

Millennium Cohort Study

Ethical Review and Consent

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Introduction

This note reports on the approach adopted to ethical review and informed consent for the various stages of the Millennium Cohort Study (MCS) - a continuing, multi-disciplinary longitudinal study which takes as its subjects all those born in selected areas of England, Scotland, Wales and Northern Ireland over a 17 month period in 2000-2002.

Below, a brief summary of the background to the study is followed by an account of how the approach to ethical review and consent has changed over the course of the study to date. Examples of letters, leaflets and consent forms used for various MCS surveys are provided in an Annex.

Background

The Millennium Cohort Study (MCS) is a multi-disciplinary research project following the lives of around 19,000 children born in the UK in 2000-2. It is the most recent of Britain's world-renowned national longitudinal birth cohort studies. The study has been tracking the Millennium children through their early childhood years and plans to follow them into adulthood. It collects information on the children's siblings and parents. MCS's field of enquiry covers such diverse topics as parenting; childcare; school choice; child behaviour and cognitive development; child and parental health; parents' employment and education; income and poverty; housing, neighbourhood and residential mobility; and social capital and ethnicity.

The study was commissioned by the Economic and Social Research Council (ESRC - <http://www.esrc.ac.uk/>), whose funding has been supplemented by a consortium of Government departments and the Wellcome Trust (<http://www.wellcome.ac.uk/>)

The data for all MCS sweeps is available to researchers from the UK Data Service (<http://www.ukdataservice.ac.uk/>).

MCS and ethical review

Those responsible for the study have been concerned that appropriate procedures for ethical review and consent are followed. Currently in the UK, probably the most important route for ethical approval for studies like MCS is the National Health Service (NHS) Research Ethics Committee (REC) system.

NHS Research Ethics Committees (RECs) are appointed by the Strategic Health Authorities in England, their equivalents in Scotland and Wales and the Health and Social Care Business Services Organisation in Northern Ireland. RECs safeguard the rights, safety, dignity and well-being of people participating in research. They review applications for research and give an opinion about the proposed participant involvement and whether the research is ethical. Each consists of between seven and 18 volunteer members. At

least one-third of the members must be 'lay' whose main personal or professional interest is not in a research area. The remainder of the committee are expert members, who are specialists including doctors, other healthcare professionals and academics.

MREC ethical approval has been sought for all MCS follow-ups as indicated in the table below.¹.

Summary of MCS MREC ethical approval 2000-2015

Survey	Age	Year	Approval	
MCS1	9 months	2000/1	South West MREC	MREC/01/6/19
MCS2	3 years	2003/4	London MREC	MREC/03/2/022
MCS3	5 years	2005/6	London MREC Committee.	05/MRE02/46
MCS4	7 years	2007/8	Yorkshire MREC	07/MRE03/32
MCS5	11 years	2011/12	Yorkshire and The Humber – Leeds East	11/YH/0203
MCS6	14 years	2015/16	London – Central MREC	13/LO/1786

Separate MREC approval has also been obtained for a number studies that gather additional information from and/or about the MCS cohort, including the collection of oral fluids, milk teeth and the monitoring of activity. Further information is available from the CLS website (<http://www.cls.ucl.ac.uk/>) or by emailing: clsfeedback@ucl.ac.uk.

MCS and consent

The approach to consent has also been consistent. MRECs are most often concerned to see explicit written consent to all or particular elements of a survey and, from the outset MCS has sought informed parental consent. Letters and leaflets sent in advance of the surveys have summarised what participation in the survey will involve and written consent has been sought from parents for their participation and the participation of their child(ren). Written consent has also been sought for gathering information from health, education and economic records and from teachers.

Where parents give consent to the participation of their child(ren) in one or more elements of a survey the inclusion of the child(ren) requires their agreement and compliance. Although no

¹ For more details see the NHS National Research Ethics Service website: <http://www.nres.npsa.nhs.uk/>

attempt has been made to date to obtain the written consent of the MCS child subjects, it is anticipated that such consent will be sought in future surveys.

As with the other CLS cohort studies and irrespective of any consent or assent, individuals are able to refuse to participate in any element of a survey or withdraw from the study at any time by simply expressing the wish to do so.

A summary of the consents sought for each MCS survey is provided below. Copies of the relevant letters, leaflets and consent forms are provided in the Annex.

MCS1 Consents

The sample for the first MCS survey (MCS1) was drawn from all live births in the UK over 12 months from 1 September 2000 in England & Wales and 1 December 2000 in Scotland and Northern Ireland. It was selected from a random sample of electoral wards, disproportionately stratified to ensure adequate representation of all four UK countries, deprived areas and areas with high concentrations of Black and Asian families. Children with appropriate birth dates and living in selected wards were selected from the Child Benefit register by the Department of Social Security (DSS) responsible for administering the benefit. DSS sent a letter and leaflet to selected families giving them an opportunity to opt-out of the survey.

At the end of the main interview, the respondent who was the natural mother (or, in her absence, the main carer) was asked to read and decide whether to sign a consent form giving permission to link their survey data to health data. Interviewers were asked to ensure that all respondents read this form thoroughly before deciding whether or not to sign. If a respondent was unable to read the form for any reason (perhaps due to reading/sight problems or because they are attending to the baby's needs), interviewers were instructed to read it out.

There were two distinct consents on the form:

- The first (A) asked for consent to the research team obtaining information about the respondent's pregnancy and baby's birth from health records (computerised summaries, not individual notes). Only information about pregnancy and birth was to be obtained. This information will be of great benefit to the study as it will give researchers a more complete picture of cohort member's starts in life.
- The second (B) consent asked to link to the National Health Service Central Register (NHSCR). This study, like the previous cohort studies, would like to mark the records of the cohort children on this register. This is to help keep track of them in the future, should other contact be lost. The register contains NHS number and the health authority for which their GP works, but not detailed medical records or individual addresses. Though neither the NHSCR nor the Health Authority provide addresses directly, other cohort studies have been able to re-establish lost contact with some

cohort members by asking the health authority to forward a letter. It is, of course, up to the cohort member or their family to decide whether or not to respond.

The NHSCR can also tell the study team if a cohort member dies though interviewers were not required to volunteer this information unless asked.

Respondents who were willing to give consent signed and printed their name and dated the form. It was possible to give one consent but withhold the other simply by crossing out either A or B. Only the natural mother can give consent for her pregnancy records to be accessed. If a father or other relative was the main carer and was completing this consent form, they could give consent with respect only to clause B

The consent form was translated into the same languages as the advance letter and simplified leaflet.

As the table below shows, consent to linkage was given for 9 out 10 children in the MCS1 achieved sample.

Consent to linkage to birth and hospital records

	Babies	Consent	Percent
Birth registration	18,818	17,019	90.4
Hospital records	18,818	16,889	89.8

Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

MCS2 Consents

At the start of the MCS data collection, the interviewer asked the main respondent for written consent to the process by completing a Consent Form consisting of three separate sections relating to:

- The parental interview
- The Cohort Child - covering the assessments, measurements, collection of oral fluids and gathering of administrative data on hospital admissions

- Older siblings - including permission for CLS to collect statistical data from the relevant authorities from school records. It was made clear to respondents that they could give permission to some elements and refuse permission for others and the Consent Form made provision for this.

The rates of consent in these different areas are shown below.

MCS2 Consents

	Eligible	Number	Percent
Main interview and self-completion:			
a) Interview	15586	15446	99.1
b) Self-completion	15414	14846	96.3
Consent for the cohort child:			
Assessments:			
a) Bracken Basic Concepts Scale - knowledge of colours,	15808	14969	94.7
b) British Ability Scales - Naming Vocabulary	15808	15167	95.9
Measurements:			
c) Standing height	15808	14638	92.6
d) Body weight	15808	14814	93.7
Sample of saliva	12471	11034	88.5
Information from NHS records on date and reason for hospital admission and treatment of cohort member from birth to age 7	15809	13022	82.4
Consent for older siblings			
Part A: School records	11868	10296	86.8
Part B: Older siblings self-completion questionnaire for children aged 10-15 years	2170	2092	96.4

Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

MCS3 Consents

As with all MCS surveys, an important requirement for the MCS3 survey was that all adult respondents had to give informed consent in writing to take part in the study. Written consent was also required from a parent or guardian for the participation of a child. This necessitated the use of several consent forms that had to be completed before parts of the survey could be administered. In addition, written consent was requested for linkage to health records, school records and to approach the class teacher.

Interviewers were prompted to collect the data collection consents at the end of the household questionnaire. It was possible for interviewers to leave the collection of some of the data collection consents until later in the interview, and prompts were built into several places within the CAPI questionnaire. Interviewers were prompted to collect consent for linkage to health records, school records and to approach the class teacher towards the end of main interview.

In total there were five consent forms for families in England, and four for families in other countries:.

Consents 1 and 2: Data collection - The purpose of these forms was to gain consent from the parent(s) to administer the survey, and also to gain permission to carry out the cognitive assessments and physical measurements of the cohort children.

- Consent 1 was usually completed by the main carer of the cohort child, who was also usually the main respondent, but it was possible for it to be completed by either parent. It was split into two parts.
- The first part of the form gained consent to administer the CAPI and CASI for the parent or carer, and it was necessary for this to be completed before the interviewer started to administer the CAPI to the relevant parent.
- The second part of the form was to gain consent to administer the child cognitive assessments and measurements. Interviewers were first prompted to ask for this consent at the end of the household questionnaire. If they did not gain consent at this stage, they were prompted again at the end of the main questionnaire.

Consent 2 was designed to collect consent to administer the CAPI and CASI to the other parent or carer, and was usually used for the partner respondent.

Consent 3: Cohort child health records - The main respondent CAPI contained questions about the cohort child's health. To supplement this information permission was asked for access to the cohort children's hospital admissions and treatment from the routine records kept by the National Health Service.

This consent had been included in MCS2, where permission, if given, covered data up to and including when the cohort children were seven years of age.

Interviewers were prompted to collect this consent towards the end of the main interview. If permission was given at MCS2, then permission was not needed again at MCS3.

Consent 4: Cohort child school records - (England only) - For every pupil in England, teachers complete the Foundation Stage Profile at the end of the child's reception year. The Foundation Stage profile collects information about children's social and personal, communication, language, literacy and mathematical development.

The information is passed from schools to the Local Education Authority where it is held centrally.

The fourth consent form in England asked for permission to access the child's Foundation Stage Profile. Interviewers were prompted to collect this consent towards the end of the main interview.

Consent 4: Cohort child teacher survey - (Northern Ireland, Scotland and Wales) - At present, only teachers in England complete the Foundation Stage Profile described above. In order to collect similar information in Northern Ireland, Scotland and Wales, it was necessary to approach teachers directly and ask them to complete a questionnaire. Consent 4 collected consent to do this for each child.

This formed the Teacher Survey, and details of this are contained in a separate technical report. Interviewers were prompted to collect this consent towards the end of the main interview.

Consent 5: Older siblings questionnaire placement - England only - The final consent form for England was to gain consent to place the older siblings questionnaires where applicable.

Almost two thirds (63.4%) of households had given permission for their cohort child's health records to be accessed at MCS2. The majority of parents who did not give permission for this at MCS2 did give permission at MCS3.

The rates of consent in these different areas are shown below.

MCS3 Consents

	Target	Number	Percent
Parent1 interview and self-completion			
a) Answering questions put to me by the interviewer	15246	15185	99.6
b) Completing a questionnaire			
Age 5 Child: Assessments and Measurements ^b			
a) Story of Sally & Anne	15549	15196	98.3
b) Picture similarities			
c) Naming vocabulary			
d) Pattern construction			
e) Height	15549	15236	98.6
f) Weight			
g) Waist circumference against skin OR			
h) Waist circumference over clothing			
Parent 2 interview and self-completion			
a) Answering questions put to me by the interviewer	12219	10778	80.1
b) Completing a questionnaire			
Parental consent to release child information from NHS records	15459	14905	96.4

Parental consent to release child information from school records	9884	9210	94.2
Teacher Survey (Northern Ireland, Scotland and Wales only)	5495	3332	60.6
Parental consent to place older sibling questionnaire	2633	2493	94.7

Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below

MCS4 Consents

There are 5 consent forms associated with MCS4:

Consent 1: Main respondent - The purpose of this form was to gain consent to administer the survey, and also to gain permission to access information from other sources for the main respondent.

The consent form was split into two parts:

Part A was used to gain consent to administer the CAPI and CASI for the main respondent, and it was necessary for this part of the form to be completed before the interviewer started to administer the CAPI to the main respondent.

Part B was used to gain permission to release the main respondent's routine health and economic records; this part was completed at the end of the main respondent interview.

Consent 2: Cohort child data collection - This form was used to gain consent from either the main respondent or partner for the administration of the cohort child data-collection elements: cognitive assessments and physical measurements, physical activity monitoring and child self completion questionnaire. All sections of this consent form had to be completed by the same parent or guardian.

There were several opportunities to complete this consent form. Consents for the assessments and measurements were asked immediately after the household grid and again at the end of the main questionnaire (if not collected after the household grid). CAPI also asked interviewers to confirm that written consent had been obtained prior to administering each of the child elements.

For the child self-completion questionnaire, interviewers were asked to collect consent immediately after the household grid or at the end of the main questionnaire. For the activity

monitor interviewers were prompted to explain it and collect consent after the physical measurements were taken.

Consent 3: Cohort child - information from other sources - In the main respondent questionnaire there were many questions about the cohort child's experiences at school and their health and education. To supplement this information, permission was asked to send a questionnaire to the cohort child's school teacher, and to access information held in routine records on education and health:

Part A of this consent form sought consent to administer the teacher questionnaire. Details of the Teacher Survey are contained in a separate technical report.

Part B of this consent form asked for parental consent to access information held in routine records on education and health.

Interviewers were prompted to collect this consent at the end of the main respondent interview, although the form could be signed by either the main respondent or the partner.

Consent 4: Siblings - health and education records - This form was used to gain permission from either the main respondent or partner to access the routine health and education records of the cohort child's siblings in order to gain further insights into the cohort child's development in relation to their siblings.

All types of siblings were eligible to be selected (natural, step, foster, adoptive, half) and up to four children were selected by the CAPI, and their names and other details will be shown on the consent screen. If there were more than four siblings, the four youngest were selected.

Interviewers were prompted to collect this consent at the end of the main respondent interview, although the form could be signed by either the main respondent or the partner.

Consent 5: Partner respondent - The purpose of this form was to gain consent from the partner to administer the survey, and also to gain permission to access information from other sources.

Part A of this form was used to obtain consent from the partner respondent to administer the survey (CAPI and CASI), and interviewers were prompted to collect this consent before administering the CAPI to the partner.

Part B was used to gain permission to release the partner's routine health and economic records; this part was completed at the end of the partner interview.

The consent forms were carbon-backed and printed in triplicate. One copy was retained by the respondent, and the other two copies returned by interviewers to NatCen's operations department.

The rates of consent in these different areas are shown below.

MCS4 Consents

	Target	Number	Percent
Part A: Interview and self-completion			
a) Answering questions put to me by the interviewer	13857	13797	99.6
b) Completing a questionnaire			
Part B: Health and economic records			
Permission to release information from routine health records	13797	11977	86.8
Permission to release information from routine economic records	13797	11063	80.2
Age 7 Child: Assessments and Measurements	14043	13835	98.5
a) Story of Sally & Anne			
b) Word Reading			
c) Progress in Maths			
d) Pattern Construction			
e) Height	14043	13873	98.8
f) Weight			
g) Waist circumference against skin OR			

i) Body fat percentage			
h) Waist circumference over clothing			
Age 7 Child: Physical activity and monitoring			
Consent to wear an activity monitor to have their physical activity measured	14043	12854	91.5
Age 7 Child: Self-completion questionnaire	14043	13244	94.3
	Target	Number	Percent
Part A: Teacher survey	14043	12655	90.1
Part B: Health and education records			
information from health records	14043	13047	92.9
information from education records	14043	13170	93.8
Health and education records – SIBLINGS (For up to 4 children)			
information from health records	17356	15487	89.2
information from education records	17356	15482	89.2
Part A: Interview and self-completion			
a) Answering questions put to me by the interviewer	10940	9180	83.9
b) Completing a questionnaire			
Part B: Health and economic records			
Permission to release information from routine health records	9429	7908	83.9
Permission to release information from routine economic records	9429	7290	77.3

Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below.

MCS5 Consents

All adult respondents had to give informed consent in writing to take part in the study. Written consent was also required from a parent or guardian for the participation of a child. It is worth noting that parents were not asked to consent on behalf of the child, but were asked for their permission to allow the interviewer to speak to the child and ask for their consent to participate in each element.

Interviewers were also required to gain consent from the child that was as fully informed as possible. In order to ensure this, children needed to understand the full details of processes/ experience of participation (e.g. the burden/emotional impact) and as much as could possibly be expected about the reasons for the study and how their data will be held and used.

There were four data collection consent forms and, for each, there was a related leaflet (or leaflets) for the respondent to read (or for the interviewer to explain). The table below summarises the consent forms and the corresponding leaflets

Consent form	Study elements covered	Purpose	Relevant respondent communication materials
Main parent/guardian	CAPI and CASI and data linkage	<p>To gain consent to administer the survey; and also to gain permission to link to the respondents economic records (data linkage).</p> <p>The consent form was split into two parts.</p> <p>The first part was used to gain consent to administer the CAPI and CASI for the main respondent, and it was necessary for this part of the form to be completed before the interviewer started to administer the CAPI to the main respondent.</p> <p>The second part was used to gain permission to release the main respondent's economic records; this part was typically completed at the end of the main respondent interview.</p>	Advance leaflet for parents (<i>"What is the Child of the New Century age 11 survey?"</i>) and data linkage leaflet (<i>"Is there any other information we would like?"</i>)
Child elements (completed by either the main parent OR the partner)	<p>All child data collection elements:</p> <ul style="list-style-type: none"> cognitive Assessments and physical Measurements child self-completion questionnaire 	This form was used to gain consent from either the main respondent or partner to ask the child whether they would be willing to complete the cohort child data-collection elements: cognitive assessments, physical measurements and child self completion questionnaire. In England and Wales only, the consent form also asked the main respondent or partner if they would provide consent to ask the child if they would be willing for their class teacher to be contacted. All sections of this consent form	Child elements leaflet (<i>"More information about the visit"</i>) and for Teacher Survey consent (in England and Wales only): Advance leaflet for parents (<i>"What is the Child of the New Century age 11 survey?"</i>)

Consent form	Study elements covered	Purpose	Relevant respondent communication materials
	<ul style="list-style-type: none"> permission to contact the child's teacher (England & Wales only) 	<p>had to be completed by the same parent or guardian.</p> <p>There were several opportunities to complete this consent form. Consent could be asked immediately after the household grid and/or at the end of the main questionnaire (if not collected after the household grid). CAPI also asked interviewers to confirm that written consent had been obtained prior to administering each of the child elements.</p>	
Consent from child	<p>All child data collection elements:</p> <ul style="list-style-type: none"> cognitive Assessments and physical Measurements child self-completion questionnaire <p>permission to contact the child's teacher (England & Wales only)</p>	<p>This form was used to gain overall consent from the child for their participation in the study as a whole and to all individual child elements.</p> <p>The consent form was split into two parts, the first part was used to communicate all key points to ensure fully informed consent to participation in the study as a whole was achieved, as far as the child was able, specifically:</p> <ul style="list-style-type: none"> What the survey is for and what it involves as a whole; What participation is voluntary, that they don't have to answer any questions they don't want to, and that they can stop the interview at any time; That participation is voluntary, that they don't have to answer any questions they don't want to, and that they can stop the interview at any time; That the data will be kept confidentially. <p>The second part gained was used to consent to the cohort child data-collection elements: cognitive assessments, physical measurements and child self-completion questionnaire. In England and Wales only, the consent form also asked the child if they would be willing for their</p>	<p>Advance leaflet for child (<i>"How can I help with Child of the New Century?"</i>)</p>
Partner	Partner CAPI and CASI and data linkage	<p>The purpose of this form was to gain consent from the partner to administer the survey, and also to gain permission to link to their economic records (data linkage).</p> <p>The consent form was split into two parts. The first part was used to gain consent to administer the CAPI and CASI for the partner, and it was necessary for this part of the form to be completed before the interviewer started to administer the CAPI to the partner. The second part was used to gain permission to release the partner's economic records; this part was completed at the end of the partner interview.</p>	<p>Advance leaflet for parents (<i>"What is the Child of the New Century age 11 survey?"</i>) and data linkage leaflet (<i>"Is there any other information we would like?"</i>)</p> <p>(Plus potentially, partner letter)</p>

The rates of consent in these different areas are shown below.

Consent form	Purpose	Target	Number	Percent
Main parent/guardian	Consent to administer the survey	13287	13177	99.2
	Permission to link to the respondents economic records (data linkage)	13287	11680	87.9
Child elements (completed by either the main parent OR the partner)	Consent to: Cognitive Assessments	13469	13450	99.9
	Consent to: Physical Measurements	13469	13444	99.8
	Consent to: Child Self-completion questionnaire	13469	13449	99.9
	Permission to contact the child's teacher (England & Wales only)	10652	10269	96.4
Consent from child	Consent to: Cognitive Assessments	13450	13235	98.4
	Consent to: Physical Measurements	13444	13259	98.6
	Consent to: Child Self-completion questionnaire	13449	13160	97.9
	Permission to contact the child's teacher (England & Wales only)	10269	10135	98.7
Partner	Consent to administer the survey	10153	8814	86.8
	Permission to link to the respondents economic records (data linkage)	10153	7748	76.3

MCS6 Consents

All adult respondents had to give informed consent in writing to take part in the study. Written consent was also required from a parent or guardian for the interviewer to approach their child to ask for their consent. Parents were not asked to consent on behalf of their child. The exception was for the saliva sample, where a parent had to give consent for their child to provide a sample. The young person also had to give their own consent to participate in this element of the survey.

Interviewers were required to gain consent from the young person that was as fully informed as possible. In order to ensure this, young people needed to understand the full details of processes/ experience of participation (e.g. the burden/emotional impact) and as much as

could possibly be expected about the reasons for the study and how their data would be held and used.

Parents were provided with a booklet that explained the elements of the survey they would be asked to participate in, as well as the survey elements their child would be asked to take part in. Young people were provided with a booklet that explained the elements of the survey they would be asked to participate in.

There were five data collection consent forms – one for each parent for their own elements, one for a parent for the young person elements (excluding saliva), one for a parent for the young person saliva sample, and one for the young person themselves. The table below summarises the consents collected.

