the Child of the New Century wishes to obtain information about my pregnancy and the baby’s birth from birth registration, clinic, hospital or central records. I give permission for this information to be released to the Child of the New Century.

B. I give my permission for Child of the New Century to follow my baby’s National Health Service registration where necessary.

• DELETE A OR B IF YOU DO NOT WISH TO GIVE PERMISSION FOR BOTH

Signature __________________________ Date ________________

Print Name __________________________
MCS2 Letters and leaflets


Advance information sheet

Child of the New Century
Age three survey

Your child is still special

Two years ago, you were good enough to talk to us about your child who is now three years old, and about your family. You are now part of an important nationwide study, and you should have received some results of the survey of babies at 9 months. We are trying to find out what it is like to grow up in the 21st century. How will children get on at school? What helps them and what holds them back? The answers you have already given us will help plan health care, education and child care services to bring real benefits to children and their parents. It will help even more if you agree to let us visit you again, now that your child is three, so that we can find out how he or she is growing up.

We'd like to know how you and your child are getting on

The information you give us will be confidential under the law - you won't be named in the survey report, no information about you or your family as individuals will ever be published, and no names are made public.

Our interviewers are trained to ask questions about

- your child's health and development
- your use of child care outside the home
- your beliefs and concerns about bringing up children today
- and to update the background information about your family, jobs and home.

They have also been given special training

- to measure your child's progress by seeing what he/she can tell us about a simple set of picture games;
- to measure your child's height and weight
- to help you collect saliva (spit) from your child

If you agree to our visit, the questions for Mum will last a little over an hour, and those for Dad, if available, about a quarter of an hour.

If you give permission, we will also need a parent to be present while your three-year-old does the picture games which should take about 20 minutes. It will also take about 5 minutes, with your help, to measure your child's weight and height. For this, shoes and socks must be taken off but there is no need for the child to be
undressed. In measuring height, the interviewer will need to hold your child’s head. In measuring weight, the interviewer or someone else may need to help your child onto the scales although in most cases, this is not likely to be necessary. Altogether the whole survey for the three-year-old will usually take about one and three quarter hours for two parents combined, or one and a half hours for a single parent.

If you give permission, we would also like to collect a small sample of saliva (spit) from your child. This is a simple and painless process, much like toothbrushing. The saliva is collected by a specially designed gum swab which is rubbed gently on the gums for about one minute.

The saliva contains substances which can tell us whether your child has had some common infections that often go unnoticed by the child and their carers. This information will help us find out whether these early infections protect the child from developing asthma or allergies later on. The interviewer will post the specimen to the laboratory. All we ask is that you help your child rub the sponge on their gums. More information is available in the enclosed leaflet.

We would also like your permission to get information about any hospital admission your three-year-old child might have already had, and those they might yet have up to their seventh birthday. This information is the routine information that the Health Service records on date and reason for hospital admission or treatment. This will be very helpful, as it will help us identify how much hospital care is needed by the Children of the New Century without having to ask each parent details of every admission. We will not have any access to your child’s personal medical records.

Your older children are important too

For many of you, your three-year-old who is part of the Child of the New Century is not your only child. When our interviewers saw you last time, many of you wondered why we were not asking any questions about your other children. This time we would like to find out a little bit about any older brothers and sisters. May we ask you a few questions? This will take some extra time, usually about 10 minutes, but this varies between 5 and 24 minutes, depending on where you live, how many older children you have and their ages. If you have three (or more) older children, our interviewer will limit the extra time taken by only asking questions about two of them. When the interviewer calls we will be able to let you know roughly how long it will take for your family. If you have any children who are aged ten to fifteen, we would like them to answer a few questions themselves about their lives. This will take them about 10 minutes each. But if they don’t want to or you don’t want them to then, of course, that’s fine. You can also ask to make a separate appointment for this if you prefer. If you can let us know the name of the school they attend, we expect to be able to consult the official records on their attainment (SATs) and attendance without having to take up your time over it.

Thank-you again for your help

We’ll put together the answers you give with those given by all the other families we talk to throughout the United Kingdom and add them to the picture that is being built up about the study families when the children were babies. This will show how the Children of the New Century are growing-up.
Do you have questions for us?

What’s the point of all this fuss?
A fair question, but we are asking for your time and trouble in a good cause! It’s only by getting this kind of information now, and by following the children as they grow into adulthood— that government, parents and others can change things for the better. We’ve done surveys like this before—in fact Britain is the world leader in this type of research, following children from the last century who are now adults. We found out, for example, that good health services for mothers and children, good housing and proper food make a lasting difference to health and success as children grow up.

Will we be coming back again?
We’d like to come back in a couple of years’ time and find out how the Children of the New Century are getting on with school. We are also hoping to follow them every few years as they grow up. That way we get a good idea of how your child is developing. This information will give the government and other groups valuable clues about how they can give people more help.

Once I’ve said yes to this survey are we stuck with it for life?
Absolutely not. You or your child can leave the study at any time, although of course we hope you stay with us. People generally seem to enjoy being part of these surveys.

Who are we?
We are a research centre in the Institute of Education at London University. We have been chosen to run this survey because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews are being carried out by NOP, a research company who are experts in this field. Child of the New Century is being funded by ESRC (the governments’ Economic and Social Research Council) and other government departments from all the countries of the UK.

---

THIS IS YOUR SURVEY

If you would like more information about the survey at age 3, or about the results of the survey at 9 months, please contact the Study team on Freephone 0800 092 1250, visit the Study Website: http://www.childnc.net, email us at childnc@ioe.ac.uk, or write to the FREEPPOST address given at the bottom of this page.

Other useful contacts for general advice to families:
- Parentline - Freephone 0808 800 2222
- Home-Start - Freephone 08000 68 63 68
- or contact your local Citizens Advice Bureau (the number will be in your local telephone directory).

---

PLEASE TURN OVER FOR MORE INFORMATION ON THE SURVEY

Project Director: Professor Heather Joshi, OBE
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
FREEPPOST LON0095 ■ London ■ WC1H 0BR

22
Infections and later allergies

Do common infections in early childhood protect against later allergies?

Parents information sheet

It has been suggested that common and often unnoticed infections during early childhood may protect children against developing allergic diseases such as asthma and hay fever later in childhood and adult life. To find out whether this is the case we are asking all parents of the Child of the New Century children to help us find out whether their child has had any of these infections in the past.

We would like you to collect some saliva (spit) from your child. The saliva on the gums contains substances that tell us whether your child has had any of these infections before. We can collect the saliva using a gum swab. The gum swab is a sponge designed to be used like a toothbrush. Using it is a simple, painless process, much like brushing your teeth.

Collecting saliva
Saliva is collected by simply rubbing the sponge firmly along the gum at the base of the teeth, until the sponge becomes moist. This takes about one minute.

What happens to the saliva?
The interviewer will send it to the laboratory where the tests are done. Any sample left after testing is completed will be thrown away at the end of the study. No genetic tests will be done.

What happens to the results?
The infections we are measuring are common and often go unnoticed. The laboratory uses bar-coded labels (like the ones used in supermarkets) and has no way of knowing your child’s identity. Results will not be given back to individual families or GPs.

Your help would be gratefully appreciated and the results of this work would allow us to make a real contribution to child health.
Advance letters

Interviewer Number:
Our Reference:

Dear

Do you remember taking part in the Child of the New Century Study two years ago? Your help then was much appreciated and you should have received some first results of that survey in July 2003. Now your child is three we would very much like to come back and find out how your family is getting on. This time there are also some extra questions about older children in the family. I enclose an information sheet from the study team at the Institute of Education, which tells you more about the new stage of the study.

