Child Health and Education in the Seventies

A national study in England, Wales and Scotland of all children born 5th–11th April 1970

Under the auspices of the University of Bristol and the National Birthday Trust Fund

Director: Professor Neville R. Butler, MD, FRCP, DCH

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Bristol BS2 8BH
Tel. Bristol 26491/27745

Health District Code
D005A
Child's Local Serial Number
TWIN: D002

Child's Central Survey Number

CONFIDENTIAL

MATERNAL SELF-COMPLETION QUESTIONNAIRE

Full Name of the Child

Sex

Date of birth
April 1970

To the Mother:

This questionnaire is part of a survey into the health and education of 5 year old children. In this form we are asking about the behaviour of your child, your own health and your opinions on a number of subjects. We hope that you will be able to find time to complete the form and that you will find it of interest. We would be grateful to have any remarks you may care to make about the questions in this form and you will find space for this on the last page. All information will be treated in the strictest confidence.

If you should have any difficulty in filling in any part of the form, the Health Visitor will be pleased to advise you.

SECTION 1 Child’s Behaviour

Please put a cross in the box by the answer which best describes which is true about your child’s behaviour.

The following examples will help you to see what is required.

Example 1

PLEASE SAY IF:

Child has dizzy spells

Never in the last 12 months

Less than once a month

At least once a month

At least once a week

Child complains of aching back or limbs

The crosses in these boxes mean that this child has dizzy spells less than once a month, and complains of aching back or limbs at least once a week.

Example 2

DOES CHILD HAVE ANY DIFFICULTY DRESSING?

NO

YES

IF YES, is this with:

Shoes

Socks

Pants

Shirts/dresses etc.

Buttons

Zips

The crosses in these boxes mean that this child has difficulty in dressing, and socks and buttons are the main problems.

PLEASE TURN OVER THE PAGE AND ANSWER THE QUESTIONS
1. Below is a list of minor health problems which most children have at some time. Please tell us how often each of these happens with your child by putting a cross in the box which best describes this.

<table>
<thead>
<tr>
<th></th>
<th>Never in the last 12 months</th>
<th>Less than once a month</th>
<th>At least once a month</th>
<th>At least once a week</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DO06</strong> Complains of headaches</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DO07</strong> Complains of stomach-ache or has vomited</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>DO08</strong> Complains of biliousness</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DO09</strong> Has temper tantrums (that is, complete loss of temper with shouting, angry movements, etc.)</td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

Most children go through "difficult" stages. Please show by putting a cross in the correct boxes whether or not your child has any of the following difficulties at the present time. Please answer every question.

2. **DOES YOUR CHILD HAVE ANY SLEEPING DIFFICULTY?**

   NO [ ]

   YES - MILD [ ] IF YES, which of the following difficulties does he/she have?

   getting off to sleep ......................................................... [ ]

   waking during the night ................................................. [ ]

   waking early in the morning ........................................... [ ]

   nightmares or night terrors .............................................. [ ]

   sleepwalking................................................................. [ ]

   Please describe any sleeping difficulties, including those above:

   .........................................................................................................................

   ...........................................................................................................................

3. **DOES CHILD EVER WET THE BED AT NIGHTS?**

   NO [ ] IF NO, at what age did he/she become dry at night?

   YES [ ] IF YES, is it:

   very occasionally (less than once a week).............. [ ]

   occasionally (at least once a week).................... [ ]

   most nights .......................................................... [ ]

   every night ......................................................... [ ]

4. **DOES CHILD EVER WET HIS/HER PANTS IN THE DAYTIME?**

   NO [ ]

   YES [ ] IF YES, is it:

   very occasionally (less than once a week).............. [ ]

   occasionally (at least once a week).................... [ ]

   most days .......................................................... [ ]

   every day ......................................................... [ ]

5. **DOES CHILD EVER SOIL OR MAKE A MESS IN HIS/HER PANTS?**

   NO [ ]

   YES [ ] IF YES, is it:

   very occasionally (less than once a week).............. [ ]

   occasionally (at least once a week).................... [ ]

   most days .......................................................... [ ]

   every day ......................................................... [ ]
6. DOES CHILD HAVE ANY EATING OR APPETITE PROBLEMS?