	Target	Number	Percent
Parent 1 interview, cognitive assessment, and saliva sample			
a) Interview	11726	11595	98.9
b) Cognitive assessment (word activity)	11726	11068	94.4
c) Saliva sample	11578	9634	83.2
Parent 2 interview, cognitive assessment, and saliva sample			
a) Interview	8840	7268	82.2
b) Cognitive assessment (word activity)	8501	6890	81.0
c) Saliva sample	7215	5202	72.1
Parental consent to approach the young person (age 14) to ask for their consent for all survey elements			
a) Young person self-completion questionnaire	11884	11840	99.6
b) Cognitive assessments (word activity and decision-making activity)	11884	11812	99.4
c) Height, weight and body fat percentage	11884	11810	99.4

d) Time use record	10337	10127	98.0
e) Activity monitor	10337	10127	98.0
Parental consent for young person to provide a saliva sample	11884	11021	92.7
Young person consent			
a) Young person self-completion questionnaire	11840	11535	97.4
b) Cognitive assessments (word activity and decision-making activity)	11812	11049	93.5
c) Height, weight and body fat percentage	11810	11408	96.6
d) Time use record	10127	9240	91.2
e) Activity monitor	10127	9184	90.7
f) Saliva sample	11021	9758	88.5

Examples of letters, leaflets and consent forms used for MCS surveys are reproduced in the Annex below.

Further information

Further information is available from the CLS website (<http://www.cls.ucl.ac.uk/>) or by emailing: clsfeedback@ucl.ac.uk. This document will be updated as new MCS datasets are available.

Annex: Examples of letters, leaflets and consent forms

Examples of letters, leaflets and consent forms used for various MCS surveys are reproduced below.

Please note: The documents shown below are those used for families living in England and able to read English. There were often slightly different versions used in one or more of the other UK countries; and translations into Welsh and other languages were also available.

MCS1

See: MCS1 Technical Report on Fieldwork - https://cls.ucl.ac.uk/wp-content/uploads/2017/07/MCS1_Tech_Report_ID_Fieldwork.pdf

DSS Opt-out letter: English



Millennium Cohort Study
ASD Information Centre
FREEPOST HQ5
Room BP5 201
Benton Park View
Benton Park Road
Newcastle upon Tyne
NE98 1YB

Date 4 May 2001

Dear

CHILD OF THE NEW CENTURY
The Millennium Cohort Study

We are writing to invite you to take part in a new study of babies in the United Kingdom, which is going to be vitally important in getting good services for children growing up in the 21st century. The *Centre for Longitudinal Studies at the Institute of Education, London University* and the *National Centre for Social Research* are carrying out the study. The enclosed leaflet from the research team explains what it is about and why it is so important. The team has also told GPs and health visitors in your area about the study.

The study will collect information about the lives of up to 20,000 babies. This will be done by interviewing parents. It will not involve any medical examination or tests.

You may wish to know why your baby has been chosen from our records for 'Child of the New Century'. Firstly, the study only includes babies born between 1 September 2000 and 30 November 2001. Secondly, you live in one of the areas chosen by chance to be part of the study.

An interviewer from the *National Centre* will be calling on you at home some time during the next month or so. He or she will explain more about the study, confirm whether you will be taking part, and arrange a convenient time for the interview.

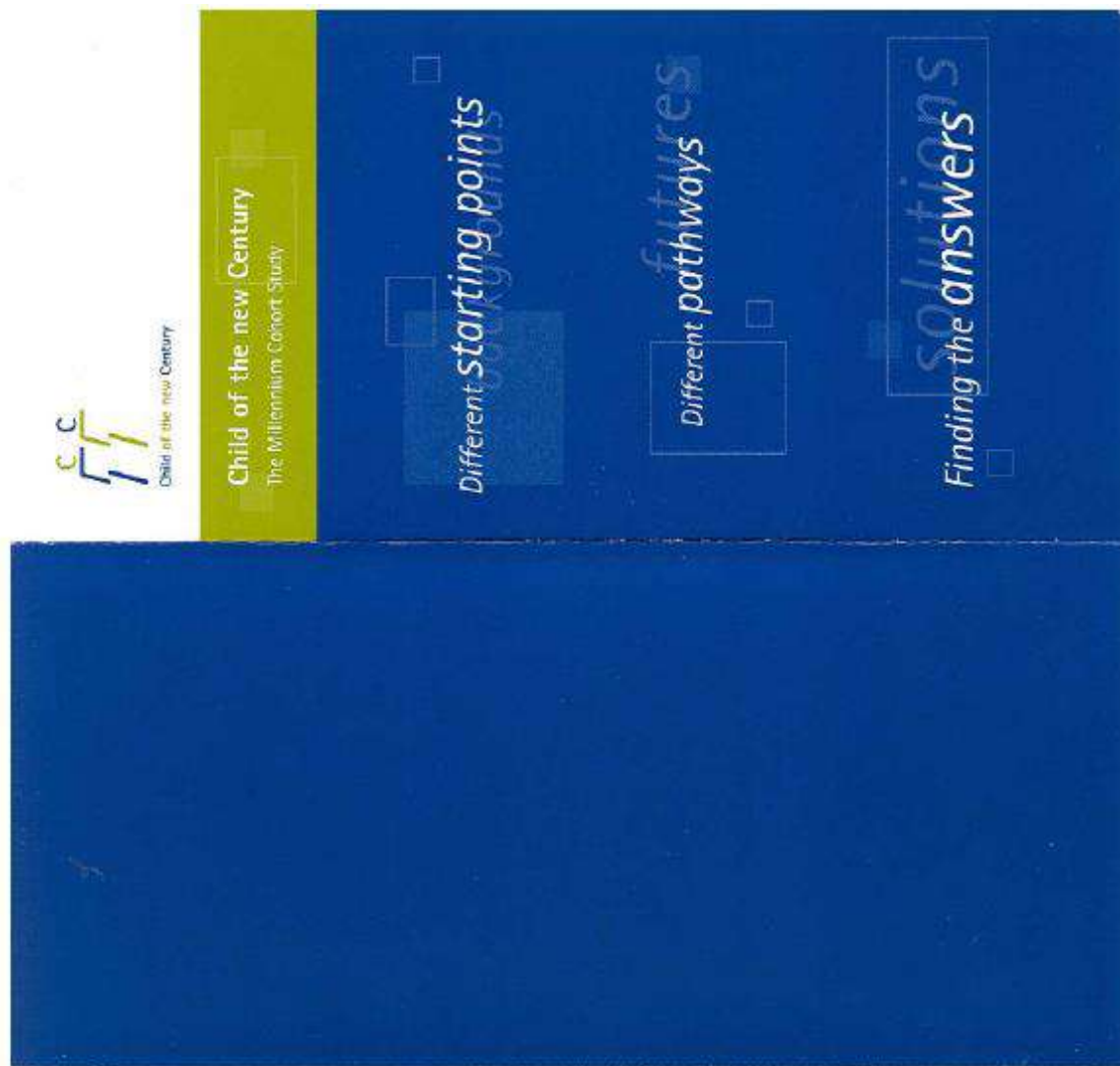
Whether or not you take part will not affect your benefit entitlement or any dealings you have with DSS or Benefits Agency, now or in the future. Anything you tell the interviewer will be treated in the strictest confidence. No report will ever identify you or your family.

We hope very much that you will help with this important study. If, however, you do not wish an interviewer to contact you, please let us know before 18 May 2001, either by writing to the FREEPOST address above or telephoning the Project Team during office hours (Monday-Thursday 9:00 a.m. to 4:30 p.m. Friday 9:00 a.m. to 4:00 p.m.) on 0800 015 0524. If you do write or phone, please remember to give your name and the reference number at the top of this letter.

Thank you for your co-operation. We hope you will enjoy talking to the interviewer.

Yours sincerely

Katie Dodd



Child of the new Century

Child of the new Century
The Millennium Cohort Study

Different starting points

Different pathways

Finding the answers

Completely confidential

Everything we learn from these study cars in the new study will, of course, be treated as strictly confidential. Neither you or your family will be identified, and the information given will be stored anonymously on computers with no names and addresses from which individuals could be identified.

Who is funding the study?

The money to carry out this vital new study is provided by the Economic and Social Research Council, and a number of government departments, the Scottish and Northern Ireland executives and the Welsh Assembly. However, the research team carrying out the study are completely independent of government or any other agency.

Would you like to know more?

If you would like more information about the study, the research team will be pleased to hear from you.

Freepost address

Child of the New Century
Centre for Longitudinal Studies
Institute of Education
THREDPOST LON20095
London WC1H 0RR

Freephone: 0800 092 1292

Email: childofnewcentury@aol.com

Web: <http://www.childofnewcentury.net>





Introduction

Every new baby is special, but those born today – right at the start of a new century – belong to a unique generation.

What will growing up in the 21st century be like for its very newest citizens? How will they compare with previous generations – in their health and happiness, achievements and challenges?

Different starting points

Their babies are starting out in life in a United Kingdom full of contrasts and diversity. They will be born into families in varying circumstances and with different values and standards of living. Most will have parents who stay together; others will experience change in their family life. Some will be the first child in their family; others will have older brothers or sisters. The variety of cultural and religious backgrounds which make up our society will also represent different views about bringing up children and different ways of preparing them for the future.

Add to all these differences the contrasting experiences of being born and brought up in different parts of the UK – England, Scotland, Wales and Northern Ireland – or in cities, suburbs or rural areas, and it's clear that the children born at the start of the 21st century will be setting out from many different starting points.

What will be involved if I agree to take part?

You will be visited for the first time when the new baby is around 9 months old. One of our interviewers will visit you at home, to ask both mothers and fathers about the baby's birth and early development, and about your family and household. This will include details of who lives in your home, your family life, and your beliefs, opinions and concerns about bringing up children today. To complete the picture, some information will be collected about your own educational background and employment experience, and the home in which you are living.

The long-term plan for the study is to follow the children as they grow up and to update the information about them at future visits. This will include assessments of the health, educational and social development of the children themselves. Meanwhile, the research team will keep in regular contact with each family by sending a card once a year, to tell you about the study's progress and what it has discovered.

What use has this kind of research been in the past?

Britain has been a world leader in this type of research for more than 50 years. No fewer than three studies most recently (the first started in 1946 (National Survey of Health and Development), the second in 1958 (National Child Development Study) and the third in 1970 (British Cohort Study 1970)). These three studies are tracking the lives of over 40,000 people. Their findings have been of enormous importance to parents, policy makers and professionals in tackling health, educational and social issues, and developing services to meet the needs of children and their families.

Child of the New Century will be the source of equally important knowledge about the first generation of children of the 21st century. It will also provide fascinating comparisons with the earlier studies, by investigating the changes and similarities in the lives of today's children and those of yesterday.

Different pathways

What will this mean for their future? Who will succeed in school and who will encounter problems? Who will overcome difficult beginnings or challenging circumstances in early life? Which children will need special help in order to ensure that they achieve their full potential in every aspect of their lives?

Finding the answers

The answers to these questions are important for everyone bringing up children, as well as for policy makers and professionals. This knowledge is vital if we are to develop the kind of services in health, education, child care and family support which will be of most benefit to young children and their parents.

But to provide the answers a great deal of information is required about these new babies and their families.

Collecting this information is the task of a major new research project – Child of the New Century. Its aim is to follow the unfolding lives, from birth onwards, of around 20,000 children born over a 12 month period from 1 September 2000.

Every year about 200,000 babies are born in the UK. Your new baby is one of the extra special ones who have been selected to take part in the new study of what it is like growing up in the new century.

Advance letter



Our reference: P2063
Autumn, 2001

CHILD OF THE NEW CENTURY The Millennium Cohort Study

The *National Centre for Social Research* is carrying out the interviews for this important new study of babies in Britain. This year and next we shall be collecting information about the lives of over 20,000 babies and their families on behalf of the Centre for Longitudinal Studies.

A short while ago you should have received a letter and leaflet letting you know about the study. We do hope you found this information useful.

Your interviewer, _____, will visit you shortly to ask for an interview at a time convenient to you. Our interviewers always carry identification cards and will treat everything you say in strictest confidence.

We, too, will treat your answers as confidential and will not pass them on to anyone outside the research team.

Your interviewer should be able to answer most of the questions you may have about the study and will have spare copies of the information leaflet. However, if you have any further questions or concerns please do call us on 0800 783 5890 or email joanned@natcen.ac.uk. We would be happy to discuss them with you. We hope that you enjoy the interview.

Thank you for helping us with this study.

Yours sincerely,

Handwritten signature of Heather Joshi in black ink.

Heather Joshi
Project Manager

Handwritten signature of Joanne Day in black ink.

Joanne Day
Interview Co-ordinator

Millennium Cohort Study - Centre for Longitudinal Studies - Institute of Education - 20 Bedford Way - London - WC1H 0AL Tel 020 7612 8000



Fax 020 7612 6860

Email children@clst.ion.ac.uk



Child of the new Century



National Centre for
Social Research

Child of the New Century About our survey

Is your baby special?

We think so. Your baby has been picked to be in a major new national survey that could make all the difference to people's lives in the future.

What is it like for children growing up in the 21st century? How will they get on at school? What helps them and what holds them back? The answers you give us will help plan health care, education and child care services to really benefit children and their parents.

So can we come and ask all about you and your baby? The information you give us will be confidential under the law - you won't be named in the survey report, no names are made public.

Our interviewers are trained to ask everyone the same kinds of questions about

- your baby's birth and early development
- your family
- your beliefs and concerns about bringing up children today

The interview with Mum will last a little over an hour, and one with Dad, if available, about half an hour. The interviewer will not need to handle your baby, and there will be no medical tests.

To fill in the background we'll also ask you a bit about your own education and employment and about the home you live in.

Then we'll put together the answers from all the people we talk to throughout the United Kingdom. This will show what life is like right now for the Children of the New Century.

Project Leader: Professor Heather Joshi
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
20 Bedford Way ■ London ■ WC1H 0AL

Do you have questions for us?

What's the point of this survey?

A fair question given all the fuss we're making about your baby! It's only by getting this kind of information - now and by following the babies as they grow into adulthood - that government, parents and others can change things for the better.

We've done surveys like this before - in fact Britain is the world leader in this research. We found out, for example, that good health services for mothers and children, good housing and proper food make a lasting difference to health and success as children grow up. But this is the first new survey for over 30 years.

Will this be the only interview?

We'd like to come back in a couple of years time and find out how things are going. As your baby grows up we will be following up with interviews every few years. That way we get a good idea of how your child is developing. This information will give the government and other groups valuable clues about how they can give people more help.

Once I've said 'yes' to this survey is my baby stuck with it for life?

Absolutely not. You or your child can bow out at any time, although of course we hope you stay with us. People generally seem to enjoy being part of these surveys.

Who's this 'we' you keep talking about?

We are a research centre in the Institute of Education in London. We have been chosen to carry out this survey because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews are being carried out by the National Centre for Social Research who we have chosen because they are experts in this field. Child of the New Century is being funded by government and others.

If you would like more information about the survey,
there is a leaflet that goes into more detail.
Or you can talk to someone from the Study team on Freephone
0800 092 1250

For general information or advice to parents contact:
Parentline Plus - 0808 800 2222
or your local Citizens Advice Bureau
(the number will be in your local telephone directory)

Project Leader: Professor Heather Joshi
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
20 Bedford Way ■ London ■ WC1H 0AL

Consent Forms



Child of the new Century

Serial Number

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wave

pt

HH

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ckl

P2063

Permission to Obtain Health Information

We have already asked about your pregnancy and the baby's birth. To make the information complete we would like to find out more about your pregnancy and your baby's birth and health from health records. These include birth registration, maternity or central records.

In most cases we would obtain this information from the summaries held by the Office for National Statistics and the Department of Health. If this is not possible, we will write to the hospital where your baby was born, or the maternity service attending the birth if the baby was born at home. Getting the baby's NHS number, with your permission, from these records would help us keep in touch with you.

To obtain any of this information we need your written permission for it to be released.

Like everything else you have told us, the health information collected from these records will be completely confidential. The information is used for statistical research purposes only. Names and addresses are never included in the results.

Please ask the interviewer about anything that concerns you or you can call the research team free on 0800 092 1250, or write or email to the addresses below.

I have read or heard the information leaflet (and introductory letter) about the Child of the New Century and have had the opportunity to ask questions.

I understand that all the about information about my family and myself will be treated in the strictest confidence.

A. I understand that the Child of the New Century wishes to obtain information about my pregnancy and the baby's birth from birth registration, clinic, hospital or central records. I give permission for this information to be released to the Child of the New Century.

B. I give my permission for Child of the New Century to follow my baby's National Health Service registration where necessary.

• DELETE A OR B IF YOU DO NOT WISH TO GIVE PERMISSION FOR BOTH

Signature _____ Date _____

Print Name _____

Millennium Cohort Study - Centre for Longitudinal Studies - Institute of Education - 20 Bedford Way - London - WC1H 0AL

Tel 020 7612 6902

Fax 020 7612 6880

Email childnc@cls.ioe.ac.uk



MCS2

See MCS2 Technical Report on Fieldwork - <https://cls.ucl.ac.uk/wp-content/uploads/2017/07/Millennium-Cohort-Study-Second-Survey-Technical-Report-on-Fieldwork-NOP-2006.pdf>

Advance information sheet



Child of the New Century Age three survey

Your child is still special

Two years ago, you were good enough to talk to us about your child who is now three years old, and about your family. You are now part of an important nationwide study, and you should have received some results of the survey of babies at 9 months. We are trying to find out what it is like to grow up in the 21st century. How will children get on at school? What helps them and what holds them back? The answers you have already given us will help plan health-care, education and child care services to bring real benefits to children and their parents. It will help even more if you agree to let us visit you again, now that your child is three, so that we can find out how he or she is growing up.

We'd like to know how you and your child are getting on

The information you give us will be confidential under the law - you won't be named in the survey report, no information about you or your family as individuals will ever be published, and no names are made public.

Our interviewers are trained to ask questions about

- your child's health and development
- your use of child care outside the home
- your beliefs and concerns about bringing up children today
- and to update the background information about your family, jobs and home.

They have also been given special training

- to measure your child's progress by seeing what he/she can tell us about a simple set of picture games,
- to measure your child's height and weight
- to help you collect saliva (spit) from your child

If you agree to our visit, the questions for Mum will last a little over an hour, and those for Dad, if available, about a quarter of an hour.

If you give permission, we will also need a parent to be present while your three-year old does the picture games which should take about 20 minutes. It will also take about 5 minutes, with your help, to measure your child's weight and height. For this, shoes and socks must be taken off but there is no need for the child to be

Project Director: Professor Heather Joshi, OBE
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
FREEPOST LON20095 ■ London ■ WC1H 0BR

undressed. In measuring height, the interviewer will need to hold your child's head. In measuring weight, the interviewer or someone else may need to help your child onto the scales although in most cases, this is not likely to be necessary. Altogether the whole survey for the three year old will usually take about one and three quarter hours for two parents combined, or one and a half hours for a single parent.

If you give permission, we would also like to collect a small sample of saliva (spit) from your child. This is a simple and painless process, much like toothbrushing. The saliva is collected by a specially designed gum swab which is rubbed gently on the gums for about one minute.

The saliva contains substances which can tell us whether your child has had some common infections that often go unnoticed by the child and their carers. This information will help us find out whether these early infections protect the child from developing asthma or allergies later on. The interviewer will post the specimen to the laboratory. All we ask is that you help your child rub the sponge on their gums. More information is available in the enclosed leaflet.

We would also like your permission to get information about any hospital admission your three-year-old child might have already had, and those they might yet have up to their seventh birthday. This information is the routine information that the Health Service records on date and reason for hospital admission or treatment. This will be very helpful, as it will help us identify how much hospital care is needed by the Children of the New Century without having to ask each parent details of every admission. We will not have any access to your child's personal medical records.

Your older children are important too

For many of you, your three year old who is part of the Child of the New Century is not your only child. When our interviewers saw you last time, many of you wondered why we were not asking any questions about your other children. This time we would like to find out a little bit about any older brothers and sisters. May we ask you a few questions? This will take some extra time, usually about 10 minutes, but this varies between 5 and 24 minutes, depending on where you live, how many older children you have and their ages. If you have three (or more) older children, our interviewer will limit the extra time taken by only asking questions about two of them. When the interviewer calls we will be able to let you know roughly how long it will take for your family. If you have any children who are aged ten to fifteen, we would like them to answer a few questions themselves about their lives. This will take them about 10 minutes each. But if they don't want to or you don't want them to then, of course, that's fine. You can also ask to make a separate appointment for this if you prefer. If you can let us know the name of the school they attend, we expect to be able to consult the official records on their attainment (SATs) and attendance without having to take up your time over it.

Thank-you again for your help

We'll put together the answers you give with those given by all the other families we talk to throughout the United Kingdom and add them to the picture that is being built up about the study families when the children were babies. This will show how the Children of the New Century are growing-up.

Project Director: Professor Heather Joshi, OBE
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
FREEPOST LON20095 ■ London ■ WC1H 0BR

Do you have questions for us?

What's the point of all this fuss?

A fair question, but we are asking for your time and trouble in a good cause! It's only by getting this kind of information - now, and by following the children as they grow into adulthood - that government, parents and others can change things for the better. We've done surveys like this before - in fact Britain is the world leader in this type of research, following children from the last century who are now adults. We found out, for example, that good health services for mothers and children, good housing and proper food make a lasting difference to health and success as children grow up.

Will we be coming back again?

We'd like to come back in a couple of years time and find out how the Children of the New Century are getting on with school. We are also hoping to follow them every few years as they grow up. That way we get a good idea of how your child is developing. This information will give the government and other groups valuable clues about how they can give people more help.

Once I've said yes to this survey are we stuck with it for life?

Absolutely not. You or your child can leave the study at any time, although of course we hope you stay with us. People generally seem to enjoy being part of these surveys.

Who are we?

We are a research centre in the Institute of Education at London University. We have been chosen to run this survey because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews are being carried out by NOP, a research company who are experts in this field. Child of the New Century is being funded by ESRC (the governments' Economic and Social Research Council) and other government departments from all the countries of the UK.

THIS IS YOUR SURVEY

If you would like more information about the survey at age 3,
or about the results of the survey at 9 months,
please contact the Study team on Freephone 0800 092 1250,
visit the Study Website: <http://www.childnc.net>,
email us at childnc@cls.ioe.ac.uk,

or

write to the FREEPOST address given at the bottom of this page

Other useful contacts for general advice to families:

Parentline - Freephone 0808 800 2222

Home-Start - Freephone 08000 68 63 68

or contact your local Citizens Advice Bureau

(the number will be in your local telephone directory).

PLEASE TURN OVER FOR MORE INFORMATION ON THE SURVEY

Project Director: Professor Heather Joshi, OBE
Centre for Longitudinal Studies ■ Institute of Education ■ University of London
FREEPOST LON20095 ■ London ■ WC1H 0BR

Infections and later allergies

Do common infections in early childhood protect against later allergies?



Parents information sheet

It has been suggested that common and often unnoticed infections during early childhood may protect children against developing allergic diseases such as asthma and hay fever later in childhood and adult life. To find out whether this is the case we are asking all parents of the Child of the New Century children to help us find out whether their child has had any of these infections in the past.