This year we have entrusted NOP Research with the task of making the visits to families and I am writing to ask you if one of NOP’s interviewers may arrange to visit you. The interviewer can explain more about what is involved.

It is entirely voluntary whether you take part in this round of the survey at all, and whether you take part in all of the survey or just some of it. If you are sure you don’t want to take part you can let us know by phone or letter, otherwise you can make up your mind when the interviewer contacts you.

We hope you will enjoy taking part, as most parents tell us they did the first time around. The interviewer would like to spend about an hour and half with you and your three-year-old. This will include interviewing you and you answering some questions yourself on the computer, around 5 minutes measuring your child’s height and weight, about 20 minutes seeing how familiar your child is with simple words, colours and numbers and also to collect a sample of saliva (spit). We would also like to spend about 15 minutes with your child’s father or father-figure if he is available, and devote extra time to older brothers and sisters (about 5 to15 minutes, depending on circumstances), if you and they agree.

If you are willing, an interviewer will come and talk to you about whether you would like to take part in the survey and the most convenient time or times that this can be done. The interviewer will be calling in the next few days to talk about this. If you would like to make an appointment, or let us know that you are not interested please call the interviewer below, or the Institute on Freephone 0800 092 1250.

I do hope that you will be able to take part again in this important survey.

With kind regards,

[Signature]

Interviewer _______________________

Telephone: _______________________

Professor Heather Joshi, OBE
Project Director
Form 1: Interview and Self Completion

I (name), ____________________________ give my consent to
______________________________ (interviewer)

to my participation in the Second Survey of the 'Child of the
New Century' by: (tick one for each)

a) Answering questions put to me by the interviewer

b) Completing a questionnaire

Yes ☐ No ☐

I have read the letter of introduction and the information leaflet about the Second Survey of the
'Child of the New Century'. I have discussed any outstanding questions with the interviewer
named below and I wish to participate in the survey. I understand that I can stop the interview
and/or questionnaire completion at any point or decline any question, and that all information
will be treated in the strictest confidence and used for research purposes only.

Signature by Parent
Signed ____________________________ Date ______________

Countersignature by Interviewer
I confirm that I have explained the nature of the proposed studies to the person named above and
have left a copy of the information sheet and this consent form with them for future reference.

Signed ____________________________ Date ______________
Form 2: Consent for the Cohort Child

I (name), __________________________ give my consent to __________________________ (interviewer)

to carry out the following Measurements: (tick one for each)

a) Knowledge of colours, letters, numbers and counting, sizes, comparisons and shapes.  Yes  No
b) Names of objects
b) Standing height
c) Body weight

cf my child (name) __________________________

I have read the letter of introduction and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish my child named above to participate in the Measurements. I understand that I can stop the interview and the Measurements at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

☐ I give my consent to my child providing a sample of saliva (spit).

I have read the letter of introduction, the 'Infections and Allergies Study' leaflet and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish my child named above to participate in this study. I understand that I can stop the interview and the collection of saliva (spit) at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

☐ I give my consent to use of information from National Health Service records on date and reason for hospital admission and treatment for my child from birth to age 7 years in future medical research studies of the causes, diagnosis, treatment or outcome of disease. I understand that the information obtained by the investigators will be coded and used anonymously for research purposes only, and will not include my name or address. I understand that I may withdraw this consent at any time by contacting the investigators in writing, without giving any reasons.

Signature by Parent

Signed __________________________ Date __________________________

Countersignature by Interviewer

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this consent form with them for future reference.

Signed __________________________ Date __________________________

Child of the New Century, Centre for Longitudinal Studies, Institute of Education, FREEPOST, LON 20095, London, WC1H 0BR
Form 3: Consent for Older Siblings

Part A - School Records to be completed in households with children aged 5+ only

I (name), ___________________________________________ give my consent to use of information from school records on the performance and attendance of my child(ren) named below: (tick one for each)

1) __________________________________________________

2) __________________________________________________

in research based on the current round of the Child of the New Century Study. I understand that the investigators will wherever possible, obtain information from centrally held records rather than directly from the school. This information will be coded and used anonymously for research purposes only. It will not include my name or address. I understand that I may withdraw this consent at any time by contacting the investigators in writing, without giving any reasons.

Part B - Older siblings self-completion questionnaire to be completed only in households with children aged 10 to 15 years (inclusive)

I (name), ___________________________________________ give my consent to

________________________________________________________ (Interviewer)

for my child(ren) named below to complete the Older Sibling Questionnaire: (tick one for each)

1) __________________________________________________

2) __________________________________________________

I have read the letter of introduction and the information leaflet about the Second Survey of the ‘Child of the New Century’. I have discussed any outstanding questions with the interviewer named below and I wish my child(ren) named above to participate in this stage of the study by completing the Older Sibling Questionnaire. I understand that I can stop the interview and the Older Sibling Questionnaire at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

Signature by Parent

Signed ___________________________________________ Date ____________

Countersignature by Interviewer

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this consent form with them for future reference.

Signed ___________________________________________ Date ____________

Child of the New Century, Centre for Longitudinal Studies, Institute of Education, FREEPOST, LON 20005, London, WC1H 0BR
MCS3 Letters and leaflets


Pre-notification letter: England, Wales and Scotland

Dear <Name>

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study.

Children of the 21st Century: from birth to nine months

I am writing to tell you that the first book about the lives of the children of the 21st century has now been published. The main findings are covered by the enclosed magazine. I hope that you will find this interesting. Additional copies of the magazine can be downloaded from the study website www.childinc.net.

Some families may wish to buy a copy of the book so I've enclosed an order form with this letter. We have agreed a special price with the publishers, The Policy Press, so that the book will cost you £17.99 instead of £24.99. If you want to find out more but don't wish to buy the book yourself, you can ask your local library to order a copy. We are sorry that we can't send you a free copy of the book but as there are such a large number of families in the study we cannot afford to do this.

We will send you some initial findings from the Age 3 Survey as soon as possible and, in the next year or two, we hope to produce a similar book documenting the lives of the children of the 21st century from nine months to 2 years.

Child of the New Century; Age 5 Survey

The next stage of the study will take place when your child is 5 and we hope that you will be happy to take part again. This time the interviews will be carried out by the National Centre for Social Research (NatCen), an independent research organisation which is an expert in this field. NatCen also did the interviews when the children were nine months old.

In about 3-4 months I will write to you again to give you more details about the Age 5 survey and to invite you to take part. An interviewer will then get in touch to find out whether you wish to be involved this time. It will, of course, be up to you whether or not to take part and the interviewer will be happy to discuss this with you.

If you have any questions, or would prefer not to be contacted about the Age 5 survey, please call us on Freephone 0800 092 1250. Finally, if you move to a new address in the next few months, please let us know as soon as possible so we can invite you to take part again.

Thank you again for the help you have given us so far with this important study.

With kind regards,

[Signature]

Professor Heather Joshi
Study Director
Advance letter: England and Scotland

Child of the New Century
Age 5 Survey

Dear <Parent 1 first name> [and <Parent 2 first name>]

Your child is one of 15,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study. You may have taken part in the study when your child was 9 months old and again when he or she was aged 3.

Now that your child is aged 5 we would very much like to come back and find out how your family is getting on. I enclose a leaflet which tells you more about this latest stage of the study.

The Age 5 Survey is being carried out on our behalf by the National Centre for Social Research (NatCen), an independent research organisation. The interviewer named below will be in touch shortly to explain more about what is involved. It is, of course, up to you whether or not to take part and the interviewer will be happy to discuss this with you. If you would like to take part, she or he will arrange a convenient time to visit.