NO □ DO19

YES – MILD □

YES – SEvere □ —— IF YES, is it:

□ not eating enough
□ over-eating for more than the occasional meal
□ faddiness

Please describe any other eating problem:

□ DO23

□ DO20

□ DO21

□ DO22

7. DOES CHILD ATTEND SCHOOL, NURSERY SCHOOL, PLAYGROUP OR ANYTHING LIKE THAT?

NO □ DO24A

YES □ —— IF YES, has he/she had tears on arrival

□ NO

□ YES, once or twice a week

□ YES, every day

21.6

8. Below is a series of descriptions of behaviour often shown by children. After each statement are three columns — “Doesn’t apply”, “Applies somewhat”, and “Certainly applies”. If your child definitely shows the behaviour described by the statement put a cross in the box under “Certainly applies”. If he/she shows the behaviour described by the statement but to a lesser degree or less often, place a cross under “Applies somewhat”. If, as far as you are aware, your child does not show the behaviour, place a cross under “Doesn’t apply”.

Please put one cross against each statement.

<table>
<thead>
<tr>
<th>Description</th>
<th>Doesn’t apply</th>
<th>Applies somewhat</th>
<th>Certainly applies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very restless, often running about or jumping up and down, hardly ever still</td>
<td>□ DO25</td>
<td></td>
<td></td>
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<tr>
<td>Is squirmy or fidgety</td>
<td>□ DO26</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Often destroys own or others’ belongings</td>
<td>□ DO27</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequently fights with other children</td>
<td>□ DO28</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not much liked by other children</td>
<td>□ DO29</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Often worried, worries about many things</td>
<td>□ DO30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tends to do things on his own — rather solitary</td>
<td>□ DO31</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Irritable, is quick to “fly off the handle”</td>
<td>□ DO32</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Often appears miserable, unhappy, fearful or distressed</td>
<td>□ DO33</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sometimes takes things belonging to others</td>
<td>□ DO34</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Has twitches, mannerisms or tics of the face or body</td>
<td>□ DO35</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequently sucks thumb or finger</td>
<td>□ DO36</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequently bites nails or fingers</td>
<td>□ DO37</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is often disobedient</td>
<td>□ DO38</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cannot settle to anything for more than a few moments</td>
<td>□ DO39</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tends to be fearful or afraid of new things or new situations</td>
<td>□ DO40</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is fussy or over particular</td>
<td>□ DO41</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Often tells lies</td>
<td>□ DO42</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bullies other children</td>
<td>□ DO43</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
SECTION 2  Mother's Health

Many mothers find caring for their children difficult if their own health is not very good. Listed below are a number of common symptoms that mothers often describe to doctors. We would like you to say if these happen to you by putting a ring round Yes or No as in the examples given.

Here are two EXAMPLES:

Do your hands often tremble? ................................................................. Yes  No

Are you worried about travelling long distances? .................................... Yes  No

This means my hands do not tremble but I am worried about travelling long distances.

PLEASE RING THE CORRECT ANSWER TO EACH OF THE FOLLOWING:

Do you often have back-ache? ................................................... D0 44 Yes  No

Do you feel tired most of the time? .................................................. D0 45 Yes  No

Do you often feel miserable or depressed? ....................................... D0 46 Yes  No

Do you often have bad headaches? .................................................. D0 47 Yes  No

Do you often get worried about things? ........................................... D0 48 Yes  No

Do you usually have great difficulty in falling asleep or staying asleep?  D0 49 Yes  No

Do you usually wake unnecessarily early in the morning? ..................... D0 50 Yes  No

Do you wear yourself out worrying about your health? ....................... D0 51 Yes  No

Do you often get into a violent rage? .............................................. D0 52 Yes  No