We would like you to collect some saliva (spit) from your child. The saliva on the gums contains substances that tell us whether your child has had any of these infections before. We can collect the saliva using a gum swab. The gum swab is a sponge designed to be used like a toothbrush. Using it is a simple, painless process, much like brushing your teeth.

Collecting saliva

Saliva is collected by simply rubbing the sponge firmly along the gum at the base of the teeth, until the sponge becomes moist. This takes about one minute.

What happens to the saliva?

The interviewer will send it to the laboratory where the tests are done. Any sample left after testing is completed will be thrown away at the end of the study. No genetic tests will be done.

What happens to the results?

The infections we are measuring are common and often go unnoticed. The laboratory uses bar-coded labels (like the ones used in supermarkets) and has no way of knowing your child's identity. Results will not be given back to individual families or GPs.

Your help would be gratefully appreciated and the results of this work would allow us to make a real contribution to child health.

Advance letters

Interviewer Number:
Our Reference:

Dear

Do you remember taking part in the Child of the New Century Study two years ago? Your help then was much appreciated and you should have received some first results of that survey in July 2003. Now your child is three we would very much like to come back and find out how your family is getting on. This time there are also some extra questions about older children in the family. I enclose an information sheet from the study team at the Institute of Education, which tells you more about the new stage of the study.

This year we have entrusted NOP Research with the task of making the visits to families and I am writing to ask you if one of NOP's interviewers may arrange to visit you. The interviewer can explain more about what is involved.

It is entirely voluntary whether you take part in this round of the survey at all, and whether you take part in all of the survey or just some of it. If you are sure you don't want to take part you can let us know by phone or letter, otherwise you can make up your mind when the interviewer contacts you.

We hope you will enjoy taking part, as most parents tell us they did the first time around. The interviewer would like to spend about an hour and half with you and your three-year-old. This will include interviewing you and you answering some questions yourself on the computer, around 5 minutes measuring your child's height and weight, about 20 minutes seeing how familiar your child is with simple words, colours and numbers and also to collect a sample of saliva (spit). We would also like to spend about 15 minutes with your child's father or father-figure if he is available, and devote extra time to older brothers and sisters (about 5 to 15 minutes, depending on circumstances), if you and they agree.

If you are willing, an interviewer will come and talk to you about whether you would like to take part in the survey and the most convenient time or times that this can be done. The interviewer will be calling in the next few days to talk about this. If you would like to make an appointment, or let us know that you are not interested please call the interviewer below, or the Institute on Freephone 0800 092 1250.

I do hope that you will be able to take part again in this important survey.

With kind regards,



Professor Heather Joshi, OBE
Project Director

Interviewer : _____

Telephone: _____

Consent forms



Child of the New Century

Consent Booklet

Respondent ID and other admin info

Form 1: Interview and Self Completion

I (name), _____ give my consent to _____ (Interviewer)		
to my participation in the Second Survey of the 'Child of the New Century' by: (tick one for each)		
a) Answering questions put to me by the interviewer	Yes <input type="checkbox"/>	No <input type="checkbox"/>
b) Completing a questionnaire	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of introduction and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence and used for research purposes only.

Signature by Parent	
Signed _____	Date _____

Countersignature by Interviewer	
I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this consent form with them for future reference.	
Signed _____	Date _____

Form 2: Consent for the Cohort Child

I (name), _____	give my consent to _____ (Interviewer)				
to carry out the following Measurements: (tick one for each)					
a) Knowledge of colours, letters, numbers and counting, sizes, comparisons and shapes,	<table style="margin: auto;"> <tr> <th style="padding: 0 10px;">Yes</th> <th style="padding: 0 10px;">No</th> </tr> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	Yes	No	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No				
<input type="checkbox"/>	<input type="checkbox"/>				
b) Names of objects	<table style="margin: auto;"> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>				
b) Standing height	<table style="margin: auto;"> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>				
c) Body weight	<table style="margin: auto;"> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>				
of my child (name) _____					

I have read the letter of introduction and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish my child named above to participate in the Measurements. I understand that I can stop the interview and the Measurements at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

- ☐ I give my consent to my child providing a sample of saliva (spit).

I have read the letter of introduction, the 'Infections and Allergies Study' leaflet and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish my child named above to participate in this study. I understand that I can stop the interview and the collection of saliva (spit) at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

- ☐ I give my consent to use of information from National Health Service records on date and reason for hospital admission and treatment for my child from birth to age 7 years in future medical research studies of the causes, diagnosis, treatment or outcome of disease. I understand that the information obtained by the investigators will be coded and used anonymously for research purposes only, and will not include my name or address. I understand that I may withdraw this consent at any time by contacting the investigators in writing, without giving any reasons.

Signature by Parent

Signed _____ Date _____

Countersignature by Interviewer

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this consent form with them for future reference.

Signed _____ Date _____

Form 3: Consent for Older Siblings

Part A - School Records to be completed in households with children aged 5+ only

I (name), _____ give my consent to use of information from school records on the performance and attendance of my child(ren) named below: (tick one for each)

	Yes	No
1) _____	<input type="checkbox"/>	<input type="checkbox"/>
2) _____	<input type="checkbox"/>	<input type="checkbox"/>

In research based on the current round of the Child of the New Century Study, I understand that the investigators will wherever possible, obtain information from centrally held records rather than directly from the school. This information will be coded and used anonymously for research purposes only. It will not include my name or address. I understand that I may withdraw this consent at any time by contacting the investigators in writing, without giving any reasons.

Part B - Older siblings self-completion questionnaire to be completed only in households with children aged 10 to 15 years (inclusive)

I (name), _____ give my consent to _____ (Interviewer)

for my child(ren) named below to complete the Older Sibling Questionnaire: (tick one for each)

	Yes	No
1) _____	<input type="checkbox"/>	<input type="checkbox"/>
2) _____	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of introduction and the information leaflet about the Second Survey of the 'Child of the New Century'. I have discussed any outstanding questions with the interviewer named below and I wish my child/ren named above to participate in this stage of the study by completing the Older Sibling Questionnaire. I understand that I can stop the interview and the Older Sibling Questionnaire at any point or decline any part of it, and that all information will be treated in the strictest confidence and used for research purposes only.

Signature by Parent

Signed _____ Date _____

Countersignature by Interviewer

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this consent form with them for future reference.

Signed _____ Date _____

Child of the New Century, Centre for Longitudinal Studies, Institute of Education, FREEPOST, LON 20095, London, WC1H 0BR

MCS3

See MCS3 Technical Report on Fieldwork - https://cls.ucl.ac.uk/wp-content/uploads/2017/07/MCS3_technical_report_v15.pdf

Pre-notification letter: England, Wales and Scotland



Child of the new Century

Dear <Name>

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study.

Children of the 21st Century: from birth to nine months

I am writing to tell you that the first book about the lives of the children of the 21st century has now been published. The main findings are covered by the enclosed magazine. I hope that you find this interesting. Additional copies of the magazine can be downloaded from the study website www.childnc.net.

Some families may wish to buy a copy of the book so I've enclosed an order form with this letter. We have agreed a special price with the publishers, The Policy Press, so that the book will cost you £17.99 instead of £24.99. If you want to find out more but don't wish to buy the book yourself, you can ask your local library to order a copy. We are sorry that we can't send you a free copy of the book but as there are such a large number of families in the study we cannot afford to do this.

We will send you some initial findings from the Age 3 Survey as soon as possible and, in the next year or two, we hope to produce a similar book documenting the lives of the children of the 21st century from nine months to 3 years.

Child of the New Century: Age 5 Survey

The next stage of the study will take place when your child is 5 and we hope that you will be happy to take part again. This time the interviews will be carried out by the National Centre for Social Research (NatCen), an independent research organisation which is an expert in this field. NatCen also did the interviews when the children were nine months old.

In about 3-4 months I will write to you again to give you more details about the Age 5 survey and to invite you to take part. An interviewer will then get in touch to find out whether you wish to be involved this time. It will, of course, be up to you whether or not to take part and the interviewer will be happy to discuss this with you.

If you have any questions, or would prefer not to be contacted about the Age 5 survey, please call us on Freephone 0800 092 1250. Finally, if you move to a new address in the next few months, please let us know as soon as possible so we can invite you to take part again.

Thank you again for the help you have given us so far with this important study.

With kind regards,

Professor Heather Joshi
Study Director

Millennium Cohort Study - Centre for Longitudinal Studies - Institute of Education - 20 Bedford Way - London - WC1H 0AL
Tel 020 7612 8902 Fax 020 7612 6880 Freephone 0800 092 1250 Email childnc@ioe.ac.uk Web www.childnc.net



Advance letter: England and Scotland



Child of the new Century



Our ref: P2533/<serial no>

<Title> <Parent 1 first name> <Parent 2 surname> [&
<Title> <Parent 2 first name> <Parent 2 surname>]
<Address>
<Address>
<Address>
<Postcode>

Child of the New Century Age 5 Survey

Dear <Parent 1 first name> [and <Parent 2 first name>]

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study. You may have taken part in the study when your child was 9 months old and again when he or she was aged 3.

Now that your child is aged 5 we would very much like to come back and find out how your family is getting on. I enclose a leaflet which tells you more about this latest stage of the study.

The Age 5 Survey is being carried out on our behalf by the National Centre for Social Research (NatCen), an independent research organisation. The interviewer named below will be in touch shortly to explain more about what is involved. It is, of course, up to you whether or not to take part and the interviewer will be happy to discuss this with you. If you would like to take part, she or he will arrange a convenient time to visit.

All interviewers have been through clearance procedures and carry an identification card with their photograph and the NatCen logo which is shown at the top right hand corner of this letter. Your answers will be treated in strict confidence in accordance with the Data Protection Act.

If you have any questions about the study or would prefer not to be contacted about the Age 5 Survey, please call **Freephone 0800 783 5890**, between the hours of 9:30 am and 5:30 pm.

With kind regards,

Professor Heather Joshi, OBE
Study Director

Your interviewer on this study will be:

.....

Millennium Cohort Study - Centre for Longitudinal Studies - Institute of Education - 20 Bedford Way - London - WC1H 0AL
Tel 020 7612 6902 Fax 020 7612 6880 Freephone 0800 092 1250 Email childnc@ioe.ac.uk Web www.childnc.ac.uk



07-AL-ES



Child of the New Century Age 5 Survey

When will we be coming back?

We are hoping to follow children of the new century every few years as they grow up and into adulthood. The next survey will take place in around two years, when your child will be 7 years old. You or your child can leave the study at any time, although of course we hope you will stay with us.

Who is carrying out the study?

The study is run by the Centre for Longitudinal Studies, which is a research centre in the Institute of Education at the University of London. We have been chosen to run this study because we have carried out other similar surveys and can be trusted to do a professional job. The interviews for the Age 5 Survey are being carried out by the National Centre for Social Research (NatCen), an independent research organisation that is an expert in this field. NatCen also conducted the interviews when the children were 9 months old. Child of the New Century is paid for by ESRC (the government's Economic and Social Research Council) and other government departments from all the countries of the UK.

How can I find out more about the study?

If you would like more information about the Age 5 Survey, please contact the study team at NatCen on **Freephone 0800 783 5890**, or write to Child of the New Century, National Centre for Social Research, FREEPOST CU499 CM14 4ZP. You can also visit the study website: www.childinc.net or email us at childinc@natcen.ac.uk.

For general advice to families, contact Parentline Plus on Freephone 0800 800 222 or your local Citizens Advice Bureau (the number will be in your local telephone directory).

Thank you again for your help



Child of the new Century

08a-L1-E

Your child is special

The Child of the New Century is exploring what it is like to grow up in the 21st century by following around 19,000 children born in the UK in 2000/2001. **Your child is one of these special children.**

You may have helped us when your child was 9 months old and again when he or she was aged 3. We recently sent you a magazine with the main findings from the first book about the lives of the children of the new century and we will send you some initial findings from the Age 3 Survey as soon as possible.

The answers you have already given us are helping to plan health-care, education and child care services to bring real benefits to children and their parents.

We'd like to know how you and your child are getting on

Now that your child is aged 5, we would like to see what has happened since the last time that we contacted you. We know that this is an important time for both you and your child, especially as your child has recently started school.

If you agree to take part in this latest survey, the questions for one parent (usually Mum) will last a little over an hour, and those for the other (usually Dad, if he is available) about 20 minutes. We will ask questions about your family situation and the things you do with your children, your child's education and childcare, your child's activities and health, parent's health, employment and housing.

Our interviewers have been given special training to measure your child's progress by using a set of assessments and to measure your child's height, weight and waist circumference. The interviewer will need to spend about 40 minutes with your child and will give you a separate leaflet with more details about these assessments and measurements.

Your older children are important too


We would like to ask you some questions about any older brothers and sisters your child has. This will take about 10 minutes, depending on how many older children you have and their ages. If you have any children who are aged 10 to 16, we would like to ask them to complete a paper questionnaire about their experiences. This will take each child about 10-15 minutes and no more than two children per family will be asked to do this.

What will happen to the information collected in the survey?


Your answers will be treated in strict confidence in accordance with the Data Protection Act. The information you provide will be used solely to build up a picture of life in the UK today, and will not be released in any way that enables you to be identified.

Why is Child of the New Century so important?

We are asking for your time in a good cause. It's only by getting this kind of information – now, and by following the children as they grow into adulthood – that government, parents and others can change things for the better. We've done surveys like this before; in fact, Britain is the world leader in this type of research. By following children born in 1946, 1958 and 1970 into adulthood we have found out, for example, that good health services for mothers and children, and good housing and proper food make a lasting difference to health and success as children grow up. This study will help us produce a profile of how the children of the 21st century are growing up.



Child of the New Century



NatCen
National Centre for Social Research

Child of the New Century

Age 5 Survey

Child assessments and measurements

Our interviewers have been given special training to measure your child's progress by using a set of assessments and to measure your child's height, weight and waist circumference. This leaflet explains more about these assessments and measurements, and you can also ask the interviewer for further information. It is important that all children are assessed and measured in a standard way, so we can compare results across all the children in the study.

Child assessments

We would like to use a set of four assessments in order to measure your child's progress. Most of the assessments are taken from the British Ability Scales, which are well respected and widely used educational tools. They are used to examine development and educational attainment and are normally employed by educational psychologists in a classroom or clinical setting. Each assessment has been adapted for use in a household setting.

These assessments will take about 30 minutes. Ideally, they should be carried out in a quiet, well-lit and properly ventilated room, away from distractions and disruptions. If possible the interviewer would like to sit at a table with your child to carry out the assessments. You do not need to be present during these assessments but are, of course, welcome to watch if you wish. However in order to get a true reflection of your child's ability we would ask you to avoid interrupting the assessment or prompting your child for an answer so that the response we record is truly their own.

APPOINTMENT RECORD

..... (interviewer)

is coming to see (your child)

at (time) (date)

to see how your child is growing and to measure your child's progress.

MEASUREMENT RECORD

Child's Name: Date: Time:

Measured height: centimetres (..... feet inches)

Measured weight: kilograms (..... stones pounds)

Measured waist: centimetres (..... inches)

..... centimetres (..... inches)

..... centimetres (..... inches)

08-12

Interviewers can only assess your child if they have your written permission, and they will not be able to administer the assessments if your child:

- has a learning disability or serious behavioural problem (e.g. severe ADHD)
- is unable to respond in the required manner (e.g. pointing, speaking)
- does not have the required level of English vocabulary.

Our interviewers cannot give specific feedback about how your child is performing. This is because these assessments are designed to measure the range of skills that all children at age 5 possess, rather than the ability of each individual child. When the results are available, the research team will be able to provide you with information on how all 5 year olds have performed, however we will not be able to provide this information at an individual level.

First task (Story of Sally and Anne)

This task involves listening to a story and is mainly used to familiarise children with the assessment procedure. It is also designed to assess a child's ability to understand what a person believes, i.e. can they put themselves in someone else's shoes.

Second task (Picture Similarities)

This task assesses your child's reasoning ability. The child is shown a row of four pictures and is given a free-standing card with a fifth picture. The child is asked to place the free-standing card under the picture which shares an element or concept with the card.

Third task (Naming Vocabulary)

This is a verbal task that concerns knowledge of names. The child is shown a number of pictures and asked to say the name of each in turn.

Fourth task (Pattern Construction)

This task assesses your child's ability to construct a pattern shown in a picture. For several items, interviewers will demonstrate how to construct the pattern before your child attempts to construct it. This exercise is timed using a stopwatch.

Child measurements

We would like to measure your child's height, weight and waist circumference. This will take around 10 minutes to complete and you will be given a record of the measurements. We would like you to be present during the measurements and the interviewer will need your help with some of them. Interviewers can only measure your child if they have your written permission and will not be able to measure your child if he or she cannot stand unaided.


Height and weight are used to calculate the child's Body Mass Index (BMI), and the waist circumference is a measure of central body fat. These values can be used to identify children who are overweight or obese, and therefore at risk of short and long term physical and psychological consequences.

For the height and weight measurements, shoes and socks must be taken off and for the weight measurement your child should remove any heavy clothing or items in their pockets.

The height measurement will be taken using a height measure called a stadiometer, a collapsible portable device. The interviewer will need to hold your child's head in a particular position in order to make sure that your child's maximum height is measured. For the weight measurement the interviewer will ask your child to stand on a special set of scales.

The waist measurement will be taken using a specially designed tape measure. For this, your child should be wearing light clothing. (Girls, if possible, should avoid wearing a dress). Ideally, and with your permission, we would like to take the measurement directly against the skin, in order to do this we would like the child to help us by lifting his / her top while we take the measurement. But if you prefer, the interviewer will measure your child's waist over his or her clothes. In order to find the correct place to take the measurement, the interviewer will have to find the mid-point between your child's ribs and hip bones. They may ask for your help with this.


Consent forms: England



Child of the new Century

**Child of the New Century
Age 5 Survey
Consent form**

DATA COLLECTION



NatCen
National Centre for Social Research

Parent 1 interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

	Yes	No
a) Answering questions put to me by the interviewer	<input type="checkbox"/>	<input type="checkbox"/>
b) Completing a questionnaire	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print)

Signed **Date**

Age 5 Child: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed **Date**

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed **Date**

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:

Consent 1 (E)

DATA COLLECTION CONT...

Age 5 Child 2: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed Date

Age 5 Child 3: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Ser no:	CHK:	Person no:	Interviewer number:
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Consent (in E) ☐

Parent 2 interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

a) Answering questions put to me by the interviewer

Yes No

☐ ☐

b) Completing a questionnaire

☐ ☐

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:
Consent 2 (E)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

**Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS**

We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatment from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Please place a tick in one of the boxes to indicate whether or not you give consent. Yes No

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:																					
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Consent 3 (E)

**Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS CONT...**

We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatment from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Child 2

Yes No

Please place a tick in one of the boxes to indicate whether or not you give consent.

☐ ☐

Name of child (print)

Name (print)

Signed Date

Child 3

Yes No

Please place a tick in one of the boxes to indicate whether or not you give consent.

☐ ☐

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Serial no:	CHK:	Person no:	Interviewer number:
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Consent 3m (E)

**Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
SCHOOL RECORDS**

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from centrally held school records.

For every pupil in England attending state school, information is completed by teachers about their social and personal, communication, language, literacy and mathematical development. This is called the Foundation Stage Profile and is completed at the end of reception year. The information is passed from schools to the Local Education Authority where it is held centrally. This information will be very helpful as it is an accessible, individual record of pupils, it will allow us to make comparisons of assessments and will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 082 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from school records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from school records will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the above address, without giving any reasons.

I give my consent to use information from school records on the performance at the end of the Foundation Stage of my child named below in research based on the third survey of the Child of the New Century: Age 5 Survey. I understand that the information will be obtained directly from records held at the Local Education Authority.

Please place a tick in one of the boxes to indicate whether or not you give consent.

Yes No

☐ ☐

Name of child (print)

Name (print)

Signed **Date**

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed **Date**

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Seriale:	CHK:	Person no:	Interviewer number:
Consent 4 (E)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Child of the New Century
Age 5 Survey
Consent form
**COHORT CHILD
SCHOOL RECORDS CONT...**

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from centrally held school records.

For every pupil in England attending state school, information is completed by teachers about their social and personal, communication, language, literacy and mathematical development. This is called the Foundation Stage Profile and is completed at the end of reception year. The information is passed from schools to the Local Education Authority where it is held centrally. This information will be very helpful as it is an accessible, individual record of pupils, it will allow us to make comparisons of assessments and will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from school records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from school records will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the above address, without giving any reasons.

I give my consent to use information from school records on the performance at the end of the Foundation Stage of my child named below in research based on the third survey of the Child of the New Century: Age 5 Survey. I understand that the information will be obtained directly from records held at the Local Education Authority.

Child 2

Please place a tick in one of the boxes to indicate whether or not you give consent. ☐ Yes ☐ No

Name of child (print)

Name (print)

Signed Date

Child 3

Please place a tick in one of the boxes to indicate whether or not you give consent. ☐ Yes ☐ No

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:
Consent 4m (E)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Child of the New Century
Age 5 Survey
Consent form
OLDER SIBLINGS
QUESTIONNAIRE PLACEMENT

Parent

I give my consent to the interviewer named below for my child(ren) named below to complete the Older Sibling Questionnaire: (tick one box for each child):

Name of first child:

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Name of second child:

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child(ren) named above to participate by completing the Older Sibling Questionnaire. I understand that my child(ren) can decline to complete the whole questionnaire, or any part of it, that they may stop the questionnaire at any point, and that all information will be treated in the strictest confidence and used for research purposes only.

Name (print)

Signed Date

Interviewer

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)



Signed Date

RETURNS WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no.	CHK	Person no.	Interviewer number:
Consent 5 (E)	<input type="text"/>	<input type="checkbox"/>	<input type="text"/>	<input type="text"/>

Northern Ireland, Scotland and Wales

(In Northern Ireland the NatCen logo was replaced by the NISRA logo)

	Child of the New Century Age 5 Survey Consent form DATA COLLECTION	
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Parent 1 interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

	Yes	No
a) Answering questions put to me by the interviewer	<input type="checkbox"/>	<input type="checkbox"/>
b) Completing a questionnaire	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print)

Signed **Date**

Age 5 Child: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed **Date**

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed **Date**

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK/Person no:	Interviewer number:
Consent 1 (HSW)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

DATA COLLECTION CONT...

Age 5 Child 2: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed Date

Age 5 Child 3: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named below.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	e) Height	<input type="checkbox"/>	<input type="checkbox"/>
b) Picture similarities	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
c) Naming vocabulary	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern construction	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named below to participate in the assessments and measurements. I understand that I can stop the assessments and measurements at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no.	CHK	Person no.	Interviewer number:
Consent fm (RSGW)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Parent 2 interview and self-completion

I give my consent to the interviewer named below to my participation in the Child of the New Century: Age 5 Survey by (tick one for each):

- | | Yes | No |
|---|--------------------------|--------------------------|
| a) Answering questions put to me by the interviewer | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Completing a questionnaire | <input type="checkbox"/> | <input type="checkbox"/> |

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 5 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and used for research purposes only.