All interviewers have been through clearance procedures and carry an identification card with their photograph and the NatCen logo which is shown at the top right hand corner of this letter. Your answers will be treated in strict confidence in accordance with the Data Protection Act.

If you have any questions about the study or would prefer not to be contacted about the Age 5 Survey, please call Freephone 6800 783 5890, between the hours of 9:30 am and 5:30 pm.

With kind regards,

[Signature]

Professor Heather Joshi, OBE
Study Director

Your interviewer on this study will be:
When will we be coming back?

We are hoping to follow children of the new century every few years as they grow up and into adulthood. The next survey will take place in around two years, when your child will be 7 years old. You or your child can leave the study at any time, although of course we hope you will stay with us.

Who is carrying out the study?

The study is run by the Centre for Longitudinal Studies, which is a research centre in the Institute of Education at the University of London. We have been chosen to run this study because we have carried out similar surveys and can be trusted to do a professional job. The interviews for the Age 5 Survey are being carried out by the National Centre for Social Research (NatCen), an independent research organisation that is an expert in this field. NatCen also conducted the interviews when the children were 9 months old.

Child of the New Century is paid for by ESRC (the government’s Economic and Social Research Council) and other government departments from all the countries of the UK.

How can I find out more about the study?

If you would like more information about the Age 5 Survey, please contact the study team at NatCen on Freephone 0800 783 5890, or write to Child of the New Century: National Centre for Social Research, FREEPOST OL490 CM14 4ZP. You can also visit the study website: www.childnrc.net or email us at childecnrc@natcen.ac.uk.

For general advice to families, contact Parentline Plus on Freephone 0800 800 222 or your local Citizens Advice Bureau (the number will be in your local telephone directory).

Thank you again for your help.
Your child is special

The Child of the New Century is exploring what it is like to grow up in the 21st century by following around 19,000 children born in the UK in 2000/2001. Your child is one of these special children.

You may have helped us when your child was 9 months old and again when he or she was aged 3. We recently sent you a magazine with the main findings from the first book about the lives of the children in the new century and we will send you some initial findings from the Age 3 Survey as soon as possible.

The answers you have already given us are helping to plan health-care, education and other services to bring real benefits to children and their parents.

We’d like to know how you and your child are getting on

Now that your child is aged 5, we would like to see what has happened since the last time that we contacted you. We know that this is an important time for both you and your child, especially as your child has recently started school.

If you agree to take part in this latest survey, the questionnaires for one parent (usually Mum) will last a little over an hour, and those for the other (usually Dad, if he is available) about 20 minutes. We will ask questions about your family situation and the things you do with your children, your child’s education and childcare, your child’s activities and health, parent’s health, employment and housing.

Our interviewers have been given special training to measure your child’s progress by using a set of assessments and to measure your child’s height, weight and waist circumference. The interview will need to spend about 40 minutes with your child and will give you a separate leaflet with more details about these assessments and measurements.

Your older children are important too

We would like to ask you some questions about any older brothers and sisters your child has. This will take about 10 minutes, depending on how many older children you have and their ages. If you have any children who are aged 10 to 15, we would like to ask them to complete a paper questionnaire about their experiences. This will take each child about 10-15 minutes and no more than two children per family will be asked to do this.

What will happen to the information collected in the survey?

Your answers will be treated in strict confidence in accordance with the Data Protection Act. The information you provide will be used solely to build up a picture of life in the UK today, and will not be released in any way that enables you to be identified.

Why is Child of the New Century so important?

We are asking for your time in a good cause. It’s only by getting this kind of information — now, and by following the children as they grow into adulthood — that government, parents and others can change things for the better. We’ve done surveys like this before; in fact, Britain is the world leader in this type of research. By following children born in 1946, 1956 and 1970 into adulthood we have found out, for example, that good health services for mothers and children, and good housing and proper food make a lasting difference to health and success as children grow up. This study will help us produce a profile of how the children of the 21st century are growing up.
Child assessments and measurements

Our interviewers have been given special training to measure your child’s progress by using a set of assessments and to measure your child’s height, weight and waist circumference. This leaflet explains more about these assessments and measurements, and you can also ask the interviewer for further information. It is important that all children are assessed and measured in a standard way, so we can compare results across all the children in the study.

Child assessments

We would like to use a set of four assessments in order to measure your child’s progress. Most of the assessments are taken from the British Ability Scales, which are widely respected and widely used educational tools. They are used to examine development and educational attainment and are normally employed by educational psychologists in a classroom or clinical setting. Each assessment has been adapted for use in a household setting.

These assessments will take about 30 minutes, ideally they should be carried out in a quiet, well-lit and properly ventilated room, away from distractions and disruptions. If possible the interviewer would like to sit at a table with your child to carry out the assessments. You do not need to be present during these assessments but are, of course, welcome to watch if you wish. However in order to get a true reflection of your child’s ability we would ask you to avoid interrupting the assessment or prompting your child for an answer so that the response we record is truly their own.
Interviewers can only assess your child if they have your written permission, and they will not be able to administer the assessments if your child:
- has a learning disability or serious behavioural problem (e.g., severe ADHD)
- is unable to respond in the required manner (e.g., pointing, speaking)
- does not have the required level of English vocabulary.

Our interviewers cannot give specific feedback about how your child is performing. This is because these assessments are designed to measure the range of skills that all children at age 5 possess, rather than the ability of each individual child. When the results are available, the research team will be able to provide you with information on how all 5-year-olds have performed, however we will not be able to provide this information at an individual level.

First task (Story of Sally and Anne)
This task involves listening to a story and is mainly used to familiarise children with the assessment procedure. It is also designed to assess a child's ability to understand what a person believes, i.e., can they put themselves in someone else's shoes.

Second task (Picture Similarities)
This task assesses your child's reasoning ability. The child is shown a row of four pictures and is given a free-standing card with a fifth picture. The child is asked to place the free-standing card under the picture which shares an element or concept with the card.

Third task (Naming Vocabulary)
This is a verbal task that concerns knowledge of names. The child is shown a number of pictures and asked to say the name of each in turn.

Fourth task (Pattern Construction)
This task assesses your child's ability to construct a pattern shown in a picture. For several items, interviewers will demonstrate how to construct the pattern before your child attempts to construct it. This exercise is timed using a stopwatch.

Child measurements
We would like to measure your child's height, weight and waist circumference. This will take around 10 minutes to complete and you will be given a record of the measurements. We would like you to be present during the measurements and the interviewer will need your help with some of them. Interviewers can only measure your child if they have your written permission and will not be able to measure your child if he or she cannot stand unaided.

Height and weight are used to calculate the child’s Body Mass Index (BMI), and the waist circumference is a measure of central body fat. These values can be used to identify children who are overweight or obese, and therefore at risk of short and long term physical and psychological consequences.

For the height and weight measurements, shoes and socks must be taken off and for the weight measurement your child should remove any heavy clothing or items in their pockets.

The height measurement will be taken using a height measure called a stadiometer, a collapse portable device. The interviewer will need to hold your child's head in a particular position in order to make sure that your child's maximum height is measured. For the weight measurement the interviewer will ask your child to stand on a special set of scales.