Do people often annoy and irritate you? ......................................... D0 53 Yes  No

Have you at times had a twitching of the face, head or shoulders? ........ D0 54 Yes  No

Do you often suddenly become scared for no good reason? ................... D0 55 Yes  No

Are you scared to be alone when there are no friends near you? .......... D0 56 Yes  No

Are you easily upset or irritated? ................................................... D0 57 Yes  No

Are you frightened of going out alone or of meeting people? ............... D0 58 Yes  No

Are you constantly keyed up and jittery? ........................................ D0 59 Yes  No

Do you suffer from indigestion? ..................................................... D0 60 Yes  No

Do you often suffer from an upset stomach? ..................................... D0 61 Yes  No

Is your appetite poor? ..................................................................... D0 62 Yes  No

Does every little thing get on your nerves and wear you out? ............. D0 63 Yes  No

Does your heart often race like mad? .............................................. D0 64 Yes  No

Do you often have bad pains in your eyes? ....................................... D0 65 Yes  No

Are you troubled with rheumatism or fibrositis? .............................. D0 66 Yes  No

Have you ever had a nervous breakdown? ....................................... D0 67 Yes  No

Do you have any other health problems worrying you? .................... D0 68 Yes  No

IF YES, please describe in your own words:

...........................................................................................................
...........................................................................................................
...........................................................................................................
...........................................................................................................
...........................................................................................................
...........................................................................................................
SECTION 3 Opinions

This section asks for your opinion about a wide range of subjects. Please give your own opinions and do not worry about what others may think. There are no “correct” answers to the questions. We expect you will agree with some statements and disagree with others.

If you strongly agree, ring the 'A'
If you mildly agree, ring the 'a'
If you mildly disagree, ring the 'd'
If you strongly disagree, ring the 'D'
If you cannot say whether you agree or disagree with a statement, for instance when it “depends on circumstances”, ring the ‘X’

Please try to answer every one, but if you do not understand a statement leave it out.

These three examples should help you to see how to answer the questions.

Example 1
People are not very co-operative these days
This means I strongly disagree with this statement

Example 2
If people were not so selfish the world would be a happier place
This means I mildly agree with this statement

Example 3
No marriage is complete without children
This means I strongly agree with this statement