Name (print)

Signed Date.....

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and have left a copy of the information sheet and this form with them for future reference.

Name (print)

Signed Date.....

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:
	<input type="text"/>	<input type="checkbox"/>	<input type="text"/>	<input type="text"/>

Consent 2 (NSW)

**Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS**

We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatment from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Yes No

Please place a tick in one of the boxes to indicate whether or not you give consent.

☐ ☐

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only	Serial no:	CHK:	Person no:	Interviewer number:
Consent 3 (HSW)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
HEALTH RECORDS CONT...



We have asked about your child's health. To make this information complete we would like to find out more about your child's hospital admissions and treatment from NHS health records.

We would like your permission to get information about any hospital admissions your child might have had since birth and those they might have up to their seventh birthday. This information is from the routine records that the National Health Service have on dates of admission to and discharge from hospital, diagnoses received and treatments given. This will be very helpful as it will help us identify how much hospital care your child has had without us having to ask you details of every admission. We will not have any access to your child's personal medical records held by your GP.

We need your written permission for any information to be released. You do not have to give your consent for us to collect this data if you don't want to. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Parental permission to release information from NHS records

I have read or heard this information and have had the opportunity to ask questions. I understand that the information will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address. I understand I may withdraw my consent at any time by contacting the investigators in writing to the address above, without giving any reasons.

I give my consent to use information from National Health Service records on dates of admission to and discharge from hospital, diagnoses received and treatments given from birth to age 7 years, for my child named below.

Child 2

Please place a tick in one of the boxes to indicate whether or not you give consent.

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Name of child (print)

Name (print)

Signed Date

Child 3

Please place a tick in one of the boxes to indicate whether or not you give consent.

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Name of child (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:
Consent Sn (HGW)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
TEACHER SURVEY

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from their teacher

We would like to ask your child's teacher to complete a questionnaire on your child's social and personal, communication, language, literacy and mathematical development. This information will be very helpful as it will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission to approach your child's teacher. You do not have to give your consent for us to do this and it will, of course, be up to your child's teacher to decide whether or not to complete the questionnaire. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Permission to approach my child's school teacher

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from my child's school teacher will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address.

I give my consent for my child's teacher to be asked to complete a questionnaire about my child's social and personal, communication, language, literacy and mathematical development. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire.

Yes No

Please place a tick in one of the boxes to indicate whether or not you give consent.

☐ ☐

Name of child (print)

Name of teacher (print)

Name of school (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:	Serial no:	CHK:	Person no:	Interviewer number:
Consent 1.4 (NSW)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MCS4

See MCS4 Technical Report on Fieldwork - https://cls.ucl.ac.uk/wp-content/uploads/2017/07/MCS4-technical-report-second-edition-September-2010_v2.pdf

Pre-notification letter: Productive England Wales Scotland



*CNC4 (Age 7 Survey)
CLS Pre-notification Letter
Families interviewed at MCS3
Great Britain*

Dear Names of Parents,

Your child is one of the 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century Study.

Results from the Age 3 Survey

I am very pleased to enclose a leaflet with some more results from the Age 3 Survey. I hope that you find them interesting. Additional copies can be downloaded from the study website www.childnc.net. We will send you some initial findings from the Age 5 Survey as soon as possible.

Child of the New Century: Age 7 Survey

The next stage of the study will take place when your child is 7 and we hope that you will be happy to take part again. The interviews will be carried out by the National Centre for Social Research (NatCen), an independent research organisation which is an expert in this field. NatCen also conducted the interviews when the children were 9 months old and again when the children were 5 years old.

In a few months I will write to you again to give you more details about the Age 7 Survey and to invite you to take part. An interviewer from NatCen will then get in touch to find out whether you wish to be involved this time. It will, of course, be up to you whether or not to help us and the interviewer will be happy to discuss this with you.

If you have any questions or would prefer not to be contacted about the Age 7 Survey, please call us on **Freephone 0800 092 1250**. Please also call this number to let us know your new address if you move in the next few months so we can contact you to invite you to take part.

Every tooth tells a story

I would also like to invite your child to donate one (or more!) of his/her teeth to the study. We can learn a lot about children from their teeth. As the children in the study are now 6 or 7, their milk teeth will have started to fall out recently or will begin to fall out over the next year or two. We hope that your child might be willing to donate one or more of these teeth to the study by posting them to us. The enclosed leaflet tells you more about why we are interested in children's milk teeth and what is involved.

It is, of course, up to you and your child whether or not to take part in this part of the study. If you are willing to help us in this way, please follow the instructions in the leaflet. We have enclosed a badge to thank your child for helping us to tell their story. We'd also like you to help us by checking that the number on the label of the plastic bag matches the reference number next to your child's name at the top of this letter. This is important to ensure that we can match the tooth to the right child when we receive it in the lab. If you have any questions, please call us on **Freephone 0800 092 1250**.

Thank you for the help you have given us so far with this important study. We very much hope that you will be willing to help us again.

With kind regards,

Professor Heather Joshi OBE, Study Director

Advance letter: England, Scotland



Child of the New Century Age 7 Survey

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study. You may have taken part in the study when your child was 9 months old and again when he or she was aged 3 and 5.

Now that your child is aged 7 we would very much like to come back and find out how your family is getting on. I enclose a leaflet which tells you more about this latest stage of the study.

The Age 7 Survey is being carried out on our behalf by the National Centre for Social Research (NatCen), an independent research organisation. The interviewer named below will be in touch shortly to explain more about what is involved. It is, of course, up to you whether or not to take part and the interviewer will be happy to discuss this with you. If you would like to take part, she or he will arrange a convenient time to visit.

All interviewers have been through clearance procedures and carry an identification card with their photograph and the NatCen logo which is shown at the top right hand corner of this letter. Your answers will be treated in strict confidence in accordance with the Data Protection Act.

If you have any questions about the study or would prefer not to be contacted about the Age 7 Survey, please call **Freephone 0800 783 5890**, between the hours of 9.30 am and 5.30 pm.

With kind regards,

A handwritten signature in black ink that reads 'Heather Joshi'.

Professor Heather Joshi, OBE
Study Director

Your interviewer on this study will be:

.....

07-AL-ES



Child of the New Century Age 7 Survey

When will we be coming back?

We are hoping to follow the children of the new century every few years as they grow up and into adulthood. You and your child can leave the study at any time, although of course we hope you will stay with us. The next survey is likely to be when your child is aged 11.

Who is carrying out the study?

The study is run by the Centre for Longitudinal Studies which is a research centre in the Institute of Education at the University of London. We have been chosen to run this study because we have carried out other, similar surveys and can be trusted to do a professional job. The interviews for the Age 7 Survey are being carried out by the National Centre for Social Research (NatCen), an independent research organisation that is an expert in this field. NatCen also conducted the interviews when the children were 9 months old, and again when the children were 5 years old. Child of the New Century is being funded by ESRC (the government's Economic and Social Research Council) and other government departments from all the countries of the UK.

How can I find out more about the study?

If you would like more information about the Age 7 Survey, please contact the study team at NatCen on **Freephone 0800 783 5890**, email childnc@natcen.ac.uk or write to National Centre for Social Research, Freepost CL499, CM14 4ZP. You can also visit the Study website: www.childnc.net

For general advice to families, contact Parentline Plus on **Freephone 0800 800 2222** or www.parentlineplus.org.uk or your local Citizen's Advice Bureau (the number will be in your local telephone directory)

Thank you again for your help



Child of the new Century



Child of the New Century

Your child is special

The Child of the New Century is exploring what it is like to grow up in the 21st Century by following around 19,000 children born in the UK in 2000/2001. **Your child is one of these special children.**

You may have taken part in the study when your child was 9 months old and when he or she was aged 3 and 5.

You should have received some findings from the Age 3 Survey. We will send you some initial findings from the Age 5 Survey as soon as possible.

The answers that you have already given us are helping to plan health-care, education and child care services to bring real benefits to children and their parents.

Now that your child is aged 7, we would very much like to come back and find out how your family is getting on.

What would we like you to do?

If you agree to take part in this latest survey, the questions for one parent (usually Mum) will last about 1 hour, and those for the other (usually Dad, if he is available) about 20 minutes. We will ask questions about your family situation and the things you do with your children, child's education and childcare, your child's activities outside school and their health, your health, employment, income and housing. You can tell the interviewer if you don't wish to answer any of the questions.

What would we like your child to do?

We would like to measure your child's progress using a set of assessments and measure your child's height, weight, waist circumference and body fat percentage. Our interviewers have been given special training to do this and will need to spend about 45 minutes with your child to complete these assessments and measurements.

Now that your child is aged 7, we would also like to ask them to complete a paper self-completion questionnaire on their own. This should take about 10-15 minutes and is mainly about their experiences at school. The interviewer will be able to help your child if necessary.

We would like to measure your child's physical activity by asking your child to wear an activity monitor for a period of 7 days. The monitors will be sent after the interview and you will receive a summary of your child's activity. The interviewer will explain more about what is involved.

The interviewer will give you a separate leaflet with more information about what we would like your child to do. They will also give your child a leaflet about their participation in the study.

What other information would we like to collect?

We would like to contact your child's teacher to find out more about their experiences at school and collect some additional information about your family from routine records. We can only do so with your written permission, which the

interviewer will ask you for separately for each information source. This may take about 10 minutes. The interviewer will give you a separate leaflet about this.

What will happen to the information collected in the survey?

Your answers will be treated in strict confidence in accordance with the Data Protection Act. The information you provide will be used solely to build up a picture of life in the UK today and will not be released in any way that enables you to be identified.

Why is Child of the New Century so important?

We are asking for your time in a good cause, it's only by getting this kind of information – now, and by following the children as they grow into adulthood – that government, parents and others can change things for the better. We've done surveys like this before; in fact Britain is the world leader in this type of research and by following children born in 1946, 1958 and 1970 into adulthood we have found out, for example, that good health services for mothers and children, and good housing and proper food make a lasting difference to health and success as children grow up. This study will help us produce a profile of how the children of the 21st century are growing up.



Child of the New Century



Child of the New Century Age 7 Survey

The monitor should be sent back (in the pre-paid envelope provided) as soon as possible after the 7 day monitoring period is over. This is important as we only have a limited number and the monitor will be used again for other children. When you return the activity monitor your child will then be sent a feedback certificate summarising their activity levels.

This part of the study is being carried out in collaboration with researchers at the Institute of Child Health (ICH), University College London. They are responsible for sending out the activity monitors and relevant documents, sending feedback certificates, and answering any additional questions that you may have. If you would like more information about this part of the study, or if you don't receive the monitor within 6 weeks of the interview, please contact Carly Rich on Freephone 0800 030 4124.

Child self-completion

We would like to ask your child to answer some questions on their own by filling in a paper self-completion questionnaire. The questions are about what your child thinks about school, how they feel generally, their friends and their hobbies. The questionnaire should take your child about 10-15 minutes to complete. The interviewer will offer to show you a blank questionnaire so that you can see the questions your child will be answering. The interviewer will ask for your written permission to give this to your child.

The interviewer will explain to your child how to complete the questionnaire and that their answers will be kept private and will not be shown to anyone that they know, including their parents. The interviewer will ask your child to put the completed questionnaire in an envelope and give it back directly to them. If your child needs help with any of the questions, or is unable to fill it in on their own, the interviewer will be able to help them. We would prefer the interviewer to help your child, rather than a family member, in order that your child's answers are confidential.

09-L2

What would we like your child to do?

This leaflet explains more about your child's participation in the Age 7 Survey. You can also ask the interviewer any questions you may have.

Child assessments and measurements

Our interviewers have been given special training to measure your child's progress by using a set of assessments and to measure your child's height, weight, waist circumference and body fat percentage. It is important that all children are assessed and measured in a standard way so we can compare results across all of the children taking part in the study. These assessments and measurements will together take about 45 minutes.

Child assessments

We would like to use a set of four assessments in order to measure your child's progress. Most of the assessments were developed by the National Foundation for Educational Research and are well respected and widely used educational tools. They are used to examine development and educational attainment and are normally employed by educational psychologists or teachers in a classroom or clinical setting. Each assessment has been adapted for use in a household setting. These assessments will take about 30 minutes. Ideally, they should be carried out in a quiet, well-lit room away from distractions and disruptions. If possible the interviewer would like to sit at a table with your child to carry out the assessments. We would like you to be present during these assessments. However, in order to get a true reflection of your child's ability, we would ask you to avoid interrupting the assessment or prompting your child for an answer so that the response we record is truly their own.

Interviewers can only assess your child if they have your written consent.

Our interviewers cannot give specific feedback about how your child is performing. This is because these assessments are designed to measure the range of skills that all children at age 7 possess, rather than the ability of each individual child. When the results are available, the research team will be able to provide you with information on how all 7 year olds have performed, however we will not be able to provide this information at an individual level.

First task (Story of Sally and Anne)

This task involves listening to a story and is mainly used to familiarise children with the assessment procedure. It is also designed to assess a child's ability to understand what a person believes, i.e. can they put themselves in someone else's shoes.

Second task (Word Reading)

This task assesses children's reading skills. The child is asked to read aloud a series of words presented on a card.

Third task (Progress in Maths)

This task assesses children's numerical skills. The child is asked to perform various number-based tasks, such as doing some sums, looking at shapes and counting money.

Fourth task (Pattern Construction)

This task assesses your child's ability to construct a pattern shown in a picture. For several items, interviewers will demonstrate how to construct the pattern before your child attempts to construct it. This exercise is timed using a stopwatch.

Child measurements

We would like to measure your child's height, weight, waist circumference and body fat percentage. This will take around 15 minutes to complete, and you will be given a record of the measurements. We would like you to be present during the measurements and the interviewer will need your help with some of them. Interviewers can only measure your child if they have your written permission.

Height and weight are used to calculate Body Mass Index which can be used to identify children who are overweight or obese. Waist circumference is a measure of central body fat and body fat percentage is a measure of fat distribution in the body.

For the height and weight measurements, shoes and socks must be taken off, and for the weight measurement your child should remove any heavy clothing or items in their pockets.

The height measurement will be taken using a portable height measure called a stadiometer. The interviewer will need to hold your child's head in a particular position in order to make sure that your child's maximum height is measured. For the weight and body fat percentage measurements the interviewer will ask your child to stand on a special set of scales. The scales measure body fat by sending a weak electrical current around the body from one foot to the other. This is safe and painless, and the electrical current cannot be felt at all.

The waist measurement will be taken using a specially designed tape measure. For this, your child should be wearing light clothing (girls, if possible, should avoid wearing a dress). Ideally, and with your permission, we would like to take the measurement directly against the skin. In order to do this we would like the child to help us by lifting his / her top while we take the measurement. But if you prefer, the interviewer will measure your child's waist over his or her clothes. In order to find the correct place to take the measurement, the interviewer will have to find the midpoint between your child's ribs and hip bones. They may ask for your help with this.

Physical Activity Monitoring

We would like to measure your child's physical activity using an activity monitor. The Actigraph activity monitor is a small, lightweight device (like a pedometer) that is designed to measure physical activity by measuring and recording all your child's movements. We would like your child to wear the activity monitor every day (from first thing in the morning until last thing at night) for 7 continuous days.

The activity monitor is worn on a belt around the waist. It should usually be worn on top of indoor clothing. If your child prefers he or she can instead wear it against the skin underneath their clothing. It does not interfere with daily life. The interviewer will show you a 'dummy' activity monitor and explain how and when it should be worn. If you and your child would like to help us with this, the interviewer will ask for your written permission.

If you and your child agree to take part in the activity monitoring, an activity monitor, belt and a further information leaflet will be posted directly to you within 6 weeks after the interview (unless you request a later start date, for example if you are going on holiday). You will also be sent a timesheet on which to record the dates and times when the activity monitor is worn and a letter to give to your child's teacher explaining why your child is wearing the monitor.

Child leaflet

NC224_CoSC AS measurements 6/11/07 16:01 Page 1

When is the interviewer coming to see me?

..... (interviewer)

is coming to see (your name)

at (time), (date)

to ask you to answer some questions on your own, to see how you are growing and to measure your progress.

What are my measurements?

Your Name: Date: Time:

How tall am I? centimetres { feet inches)

How much do I weigh? kilograms { stones pounds)

What is my body fat percentage? %

What size is my waist? centimetres { inches)

..... centimetres { inches)

..... centimetres { inches)

16_L3

NatCen
National Centre for Social Research

Child of the New Century
Age 7 Survey

What would you like me to do?

CC

Child of the new Century



We want to ask you to help us with the
Child of the New Century.

What is the Child of the New Century?
It is the name of a survey of children.

What is a survey?

In a survey lots of people are asked questions about what they think or do. The person who asks the questions is called an interviewer.

Why are you doing this survey?

So we can find out what it is like to be a child growing up today.

Why have you asked me to be in this survey?

You have been specially chosen from all children who are the same age as you.

What will I be asked to do?

The interviewer will ask you to do 4 different things.

1. Answer some questions on your own.

The interviewer will give you a special booklet. We would like you to read and answer the questions on your own. You can ask the interviewer for help if you want to. The questions are about school, what you like doing and what you are like.

2. Do some fun things with the interviewer to measure your progress. The interviewer will ask you to listen to a story, read some words, do some sums and make some patterns.

3. Be measured by the interviewer to see how you are growing. The interviewer will find out how tall you are using a special ruler, how much you weigh and what your body fat percentage is using some scales and what size your waist is using a tape measure.

4. Wear an activity monitor. An activity monitor is a small red plastic box which measures how much you move around. You wear the activity monitor on a belt round your waist for a week.

Do I have to do these 4 things?

No. If you do not want to do some or all of these 4 things, you do not have to. The interviewer will ask one at a time if you want to do these 4 things. You can tell the interviewer if you do not want to do it.

illness within families and will allow researchers to examine, for example, how the illness of a parent or a brother or sister can affect a child's progress.

Specifically we would like to obtain information from routine medical and other health related records about:

- Your study child from birth up to their 14th birthday
- Your study child's brothers and sisters (aged under 14) from birth up to their 14th birthday
- You and your partner

We need permission from you or your partner to obtain this information for your study child and his/her brothers and sisters up to age 14. You and your partner will be asked separately for permission to release your own records.

Information from routine records of economic circumstances

The Department for Work and Pensions (DWP) holds information about:

- Benefits (e.g. Child Benefit, Income Support) and other DWP programme activity (e.g. New Deal for Lone Parents, New Deal 25 plus) since April 1999
- Employment, earnings, tax credits and occupational pensions data since April 1998 and national insurance contributions (NICs) since the early 1970s. This information comes from Her Majesty's Revenue and Customs (HMRC) records.

The DWP holds this information for the whole of the UK, although benefits and programs are administered through the Social Security Agency of the Department for Social Development in Northern Ireland.

This information will give us as full a picture as possible of your family's economic circumstances – at present, in the past and in the future – without asking additional questions in the interview. This will allow researchers to examine in greater detail how family economic circumstances affect a child's progress.

The information will not be used to work out whether anyone is claiming benefits or tax credits they should not be and will not affect any current or future claims for benefits or tax credits.

You and your partner will be asked separately for permission to release your own records. In order to help us obtain this information, it would be useful to have the National Insurance Numbers for you and your partner. This can be found on paylips from your employer, or on your annual P60 return. This number will be treated in strict confidence in accordance with the Data Protection Act and only used to access the routine records. It will not be included in the data which is made available to researchers.

15-L4

Child of the New Century Age 7 Survey

Information from other sources

We would like to obtain some additional information about your study child from their teacher and about your family from records which are routinely collected by government departments or agencies and other public sector organisations. This leaflet explains in detail what information we would like to collect, from which sources, who we would like to collect the information about and why we would like to do this. This is summarised in the table below:

From who?	About what?	About who?			Why?
		Child	Brother and sisters	Parents	
Teacher	Additional information in your child's education and behaviour at school	✓			To give us a fuller picture of your child's education
Education records held by government departments	Your children's performance at school and characteristics of pupils in your children's school	✓	✓		To give us a fuller picture of educational progress, including within families
Health records held by the NHS	Information on all patients accessing health services through the NHS	✓	✓	✓	To give us a fuller picture of health within families
Economic records held by the Department for Work and Pensions	Benefit receipt, participation in certain government programmes, employment, earnings, national insurance contributions, tax credits and occupational pensions			✓	To give us a fuller picture of your families' economic circumstances

We need your written permission to approach the child's teacher or to obtain information from routine records. The interviewer will ask you for your permission for each of these sources separately. **It is completely up to you which permissions you choose to give.** You can withdraw your permission at any time in the future. Choosing not to give your permission or withdrawing in the future will not affect your participation in the study.

All information obtained from these sources will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. In order to access these routine records, we will provide a limited amount of information about your family to the holders of the records (e.g. full name, sex, date of birth, address). This information will only be used for accessing the records. No information that you have provided in the Child of the New Century study will be disclosed to these sources for any other purpose.

Information from your child's school teacher

We would like to contact your child's class teacher to find out more about your child's education and behaviour at school.

We would like to ask your child's teacher to complete a questionnaire on various aspects of your child's education. The questionnaire covers some details about your child's teacher, their teaching methods and class groupings and the other children in your child's class. There are some questions about your child's behaviour, abilities and any special educational needs/additional support needs and your involvement with the school. This information will provide a fuller picture of your child's education.

It is entirely up to the teacher whether they complete the questionnaire, but we require your written permission to approach them. The questionnaire will be sent to them at school by post a few months after the interview. The interviewer will ask you for the teacher's full name and the name and address of the school. We will also write to the head teacher of the school to let them know that one of the teachers in their school has been asked to take part in this study.

The information that the teacher gives about your child will be treated in strict confidence in accordance with the Data Protection Act. This means that you will not be able to access the information they give about your child.

Information from routine records on education

We would like to collect information from routine records on education about your children's performance at school and the characteristics of pupils in your children's school, throughout their compulsory education.

By performance at school, we mean the results that they get when they do national tests or the formal assessments that their teachers make about their performance in different subjects at the end of particular years. The exact information varies but we mean things like Key Stage assessments and GCSEs in England, Wales and Northern Ireland and 5-14 levels and Standard Grades in Scotland.

The information on the characteristics of pupils in your children's school also varies by country but may include ethnicity, special educational needs/additional support needs, eligibility for free school meals, absences, home postcode and date pupil first entered and left the school. This information will be collected for your children as well as other pupils in the school. We may be able to use this information to help keep in touch with your family if you move in the future.

For England, this information is held by the Department for Children, Schools and Families (DCSF), and for Wales by the Local Government Data Unit of the Welsh Assembly. In Northern Ireland, some of this information is held by the schools themselves and some is held by the Department of Education. From 2009 onwards, some of this information will be held by a new statutory organisation called the Education and Skills Authority (ESA) in Northern Ireland. For Scotland, some of this information is held by local education authorities and some is held by the Education Directorate of the Scottish Government.