The waist measurement will be taken using a specially designed tape measure. For this, your child should be wearing light clothing, (girls, if possible, should avoid wearing a dress). Ideally and with your permission, we would like to take the measurement directly against the skin, in order to do this we would like the child to help us by lifting his/her top while we take the measurement. But if you prefer, the interviewer will measure your child's waist over his/her clothes. In order to find the correct place to take the measurement, the interviewer will have to find the mid-point between your child's ribs and hip bones. They may ask for your help with this.
Child of the New Century
Age 5 Survey
Consent form
DATA COLLECTION

Parent's interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century Age 5 Survey by (tick one for each):

- a) Answering questions put to me by the interviewer
- b) Completing a questionnaire

I have read the letter of invitation and the information leaflet about the Child of the New Century Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print) ___________________________________________________________
Signed ______________________________________________________________ Date

Age 5 Child: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

- a) Story of Sally & Anne
- b) Picture similarities
- c) Naming a vocabulary
- d) Pattern construction
- e) Height
- f) Weight
- g) Waist circumference against skin
- h) Waist circumference over clothing

I have read the letter of invitation and the information leaflet about the Child of the New Century Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) ___________________________________________________
Name (print) _________________________________________________________
Signed ______________________________________________________________ Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) _________________________________________________________
Signed ______________________________________________________________ Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only: Surname: CHR: Permission: Interviewer number:

Consent 1 (E)
Age 5 Child 2: Assessments and Measurements
I give my consent to the interviewer named below to carry out the following assessments and measurements (not one for each) of my child named below:

a) Story of Sally & Anne
   - Yes
   - No

b) Picture similarities
   - Yes
   - No

c) Naming vocabulary
   - Yes
   - No

d) Pattern construction
   - Yes
   - No

e) Height
   - Yes
   - No

f) Weight
   - Yes
   - No

g) Waist circumference against skin
   - Yes
   - No

h) Waist circumference over clothing
   - Yes
   - No

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) ____________________________________________________________

Name (print) ..............................................................................................................

Signed ..................................................................................................................... Date:

Age 5 Child 3: Assessments and Measurements
I give my consent to the interviewer named below to carry out the following assessments and measurements (not one for each) of my child named below:

a) Story of Sally & Anne
   - Yes
   - No

b) Picture similarities
   - Yes
   - No

c) Naming vocabulary
   - Yes
   - No

d) Pattern construction
   - Yes
   - No

e) Height
   - Yes
   - No

f) Weight
   - Yes
   - No

g) Waist circumference against skin
   - Yes
   - No

h) Waist circumference over clothing
   - Yes
   - No

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) ____________________________________________________________

Name (print) ..............................................................................................................

Signed ..................................................................................................................... Date:

Interviewer confirmation
I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) ..............................................................................................................

Signed ..................................................................................................................... Date:

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Consent in ( £ )

Surname:

CMK:

Person No.:

Interviewer number:
Parent interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

a) Answering questions put to me by the interviewer  
   Yes  No

b) Completing a questionnaire  
   Yes  No

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print) .........................................................................................................................................................

Signed ..................................................................................................................................................... Date: ................................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) .........................................................................................................................................................

Signed ..................................................................................................................................................... Date: ................................

RETURN WHITE & PINK COPIES TO OFFICE. BOTTOM COPY FOR PARTICIPANT

Interviewer use only

SERIAL NO  CHC  PERSON NO  INTERVIEWER REPORT

CHILDMAX 2 (E)
We have asked about your child’s health. To make this information complete we would like to find out more about your child’s hospital admissions and treatments from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records of the National Health Service which have details of admission and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child’s personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don’t want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 020 1200 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20995, London WC1H OBR.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child’s name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

Name of child (print) .................................................................

Name (print) ........................................................................

Signed .............................................................................. Date ................................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print) ........................................................................

Signed .............................................................................. Date ................................

RETURN WHITE COPY TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer security: Serial no: CHK: Parano: Interviewer number:
Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS CONT...

We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatments from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service has on dates of admission to and discharge from hospital, diagnoses recorded and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 002 1280 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON2030, London WC1H 0BR.

Parental permission to release information from NHS records

I have read and understood this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses recorded and treatments given from birth to age 7 years, for my child named below.

Child 2

Please place a tick in one of the boxes to indicate whether or not you give consent.

Yes No

Name of child (print) .................................................................

Signed .......................... Date...........................................

Child 3

Please place a tick in one of the boxes to indicate whether or not you give consent.

Yes No

Name of child (print) .................................................................

Signed .......................... Date...........................................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print) .................................................................

Signed .......................... Date...........................................

Return white & pink copies to Office, bottom copy for participant

Institution Code: Sensor CMR Person No: Enrollment Number:
Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
SCHOOL RECORDS

We have asked about your child’s experiences at school. To make this information complete we would like to find out more about your child’s development at school from centrally held school records.

For every pupil in England attending state school information is collected by teachers about their social and personal, communication, language, literacy and mathematical development. This is called the Foundation Stage Profile and is completed at the end of reception year. The information is passed from schools to the Local Education Authority where it is held centrally. This information will be very helpful as it is an accessible, individual record of pupils, it will allow us to make comparisons of assessments and will provide a full picture of your child’s development. We will not have access to any other information.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don’t want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 992 1220 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 3AW.

Parental permission to release information from school records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from school records will be coded and used anonymously for research purposes only, and will not include my child’s name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the above address, without giving any reasons.

I give my consent to use information from school records on the performance at the end of the Foundation Stage of my child named below in research based on the third survey of the Child of the New Century: Age 5 Survey. I understand that the information will be obtained directly from records held at the Local Education Authority.

Please place a tick in one of the boxes to indicate whether or not you give consent. [ ] Yes [ ] No

Name of child (print).......................................................... Signed .......................................................... Date

Name (print)........................................................................ Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)........................................................................ Date

RETURN WRITTEN OR PRINTED COPIES TO OFFICE BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Consent Form: [ ] Serial [ ] CHK [ ] Person [ ] Interviewer number:
Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD

SCHOOL RECORDS CONT...

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from centrally held school records.

For every pupil in England attending state school, information is collected by teachers about their social and personal, communication, language, literacy and mathematical development. This is called the Foundation Stage Profile and is completed at the end of reception year. The information is passed from schools to the Local Education Authority where it is held centrally. This information will be very helpful as it is an accessible, individual record of pupils. It will allow us to make comparisons of assessments and will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 992 1230 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LONGSTUD, London WC1H 0BN.

Parental permission to release information from school records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from school records will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the above address, without giving any reasons.

I give my consent to use information from school records on the performance at the end of the Foundation Stage of my child named below in research based on the third survey of the Child of the New Century: Age 5 Survey. I understand that the information will be obtained directly from records held at the Local Education Authority.

Child 2

Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

Name of child (print) 

Name (print)

Signed ................................................................. Date

Child 3

Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

Name of child (print)

Name (print)

Signed ................................................................. Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print) .................................................................

Signed ................................................................. Date

RETURN WHITE & PINK COPIES TO OFFICE; BOTTOM COPY FOR PARTICIPANT
Child of the New Century
Age 5 Survey
Consent form
OLDER SIBLINGS
QUESTIONNAIRE PLACEMENT

Parent

I give my consent to the interviewer named below for my child(ren) named below to complete the Older Sibling Questionnaire: (tick one box for each child):

Name of first child: ................................................................. Yes  No
Name of second child: .............................................................

I have read the letter of invitation and the information leaflet about the Child of the New Century Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child(ren) named above to participate by completing the Older Sibling Questionnaire. I understand that my child(ren) can decline to complete the whole questionnaire, or any part of it, that they may stop the questionnaire at any point, and that all information will be treated in the strictest confidence and used for research purposes only.

Name (print) ................................................................................................. Signed .............................................. Date:..............................

Intervener

I confirm that I have explained the nature of the proposed study to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) ................................................................................................. Signed .............................................. Date:..............................

RETURN WAITE & RUSH COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer name only: ................................................................. Signed E: Yes No
CID: Person no: Interview number: .................................
MCS Consent Forms - Northern Ireland, Scotland and Wales
(In Northern Ireland the NatCen logo was replaced by the NISRA logo)

Child of the New Century
Age 5 Survey
Consent form
DATA COLLECTION

Parent 1 interview and self-completion
I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

a) Answering questions put to me by the interviewer
   Yes ☐ No ☐

b) Completing a questionnaire
   Yes ☐ No ☐

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print) .................................................................
Signed ................................................................. Date ..................................................