PLEASE ANSWER EVERY QUESTION

1. Women need something more from life than they can get by just looking after the home and children

2. Such activities as painting and playing should take second place to teaching reading and arithmetic in infant schools

3. Girls should accept the fact that they will marry and have children and not think about starting a career

4. Strictly disciplined children rarely grow up to be the best adults

5. Young children who never see children’s T.V. miss a lot which is of value

6. It’s best not to visit children under five in hospital because it is too upsetting for the child

7. Women should have the same work opportunities as men

8. If a child is often allowed to have his own way while he is young he will be uncontrollable later
<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Mildly agree</th>
<th>Cannot say</th>
<th>Mildly disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>9. A person that does not let others stand in his way is to be admired</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>10. Things should be made easier for unmarried mothers</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>11. Increases in vandalism and delinquency are largely due to the fact that children nowadays lack strict discipline</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>12. Children should not be allowed to talk at the meal table</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>13. Children under five should always accept what their parents say as being true</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>14. Mothers need a break from their children from time to time during the day</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>15. T.V. is a useful way of keeping the children amused</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>16. It is unreasonable to expect hospitals to upset their routine by allowing unlimited visiting in children’s wards</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>17. Parents should treat young children as equals</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>18. Young children pick up a lot of bad habits from T.V.</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>19. One of the things parents must do is sort out their children’s quarrels for them and decide who is right and wrong</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>20. Some equality in marriage is a good thing, but by and large the husband ought to have the main say-so in family matters</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>21. Nothing is worse than a person who does not feel a great love, gratitude, and respect for his parents</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>22. Unquestioning obedience is not a good thing in a young child</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>23. The State should open more day nurseries so as to make it easier for mothers of young children to go out to work</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>24. The trouble with hospital specialists is that they never have time to explain all their patients would like to know</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>25. People should be satisfied with their lot in this world and not struggle to get more</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
</tr>
<tr>
<td>26. A mother who always gives in to her young child’s demands for attention will spoil him</td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>d</td>
<td>D</td>
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<tr>
<td>27.</td>
<td>There is nothing wrong with a mother going out to work if her children can be properly cared for by someone else</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>28.</td>
<td>Teaching 5 year old children obedience and respect for authority is not as important as all that</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>29.</td>
<td>If pre-school children would pay more attention to what they are told instead of just having their own ideas they would learn more quickly</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>30.</td>
<td>A mother who leaves her children with someone else in order to go out to work is not fit to be a mother unless she needs the money for food and clothes</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>31.</td>
<td>A child should not be allowed to talk back to his parents</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>32.</td>
<td>There are many things a 5 year old child must do with no explanation from his parents</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>33.</td>
<td>A young child must be allowed to be himself even if this means going against his parents' wishes</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>34.</td>
<td>Parents must face the fact that teenagers have different morals to their own when they were that age and must put up with it</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>35.</td>
<td>It is not surprising if educational standards are falling when children have so much freedom in school nowadays</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>36.</td>
<td>A wife must sacrifice her right to go out to work once she has children</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>37.</td>
<td>A mother should accept that her children are sometimes too busy to do as she asks</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>38.</td>
<td>You cannot expect a child under five to understand how another person feels</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>39.</td>
<td>A well brought up child is one who does not have to be told twice to do something</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>40.</td>
<td>A mother's proper place is at home with her children</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>41.</td>
<td>Children under five should never be allowed to watch adult T.V.</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>42.</td>
<td>Children who get upset whilst in hospital soon get over it afterwards</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
<tr>
<td>43.</td>
<td>Girls are just as capable as boys of learning to be engineers</td>
<td>Strongly agree</td>
<td>Mildly agree</td>
<td>Cannot say</td>
<td>Mildly disagree</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A</td>
<td>a</td>
<td>X</td>
<td>D</td>
</tr>
</tbody>
</table>
The last few questions on this page are to give us some idea about how you got on with the form.

1. Did you have any difficulty in understanding any of the questions?  
   NO, no difficulties ................................................................. □
   YES, some questions were difficult ........................................... □
   YES, many questions were difficult ......................................... □
   IF YES, please say which questions were difficult and why
   ..............................................................................................
   ..............................................................................................
   ..............................................................................................

2. Did you have any difficulty in making up your mind about any questions?  
   NO, no difficulty ......................................................................... □
   YES, some difficulty ..................................................................... □
   YES, a lot of difficulty .................................................................. □
   IF YES, please say which questions and why
   ..............................................................................................
   ..............................................................................................
   ..............................................................................................

3. Who answered this form?  
   Mother alone .............................................................................. □
   Father alone ................................................................................ □
   Mother and father together .......................................................... □

4. How long did it take to complete?  
   .......... minutes

5. Any other comments about the form:
   ..............................................................................................
   ..............................................................................................
   ..............................................................................................
   ..............................................................................................
   ..............................................................................................

SEE PAGE 8a

THANK YOU VERY MUCH FOR ALL YOUR HELP
Procedure Adopted for Completion of MSCQ = D118A
Rutter Score Based on Simple Summing = D119
Missing Items For Vars 119 & 120 = D121
Malaise Score = D122
Malaise Score Grouped = D122A
Malaise, Number not stated = D123
Zscore: Attitude to Maternal Employment = D124A
Zscore: Attitude to Sex Equality = D124B
Zscore: Attitude to Better Life for Women = D124C
Zscore: Attitude to TV Viewing = D124D
Zscore: Attitude to Hospital Visiting = D124E
Authoritarian World View = D124F
Authoritarian Child Rearing = D124G
Zscore: Attitude to Child Independence = D124H