We would like to obtain this information from these routine education records about:

- Your study child from the start of their compulsory education up to the end of their compulsory education at age 16

- Your study child's brothers and sisters (aged under 14) from the start of their compulsory education up to the end of their compulsory education at age 16
- We will ask you or your partner for permission to obtain this information for your study child and his/her brothers and sisters up to age 16, as this is the end of compulsory full-time schooling. Having such information enables us to draw a more complete picture of educational progress within families and will allow researchers to examine, for example, what impact the educational progress of a brother or sister has on your study child's progress.

Information from routine medical and other health related records

The National Health Service (NHS) maintains information on all patients accessing the health services through routine medical and other health-related records. These health records are held within statistical health databases, which may record information about:

- Admissions or attendances at hospital (including dates of admission, discharge or attendance, diagnoses received, treatments given, surgical procedures)
- Visits to your family doctor or other health professional e.g. midwife
- Records of specific conditions such as cancer or diabetes
- Prescriptions given

We would like to get information from these routine medical and other health-related records about you, your partner and your child's brothers and sisters **as well as** your study child. This will mean we have a much more complete picture of health and

Consent forms



Child of the New Century Age 7 Survey Consent form MAIN RESPONDENT



Name of respondent (print)

PART A: Interview and self-completion

I give my consent to the interviewer named below to my participation in the Age 7 Survey of the Child of the New Century by (tick one for each):

- | | Yes | No |
|---|--------------------------|--------------------------|
| a) Answering questions put to me by the interviewer | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Completing a questionnaire | <input type="checkbox"/> | <input type="checkbox"/> |

Confirmation

I have read the letter of invitation and the information leaflet about the Child of the New Century: Age 7 Survey. I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question, and that all information will be treated in the strictest confidence in accordance with the Data Protection Act, and used for research purposes only.

Signed by respondent Date

PART B: Health and economic records

Permission to release information from routine health records

I give my permission for information from my routine health records (as detailed in the leaflet about information from other sources) to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission. Yes ☐ No ☐

Permission to release information from routine economic records

I give my permission for information from my routine economic records (as detailed in the leaflet about information from other sources) to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission. Yes ☐ No ☐

National Insurance Number:

Confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information released will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. I understand that this consent will remain valid unless revoked by me in writing and that I may withdraw my consent at any time by contacting the Child of the New Century in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Signed by respondent Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person(s) named on this form and have left a copy of the information sheets named above and this form with them for future reference.

Name of interviewer (print)

Signed by interviewer Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

	Serial no:	CHK:	Respondent Person no:	Interviewer number:	Interviewer point:
Consent 1	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="checkbox"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>

Child of the New Century
Age 5 Survey
Consent form
COHORT CHILD
TEACHER SURVEY CONT...

We have asked about your child's experiences at school. To make this information complete we would like to find out more about your child's development at school from their teacher

We would like to ask your child's teacher to complete a questionnaire on your child's social and personal, communication, language, literacy and mathematical development. This information will be very helpful as it will provide a full picture of your child's development. We will not have access to any other information.

We need your written permission to approach your child's teacher. You do not have to give your consent for us to do this and it will, of course, be up to your child's teacher to decide whether or not to complete the questionnaire. Please ask the interviewer about anything that concerns you or you can call the research team at the Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Permission to approach my child's school teacher

I have read or heard this information and have had the opportunity to ask questions. I understand that the information collected from my child's school teacher will be coded and used anonymously for research purposes only, and will not include my child's name or address or my name or address.

I give my consent for my child's teacher to be asked to complete a questionnaire about my child's social and personal, communication, language, literacy and mathematical development. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire.

Child 2 Please place a tick in one of the boxes to indicate whether or not you give consent. ☐ Yes ☐ No

Name of child (print)

Name of teacher (print)

Name of school (print)

Name (print)

Signed Date

Child 3 Please place a tick in one of the boxes to indicate whether or not you give consent. ☐ Yes ☐ No

Name of child (print)

Name of teacher (print)

Name of school (print)

Name (print)

Signed Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of this consent form with them for future reference.

Name (print)

Signed Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only: Serial no. CHK. Person no. Interviewer number:

--	--	--	--	--	--	--	--	--	--	--	--

Consent 4m (NSW)

Name of child (print).....

Name of parent (print).....

Age 7 Child: Assessments and Measurements

I give my consent to the interviewer named below to carry out the following assessments and measurements (tick one for each) of my child named above.

For each assessment and measurement mentioned below, please place a tick in one of the boxes to indicate whether or not you give permission.

	Yes	No		Yes	No
a) Story of Sally & Anne	<input type="checkbox"/>	<input type="checkbox"/>	f) Weight	<input type="checkbox"/>	<input type="checkbox"/>
b) Word Reading	<input type="checkbox"/>	<input type="checkbox"/>	g) Waist circumference against skin OR	<input type="checkbox"/>	<input type="checkbox"/>
c) Progress in Maths	<input type="checkbox"/>	<input type="checkbox"/>	h) Waist circumference over clothing	<input type="checkbox"/>	<input type="checkbox"/>
d) Pattern Construction	<input type="checkbox"/>	<input type="checkbox"/>	i) Body fat percentage	<input type="checkbox"/>	<input type="checkbox"/>
e) Height	<input type="checkbox"/>	<input type="checkbox"/>			

Age 7 Child: Physical activity monitoring

I give my consent to the interviewer named below for my child named above to wear an activity monitor to have their physical activity measured:

Please place a tick in one of the boxes to indicate whether or not you give permission

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Age 7 Child: Self-completion questionnaire

I give my consent to the interviewer named below for my child named above to complete the Child Self-Completion Questionnaire:

Please place a tick in one of the boxes to indicate whether or not you give permission

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Parental confirmation

I have read or heard the information leaflet about my child's participation in the Child of the New Century: Age 7 Survey. I have discussed any outstanding questions with the interviewer named below and I wish my child named above to participate in the Age 7 Survey as indicated above. I understand that I can stop any part of the survey at any point or decline any part of it and that all information will be treated in the strictest confidence in accordance with the Data Protection Act and will be used for research purposes only.

Signed by parent Date.....

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person(s) named on this form and have left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print).....

Signed by interviewer..... Date.....

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Serial no:	CHK:	Parent person no:	Interviewer number:	Interviewer point:
Consent 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

INFORMATION FROM OTHER SOURCES

Name of child (print)

Name of parent (print)

PART A: Teacher survey

I give my consent for my child's class teacher to be asked to complete a questionnaire about my child's progress in school.

Please place a tick in one of the boxes to indicate whether or not you give consent. Yes ☐ No ☐

Name of class teacher (print)

Parental confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information will be obtained directly from the teacher and that they are under no obligation to complete the questionnaire. I understand that the information obtained will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only.

Signed by parent Date

PART B: Health and education records

Parental permission to release information from health records

I give my permission for information from routine health records (as detailed in the leaflet about information from other sources), from birth to age 14 years for my child named above, to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission. Yes ☐ No ☐

Parental permission to release information from education records

I give my permission for information from routine education records (as detailed in the leaflet about information from other sources), from the start of compulsory schooling to age 16 years for my child named above, to be released to the Child of the New Century study.

Please place a tick in one of the boxes to indicate whether or not you give permission. Yes ☐ No ☐

Parental confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information released will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. I understand that this consent will remain valid until the ages specified above unless revoked by me in writing and that I may withdraw my consent at any time by contacting the Child of the New Century in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Signed by parent Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print)

Signed by interviewer Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

	Serial no:	CHK:	Parent Person no:	Interviewer number:	Interviewer point:
Consent 3	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

HEALTH AND EDUCATION RECORDS

Name of parent (print)

Parental permission to release information from health and education records

Health records

I give my permission for information from routine health records (as detailed in the leaflet about information from other sources), from birth to age 14 years for my children named below, to be released to the Child of the New Century study.

Please place a tick in the boxes to indicate whether or not you give permission.

Education records

I give my permission for information from routine education records (as detailed in the leaflet about information from other sources), from the start of compulsory schooling to age 16 years for my children named below, to be released to the Child of the New Century study.

Please place a tick in the boxes to indicate whether or not you give permission.

Person number	Date of Birth				Name of child (print)	Health Records		Education Records	
	dd	mm	yyyy			Yes	No	Yes	No
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Parental confirmation

I have read or heard the information leaflet about information from other sources and have had the opportunity to ask questions. I understand that the information will be treated in strict confidence in accordance with the Data Protection Act and used for research purposes only. I understand that this consent will remain valid until the ages specified above unless revoked by me in writing and that I may withdraw my consent at any time by contacting the investigators in writing to the address below, without giving any reasons.

Centre for Longitudinal Studies on FREEPHONE 0800 092 1250 or write to Child of the New Century, Institute of Education, University of London, FREEPOST LON20095, London WC1H 0BR.

Signed by parent Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named above and left a copy of the information leaflet named above and this form with them for future reference.

Name of interviewer (print)

Signed by interviewer Date

RETURN WHITE & PINK COPIES TO OFFICE, BOTTOM COPY FOR PARTICIPANT

Interviewer use only:

Serial no:	CHK:	Parent person no:	Interviewer number:	Interviewer point:
<input type="text"/>	<input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Consent 4

MCS5

See MCS5 Technical Report on Fieldwork – https://cls.ucl.ac.uk/wp-content/uploads/2017/07/MCS5-technical_report_FINAL.pdf

Pre-notification mailing

«Barcode» «FamilySerial»
«AddressName»
«CurrentAdd1»
«CurrentAdd2»
«CurrentAdd3»
«CurrentTown»
«CurrentCounty»
«CurrentPostCode»

«Date»

Dear «Salutation»

Your child is one of the 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study.

Ten years of Child of the New Century

The study has now been going for 10 years! I am pleased to enclose a leaflet summarising what it has covered over the decade from 2001-2011 and how it has helped to influence policy and improve children's lives. I have recently taken over from Professor Heather Joshi as the Director of Child of the New Century and am delighted to be involved with such an important study. It is a privilege to be writing to you, who have made it possible. I hope you enjoy reading the leaflet. Additional copies can be downloaded from the study website www.childnc.net. You can also download a version of the leaflet in Welsh.

I also include a card for your child. This is to thank them for their contribution to Child of the New Century so far. I would be grateful if you could pass it on to them.

Child of the New Century: Age 11 Survey

The influence of the study will increase as it continues to follow the children's lives as they grow up. The next stage of the study will take place in 2012, when your child is around 11 years old. The interviews will be carried out for the first time by Ipsos MORI, an independent research organisation. We are excited to be working with Ipsos MORI on the Age 11 Survey. They have a lot of experience and expertise in surveying families with children.

In a short while, I will write to you again to give you more details about the Age 11 Survey and to invite you to take part. An interviewer from Ipsos MORI will then get in touch with you. We very much hope you and your child will feel able to take part again. But it will, of course, be up to you whether or not to help us at the time. The interviewer will be happy to discuss this with you.

If you have any questions or would prefer not to be contacted about the Age 11 Survey, please call us on **Freephone 0800 092 1250** or email childnc@ioe.ac.uk. Please also let us know your new address if you move, so that we can reach you to invite you to take part.

Thank you for the help you have given us so far with this important study. I look forward to keeping in touch with you as it goes forward.

With kind regards,



Professor Lucinda Platt, Study Director

Advance leaflet for parents (England and Wales)

CHILD OF THE NEW CENTURY

WHO IS CARRYING OUT THE STUDY?

Child of the New Century is run by the Centre for Longitudinal Studies, a research centre in the Institute of Education at the University of London. It has been carrying out the study since the beginning, and also runs other similar studies of children born in the last century. The UK is a world leader of studies of this kind.

The Age 11 Survey is being carried out by Ipsos MORI, an independent research organisation that is experienced in carrying out research with families.


Child of the New Century is paid for by the Economic and Social Research Council (ESRC) and government departments in all countries of the UK.

WHAT HAPPENS AFTER?

All your answers will be treated in strict confidence in accordance with the Data Protection Act. They will only be used for research.

We hope to visit you again in a few years. As your child gets older we will build up a detailed picture of how their generation develops from a very young age, through their school years and into adulthood. We don't know exactly when the next survey will be: we will ask you nearer the time if you and your child would like to take part.

We hope you will continue to take part, but you can decide at the time.



CHILD OF THE NEW CENTURY

HOW CAN I FIND OUT MORE...

...ABOUT THE SURVEY?

If you would like more information about the survey please contact Ipsos MORI below:

James Bill
Ipsos MORI
79-81 Borough Road
London
SE1 1FY

Freephone 0800 238 5449 (costs from mobile phones may vary, please check with your provider)
Email: childnc@ipsos.com

...ABOUT CHILD OF THE NEW CENTURY?

For further information about the study in general, you can phone 0800 092 1250 or email childnc@ioe.ac.uk or visit the study website: www.childnc.net

...GENERAL ADVICE?

If you have concerns about your child's education, speak to your child's teacher or head teacher. If you are concerned about your child's health, speak to your GP.


Family Lives provides confidential advice, information or support on a range of family issues. Contact Family Lives (www.familylives.org.uk) on Freephone 0800 800 222.

Your local Citizens Advice Bureau (CAB) can offer independent advice in person on a range of general issues including housing debt and consumer issues. You can find out more, including where your nearest CAB is, at www.adviceguida.org.uk.



Thank you for your help

Ipsos MORI 10-083356/EN

CHILD OF THE NEW CENTURY







AGE 11 SURVEY

WHAT IS THE CHILD OF THE NEW CENTURY AGE 11 SURVEY?

Please read on...

CHILD OF THE NEW CENTURY

WHY IS CHILD OF THE NEW CENTURY IMPORTANT?


The Child of the New Century is a major national study that follows the lives of thousands of children born at the beginning of the century. Your child is one of these special children who have been chosen to represent their generation.

The study has already shown a lot about how today's children grow and develop, about their health, their schooling and their activities. Scientists have used the information to find out how to give children the best start in life. Policy makers trust the study to guide them in trying to ensure children's future health and happiness.

The study has made a real difference in helping to improve services and support for children and families relating to infant health, child care, parenting and child poverty across the countries of the UK.

We now want to revisit you and your Child of the New Century in the last year of primary school to find out how you are getting on, what is the same and what has changed.

The study depends on you and your family taking part. Only if as many families as possible take part will the results give a true picture of the different experiences of this generation of children. We are really grateful for your help.



WHAT WOULD WE LIKE YOU TO DO?

Where there are two parents (or a parent and their partner) living with the child, we would like to speak with both of you. We would like to interview one of you (usually Mum) for just over an hour.

The questions cover:

- Your family situation
- The things you do with your child
- Your child's education
- Their activities outside school
- Their health
- Your health
- Your employment
- Your income and housing

We would also like to interview the other parent (usually Dad) for 20-25 minutes. This will cover fewer questions but on similar topics.

Both of you can miss out any questions you don't want to answer. For some questions, which might be more private, you will fill in the answers yourself on the interviewer's laptop.

It's really important that we interview both adults who live with the child, if possible, to get a complete understanding of family life.

IS THERE ANY OTHER INFORMATION WE WOULD LIKE?

If you give your consent, we would like to collect information from routine records to add to your answers. This will help us to better understand the family lives of the children as they grow up. The interviewer will give you more information about this.

WHAT WOULD WE LIKE YOUR CHILD TO DO?

We would like to ask your child to take part in a number of activities. These activities provide us with a full understanding of how children of their age are growing up today. We will ask them to:

- Fill in a question booklet to tell us about their lives (about half an hour)
- Answer some questions and do some activities on a computer to help us understand how they think (about 25 minutes)
- Be measured, so we can understand how they are growing (about 10 minutes)

We hope your child enjoys these activities. We will give you more information about them beforehand.

WHO ELSE DO WE WANT TO GET INFORMATION FROM?

We would like to send a questionnaire to your child's class teacher to find out more about your child's education. We will only do this if you give your written permission and your child agrees.

A questionnaire will be posted to the teacher at school within the next few months. We will also write to the head teacher to let them know. The questionnaire will cover various aspects of your child's education, including:

- What your child is like at school
- Their class
- How they get on in different subjects
- Your involvement with the school

It will, of course, be up to your child's teacher to decide whether or not to take part.

The information that the teacher gives about your child will be treated in strict confidence in accordance with the Data Protection Act. This means that we cannot provide you with the information they give about your child. In the same way the teacher will not be told any of the information that we collect from you or your child.

Advance letter



Ipsos MORI

Ref:

Child of the New Century Age 11 Survey

Dear

Your child is one of 19,000 special children born in the UK in 2000/2001 whose lives are being followed by the Child of the New Century study. We have visited the children when they were 9 months old, and at ages 3, 5 and 7. Now that your child is in the last year of primary school, we would very much like to visit you to find out how your family is getting on. **Your continued participation in the study is very important to us.**

The enclosed leaflet tells you more about the latest stage of this important study. We also enclose **a letter and a leaflet for your child to read**. Where two parents (or a parent and their partner) are living with the child, we would like to interview both of you as well as your child.

The Age 11 Survey is being carried out by Ipsos MORI. All interviewers are fully trained. They carry an identification card with their photograph and the Ipsos MORI logo. The logo is at the top of this letter.

The interviewer named below will be in touch shortly to ask if you would be willing to take part. It is, of course, up to you whether or not to take part and the interviewer will be happy to discuss this. If you agree, your interviewer will arrange a convenient time to visit. **You can also get in touch with them directly to arrange an appointment.** Their phone number is at the bottom of this letter.

If you have any questions about the survey or would prefer not to be contacted, please call James Bill at Ipsos MORI on **0808 238 5446** between 9:30 am and 5:30 pm (Monday to Friday).

With kind regards,

Your interviewer on this study will be:

A handwritten signature in black ink, appearing to read 'Lucinda Platt'.

Professor Lucinda Platt
Study Director

Contact number:



Leading education
and social research
Institute of Education
University of London



Centre for Longitudinal Studies
Director: Professor Jane Elliott
Following lives from birth and through the adult years
CLS is an ESRC Resource Centre based at the IOE

Centre for Longitudinal Studies • Institute of Education
20 Bedford Way • London WC1H 0AL
Tel 020 7612 6902 Freephone 0800 092 1250
Email childnc@ioe.ac.uk Website www.childnc.net

10-030358/Ltr1

Advane leaflet for child (England and Wales)

What will happen after?

We hope to visit you again in a few years. We want to find out what changes and what stays the same for children your age as you grow up.

Who else is being asked to be in the survey?

As well as the things we are asking you to do, we are also asking the parent(s) you live with to talk to us. If you agree, we will also ask your class teacher to fill in a short booklet about you and your class. Your teacher doesn't have to take part if they don't want to.

What will happen to the information about me?

The interviewer will send your answers and measurements back to the company doing the survey. They will not have your name and address on, so no-one who looks at them will know whose they are. They will be put together with the answers and measurements collected from the other children. You do not have to tell anyone your answers. It is up to you whether you want to tell your parents your answers.


What if I want to know more?

After you've done the survey the interviewer will give you a leaflet. The leaflet will tell you what you can do if you have questions about things in the survey. It will also give you some advice if you are worried about anything in the survey or about anything else in your life.


If you have any other questions about the survey, you can contact James at Ipsos MORI: at childno@ipsos.com, or on Freephone 0800 238 5446 (calls from mobile phones may not be free).

If you want to know more about Child of the New Century as a whole, you can look at the website: www.childnc.net, phone 0800 092 1250 or email childno@ipsos.co.uk.

The interviewer is looking forward to meeting you.
Thank you for helping us!
Ipsos MORI



How can I help with Child of the New Century?



What is it?

Child of the New Century is an important survey of 19,000 children. As you know, you are one of those special children who have been chosen out of all of the children in the country of your age. We have visited the Children of the New Century when they were babies and when they were 3, 5 and 7 years old. We want to find out what your life is like now.

What's it for?

It's to find out what it's like to be growing up in England, Scotland, Wales and Northern Ireland today. By taking part in Child of the New Century you have already told us a lot about how to make children's lives better. By taking part again, you will help to make things better for all children in the future.

What will it be like?

We hope you will find it interesting! Children usually enjoy doing the survey. The interviewer will explain everything to you clearly so it is easy for you to understand what you have to do. You can skip any bits you don't want to do. You don't need to do anything beforehand.

Ipsos MORI

Answer some questions about my life.

 30 minutes

The interviewer will give you a booklet of questions to fill in on your own. You can ask the interviewer for help if you find it difficult to do it on your own. You can also use headphones and have the questions read out to you. You do not have to show the interviewer or anyone else your answers.

The questions are about lots of different things. These things include your family and friends, school, the things you do outside school, the area you live in and how you feel. If there are any questions you don't want to answer, that's OK. You can just skip them. The booklet isn't a test. We just want to know what you think about things.

Be measured to find out how I am growing.


 10 minutes

The interviewer will measure how tall you are. They will also see how much you weigh and how much of your body is made of fat. To do this they will use special scales. The interviewer will give you a copy of your measurements if you want. They will not tell anyone else your measurements.

What if I have questions?

The interviewer will tell you more about these activities when they come to see you. They will ask you if you have any questions. They will also make sure you understand what you have to do before you start.

What will I have to do?

The interviewer will ask you to do some different things. You can decide whether or not you want to do each one.

Do three activities to find out how I think.

 25 minutes

The interviewer will ask you to tell them how some words go together. They will also ask you to do two fun activities on a computer. The first computer activity will see how well you can remember things. The second is about how you make up your mind.

Do I have to do these things?

You don't have to help us by doing these things if you don't want to. The interviewer will ask you about them one at a time and you can say yes or no to each. You can stop at any time.

Will I get anything for doing it?

The interviewer will give you a small thank you present. We will also send you a special certificate to show that you have taken part. It will show that you have helped us to make lives better for children in the future.



Advance letter for child



Ipsos MORI

For the Child of the New Century:

Ref:

Will you help us with Child of the New Century?

Dear

You are one of 19,000 special children in the UK. You have been chosen out of all the children your age to help us find out what it's like growing up today.

We have visited the Children of the New Century when they were babies and when they were 3, 5 and 7 years old. We want to find out what your life is like now.

Your family have helped us before. We would be really grateful if you could help us again this time. By taking part in Child of the New Century survey, you help to make things better for all children in the future.

I've included a leaflet for you. **Please read the leaflet** to find out more about what the survey will be like. It will help you decide whether you want take part.

If you and your family are OK to take part, an interviewer will come to your home to do the survey with you. Your interviewer is a man/woman called:

.....
The interviewer works for a company called Ipsos MORI. This company does lots of surveys with different people. This survey is for a university called the Institute of Education.

I hope you will help us again with this important survey.

A handwritten signature in black ink, appearing to read 'Lucinda Platt'.

Professor Lucinda Platt
Survey Director, Institute of Education

10-030358/Ltr2

Child elements leaflet

DOES MY CHILD HAVE TO DO ALL OF THESE THINGS?

We would like your child to do all of these things, but they can choose to do some and not others. They can still take part. We will ask for your written permission for each of these activities and ask your child if they are OK to do them.