Age 5 Child: Assessments and Measurements
I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

a) Story of Sally & Anne ☐ ☐
   Yes ☐ No ☐

b) Picture similarities ☐ ☐
   Yes ☐ No ☐

c) Naming vocabulary ☐ ☐
   Yes ☐ No ☐

d) Pattern construction ☐ ☐
   Yes ☐ No ☐

e) Heigh ☐ ☐
   Yes ☐ No ☐

f) Weight: ☐ ☐
   Yes ☐ No ☐

g) Waist circumference against skin OR ☐ ☐
   Yes ☐ No ☐

h) Waist circumference over clothing ☐ ☐
   Yes ☐ No ☐

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) .................................................................
Name (print) .................................................................
Signed ................................................................. Date ..................................................

Interviewer confirmation
I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) .................................................................
Signed ................................................................. Date ..................................................

RETURN WHITE & PINK COPIES TO OFFICE. BOTTOM COPY FOR PARTICIPANT

Interviewer was asked: ☐ Yes ☐ No ☐
Skilled: ☐ Yes ☐ No ☐
Chk/Purse no: ☐ Yes ☐ No ☐
Interviewer number: ☐ Yes ☐ No ☐

Content 1 (NSW) ☐ Yes ☐ No ☐
Content 2 (NSW) ☐ Yes ☐ No ☐
Content 3 (NSW) ☐ Yes ☐ No ☐
Content 4 (NSW) ☐ Yes ☐ No ☐
Content 5 (NSW) ☐ Yes ☐ No ☐
DATA COLLECTION CONT...

Age 5 Child 2. Assessments and Measurements
I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each of my child named below).

- a) Story of Sally & Anne
- b) Picture similarities
- c) Naming vocabulary
- d) Pattern construction
- e) Height
- f) Weight
- g) Waist circumference against skin
- h) Waist circumference over clothing

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) .................................................................

Name (print) ...........................................................................

Signed ................................................................. Date ..................

Age 5 Child 3. Assessments and Measurements
I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each of my child named below).

- a) Story of Sally & Anne
- b) Picture similarities
- c) Naming vocabulary
- d) Pattern construction
- e) Height
- f) Weight
- g) Waist circumference against skin
- h) Waist circumference over clothing

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print) .................................................................

Name (print) ...........................................................................

Signed ................................................................. Date ..................

Interviewer confirmation
I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) ...........................................................................

Signed ................................................................. Date ..................

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Consent in (HMH) .................................................................

Serial no: .................................................................

Name: .................................................................

Person to: .................................................................

Interviewer number: .................................................................
Parent interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

a) Answering questions put to me by the interviewer

b) Completing a questionnaire

I have read the letter of invitation and the information leaflet about the Child of the New Century Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print) ....................................................................................................................................................................................

Signed ......................................................................................................................................................................................... Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print) ....................................................................................................................................................................................

Signed ......................................................................................................................................................................................... Date
We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatment from your child's hospital records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON0065, London WC1H 0BR.

**Parental permission to release information from NHS records**

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Please place a tick in one of the boxes to indicate whether or not you give consent.

- [ ] Yes
- [ ] No

Name of child (print)........................................................................................................................................................................

Name (print).......................................................................................................................................................................................

Signed: ...................................................................................................................................................................................... Date:........................................................................

**Interviewer confirmation**

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print).......................................................................................................................................................................................

Signed: ...................................................................................................................................................................................... Date:........................................................................

RETURN WHILTE ALL COPIES TO OFFICE, BOTTOM COPIE FOR PARTICIPANT

<table>
<thead>
<tr>
<th>Interviewer ref:</th>
<th>Set to</th>
<th>Clerk</th>
<th>Person</th>
<th>Interviewer number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consent 3 (NSW)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS CONT...

We have asked about your child’s health. To make this information complete we would like to find out more about your child’s hospital admissions and treatment from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have had up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child’s personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don’t want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 082 1234 or write to Child of the New Century, Institute of Education, University of London, FREECGT LON20395, London WC1H 0BD.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child’s name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Child 2
Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

Name of child (print)..........................................................................................................................

Signed................................................................................................................................. Date

Child 3
Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

Name of child (print)..........................................................................................................................

Signed................................................................................................................................. Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)..........................................................................................................................

Signed................................................................................................................................. Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Consent form (RDP) Serial No. CTRN Person no. Interviewer number:
Child of the New Century
Age 6 Survey
Consent form
COHORT CHILD
TEACHER SURVEY

We have asked about your child’s experiences at school. To make this information complete we would like to find out more about your child’s development at school from their teacher.

We would like to ask your child’s teacher to complete a questionnaire on your child’s social and personal, communication, language, literacy and mathematical development. This information will be very helpful as it will provide a full picture of your child’s development. We will not have access to any other information.

We need your written permission to approach your child’s teacher. You do not have to give your consent for us to do this and it will, of course, be up to your child’s teacher to decide whether or not to complete the questionnaire. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 029 0520 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON2095, London WC1H 0BR.

Permission to approach my child’s school teacher

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from my child’s school teacher will be coded and used anonymously for research purposes only, and will not include my child’s name or address or my name or address.

I give my consent for my child’s teacher to be asked to complete a questionnaire about my child’s social and personal, communication, language, literacy and mathematical development. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire.

Yes ☐ No ☐

Name of child (print)........................................................................................................................................

Name of teacher (print)........................................................................................................................................

Name of school (print)........................................................................................................................................

Name (print).........................................................................................................................................................

Signed ............................................................................................................................................................ Date...

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)......................................................................................................................................................

Signed ............................................................................................................................................................ Date...

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer name: .............................................. Serial no: .............................................. CRN: .............................................. Person ID: .............................................. Interviewer number: ..............................................

Consent 4 (NDA) ..........................................................................................................................
MCS4 – Letters and leaflets


Pre-notification letter: Productive England Wales Scotland

Dear Names of Parents,

Your child is one of the 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century Study.

Results from the Age 3 Survey

I am very pleased to enclose a leaflet with some more results from the Age 3 Survey. I hope that you find them interesting. Additional copies can be downloaded from the study website www.childnc.net. We will send you some initial findings from the Age 5 Survey as soon as possible.

Child of the New Century: Age 7 Survey

The next stage of the study will take place when your child is 7 and we hope that you will be happy to take part again. The interviews will be carried out by the National Centre for Social Research (NatCen), an independent research organisation which is an expert in this field. NatCen also conducted the interviews when the children were 9 months old and again when the children were 5 years old.

In a few months I will write to you again to give you more details about the Age 7 Survey and to invite you to take part. An interviewer from NatCen will then get in touch to find out whether you wish to be involved this time. It will of course be up to you whether or not to help us and the interviewer will be happy to discuss this with you.

If you have any questions or would prefer not to be contacted about the Age 7 Survey, please call us on Freephone 0800 092 1250. Please also call this number to let us know your new address if you move in the next few months so we can contact you if you wish to take part.

Every tooth tells a story

I would also like to invite your child to donate one (or more) of his/her teeth to the study. We can learn a lot about children from their teeth. As the children in the study are now 6 or 7, their milk teeth will have started to fall out recently or will begin to fall out over the next year or two. We hope that your child might be willing to donate one or more of these teeth to the study by putting them to us. The enclosed leaflet tells you more about why we are interested in children’s milk teeth and what is involved.