Like all the information collected in the survey, all your child's responses and measurements will be treated in strict confidence in accordance with the Data Protection Act. They will only be used for research purposes.

WHAT IF MY CHILD HAS QUESTIONS AFTERWARDS?

After your child has taken part in the survey, they may have questions about some of the topics covered. The interviewer will give your child a leaflet thanking them for helping in the survey and telling them how they can get advice, by talking to their parents or other adults. You may wish to discuss what they thought about taking part in the survey with your child, particularly if you think that your child is worried about something.

HOW CAN I FIND OUT MORE....

...ABOUT THE SURVEY?

If you would like more information about the survey please contact Ipsos MORI below:

James Ball
Ipsos MORI
79-81 Borough Road
London
SE1 1FY
Freephone 0800 238 5446 (costs from mobile phone may vary, please check with your provider)
Email: childnc@ipsos.com

...ABOUT CHILD OF THE NEW CENTURY?

For further information about the study in general, you can phone 0800 092 1260, or email childnc@coe.ac.uk or visit the study website: www.childnc.net

Thank you for your help

Ipsos MORI



10-030505/13

CHILD OF THE NEW CENTURY

AGE 11 SURVEY



MORE INFORMATION ABOUT THE VISIT



WHAT WOULD WE LIKE YOUR CHILD TO DO?

- Fill in a question booklet
- Complete three assessments of learning
- Be weighed and measured

Afterwards, your child will receive a small gift and a certificate for taking part. This will thank them for helping us with the study and making a difference for other children.

The rest of this leaflet tells you more about what we would like your child to do and gives more information about the visit.



It is still important that all children answer these questions so we know how many children of this age have done these things. It is important that the children answer the questions privately so that we get their own answers.

The interviewer can show you a blank questionnaire so that you can see the questions your child will be answering. But your child will be asked to put the completed questionnaire in an envelope and to give it back directly to the interviewer without showing it to anyone else. The interviewer will not look at your child's answers or show them to anyone, and will tell your child that they will not be shown to anyone outside the Child of the New Century research team.

The interviewer can help if your child has difficulty with the questions, or is unable to fill it in on their own. They can give your child headphones and the answers will be read out.

WHAT DOES THE QUESTION BOOKLET INVOLVE?

We would like to ask your child to answer some questions on their own by filling in a question booklet. This will take around 30 minutes.

The questions are about a lot of different things, including:

- Their family and friends
- School
- The activities they do outside school
- How they feel
- What they think about things

We hope children find the questions interesting and enjoy filling out the question booklet. Most questions will be relevant to all children of their age. However, some of the questions are about things that not all children of this age will have done.

WHAT ASSESSMENTS DO WE DO?

We would like to measure different aspects of your child's progress using three assessments. These are not like school tests. They help us understand how children of this age think and learn. Our interviewers are specially trained in carrying out these assessments in a standard way.

One of the assessments is taken from the British Ability Scales, which are widely used by educational psychologists. The other two assessments are done on a computer and are developed by Cambridge Cognition who are experts in this area. The three assessments take around 25 minutes.

First assessment (Verbal similarities)

This measures children's verbal ability. Your child will be read three words and be asked to state how the three things are similar or go together. The assessment is expected to get harder as it goes along. We just want to see how far they can get.

Second assessment (Memory)

This measures your child's memory and their ability to work out ways to solve a problem. It involves moving coloured tokens on the computer screen.

Third assessment (Decision-making)

This measures your child's ability to make decisions. They will need to decide how many points they are prepared to risk on finding a token in a red or a blue box on the computer screen.

You are welcome to be present during these assessments. However, we would ask you to avoid interrupting the assessment or prompting your child so that the results we record are truly their own. Our interviewers cannot give specific feedback about how your child is performing. This is because rather than measuring the ability of each individual child, these assessments are designed to measure the range of skills that all children of this age have.

Ideally, the assessments should be carried out in a quiet, well-lit room. If possible the assessments should be carried out at a table. For the second and third tasks, your child will need to touch the screen of the interviewer's laptop computer and they will need to reach the screen easily.



HOW DO WE MEASURE YOUR CHILD?

We would like to measure your child's height, weight and body fat percentage. This provides valuable information about the growth of children of this age. Our interviewers are specially trained in doing this in a standard way. The measurements take around 10 minutes.

We would like you to be present while taking the measurements.

The height measurement will be taken using a device called a stadiometer. The interviewer will need to hold your child's head in a particular position in order to make sure that your child's full height is measured. For the weight and body fat measurements the interviewer will ask your child to stand on a special set of scales. The scales measure body fat by sending a weak electrical current around the body from one foot to the other. The electrical current is safe and painless. It cannot be felt at all.

Your child will be offered a record of their measurements to keep if they would like it.

For the height and weight measurements, shoes and socks must be taken off, and for the weight measurement your child should remove any heavy clothing or items in their pockets.

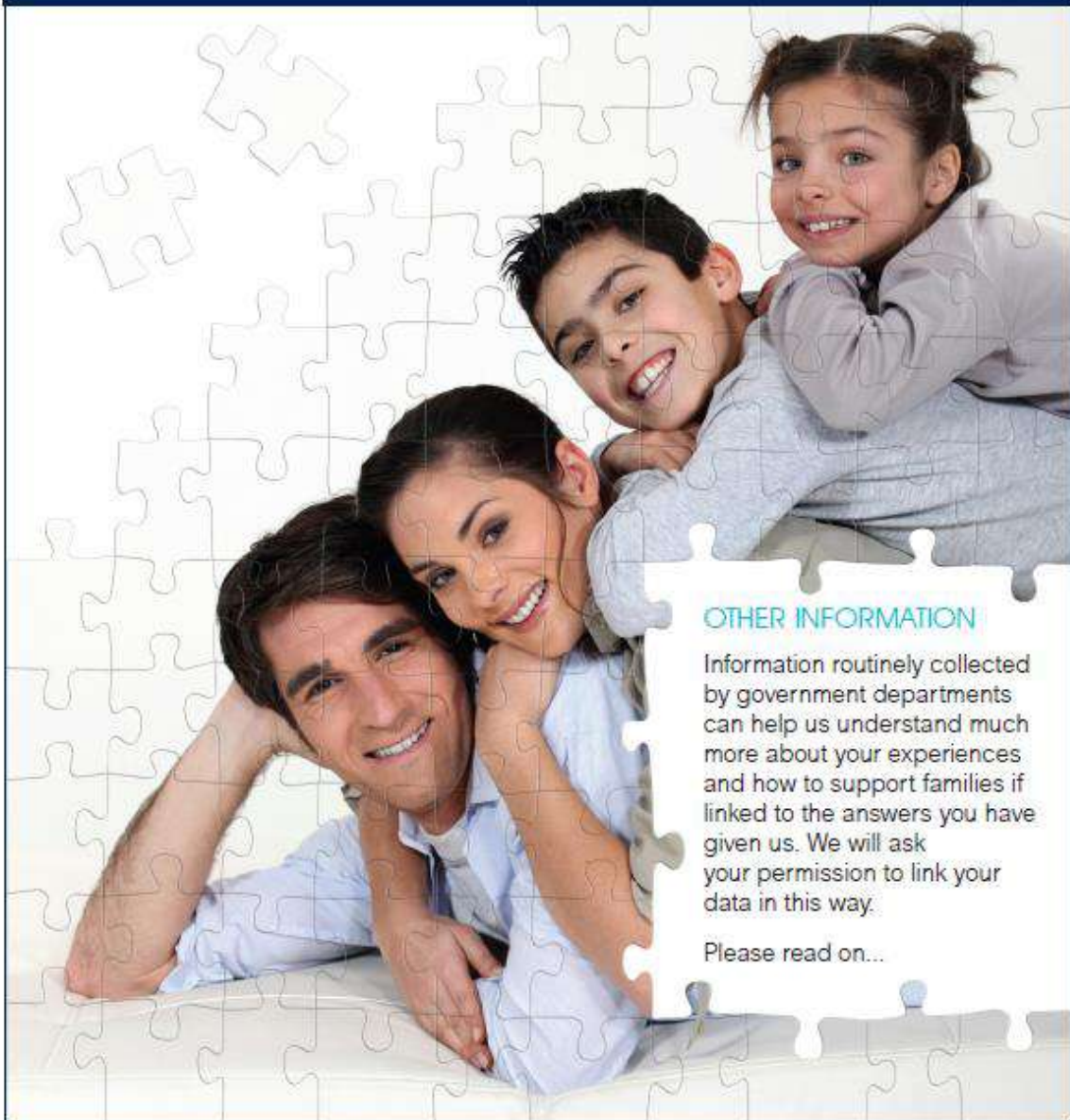
CHILD OF THE NEW CENTURY

AGE 11 SURVEY



Child of the new Century

IS THERE ANY OTHER INFORMATION WE WOULD LIKE?



OTHER INFORMATION

Information routinely collected by government departments can help us understand much more about your experiences and how to support families if linked to the answers you have given us. We will ask your permission to link your data in this way.

Please read on...

CHILD OF THE NEW CENTURY

WHAT AM I BEING ASKED TO GIVE PERMISSION FOR?

The Department for Work and Pensions (DWP) keeps records of everybody's benefit claims and any periods people spend on employment programs.

Child of the New Century Study would like to add these records to the responses you have given to this study.

WHAT WILL HAPPEN IF I GIVE PERMISSION?

- 1) Child of the New Century Study will give the DWP your name, address, sex and date of birth and National Insurance Number.
- 2) The DWP will use these details to identify the correct records it holds about you.
- 3) The DWP will send your DWP records to Child of the New Century Study.
- 4) The DWP will not keep any of the personal information passed on to them.
- 5) Child of the New Century Study will add the DWP records to your study responses.
- 6) Your personal information (e.g. name and address) will be removed before any research is done.

WHAT WILL THE RESEARCH BE USED FOR AND WHO WILL USE IT?

Like your study responses, the additional information would be used by professional academic and social policy researchers for non-commercial research and statistics.

Any sensitive information would only be made available to them under restricted access arrangements which make sure that the information is used responsibly and safely.

Names and addresses are never included in the results and no individual can be identified from the research.

The data will not be used to work out whether any individual is claiming benefits they should not be and will not affect any current or future claims for benefits.

WHAT IF I DO NOT WANT TO GIVE PERMISSION?

If you don't want to give your permission for this, that is fine. You can still take part in the rest of the survey.

WHAT IF I CHANGE MY MIND?

You can withdraw permission **at any time** for your DWP records to be added to your study answers.

You can still continue to participate in the study.

WHO DO I CONTACT?

If you would like any further information or want to withdraw your permission, please contact us at:

Child of the New Century
Centre for Longitudinal Studies
Freepost LON20095
London
WC1H 0BR

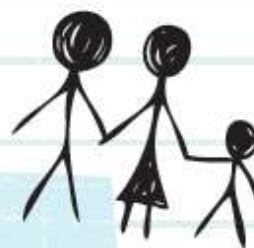
Tel: 0800 092 1250
Email: childnc@ioe.ac.uk

Thank you for your help

Ipsos MORI

10-030358/L14

I've helped with
Child of the
New Century -
What now?



What if I want to talk to
someone about the things in
the survey?

We hope you enjoyed taking part in the survey. But if you are worried, upset or have questions about anything in the survey or anything else in your life, the first person to talk to is one of your parents.

If you can't or don't want to speak to your mum or dad, you can talk to an older brother or sister, any other grown-up in your family, a teacher, someone else at school, or any other adult you trust.

You can also contact ChildLine about anything. No problem is too big or too small. This is a special helpline for children to ring if they want to talk about something or need help. You can phone them on 0800 1111. If you're deaf, hard of hearing or speech impaired textphone 0800 400 222. Calls are free from landline phones and mobile phones. You can phone at any time of the day or night. You can also look at their website: www.childline.org.uk.

Ipsos MORI



How can I find out more?



About the survey

If you have any other questions about the survey, you can contact James at Ipsos MORI: at childnc@ipsos.com, or on Freephone 0808 238 5446 (calls from mobile phones may not be free).

About Child of the New Century

If you want to know more about Child of the New Century as a whole, you can look at the website: www.childnc.net, phone 0800 092 1250 or email childnc@ioe.ac.uk.



What will happen to the information about me?

The interviewer will send your answers and measurements back to the company doing the survey. They will not have your name and address on, so no-one who sees them will know whose they are. They will be put together with the answers and measurements collected from the other children. Together they will be used to find out about children your age.

Will we be coming back?

We hope to visit you again in a few years. It is really important for us to visit the same children as you grow up, to find out what has changed and what is the same. You can decide when we come back whether or not you want to help with the next survey.

Thank you very much for your help!

By taking part in Child of the New Century you have helped to make things better for children in the future.

10-030358/LJ5

Partner letter



Ipsos MORI

Child of the New Century - Age 11 Survey

Date:

Dear

A short while ago, I sent you and your partner some information about the Child of the New Century Age 11 Survey. Today I have been talking with your partner and child.

I would very much like to speak to you too.

The interview will only last around 25 minutes. It is very important for this study that we speak to both parents or both adults living with the child, whenever possible. It is only by interviewing both of you that we can build up a full picture of the lives of children of this age.

I can interview you at a time that is convenient for you. I will call back to arrange a time. If you would prefer to call me to arrange a time please contact me on the number below.

The leaflets I sent to you and your partner tell you more about the study.

If you want any further information please call James Bill at Ipsos MORI. James can be contacted on 0808 238 5446 between 9:30 am and 5:30 pm (Monday to Friday). You can also let him know if you would prefer not to be contacted.

I hope you can help with this important study.

Best wishes,

.....

Phone number:



Centre for Longitudinal Studies
Director: Professor Jane Elliott
Following lives from birth and through the adult years
CLS is an ESRC Resource Centre based at the IOE

Centre for Longitudinal Studies • Institute of Education
20 Bedford Way • London WC1H 0AL
Tel 020 7612 6902 Freephone 0800 092 1250
Email childnc@ioe.ac.uk Website www.childnc.net
10-030358/Ltr4

Consent form (Child) – England and Wales

I



Ipsos MORI

Child of the New Century – Age 11 Survey

CONSENT FROM CHILD

(TO BE COMPLETED BY INTERVIEWER)

Name of child (print)

INSTRUCTIONS FOR COMPLETION

*****YOU MUST COMPLETE: CONSENT FORM "CHILD ELEMENTS" BEFORE COMPLETING THIS FORM*****

This is because PARENTAL CONSENT must be gained prior to asking the child's consent for any aspect.

SECTION 1 (Overall consent to participation): *YOU MUST ALWAYS COMPLETE SECTION 1 BEFORE SECTIONS 2-5*****

SECTIONS 2-5 (Child consent to individual child elements): These can be completed in any order, and at different times, but AFTER SECTION 1, and BEFORE you carry out the relevant element.

EACH SECTION OF THE CONSENT FORM: is designed to be administered in conjunction with the relevant section of the child leaflet. (For ease of reference, relevant leaflet sections are indicated in brackets)

FOR YOUR INFORMATION, BEFORE PROCEEDING WITH THE FIRST STAGE OF CHILD CONSENT, CHECK IF THE CHILD HAS READ THE LEAFLET ("How can I help with Child of the New Century?") IN ADVANCE.

Interviewer use only:

BARCODE

Interviewer number:

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I

1. Overall consent to participation

YOU MUST MAKE SURE THAT THE CHILD UNDERSTANDS AND AGREES TO THE FOLLOWING POINTS BEFORE YOU START THE FIRST CHILD ELEMENT:

i) What the survey is for and what it involves as a whole, specifically....

- a) That the survey is to help understand what it is like to be a child of your age growing up, and it will help improve things for children in the future (LEAFLET SECTION: "What is it?," "What's it for?")

READ OUT:

Before we start, I want to tell you about this survey.

It is an important survey of 19,000 children. As you know, you are one of those special children who have been chosen out of all of the children in the country of your age. We have visited the Children of the New Century when they were babies and when they were 3, 5 and 7 years old. We want to find out what your life is like now.

It's to find out what it's like to be growing up in England, Scotland, Wales and Northern Ireland today. By taking part in Child of the New Century you have already told us a lot about how to make children's lives better. By taking part again, you will help to make things better for all children in the future.

- b) That we will be finding out about them by asking them to fill in some questions and do some different activities, and by asking some questions to their parents and possibly their teacher.
(LEAFLET SECTION: "What will it be like?" "Who else is being asked to be in the survey?" and "What will I have to do?")

READ OUT:

We want to understand what it is like to be you. I will ask you to do some different things. You can decide whether or not to do each one - I will explain everything to you clearly so it is easy for you to understand what you have to do. If you want to ask any questions or if you don't understand anything then you can tell me as we go through.

We will also ask your parent(s) some questions. We also want to ask your class teacher some questions, if you are OK with that.

ii) That participation is voluntary (LEAFLET SECTION: "Do I have to do these things?")

READ OUT:

If there is an activity that you do not want to do, you can just tell me, and we won't do it. And that's ok. Even though your (mum/dad) said you would be allowed to do the survey, you still do not have to do something if you do not want to.

You can also skip any questions that you don't want to answer or stop at any time. It's ok to change your mind once you have started too, you can just tell me and we will stop.

iii) That data will be kept confidentially (LEAFLET SECTION: "What will happen to the information about me?")

READ OUT:

I will send your answers and measurements back to the company doing the survey. They will not have your name and address on, so no-one who looks at them will know whose they are. They will be put together with the answers and measurements collected from the other children. You do not have to tell anyone your answers. It is up to you whether you want to tell your parents your answers.

5. Approaching the child's teacher ("Who else is being asked to be in the survey")

READ OUT: We'd like to send a short question booklet to your class teacher. This will tell us more about you and your class. Your teacher doesn't have to take part if they don't want to.

Are you OK for us to contact your teacher?

Yes

☐

No

☐

N/A – no
parent
consent given

☐

INTERVIEWER CHECK: Ensure that the child understands that it's ok not to contact their teacher if they don't want us to. Ensure that the child has asked any questions they want to.

Interviewer confirmation

I confirm the child understands what the survey involves; that they have asked all questions they have about the survey and I have answered them to the child's satisfaction; that the child is aware they only have to do activities they want to do; and that the child is aware they can stop taking part and change their mind at any time.

Name of interviewer (print):

Signed by interviewer:

Date (dd/mm/yyyy):

Interviewer confirmation

I confirm the child understands what the survey involves; that they have asked all questions they have about the survey and I have answered them to the child's satisfaction; that the child is aware they only have to do activities they want to do; and that the child is aware they can stop taking part and change their mind at any time.

Name of interviewer (print):

Signed by interviewer:

Date (dd/mm/yy):

 / /

Consent form (Child elements) – England and Wales



Ipsos MORI

Child of the New Century - Age 11 Survey Consent form CHILD ELEMENTS

Name of child (print)

Name of parent/guardian (print)

Child questionnaire

I give my consent to the interviewer named below to ask my child if they would be willing to complete the Child Questionnaire: Please initial box

Child assessments

I give my consent to the interviewer named below to ask my child if they are willing to participate in:

Please initial box

- a) Verbal similarities task
- b) Memory task
- c) Decision making task

Child Measurements

I give my consent to the interviewer named below to ask my child if they are willing to have the following measurements taken: Please initial box

Please initial box

- a) Height
- b) Weight
- c) Body fat percentage

My child's teacher

I give my consent to the interviewer named below to ask my child if they are willing for their class teacher to be contacted. The teacher will be asked to complete a questionnaire about my child's education and experiences at school. I understand that the teacher is under no obligation to complete the questionnaire. Please initial box

Please initial box

Full name of class teacher (print):

Title

First Name

Surname

Parental confirmation

I have read or heard the information leaflet ("MORE INFORMATION ABOUT THE VISIT") about my child's participation in the Child of the New Century: Age 11 Survey. I understand what the study involves and have discussed any outstanding questions with the interviewer named below. I am happy for my child named above to participate in the Survey if they want to. I understand that my child or I can stop any part of the survey at any point or decline any part of it. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act and will be used for research purposes only.

Signed by parent/guardian

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information leaflet ("MORE INFORMATION ABOUT THE VISIT"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the study and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

BARCODE

Interviewer number:

EW

ENG

10-030358/CF3

Consent form (Main parent)



Ipsos MORI

Child of the New Century - Age 11 Survey Consent form MAIN PARENT/GUARDIAN

Name of parent/guardian
(print)

Interview

I give my consent to be interviewed as part of the
Age 11 Survey of Child of the New Century.

Please initial box

Confirmation

I have read the letter of invitation and the information leaflet about Child of the New Century Age 11 Survey ("WHAT IS CHILD OF THE NEW CENTURY AGE 11 SURVEY?") I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act, and used for research purposes only.

Signed by parent/guardian

Date

Other information

I have read and understand the leaflet "IS THERE ANY OTHER INFORMATION WE WOULD LIKE?". This explains how Child of the New Century would like to attach my DWP records, containing information they hold on my benefit claims and time on employment programs, to the answers I have given in this study.

I give my permission for Child of the New Century to pass on my name, address, sex and date of birth and National Insurance Number to The Department for Work and Pensions (DWP) for research purposes.

Please initial box

If you would like any further information or want to withdraw your permission, please contact us at:

Child of the New Century, Centre for Longitudinal Studies, Freepost LON20095, London, WC1H 0BR

Tel: 0800 092 1250 or email: childnc@ioe.ac.uk

Signed by parent/guardian

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information leaflets ("WHAT IS CHILD OF THE NEW CENTURY AGE 11 SURVEY?" and "IS THERE ANY OTHER INFORMATION WE WOULD LIKE?"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the study and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

Interviewer number:

EWSNI

ENG

10-030358/CF2

Consent form (Partner)



Ipsos MORI

Child of the New Century - Age 11 Survey Consent form PARTNER

Name of partner (print)

Interview

I give my consent to be interviewed as part of the
Age 11 Survey of Child of the New Century.

Please initial box

Confirmation

I have read the letter of invitation and the information leaflet about Child of the New Century Age 11 Survey ("WHAT IS CHILD OF THE NEW CENTURY AGE 11 SURVEY?") I have discussed any outstanding questions with the interviewer named below and I wish to participate in the survey. I understand that I can stop the interview and/or questionnaire completion at any point or decline any question. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act, and used for research purposes only.

Signed by partner

Date

Other information

I have read and understand the leaflet IS THERE ANY OTHER INFORMATION WE WOULD LIKE?. This explains how Child of the New Century would like to attach my DWP records, containing information they hold on my benefit claims and time on employment programs, to the answers I have given in this study.

I give my permission for Child of the New Century to pass on my name, address, sex and date of birth and National Insurance Number to The Department for Work and Pensions (DWP) for research purposes.

Please initial box

If you would like any further information or want to withdraw your permission, please contact us at:

Child of the New Century, Centre for Longitudinal Studies, Freepost LON20095, London, WC1H 0BR

Tel: 0800 092 1250 or email: childnc@ioe.ac.uk

Signed by partner

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information leaflets ("WHAT IS CHILD OF THE NEW CENTURY AGE 11 SURVEY?" and "IS THERE ANY OTHER INFORMATION WE WOULD LIKE?"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the study and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

Interviewer number:

EWSNI

ENG

10-090758/CF4

Letter from parent to teacher



Ipsos MORI

Child of the New Century - Age 11 Survey Letter for Class Teacher

Dear

My child

is taking part in the Age 11 Survey of the Child of the New Century study.

This important national study is exploring what it is like to grow up in the 21st Century by following over 19,000 children born in the UK in 2000/2001 throughout their lives. Previous surveys have taken place when the children were 9 months old, and at ages 3, 5 and 7. An important part of the study involves collecting information on various aspects of the child's education at school from their class teacher.

The Age 11 Survey is taking place during 2012, when the children are 11 years of age and in their last year of primary school. My child and I have already taken part in this survey.

I am writing to let you know that I have given my written permission and my child has agreed for you to be invited to take part in this survey too. As part of this I have provided your name and the school name and address. If you do participate in this survey, please be assured that your responses will **not** be shared with me or my child.

Child of the New Century is being carried out by Ipsos MORI on behalf of the Centre for Longitudinal Studies at the Institute of Education. Ipsos MORI is an independent research organisation. All information you provide will be treated in the strictest confidence in accordance with the Data Protection Act and will be used for research purposes only.

You do not have to do anything for now. Ipsos MORI will send you a questionnaire through the post and more information about the study in the near future. If you have any questions, please contact James Bill at Ipsos MORI on 0808 238 5446 between 9:30 am and 5:30 pm (Monday to Friday). For further information about the study in general, you can visit the study website: www.childnc.net

With kind regards,

Name

Signed **Date**



Centre for Longitudinal Studies
Director: Professor Jane Elliott
Following lives from birth and through the adult years
CLS is an ESRC Resource Centre based at the IOE

Centre for Longitudinal Studies • Institute of Education
20 Bedford Way • London WC1H 0AL
Tel 020 7612 6902 Freephone 0800 092 1250
Email childnc@ioe.ac.uk Website www.childnc.net

10-030358/Ltr5/PT

MCS6

See MCS6 Technical Report on Fieldwork – <https://cls.ucl.ac.uk/wp-content/uploads/2017/12/MCS6-Technical-Report.pdf>

Prenotification mailing

February 2015

Dear Study Member,

My name is Emla Fitzsimons, and I'm the Director of Child of the New Century. I recently sent you some information about the study, and why your voice is so important and unique. I hope you found it interesting – and that you liked the small gifts too!

Child of the New Century is the only study in the UK that shows us both what life is like for young people growing up in the UK today and that has followed your lives since you were babies. This makes it one of the most important and influential studies of its kind, because to understand how we got to where we are, we need to understand the past as well as the present.

Researchers worldwide use information in the study to describe different aspects of your lives. This research then helps improve decisions that policymakers make on behalf of young people. I've enclosed a short leaflet along with this letter. It tells you what you all told us at age 11 about different aspects of your lives. I hope you find it interesting. There is also more on the website, www.childnc.net.

The next survey is planned for when you are 14 years old, in 2015. It has lots of new things this time round! We will write to you again soon to give you more details about it and to invite you to take part. Like last time, the survey will be carried out by the company Ipsos MORI. We very much hope you will take part again. Of course, it is up to you and your parents to decide, and the interviewer will be more than happy to discuss it with you too.

If you have any questions, or would prefer not to take part, please call us on Freephone 0800 092 1250, email us at childnc@ioe.ac.uk, or write to us at FREEPOST RTKC-KLUU-RSBH, Child of the New Century, 20 Bedford Way, London, WC1H 0AL.

You can keep up to date with the study through our website at www.childnc.net. You'll find lots of information about taking part and what we've learned – you can even check out our new animated video about the study! You can also follow us on Twitter @childnewcentury and Facebook www.facebook.com/childofthenewcentury.

I very much hope that you will be happy to help us with this important study.

With my best wishes,



Professor Emla Fitzsimons, Study Director

February 2015

Dear Parent(s),

Your child is one of the 19,000 children born in the UK in 2000/2001 whose lives are being followed by Child of the New Century.

The study has now been going on for nearly 14 years! I am pleased to enclose a booklet containing some initial findings from the previous survey, carried out three years ago when your child was age 11. I hope you enjoy reading it. There is also more on the website, www.childnc.net.

I have recently taken over from Professor Lucinda Platt as the Director of Child of the New Century and am delighted to be taking forward such an important and influential study. Without your contribution, the study would simply not happen, and I wish to extend a heartfelt thanks to each and every one of you for participating over the years.

The influence of the study will increase as it continues to follow your children's lives as they grow. The next stage of the study will take place in 2015, when your child is 14 years old. Like last time, the interviews will be carried out by Ipsos MORI, an independent research organisation. They have a great deal of experience and expertise in surveying families and young people in particular.

We will write to you again soon to give you more details about the Age 14 Survey and to invite you to take part. An interviewer from Ipsos MORI will then get in touch with you. We really hope you and your child will take part again, as you make a unique contribution to the study which can never be replaced. But it is of course your decision, and the interviewer will be happy to discuss this with you.

If you have any questions or would prefer not to be contacted about the Age 14 Survey, please call us on Freephone 0800 092 1250, email childnc@ioe.ac.uk, or write to us at FREEPOST RTKC-KLUU-RSBH, Child of the New Century, 20 Bedford Way, London, WC1H 0AL. Please also let us know your new address if you have moved since the last time we saw you, so that we can reach you to invite you to take part.

You can keep up to date with the study through our website at www.childnc.net. The website includes lots of information about taking part, what we've learned, and even a new animated video about the study. You can also follow us on Twitter@childnewcentury and Facebook www.facebook.com/childofthenewcentury.

I look forward to keeping in touch with you as the study goes forward.

With kind regards,



Professor Emla Fitzsimons, Study Director

Advance letter for study members

**CHILD OF THE
NEW CENTURY** 

WILL YOU HELP US?

AGE 14 SURVEY

Ref:

Dear

I am writing to ask you and your family to help with Child of the New Century.

This important study follows the lives of thousands of young people born between 2000 and 2001 to understand what it is like growing up in the UK today. It provides information on young people's health, education and what they do for fun. As you know, you are one of those young people who have been chosen out of all of the people in the country of your age.

You and your family have helped us before. We would be really grateful if you could help us again.

Please read the booklet included with this letter as it explains what we would like you to do and what it will be like. It will help you decide whether or not you want take part.

Child of the New Century is run by the Institute of Education (IOE), a university in London. The IOE works with a company called Ipsos MORI, which does a lot of surveys with young people and their parents.

If you and your family want to take part, an interviewer from Ipsos MORI will come to your home to do the survey with you and your parent(s). The interviewer can answer any questions you have when they visit.

Your interviewer is a man/woman called:

Most young people find the activities we ask them to do fun and interesting. If you take part, you will receive a small gift as a thank you.

If you have any questions about the survey please talk to your parent(s) or contact Stephan Tietz at Ipsos MORI. You can email Stephan at childnc@ipsos.com or phone him on **Freephone 0808 238 5446** between 9:30 am and 5:30 pm (Monday to Friday). Calls from landlines are free but costs from mobile phones may vary, so please check with your provider.

I hope you will help us again with this important study.



Professor Emla Fitzsimons
Study Director

Ipsos MORI

13-025042-02/L02G

Advance letter for parents

**CHILD OF THE
NEW CENTURY** 

WILL YOU HELP US?

AGE 14 SURVEY

Ref:

Dear

I am writing to invite you to help us again with the next stage of Child of the New Century. This is an important national study. It follows the lives of thousands of young people born in the UK in 2000/2001 and is used to find out how they grow up. It helps to improve services and support for young people and their families across the countries of the UK.

As you know, your child is one of those young people who have been chosen out of all of the people in the country of their age. Now that your child is 14, we would like to visit you to find out how your family is getting on. **Your continued participation in the study is very important to us.**

The enclosed booklet tells you more about the survey. We have also provided a letter and booklet for your child. Please read this and encourage your child to read their booklet before the interviewer arrives to visit.

Where two parents (or a parent and their partner) are living with the child, we would like you both to take part, as well as your child. We would like you to take part even if your child does not want to take part themselves. This is really important to the study.

The Age 14 Survey is being carried out by Ipsos MORI (an independent research organisation which carries out surveys with families) on behalf of a university in London - the Centre for Longitudinal Studies at the Institute of Education. Child of the New Century is paid for by the Economic and Social Research Council (ESRC) and government departments in all countries of the UK.

An interviewer from Ipsos MORI will contact you to ask if you would be willing to take part, and answer any questions you may have. Their name and contact details can be found at the bottom of this letter. If you would like to take part, they will arrange a convenient time to visit. You can also contact them directly to arrange an appointment on the number below.

All interviewers are fully trained. They carry an identification card with their photograph and the Ipsos MORI logo. The logo is shown at the bottom of this letter. All information collected will be treated in strict confidence in accordance with the Data Protection Act.

If you have any questions or prefer not to be contacted, please contact Stephan Tietz at Ipsos MORI by email at childnc@ipsos.com or Freephone 0800 238 5446 between 9:30 am and 5:30 pm (Monday to Friday). Calls from landlines are free but costs from mobile phones may vary, please check with your provider.

I hope that you will be able to help with this important study.



Professor Emla Fitzsimons
Study Director

Your interviewer on this study will be:

.....

Contact number:

Ipsos MORI

13-025042-02/L01G

HOW CAN I FIND OUT MORE...

...ABOUT THE AGE 14 SURVEY?
If you would like more information about the Age 14 Survey please contact Ipsos MORI:
Stephan Tietz
Ipsos MORI
79-81 Borough Road
London
SE1 1FY
Freephone 0800 238 5446 (costs from mobile phones may vary, please check with your provider)
Email: childnc@ipsos.com

...ABOUT CHILD OF THE NEW CENTURY?
For more information about the study you can phone 0800 092 1250, or email childnc@ioe.ac.uk or visit the study website: www.childnc.net.

FOLLOW US
@childnewcentury
www.facebook.com/childofthenewcentury

THANK YOU FOR YOUR HELP
Ipsos MORI

13-025014T-02/B08

CHILD OF THE NEW CENTURY

AGE 14 SURVEY

WHAT WOULD WE LIKE YOU TO DO?

INFORMATION FOR STUDY MEMBERS

GIVE YOUR IDEAS

WHAT YOU DO WITH FREE TIME

MEASURE YOU UP

RELATIONSHIPS AND FAMILY

A QUICK GUIDE TO THE AGE 14 SURVEY

ANSWER SOME QUESTIONS ABOUT YOUR LIFE (40 MINS)

- ☆ Tell us about different things - such as your family, friends, school and what you do for fun
- ☆ Do it on your own using a tablet
- ☆ No one will see your answers

BE MEASURED TO UNDERSTAND HOW YOU GROW (10 MINS)

- ☆ So we can see how tall you are, how much you weigh and your body fat percentage
- ☆ Stand on some scales and have your height measured using a height measure
- ☆ You won't be told your measurements unless you want them

DO SOME ACTIVITIES TO UNDERSTAND HOW YOU THINK (20 MINS)

- ☆ Show us how you understand the meaning of different words and how you make decisions
- ☆ On a tablet
- ☆ Not a test!

GIVE A SALIVA SAMPLE FOR RESEARCH ABOUT GENES (5 MINS)

- ☆ So we can see how young people develop
- ☆ Spit in a small container
- ☆ You can do it on your own in private

COMPLETE A TIME-USE RECORD AND WEAR AN ACTIVITY MONITOR

- ☆ So we can find out about young people's physical activity and how they spend their time
- ☆ By wearing a monitor on your wrist and completing a record of your time
- ☆ Completely secure and confidential

Only some young people will be asked to complete a time-use record and wear an activity monitor. We are not able to ask all young people to do this because we do not have enough equipment for everybody to use. We will choose some people at random to do these things - a bit like pulling names out of a hat. If you are selected the interviewer will send you more information before the visit.

The interviewer will explain everything again when they come to visit and answer any questions you may have.

Most young people enjoy the different parts of the survey, but it's up to you whether you would like to take part. You can always choose to do some things and not others.

Voice of your generation



IT'S YOUR DECISION



YOU MAKE A DIFFERENCE

THANK YOU

TAKING PART AT AGE 14

WHY SHOULD I TAKE PART?

Child of the New Century is an important study of your generation. As you know, you are one of the young people who have been chosen out of all of the people in the country of your age. The study covers many different parts of young people's lives, including their health, education and what they do for fun, which helps us to see how everything fits together. Your unique contribution is incredibly valuable so we do hope that you will take part.

WHAT'S SO IMPORTANT ABOUT AGE 14?

Age 14 is a very important age - you are growing up and changing, and making some really important decisions about your future. In school you are likely to be choosing the subjects that you want to study for the next two years. You will also be experiencing new things, making new friends and thinking about what you want to do when you finish school.

Because this is such an important age, we want to record how you think, what you do, and how you feel, so we can see how you've changed since you were younger.

DO I HAVE TO TAKE PART?

It's crucial that all different kinds of young people continue to take part in the study - we need to make sure we are representing all of the different voices of your generation.

Most young people enjoy the different parts of the survey, but it's up to you whether you would like to take part. You can always choose to do some things and not others.

The interviewer will ask you about one activity at a time and you can say yes or no to each. You can stop at any time if you decide you don't want to do it anymore.



WHO DECIDES IF I CAN TAKE PART?

The interviewer will ask your parent first if it's okay for us to ask you to take part, but it's up to you to decide whether you want to or not.

Even if your parent agrees you can take part in these activities, you don't have to do them if you don't want to.

We will ask your parents' permission for you to give a saliva sample. We are required to get your parents' permission for this because of its special nature, and because you are not yet an adult. Even if your parent says yes, it's still up to you whether you want to give the sample.

WILL ANYONE ELSE IN MY FAMILY TAKE PART?

We would like to ask your parent(s) who live with you to answer some questions, do a word activity and give a saliva sample.

WHAT WILL I GET FOR TAKING PART?

As a thank you for your time, you will be given a small gift by the interviewer.

You're unique and the picture isn't complete without you. If you choose not to take part, we can't replace you with anyone else.



ANSWER SOME QUESTIONS ABOUT YOUR LIFE (40 MINUTES)

We would like you to answer some questions yourself on the interviewer's tablet.

WHY?

These questions help us learn about different aspects of your life, like your family, friends, school, and what you do for fun.

HOW?

THE QUESTIONS ARE ABOUT DIFFERENT THINGS INCLUDING:

- ☆ How you spend your free time
- ☆ What you think about different issues
- ☆ How you feel about school and your future
- ☆ Your identity
- ☆ Your friends, family and relationships
- ☆ Things you might have experienced, like bullying
- ☆ Your body, health and feelings
- ☆ Your personality



It is not a test so there are no right or wrong answers. If you don't want to answer a question that's ok, you can skip it.

Some questions are about things that not all people your age will have done. We're just as interested in what people have done as well as what they haven't. It's important that you answer honestly.

Take as much time as you need. If you make a mistake or change your mind you can go back and change your answer.

The interviewer won't show or tell your answers to anyone.

DO SOME ACTIVITIES TO UNDERSTAND HOW YOU THINK (20 MINUTES)

We would like you to do two activities on a tablet that help us measure how you think. **They are not like school tests.**

WHY?

How we think is an important part of who we are. By comparing these activities to your answers on other parts of the survey, we can figure out how things like your school, parents, and home life are related to how you think.

WHAT ARE THE ACTIVITIES?

WORD ACTIVITY -

This activity looks at how you understand the meaning of different words. The interviewer will show you a list of 20 words. For each word on this list, you need to pick another word, out of a total of five, which you think has the same meaning. The words get harder as they go on. Most young people will not know all the words, so don't worry if you don't.

DECISION-MAKING ACTIVITY -

This activity looks at how you make decisions. You will need to guess if a token is in a red or blue box on the screen, and decide how many points you want to risk on whether your guess is right.



BE MEASURED TO UNDERSTAND HOW YOU GROW (10 MINUTES)

We would like to measure how tall you are, how much you weigh, and your body fat percentage. It is ok if you only want some of the measurements taken or if you don't want any taken.

WHY?

Taking these measurements helps us learn how 14-year-olds are growing. This is useful because we can look at how things like diet and lifestyle affect how you grow.

HOW?

The interviewer is trained in how to take these measurements and will make you feel comfortable. They will ask you to take your shoes and socks off. They will measure your height using a height measure. They will need you to stand in a certain position. They will hold your head to make sure they measure your full height.

To weigh you and to take your body fat percentage, the interviewer will ask you to stand on some scales.

Your parent(s) will be in the room with you when you have your measurements taken.

The interviewer won't read your measurements out loud, or show or tell anyone (including your parent(s)). They won't tell you your measurements if you don't want to know them. If you do want to know them, they will give you a paper copy of the measurements. You can choose to have a copy of just some of them if you like.



GIVING A SALIVA SAMPLE FOR RESEARCH ABOUT GENES (5 MINUTES)

We will ask one of your parents whether they give permission for you to give a sample of your saliva. If your parent says yes, it will still be up to you whether you want to do it or not. We will also ask your parent(s) to give a saliva sample.

WHY?

The saliva sample will be used for research about genes. Genes are made up of sections of DNA. Your DNA contains the information that makes you who you are. For example, the DNA in your genes determines if you have curly or straight hair, or your height. It can even control how you might smile or laugh.

Families pass traits from one generation to the next through their genes. But everyone has a slightly different set of genes – like your own personal recipe book. It is important to study genes so we can understand the way people develop.

HOW?

Giving a saliva sample is very easy – the interviewer will explain how.

You will be given a small container and asked to spit into it. You can do it in private.

You should not eat, drink, smoke or chew gum for 30 minutes before giving a saliva sample.

There is no risk of harm to you or others when giving a saliva sample. Your parent(s) will be asked to do the same thing.

WHAT WILL HAPPEN TO THE SALIVA SAMPLES?

The interviewer will post the saliva samples to a research laboratory at the University of Bristol. A sample of DNA will be taken from your saliva. We will not attach your name and address to the saliva sample when it goes to the laboratory.



GOT QUESTIONS?

IS THERE ANYTHING ELSE YOU WILL ASK ME?

We would like to ask if you would be willing to give us your mobile phone number and email address (if you have one) so we can keep in touch with you about the study in the future. We will not give your contact details to anybody else, and we will not contact you about anything other than Child of the New Century.

If you are one of the young people who have been asked to wear an activity monitor and complete a time-use record, we will also ask if you would be happy for us to send you texts to remind you to complete them

WHAT WILL HAPPEN TO MY INFORMATION?

The information will be sent back to Ipsos MORI, the company doing the survey. The information will then be sent to the Institute of Education and added to the information collected from other young people in the survey. It will then be made available to researchers so they can find out more about your generation.

WILL ANYONE SEE THE INFORMATION I GAVE?

We keep your name and address completely separate from the other information you give us. This way no one knows whose information is whose.

HOW SECURE IS MY information



WHAT IF I HAVE QUESTIONS OR CONCERNS?

After you have taken part the interviewer will give you a leaflet with some further information and guidance in case you have any questions.

WHEN WILL WE BE COMING BACK?

We hope to visit the Children of the New Century every few years to see how they are growing up. We don't know yet when the next survey will be. We hope you will be willing to take part again. You can decide at the time whether you would like to help us again.

WHAT IF I CHANGE MY MIND IN THE FUTURE?

You can change your mind about taking part at any time by contacting us at:
Freepost RTKC-KLUU-RS8H
Child of the New Century
20 Bedford Way
London
WC1H 0AL
Tel: 0800 092 1250
Email: childnc@ioe.ac.uk



HOW CAN I FIND OUT MORE...

...ABOUT THE AGE 14 SURVEY?

If you would like more information about the survey please contact Ipsos MOR:
 Stephan Tietz
 Ipsos MORI
 79-81 Borough Road
 London
 SE1 1FY
 Freephone 0800 238 5446 (costs from mobile phones may vary,
 please check with your provider)
 Email: childnc@ipsos.com

...ABOUT CHILD OF THE NEW CENTURY?

For further information about the study in general you can phone
 0800 092 1250, or email childnc@ioe.ac.uk or visit the study website:
www.childnc.net

FOLLOW US

 @childnewcentury
 www.facebook.com/childofthenewcentury
 childofthenewcentury



THANK YOU FOR YOUR HELP

Ipsos MORI

13-035042-02/B07

CHILD OF THE
 NEW CENTURY 

AGE 14 SURVEY

WHAT WOULD WE LIKE YOU AND YOUR CHILD TO DO?

INFORMATION FOR PARENTS



A QUICK GUIDE TO THE AGE 14 SURVEY

WE WOULD LIKE YOU TO:

ANSWER SOME QUESTIONS ABOUT YOUR FAMILY (55 MINS USUALLY WITH MUM/25 MINS USUALLY WITH DAD)

- ☆ Get a full understanding of family life by speaking to the parent(s) and/or partner living with the young person
- ☆ You don't have to answer anything you don't want to
- ☆ Some private questions which are completed yourself

WE WOULD LIKE YOUR CHILD TO:

ANSWER SOME QUESTIONS ABOUT THEIR LIFE (40 MINS)

- ☆ So young people have the opportunity to tell us about their lives
- ☆ Do it on their own in private
- ☆ Questions are relevant to young people of their age

DO SOME ACTIVITIES TO UNDERSTAND HOW THEY THINK (20 MINS)

- ☆ So we can understand how young people understand the meaning of different words and how they make decisions
- ☆ On a tablet computer
- ☆ Not a test!

COMPLETE A SHORT WORD ACTIVITY (5 MINS)

- ☆ Looks at people's understanding of the meaning of words
- ☆ On a tablet computer
- ☆ Not a test!

GIVE A SALIVA SAMPLE FOR GENETIC RESEARCH (5 MINS)

- ☆ So we can extract a sample of DNA for research purposes
- ☆ Spilt in a small container
- ☆ You can do it on your own in private

BE MEASURED TO UNDERSTAND HOW THEY ARE GROWING (10 MINS)

- ☆ So we can see how tall they are, how much they weigh and their body fat percentage
- ☆ By standing on some scales and having their height measured using a height measure
- ☆ No one will be told their measurements (including your child) if they don't want them to

GIVE A SALIVA SAMPLE FOR GENETIC RESEARCH (5 MINS)

- ☆ So we can see how young people develop
- ☆ By spitting in a small container
- ☆ They can do it on their own in private

COMPLETE A TIME-USE RECORD AND WEAR AN ACTIVITY MONITOR (ONLY SOME YOUNG PEOPLE)

- ☆ So we can find out about young people's physical activity and how they spend their time
- ☆ By wearing a monitor on their wrist and completing a record of their time
- ☆ Completely secure and confidential

We are not able to ask all young people to do this because we do not have enough equipment for everybody. If your child is randomly selected to do these things the interviewer will send you both more information before the visit.