It is, of course, up to you and your child whether or not to take part in this part of the study. If you are willing to help us in this way, please follow the instructions in the leaflet. We have enclosed a badge to thank your child for helping us to tell their story. We’d also like you to help us by checking that the number on the label of the plastic bag matches the reference number next to your child’s name at the top of this letter. This is important to ensure that we can match the tooth to the right child when we receive it in the lab. If you have any questions, please call us on Freephone 0800 092 1250.

Thank you for the help you have given us so far with this important study. We very much hope that you will be willing to help us again.

With kind regards,

Heather Joshi OBE, Study Director
Advance letter: England, Scotland

Child of the New Century
Age 7 Survey

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study. You may have taken part in the study when your child was 9 months old and again when he or she was aged 3 and 5.

Now that your child is aged 7 we would very much like to come back and find out how your family is getting on. I enclose a leaflet which tells you more about this latest stage of the study.

The Age 7 Survey is being carried out on our behalf by the National Centre for Social Research (NatCen), an independent research organisation. The interviewer named below will be in touch shortly to explain more about what is involved. If you are, of course, up to you whether or not to take part and the interviewer will be happy to discuss this with you. If you would like to take part, she or he will arrange a convenient time to visit.

All interviewers have been through clearance procedures and carry an identification card with their photograph and the NatCen logo which is shown at the top right hand corner of this letter. Your answers will be treated in strict confidence in accordance with the Data Protection Act.

If you have any questions about the study or would prefer not to be contacted about the Age 7 Survey, please call Freephone 0800 783 580, between the hours of 9.30 am and 5.30 pm.

With kind regards,

Heather Joshi
Professor Heather Joshi, OBE
Study Director

Your interviewer on this study will be:

01 AL E3
Leaflet sent with advance letter

Child of the New Century
Age 7 Survey

When will we be coming back?

We are hoping to follow the children of the new century every few years as they grow up and into adulthood. You and your child can leave the study at any time, although of course we hope you will stay with us. The next survey is likely to be when your child is aged 11.

Who is carrying out the study?

The study is run by the Centre for Longitudinal Studies which is a research centre in the Institute of Education at the University of London. We have been chosen to run this study because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews for the Age 7 Survey are being carried out by the National Centre for Social Research (NatCen), an independent research organisation that is an expert in this field. NatCen also conducted the interviews when the children were 9 months old, and again when the children were 5 years old.

Child of the New Century is being funded by ESRC (the government’s Economic and Social Research Council), and other government departments from all the countries of the UK.

How can I find out more about the study?

If you would like more information about the Age 7 Survey, please contact the study team at NatCen on Freephone 0800 763 5894, email children@natcen.ac.uk or write to National Centre for Social Research, Freepost CL497, CM14 4ZP.

You can also visit the Study website: www.childsc.net

For general advice to families, contact Parentline Plus on Freephone 0808 800 2222 or www.parentlineplus.org.uk or your local Citizen's Advice Bureau (the number will be in your local telephone directory).

Thank you again for your help.
Your child is special

The Child of the New Century is exploring what it is like to grow up in the 21st Century by following around 18,000 children born in the UK in 2000/2001: Your child is one of these special children.

You may have taken part in the study when your child was 9 months old and when he or she was aged 3 and 6.

You have received some findings from the Age 3 Survey. We will send you some initial findings from the Age 5 Survey as soon as possible.

The answers that you have already given us are helping to plan healthcare, education and childcare services to bring real benefits to children and their parents.

Now that your child is aged 7, we would very much like to come back and find out how your family is getting on.

What would we like you to do?

If you agree to take part in this latest survey, the questions for one parent (usually Mum) will last about 1 hour, and those for the other (usually Dad, if he is available) about 20 minutes. We will ask questions about your family situation and the things you do with your children, child's education and childcare, child's activities outside school and their health, your health, employment, income and housing. You can tell the interviewer if you don't wish to answer any of the questions.

What would we like your child to do?

We would like to measure your child's progress using a set of assessments and measure your child's height, weight, waist circumference and body fat percentage. Our interviewers have been given special training to do this and will need to spend about 45 minutes with your child to complete these assessments and measurements.

Now that your child is aged 7, we would also like to ask them to complete a paper self-completion questionnaire on their own. This should take about 10-15 minutes and is mainly about their experiences at school. The interviewer will be able to help your child if necessary.

We would like to measure your child's physical activity by asking your child to wear an activity monitor for a period of 7 days. The monitor will be sent after the interview and you will receive a summary of your child's activity. The interviewer will explain more about what is involved.

The interviewer will give you a separate leaflet with more information about what we would like your child to do. They will also give your child a leaflet about their participation in the study.

What other information would we like to collect?

We would like to contact your child's teacher to find out more about their experiences at school and collect some additional information about your family from routine records. We can only do so with your written permission, which the interviewer will ask for separately for each information source. This may take about 10 minutes. The interviewer will give you a separate leaflet about this.

What will happen to the information collected in the survey?

Your answers will be held in strict confidence in accordance with the Data Protection Act. The information you provide will be used solely to build up a picture of life in the UK today and will not be released in any way that enables you to be identified.

Why is Child of the New Century so important?

We are asking for your time in a good cause. It's not just by getting this kind of information - now, and by following the children as they grow into adulthood - that government, parents and others can change things for the better. We've done surveys like this before, in fact Britain is the world leader in this type of research and by following children born in 1946, 1958 and 1970 into adulthood we have found out, for example, that good health services for mothers and children and good housing and proper food make a lasting difference to health and success as children grow up. This study will help us produce a profile of how the children of the 21st century are growing up.
The monitor should be sent back (in the pre-paid envelope provided) as soon as possible after the 7 day monitoring period is over. This is important as we only have a limited number and the monitor will be used again by other children. When you return the activity monitor your child will then be sent a feedback certificate summing up their activity levels.

This part of the study is being carried out in collaboration with researchers at the Institute of Child Health (UCH), University College London. They are responsible for sending out the activity monitors and relevant documents, sending feedback certificates, and answering any additional questions that you may have. If you would like more information about this part of the study, or if you do not receive the monitor within 8 weeks of the interview, please contact Carly Rich on Freephone 0800 030 4124.

Child self-completion

We would like to ask your child to answer some questions on their own by filling in a paper self-completion questionnaire. The questions are about what your child thinks about school, how they feel generally, their friends and their hobbies. The questionnaire should take your child about 10-15 minutes to complete. The interviewer will offer to show you a blank questionnaire so that you can see the questions your child will be answering. The interviewer will ask for your written permission to give this to your child.

The interviewer will explain to your child how to complete the questionnaire and that their answers will be kept private and will not be shown to anyone that they know including their parents. The interviewer will ask your child to put the completed questionnaire in an envelope and give it back directly to them. If your child needs help with any of the questions, or is unable to fill it in on their own, the interviewer will be able to help them. We would prefer the interviewer to help your child, rather than a family member, in order that your child’s answers are confidential.

What would we like your child to do?

This leaflet explains more about your child’s participation in the Age 7 Survey. You can also ask the interviewer any questions you may have.

Child assessments and measurements

Our interviewers have been given special training to measure your child’s progress by using a set of assessments to measure your child’s height, weight, waist circumference and body fat percentage. It is important that all children are assessed and measured in a standard way so we can compare results across all of the children taking part in the study. These assessments and measurements will together take about 45 minutes.

Child assessments

We would like to use a set of four assessments in order to measure your child’s progress. Most of the assessments were developed by the National Foundation for Educational Research and are well respected and widely used educational tools. They are used to examine development and educational attainment and are normally employed by educational psychologists or teachers in a classroom or clinical setting. Each assessment has been adapted for use in a household setting.