We will ask for your consent before we ask your child to do each of the activities.

The interviewer will arrange the visit for when is most convenient for you and your family. They can vary the order of activities depending on who is available. You do not all have to be there for all of it and some things can be done at the same time. The interviewer can also arrange to come back on a different day to finish if necessary.

Your participation is entirely voluntary. You do not have to do all of the activities. You can choose to do some and not others.

WHAT WOULD WE LIKE YOU TO DO?

ANSWER SOME QUESTIONS ABOUT YOUR FAMILY

We would like to ask you some questions about your family.

THE QUESTIONS COVER:

- ☆ Your family situation
- ☆ Your child's education
- ☆ Things you do with your child
- ☆ Your child's health
- ☆ Your health
- ☆ Your employment
- ☆ Your income and housing

If there are two parents (or a parent and their partner) living with the young person, we would like to speak with both of you. We would like to speak with one of you (usually Mum) for around **55 minutes**, and the other parent (usually Dad) for around **25 minutes**. We will ask fewer questions but on similar topics. This is important to get a full understanding of family life.

You don't have to answer anything you don't want to. For some questions, which might be more private, you will fill in the answers yourself on the interviewer's tablet computer. The tablet is easy to use, and the interviewer can show you what to do. We would also like you to answer a small number of questions on paper.

COMPLETE A SHORT WORD ACTIVITY

You will also be asked to do a short word activity. This looks at people's understanding of the meaning of words. This is the same activity that your child is doing (but with different words). It takes around **5 minutes**. More information is provided later in this booklet.

GIVE A SALIVA SAMPLE FOR GENETIC RESEARCH

We would also like to ask natural (biological) parents to provide a saliva sample for genetic research. This will take around **5 minutes**.

DO WE HAVE TO TAKE PART?

No. Your participation is entirely voluntary and you or your child can choose not to take part. You do not have to do all of the things described in this booklet. You can choose to do some and not others.

DO YOU STILL WANT ME TO TAKE PART IF MY CHILD DOESN'T WANT TO?

Yes. Even if your child does not want to take part we would still like you to take part. Your participation is extremely important to us.

WHAT WOULD WE LIKE YOUR CHILD TO DO?

ANSWER SOME QUESTIONS ABOUT THEIR LIFE

(40 MINUTES)

We would like to ask your child to answer some questions on their own on the interviewer's tablet computer.

WHY IS THIS USEFUL?

Asking young people about their experiences and interests is important as it gives them the opportunity to talk about their lives. The information helps us to understand how different aspects of young people's lives – such as home, school, and social elements - affect their general wellbeing, emotional development, and educational progress. The information can also be compared to similar data collected from previous generations of young people around the same age, to understand how lifestyles have changed over time.

WHAT WILL WE BE ASKING YOUNG PEOPLE?

THE QUESTIONS ARE ABOUT A LOT OF DIFFERENT THINGS INCLUDING:

- ☆ How they spend their free time
- ☆ What they think about different issues
- ☆ How they feel about school and their future
- ☆ Their identity
- ☆ Their friends, family and relationships
- ☆ Their body, health and feelings
- ☆ Things they might have experienced, such as bullying
- ☆ Their personality

Most young people find the questions interesting and enjoyable to answer. They have been designed to reflect their lives and interests.

There are no right or wrong answers and if there are questions they don't want to answer they can skip them. It is important that young people answer the questions privately so we get their own answers.

Most questions will be relevant to all young people of their age. Some of the questions are about things that not all young people of this age will have done. It is still important that all young people answer them so we know how many young people of this age have done these things.

If you would like to know more about what we will be asking your child, please ask the interviewer when they visit

WHAT WOULD WE LIKE YOUR CHILD TO DO?

DO SOME ACTIVITIES TO UNDERSTAND HOW THEY THINK
(20 MINUTES)

We would like to ask your child to do two activities on a tablet computer which help us understand how they think.

WHY IS THIS USEFUL?

These activities help us understand how young people of this age think and learn. This is useful in understanding, for instance, the extent to which activities that young people do in and out of school influence their learning and skills development.

WHAT ACTIVITIES WOULD WE LIKE YOUR CHILD TO DO?

WORD ACTIVITY -

This activity looks at young people's understanding of the meaning of words. They will be shown a list of 20 words. For each word they have to choose another word out of five others which they think has the same meaning. The words get harder as they go on. Most people will not know all the words. This is the same activity that parents are asked to do (but using different words).

DECISION-MAKING ACTIVITY -

This activity looks at how young people make decisions. Young people will need to decide how many points they are prepared to risk on finding a token in a red or a blue box on the computer screen. You are welcome to be present during these activities. However, please do not interrupt the activity or help your child so we make sure the results are their own.

Ideally, the activities should be carried out in a quiet, well-lit room at a table.

WHAT WOULD WE LIKE YOUR CHILD TO DO?

BE MEASURED SO WE CAN UNDERSTAND HOW THEY ARE GROWING (10 MINUTES)

We would like to measure your child's height, weight and body fat percentage.

WHY IS THIS USEFUL?

This provides valuable information about the growth of young people. For example, these measurements help to understand the extent to which diet and lifestyle contribute to young people being healthy. This helps policymakers decide which policies will be more effective in helping young people stay healthy - such as encouraging more physical activity or taxing sugar in soft drinks.

HOW DO WE MEASURE YOUR CHILD?

The height measurement will be taken using a device called a stadiometer. The interviewer will need to hold your child's head in a particular position in order to make sure their full height is measured.

For the weight and body fat measurements the interviewer will ask your child to stand on a special set of scales. The scales measure body fat by sending a weak electrical current around the body from one foot to the other. The electrical current is completely safe and painless. It cannot be felt at all.

We would like you to be present during the measurements, although the interviewer will have very little physical contact with your child.

The interviewer won't tell your child their measurements if they don't want to know. Your child will be offered a record of their measurements to keep if they would like it. It is up to your child if they want to show or tell these to anyone.

For the height and weight measurements, shoes and socks must be taken off, and for the weight measurement your child should remove any heavy clothing or items in their pockets.

GIVING A SALIVA SAMPLE FOR GENETIC RESEARCH

We are asking you and your child to give a saliva sample to extract a sample of DNA for research purposes.

We would like you to consent for your child to give a saliva sample as they are not yet an adult. We will also ask your child if they are happy to do this.

WHAT ARE GENES AND DNA?

Genes are the instructions which help determine the growth and development of all living things. For example, genes determine eye colour. Genes are made up of sections of DNA, which is the language our bodies use to write these instructions. Genes are inherited from our parents and they are the biological way parents pass on traits to their children. Everyone has a slightly different set of genes - so they are like our own personal recipe book.

WHY IS IT IMPORTANT TO STUDY GENES?

Researchers can use DNA samples to look at whether parents and their children have certain types of genes. Studying the relative importance of genes and other factors helps researchers to understand differences in young people's development, health, behaviour, growth and learning. For instance, recent research has identified genes associated with common allergies including pollen, dust-mite and cat allergies. It is believed that allergies are very often passed from one generation to the next. Understanding the genetic factors underlying allergies may be key to understanding who might be most likely to suffer from allergies and how this very common condition might best be treated.

WHO DO YOU WANT TO COLLECT DNA SAMPLES FROM?

As children inherit their genes from their parents, we would like to collect a saliva sample for DNA samples from natural (biological) parents who are living with the study child. This will allow researchers to understand which genes are passed from parent to child, and how parents' genes influence their children. As such, we are only collecting saliva samples from parents who are biologically related to the study child.

HOW DO YOU GIVE A SALIVA SAMPLE?

You and your child will be asked to spit your saliva into a small container. It is very easy and can be done in private. About half a teaspoon of saliva is needed. This typically takes about 5 minutes. There is no risk of harm to you or others when giving a saliva sample.

You should not eat, drink, smoke or chew gum for 30 minutes before giving a saliva sample

WHAT WILL HAPPEN TO THE SALIVA SAMPLES?

The interviewer will post the saliva samples to a research laboratory at the University of Bristol. A sample of DNA will be extracted from the saliva and stored for genetic research in the future. The saliva sample and DNA samples will be stored securely and anonymously. Your family's name and address will not be attached to the saliva sample when it is sent to the laboratory. Any researchers using the DNA will not have access to your family's name and address.

WHAT WILL THE DNA SAMPLES BE USED FOR?

The DNA samples will be used for research purposes only. This could include research by the commercial sector. Researchers who want to use the DNA samples to look at particular genes will have to apply for permission to an independent committee which oversees access to the samples. Researchers only get permission to use the samples if they put forward a strong scientific case and explain the potential impact of the research and its wider value to society.

The anonymised DNA samples will be treated in strict confidence in accordance with the Data Protection Act.

WHAT IF I CHANGE MY MIND AFTER I'VE GIVEN THE SAMPLE?

You can withdraw your consent for the use of your DNA, or your child's DNA until they are an adult, without giving any reasons, by writing to the Centre for Longitudinal Studies (see details at the end of this booklet). They will inform the laboratory and the stocks of your samples will be destroyed. When your child is an adult (or earlier if he or she can demonstrate that he or she is old enough to understand), he or she can withdraw permission for the storage and use of his/her DNA.

WHERE CAN I GET MORE INFORMATION ABOUT THE SALIVA COLLECTION ELEMENT OF THE SURVEY?

You can ask the interviewer any questions you may have. You may also want to look at the Frequently Asked Questions section of our website, www.childnc.net.

MORE INFORMATION ABOUT THE SURVEY

IS THERE ANYTHING ELSE YOU WILL ASK MY FAMILY?

With your permission we would like to ask your child if they would be willing to give us their mobile phone number and email address if they have one so we can keep in contact with them about the study. We will not give their contact details to anybody else, and we will not contact them about anything other than Child of the New Century.

If your child is one of the young people who have been asked to wear an activity monitor and complete a time-use record, we will also ask them if they would be happy for us to send them texts to remind them to complete them. We will only ask them to provide their mobile number for this purpose if you give your permission to allow us to do so.

WHO HAS APPROVED THIS SURVEY?

This survey has been reviewed and approved by an independent group of people called a Research Ethics Committee to protect your safety, rights, wellbeing and dignity.

WHO GIVES PERMISSION FOR MY CHILD TO TAKE PART?

We will ask for your written permission before we ask your child to take part in each of these activities. We will ask you to provide written consent for your child to give a saliva sample on their behalf. We are asking for your consent for this because your child is not yet an adult, and it is more complex to understand. Your child will still be able to decide for themselves whether to do this or not. The other elements are more straightforward to understand, and we think your child can verbally consent for themselves.

WILL YOU WANT TO SPEAK TO MY FAMILY AGAIN?

We don't know exactly when the next survey will be but we hope to visit the Children of the New Century every few years to see how they grow up. As your child gets older we will build up a detailed picture of how their generation develops from a very young age, through their school years and into adulthood.

WHAT IF MY CHILD HAS QUESTIONS OR CONCERNS AFTERWARDS?

After your child has taken part in the survey, they may have questions. You may wish to discuss with your child what they thought about taking part in the survey, particularly if you think they may be worried about something. The interviewer will give your child a leaflet containing information about how they can get advice, for example by talking to you, other adults or other support services. Young people are given contact details for:

CHILDLINE (0800 1111):

A 24-hour helpline for young people. www.childline.org.uk

GET CONNECTED (0800 808 4994):

Free confidential advice for young people on a wide range of issues including bullying, crime, health and education. www.getconnected.org.uk

TALK TO FRANK (0300 125 6600):

Free confidential advice on drugs and alcohol. www.talktofrank.com

WHAT IF I HAVE QUESTIONS OR CONCERNS AFTERWARDS?

If you have concerns about your child's education, speak to your child's teacher or head teacher. If you are concerned about your child's health, speak to your GP. Family Lives provides confidential advice, information and support on a range of family issues. Contact Family Lives (www.familylives.org.uk) on 0800 800 222 (free from landlines and most mobiles).

Your local Citizens Advice Bureau (CAB) can offer independent advice in person on a range of general issues including housing, debt and consumer issues. You can find out more, including where your nearest CAB is, at www.citizensadvice.org.uk.

HOW CAN MY FAMILY WITHDRAW CONSENT?

If you or your child would like to withdraw consent please contact:

Freepost RTKC-KLUU-RSBH
Child of the New Century
20 Bedford Way
London
WCH 0AL

Consent forms

**CHILD OF THE
NEW CENTURY** 

Age 14 survey

MAIN PARENT/GUARDIAN

Name of main
parent/guardian (print)

Interview & word activity

I give my consent to be interviewed as part of the Age 14 Survey of Child of the New Century. Please tick or initial box

☐

I give my consent to complete the word activity as part of the Age 14 Survey of Child of the New Century.

☐

Confirmation

I have read the letter of invitation and the information booklet ("What would we like you and your child to do?") about Child of the New Century: Age 14 Survey. I have discussed any outstanding questions with the interviewer and I wish to take part in the survey. I understand that I can stop the interview at any point or decline any question. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act, and used for research purposes only.

Signed by main parent/guardian

Date

Saliva sample

I give my consent to give a sample of my saliva for DNA extraction and research purposes. Please tick or initial box

☐

Confirmation

I have read and understood the information provided in the booklet about the use of my DNA for the purposes of the Child of the New Century: Age 14 Survey ("Giving a saliva sample for genetic research" in "What would we like you and your child to do?"). I have discussed any outstanding questions with the interviewer. I wish to provide a saliva sample. I understand that I can decline to provide the saliva sample at any point. I understand that this consent remains valid unless revoked by me in writing and that I may withdraw my consent at any time by contacting Child of the New Century in writing at FREEPOST RTKC-KLUU-RSBH, Child of the New Century, 20 Bedford Way, London WC1H 0AL.

Signed by main parent/guardian

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information booklet ("What would we like you and your child to do?"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the survey and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

M BARCODE

Ipsos MORI
13-025042-02/CF01



YOUNG PERSON ELEMENTS 1

Name of young person (print)

Name of parent/guardian (print)

Questionnaire

I give my consent for the interviewer to ask my child if they would be willing to complete the young person questionnaire.

Please tick or initial box

☐

Activities

I give my consent for the interviewer to ask my child if they are willing to take part in the:

Please tick or initial box

a) Word activity

☐

b) Decision-making activity

☐

Measurements

I give my consent for the interviewer to ask my child if they are willing to have the following measurements taken:

Please tick or initial box

a) Height

☐

b) Weight

☐

c) Body fat percentage

☐

Provision of contact details

I give my consent for the interviewer to ask my child if they are willing to provide their mobile telephone number for Child of the New Century to keep in contact with them about the study.

Please tick or initial box

☐

I give my consent for the interviewer to ask my child if they are willing to provide their email address for Child of the New Century to keep in contact with them about the study.

☐

IF APPLICABLE: Time-use record

Please tick or initial box

I give my consent for the interviewer to ask my child if they would be willing to complete the time-use record

☐

Activity monitor

Please tick or initial box

I give my consent for the interviewer to ask my child if they would be willing to wear an activity monitor

☐

I give my consent for the interviewer to ask my child if they are willing to provide their mobile telephone number for Child of the New Century to text them reminders about the activity monitor and/or time-use record task(s).

☐

Parental confirmation

I have read or heard the information booklets ("What would we like you and your child to do?" and if applicable, "Wearing an activity monitor and completing a time-use record") about my child's participation in the Child of the New Century: Age 14 Survey. I understand what the survey involves and have discussed any outstanding questions with the interviewer. I am happy for my child named above to take part in the survey if they want to. I understand that my child or I can stop any part of the survey at any point or decline any part of it. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act and will be used for research purposes only.

Signed by parent/guardian

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information booklets ("What would we like you and your child to do?" and if applicable, "Wearing an activity monitor and completing a time-use record"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the survey and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

YP BARCODE

Ipsos MORI

13-025042-02/CF01

YOUNG PERSON ELEMENTS 2

Name of young person (print)

Name of parent/guardian (print)

Saliva sample

I give my consent for my child to give a sample of their saliva for DNA extraction and research purposes.

Please tick or initial box

☐

Confirmation

I have read and understood the information provided in the booklet about the use of my child's DNA for the purposes of Child of the New Century: Age 14 Survey ("Giving a saliva sample for genetic research" in "What would we like you and your child to do?"). I have discussed any outstanding questions with the interviewer. I give permission for my child to provide a saliva sample. I understand that my child can decline to provide the saliva sample at any point. I understand that this consent remains valid unless revoked by me in writing and that I may withdraw my consent at any time until my child is an adult by contacting FREEPOST RTKC-KLUU-RSBH, Child of the New Century, 20 Bedford Way, London WC1H 0AL.

Signed by parent/guardian

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information booklet ("What would we like you and your child to do?"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the survey and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

YP BARCODE

Interviewer number:

Ipsos MORI
13-025042-02/CF01

Name of partner (print)

Interview & word activity

I give my consent to be interviewed as part of the Age 14 Survey of Child of the New Century. Please tick or initial box

☐

I give my consent to complete the word activity as part of the Age 14 Survey of Child of the New Century.

☐

Confirmation

I have read the letter of invitation and the information booklet ("What would we like you and your child to do?") about Child of the New Century: Age 14 Survey. I have discussed any outstanding questions with the interviewer and I wish to take part in the survey. I understand that I can stop the interview at any point or decline any question. I understand that all information will be treated in the strictest confidence in accordance with the Data Protection Act, and used for research purposes only.

Signed by partner

Date

Saliva sample

I give my consent to give a sample of my saliva for DNA extraction and research purposes. Please tick or initial box

☐

Confirmation

I have read and understood the information provided in the booklet about the use of my DNA for the purposes of the Child of the New Century: Age 14 Survey ("Giving a saliva sample for genetic research" in "What would we like you and your child to do?"). I have discussed any outstanding questions with the interviewer. I wish to provide a saliva sample. I understand that I can decline to provide the saliva sample at any point. I understand that this consent remains valid unless revoked by me in writing and that I may withdraw my consent at any time by contacting Child of the New Century in writing at FREEPOST RTKC-KLUU-RSBH, Child of the New Century, 20 Bedford Way, London WC1H 0AL.

Signed by partner

Date

Interviewer confirmation

I confirm that I have explained the nature of the proposed studies to the person named on this form. I confirm that the person named on this form has read or heard the information booklet ("What would we like you and your child to do?"). I confirm that I have answered any questions they had. I believe that they have a sufficient understanding of the survey and have given their consent voluntarily. I have left a copy of this form with them.

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

P BARCODE

Ipsos MORI
13-025042-02/CF01

YOUNG PERSON
(TO BE COMPLETED BY INTERVIEWER)

Name of young person (print)

INTERVIEWER: You must make sure that the young person understands and agrees to the following points before you start the first young person element (refer to the advance booklet: "What would we like you to do?")

- a) **READ OUT:** Child of the New Century is an important study of your generation. As you know, you are one of the young people who have been chosen out of all of the people in the country of your age. It provides information on young people's health, education and what they do for fun.
- b) **READ OUT:** I will ask you to fill in some questions and do some different activities. I will also ask your parent(s) if they live with you to answer some questions and give us a saliva sample.
- c) **READ OUT:** It's up to you whether you want to take part in the survey. It's ok to do some things and not others. You can stop at any time.
- d) **READ OUT:** Do you have any questions about the study?

Interviewer use only:

YP BARCODE

Interviewer number:

Ipsos MORI

13-025042-02/CF01

INTERVIEWER CHECK: You must make sure that the young person has read and understood the information in the booklets "What would we like you to do?" and if applicable, "Wearing an activity monitor and completing a time-use record". The headings below show which section of the booklets should be read and understood by the young person before asking consent.

For each, ensure that the young person has asked any questions they want to.

Questionnaire ("Answer some questions about your life" in "What would we like you to do?")

READ OUT: I'd like you to answer some questions on my tablet. You can stop at any time. It is not a test so there are no right and wrong answers. If you don't want to answer a question that's ok, you can skip it. It usually takes about 40 minutes.

READ OUT: Are you OK to answer some questions about your life?

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Young person's contact details ("More information about the survey" in "What would we like you to do?")

READ OUT: Would you be willing to give us your mobile phone number so that we can keep in touch with you about the study? It will only be used for Child of the New Century.
IF YES RECORD IN CAPI.

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

READ OUT: Would you be willing to give us your email address so that we can keep in touch with you about the study? It will only be used for Child of the New Century.
IF YES RECORD IN CAPI.

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Activities ("Do some activities to understand how you think" in "What would we like you to do?")

READ OUT: I'd like to ask you to do two activities on my tablet. The word activity looks at how you understand the meaning of words. The decision-making activity looks at how you make decisions. I will show you what to do. You can stop at any time. These usually take about 20 minutes in total.
Are you OK to complete the...

	Yes	No	N/A - No parent consent given
Word activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision-making activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Measurements ("Be measured to understand how you grow" in "What would we like you to do?")

READ OUT: I would like to measure how tall you are, how much you weigh and your body fat percentage. It is ok if you only want some of the measurements taken or if you don't want any taken. You can change your mind once you've started. I won't show or tell anyone (including your parent(s)) your measurements. This will take about 10 minutes in total.
Are you OK for me to measure your...

	Yes	No	N/A - No parent consent given
Height?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Body fat percentage?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Interviewer use only:

YP BARCODE

13-025042-02/CF01

Saliva sample ("Giving a saliva sample for research about genes" in "What would we like you to do?")

READ OUT: I'd like to ask you to give a sample of your saliva. Your parent is happy for you do this. It is still up to you whether you want to do it or not. It is very easy and I will explain how to do it. Your name and address will not be attached to the saliva sample.

READ OUT: Do you agree to give a sample of your saliva for research about genes?

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

IF APPLICABLE: Time-use record ("Completing a time-use record" in "Wearing an activity monitor and completing a time-use record")

READ OUT: I would like you to tell us how you spend your time by filling in a time-use record. We'd like you to do this for one weekday and one weekend day after I've left. For each of the two days, it should take you around 30 minutes to fill in the record.

READ OUT: Are you OK to complete the time-use record?

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

IF APPLICABLE: Activity monitor ("Wearing an activity monitor" in "Wearing an activity monitor and completing a time-use record")

READ OUT: I would like to ask you to wear an activity monitor that measures your physical activity. You will need to wear it on the same two days as the time-use record. It cannot tell where you are or see what you are doing.

READ OUT: Are you OK to wear an activity monitor?

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

READ OUT: Would you be willing to give us your mobile phone number so that we can send you text reminders about the activity monitor and/or time-use record task(s)?
IF YES RECORD IN CAPI.

Yes	No	N/A - No parent consent given
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Interviewer confirmation

I confirm the young person understands what the survey involves; that they have asked all questions they have about the survey and I have answered them to the young person's satisfaction; that the young person is aware they only have to do activities they want to do; and they can stop taking part and change their mind at any time

Name of interviewer (print)

Signed by interviewer

Date

Interviewer use only:

YP BARCODE

13-025042-02/CF01

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