These assessments will take about 30 minutes. Ideally, they should be carried out in a quiet, well lit room away from distractions and disruption. It is possible the interviewer would like to sit at a table with your child to carry out the assessments. We would like you to be present during these assessments. However, in order to get a true reflection of your child’s ability, we would ask you to avoid interrupting the assessment or prompting your child for an answer so that the response we record is truly their own.

Interviewers can only assess your child if they have your written consent.

Our interviewers cannot give specific feedback about how your child is performing. This is because these assessments are designed to measure the range of skills that all children at age 7 possess, rather than the ability of each individual child. When the results are available, the research team will be able to provide you with information on how all 7 year olds have performed, however we will not be able to provide this information at an individual level.
First task (Story of Sally and Anne)
This task involves listening to a story and is mainly used to familiarise children with the assessment procedure. It is also designed to assess a child's ability to understand what a person believes, i.e. can they put themselves in someone else's shoes.

Second task (Word Reading)
This task assesses children's reading skills. The child is asked to read aloud a sentence of words presented on a card.

Third task (Progress in Maths)
This task assesses children's numerical skills. The child is asked to perform various number-based tasks, such as doing some sums, looking at shapes and counting money.

Fourth task (Pattern Construction)
This task assesses your child's ability to construct a pattern shown in a picture. For several years, interviewers will demonstrate how to construct the pattern before your child attempts to construct it. This exercise is timed using a stopwatch.

Child Measurements
We would like you to measure your child's height, weight, waist circumference and body fat percentage. This will take around 15 minutes to complete, and you will be given a record of the measurements. We would like you to be present during the measurements and the interviewer will need your help with some of them. Interviewers can only measure your child if they have your written permission.

Height and weight are used to calculate Body Mass Index which can be used to identify children who are overweight or obese. Waist circumference is a measure of central body fat and body fat percentage is a measure of fat distribution in the body.

For the height and weight measurements, shoes and socks must be taken off, and for the weight measurement your child should remove any heavy clothing or items in their pockets.

The height measurement will be taken using a portable height measure called a stadiometer. The interviewer will need to hold your child's head in a particular position in order to make sure that your child's maximum height is measured. For the weight and body fat percentage measurements the interviewer will ask your child to stand on a special set of scales. The scales measure body fat by sending a weak electrical current around the body from one foot to the other. This is safe and painless, and the electrical current cannot be felt at all.

The waist measurement will be taken using a specially designed tape measure. For this, your child should be wearing light clothing (girls, should avoid wearing a dress; ideally, and with your permission, we would like to take the measurement directly against the skin, in order to do this we would like the child to help us by lifting his/her top while we take the measurement. But if you prefer, the interviewer will measure your child's waist over his or her clothes. In order to find the correct place to take the measurement, the interviewer will have to find the midpoint between your child's navel and hip bones. They may ask for your help with this.

Physical Activity Monitoring
We would like to measure your child's physical activity using an activity monitor. The Actigraph activity monitor is a small, lightweight device (like a pedometer) that is designed to measure physical activity by measuring and recording all your child's movements. We would like your child to wear the activity monitor every day (from first thing in the morning until last thing at night) for 7 continuous days.

The activity monitor is worn on a belt around the waist. It should usually be worn on top of indoor clothing. If your child prefers he or she can instead wear it against the skin underneath their clothing. It does not interfere with daily life. The interviewer will show you a dummy activity monitor and explain how and when it should be worn. If you and your child would like to help us with this, the interviewer will ask for your written permission.

If you and your child agree to take part in the activity monitoring, an activity monitor, belt and a further information leaflet will be posted directly to you within 6 weeks of the interview (unless you requested a later start date, for example if you are going on holiday). You will also be sent a timesheet on which to record the dates and times when the activity monitor is worn and a letter to give to your child's teacher explaining why your child is wearing the monitor.
We want to ask you to help us with the
Child of the New Century.

What is the Child of the New Century?
It is the name of a survey of children.

What is a survey?
In a survey lots of people are asked questions about
what they think or do. The person who asks the
questions is called an interviewer.

Why are you doing this survey?
So we can find out what it is like to be a child growing
up today.

Why have you asked me to be in this survey?
You have been specially chosen from all children who
are the same age as you.

What will I be asked to do?
The interviewer will ask you to do 4 different things.

1. Answer some questions on your own.
The interviewer will give you a special booklet. We
would like you to read and answer the questions on
your own. You can ask the interviewer for help if you
want to. The questions are about school, what you
like doing and what you are like.

2. Do some fun things with the interviewer to
measure your progress. The interviewer will ask
you to listen to a story, read some words, do some
sums and make some patterns.

3. Be measured by the interviewer to see how you
are growing. The interviewer will find out how tall
you are using a special ruler, how much you weigh
and what your body fat percentage is using some
scales and what size your waist is using a tape
measure.

4. Wear an activity monitor. An activity monitor is a
small red plastic box which measures how much
you move around. You wear the activity monitor on a
belt round your waist for a week.

Do I have to do these 4 things?
No. If you do not want to do some or all of these 4
things, you do not have to. The interviewer will ask one
at a time if you want to do these 4 things. You can tell
the interviewer if you do not want to do it.
### Information from other sources leaflet

**Child of the New Century**

**Age 7 Survey**

---

#### Information from other sources

| From whom? | About what? | To give a fuller picture of your
career or school attestation? |
|------------|-------------|-----------------------------|
| Teacher    | Additional information on | To give a fuller picture of your
career or school attestation? |
| Standard   |⾵ted work     |                             |
| Health      | Health details  |                             |
| Police      | University details |                             |
| Social      | Social details  |                             |
| Benefits    | Benefits details |                             |

---

**15.4**
We need your written permission to approach the child's teacher to obtain information from routine records. The interviewer will ask you for your permission for each of these sources separately. **It is completely up to you which permissions you choose to give.** You can withdraw your permission at any time in the future. Choosing not to give your permission or withdrawing it in the future will not affect your participation in the study.

All information obtained from these sources will be treated in strict confidence in accordance with the Data Protection Act and will be used for research purposes only.

In order to access these routine records, we will provide a limited amount of information about your family to the holders of the records (e.g., full name, sex, date of birth, address). This information will only be used for assessing the records. No information that you have provided in the Child of the Century study will be disclosed to these sources for any other purpose.

**Information from your child's school teacher**

We would like to contact your child's class teacher to find out more about your child's education and behaviour at school.

We would like to ask your child's teacher to complete a questionnaire on various aspects of your child's education. The questionnaire covers some details about your child's academic achievements, their strengths and weaknesses, and any special educational needs. We will also ask your child's teacher about your child's behaviour and any support needs and your involvement with the school. This information will provide a fuller picture of your child's education.

It is entirely up to the teacher whether they complete the questionnaire; however, we require your written permission to approach them. The questionnaire will be sent to them at school by post a few months after the interview. The interviewer will ask you or the teacher's full name and the name and address of the school. We will also write to the head teacher of the school to let them know that one of the teachers in their school has been asked to take part in this study.

The information that the teacher gives is not covered by the Data Protection Act and will be used for research purposes only.

**Information from routine records on education**

We would like to collect information from routine records on education about your child's performance at school and the characteristics of pupils in your child's school, throughout their compulsory education.

By performance at school, we mean the results that they get when they do national tests, or the formal assessments that their teachers make about their performance in different subjects at the end of particular years. The exact information varies but we may ask about things like Key Stage assessments and GCSEs in England, Wales, and Northern Ireland and 5-14 levels and Standard Grades in Scotland.

We would like to get information from these routine medical and other health-related records about you, your partner and your child's brothers and sisters as well as your study child. This will mean that we have a much more complete picture of health and
MCS4 Consent forms

Child of the New Century
Age 7 Survey
Consent form
MAIN RESPONDENT

Name of respondent (print) ........................................................................................................................................

PART A: Interview and self-completion

I give my consent to the interviewer named below to my participation in the Age 7 Survey of the Child of the
New Century by (tick one for each):

a) Answering questions put to me by the interviewer  
   Yes  
   No

b) Completing a questionnaire  
   Yes  
   No

Confirmation
I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 7 Survey, I
have discussed any outstanding questions with the interviewer named below and I wish to participate in the
survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any
question, and that all information will be treated in the strictest confidence in accordance with the Data Protection
Act, and used for research purposes only.

Signed by respondent........................................................................................................................................Date.............................

PART B: Health and economic records

Permission to release information from routine health records
I give my permission for information from my routine health records (as detailed in the leaflet about
information from other sources) to be released to the Child of the New Century study.

Yes  No

Permission to release information from routine economic records
I give my permission for information from my routine economic records (as detailed in the leaflet about
information from other sources) to be released to the Child of the New Century study.

Yes  No

National Insurance Number: ............................................................

Confirmation
I have read or heard the information leaflet about information from other sources and have had the
opportunity to ask questions. I understand that the information released will be treated in strict confidence in
accordance with the Data Protection Act and used for research purposes only. I understand that this consent
will remain valid unless revoked by me in writing and that I may withdraw my consent at any time by
contacting the Child of the New Century in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century,
Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Signed by respondent........................................................................................................................................Date.............................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person(s) named on this form and
have left a copy of the information sheets named above and this form with them for future reference.

Name of interviewer (print)........................................................................................................................................Date.............................

Signed by interviewer........................................................................................................................................Date.............................

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Consent 1

Serial no:  
CHK:  
Respondent:  
Person no:  
Interviewer number:  
Interviewer point:
Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
TEACHER SURVEY CONT...

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from their teacher.

We would like to ask your child's teacher to complete a questionnaire on your child's social and personal, communication, language, literacy and mathematical development. This information will be very helpful as it will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission to approach your child's teacher. You do not have to give your consent for us to do this and it will, of course, be up to your child's teacher to decide whether or not to complete the questionnaire. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0300 002 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Permission to approach my child's school teacher

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from my child’s school teacher will be coded and used anonymously for research purposes only, and will not include my child’s name or address or my name or address.

I give my consent for my child's teacher to be asked to complete a questionnaire about my child's social and personal, communication, language, literacy and mathematical development. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire.

Child 2 Please place a tick in one of the boxes to indicate whether or not you give consent. [ ] Yes [ ] No

Name of child (print): .................................................................
Name of teacher (print): ............................................................
Name of school (print): ............................................................
Name (print): ...........................................................................

Signed: ............................................................................... Date: ______________________

Child 3 Please place a tick in one of the boxes to indicate whether or not you give consent. [ ] Yes [ ] No

Name of child (print): .................................................................
Name of teacher (print): ............................................................
Name of school (print): ............................................................
Name (print): ...........................................................................

Signed: ............................................................................... Date: ______________________

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print): ...........................................................................

Signed: ............................................................................... Date: ______________________

RETURN WHITE COPY TO OFFICE. BOTTOM COPY FOR PARTICIPANT

Interviewer use only:
Seq no Chk: Person no: Interviewer number:
Name of child (print)................................................................................................................................................................................

Name of parent (print)............................................................................................................................................................................

Age 7 Child: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named above.

For each assessment and measurement mentioned below, please place a tick in one of the boxes to indicate whether or not you give permission.

- a) Story of Sally & Anne
- b) Word Reading
- c) Progress in Maths
- d) Pattern Construction
- e) Height
- f) Weight
- g) Waist circumference against skin OR
- h) Waist circumference over clothing
- i) Body fat percentage

Age 7 Child: Physical activity monitoring

I give my consent to the interviewer named below for my child named above to wear an activity monitor to have their physical activity measured.

Please place a tick in one of the boxes to indicate whether or not you give permission.

Age 7 Child: Self-completion questionnaire

I give my consent to the interviewer named below for my child named above to complete the Child Self-Completion Questionnaire.

Please place a tick in one of the boxes to indicate whether or not you give permission.

Parental confirmation

I have read or heard the information leaflet about my child’s participation in the Child of the New Century: Age 7 Survey. I have discussed any outstanding questions with the Interviewer named below and I wish my child named above to participate in the Age 7 Survey as indicated above. I understand that I can stop any part of the survey at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and will be used for research purposes only.

Signed by parent .................................................... Date....................................................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person(s) named on this form and have left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print)..............................................................................................................................................................................

Signed by interviewer: .................................................... Date....................................................

Interviewer use only:

Consent 2

Child of the New Century
Age 7 Survey
Consent form
COHORT CHILD
INFORMATION FROM OTHER SOURCES

Name of child (print) .............................................................................................................................

Name of parent (print) ..........................................................................................................................

PART A: Teacher survey

I give my consent for my child’s class teacher to be asked to complete a questionnaire about my child’s progress in school.

Please place a tick in one of the boxes to indicate whether or not you give consent.  Yes No

Name of class teacher (print) ...............................................................................................................

Parental confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire. I understand that the information obtained will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only.

Signed by parent ................................................................................................................................. Date ........................................

PART B: Health and education records

Parental permission to release information from health records

I give my permission for information from routine health records (as detailed in the leaflet about information from other sources), from birth to age 14 years for my child named above, to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission.  Yes No

Parental permission to release information from education records

I give my permission for information from routine education records (as detailed in the leaflet about information from other sources), from the start of compulsory schooling to age 18 years for my child named above, to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission.  Yes No

Parental confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information released will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. I understand that this consent will remain valid until the ages specified above unless revoked by me in writing and that I may withdraw my consent at any time by contacting the Child of the New Century in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 062 1260 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20965, London WC1H 6BR.

Signed by parent ................................................................................................................................. Date ........................................

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print) ................................................................................................................

Signed by interviewer ......................................................................................................................... Date ........................................

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Consent 3

Serial no: [ ] CHK: [ ] Parent Person no: [ ] Interviewer number: [ ] Interviewer code: [ ]
Child of the New Century
Age 7 Survey
Consent form
SIBLINGS
HEALTH AND EDUCATION RECORDS

Name of parent (print) ..............................................................................................................................................

Parental permission to release information from health and education records

Health records
I give my permission for information from routine health records (as detailed in the leaflet about information from other sources), from birth to age 14 years for my children named below, to be released to the Child of the New Century study.

Please place a tick in the boxes to indicate whether or not you give permission.

Education records
I give my permission for information from routine education records (as detailed in the leaflet about information from other sources), from the start of compulsory schooling to age 16 years for my children named below, to be released to the Child of the New Century study.

Please place a tick in the boxes to indicate whether or not you give permission.

<table>
<thead>
<tr>
<th>Person number</th>
<th>Date of Birth</th>
<th>Name of child (print)</th>
<th>Health Records</th>
<th>Education Records</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

Parental confirmation
I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. I understand that this consent will remain valid until the ages specified above unless revoked by me in writing and that I may withdraw my consent at any time by contacting the investigators in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPASS LON20065, London WC1H 0ER.

Signed by parent……………………………………………………………………………………………………………………… Date………………

Interviewer confirmation
I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print)…………………………………………………………………………………………………………… Date………………

RETURN W/WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

<table>
<thead>
<tr>
<th>consent 4</th>
<th>Serial no</th>
<th>Code</th>
<th>Parent consent no</th>
<th>Interviewer number</th>
<th>Interviewer point</th>
</tr>
</thead>
</table>