

Child Health and Education in the Seventies

A national study in England, Wales and Scotland of all children born 5th—11th April 1970

Under the auspices of the University of Bristol
and the National Birthday Trust Fund

Department of Child Health Research Unit
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Tel. Bristol 26491/27745

Health District Code

Child's Local Serial Number

Child's Central Survey Number

D005A		
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CONFIDENTIAL

SINGLETON OR TWIN = D002

MATERNAL SELF-COMPLETION QUESTIONNAIRE

Full Name of the Child Sex D003

Address Date of birth April 1970

STANDARD REGIONAL CLASSIFICATION = D005B

To the Mother:

This questionnaire is part of a survey into the health and education of 5 year old children. In this form we are asking about the behaviour of your child, your own health and your opinions on a number of subjects. We hope that you will be able to find time to complete the form and that you will find it of interest. We would be grateful to have any remarks you may care to make about the questions in this form and you will find space for this on the last page. All information will be treated in the strictest confidence.

If you should have any difficulty in filling in any part of the form, the Health Visitor will be pleased to advise you.

SECTION 1 Child's Behaviour

Please put a cross in the box by the answer which best describes which is true about your child's behaviour.

The following examples will help you to see what is required.

Example 1

PLEASE SAY IF:

Never in the last 12 months	Less than once a month	At least once a month	At least once a week
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Child has dizzy spells	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child complains of aching back or limbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

The crosses in these boxes mean that this child has dizzy spells less than once a month, and complains of aching back or limbs at least once a week.

Example 2

DOES CHILD HAVE ANY DIFFICULTY DRESSING?

NO

YES IF YES, is this with:

Shoes	<input type="checkbox"/>
Socks	<input checked="" type="checkbox"/>
Pants	<input type="checkbox"/>
Shirts/dresses etc.....	<input type="checkbox"/>
Buttons	<input checked="" type="checkbox"/>
Zips	<input type="checkbox"/>

The crosses in these boxes mean that this child has difficulty in dressing, and socks and buttons are the main problems.

PLEASE TURN OVER THE PAGE AND ANSWER THE QUESTIONS

Please leave blank

1-5

6-8

1. Below is a list of minor health problems which most children have at some time. Please tell us how often each of these happens with your child by putting a cross in the box which best describes this.

	Never in the last 12 months	Less than once a month	At least once a month	At least once a week
D006 Complains of headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D007 Complains of stomach-ache or has vomited	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D008 Complains of bilioussness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D001 Has temper tantrums (that is, complete loss of temper with shouting, angry movements, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

9-12

Most children go through "difficult" stages. Please show by putting a cross in the correct boxes whether or not your child has any of the following difficulties at the present time. Please answer every question.

2. DOES YOUR CHILD HAVE ANY SLEEPING DIFFICULTY?

NO D010

YES - MILD

YES - SEVERE

IF YES, which of the following difficulties does he/she have?

getting off to sleep D011

waking during the night D012

waking early in the morning D013

nightmares or night terrors D014

sleepwalking D015

13

Please describe any sleeping difficulties, including those above:

.....

14, 15

3. DOES CHILD EVER WET THE BED AT NIGHTS? D016A/B

NO IF NO, at what age did he/she become dry at night?

YES IF YES, is it:

very occasionally (less than once a week)

occasionally (at least once a week)

most nights

every night

16

4. DOES CHILD EVER WET HIS/HER PANTS IN THE DAYTIME?

NO D017A/B

YES IF YES, is it:

very occasionally (less than once a week)

occasionally (at least once a week)

most days

every day

17

5. DOES CHILD EVER SOIL OR MAKE A MESS IN HIS/HER PANTS?

NO D018A/B

YES IF YES, is it:

very occasionally (less than once a week)

occasionally (at least once a week)

most days

every day

18

6. DOES CHILD HAVE ANY EATING OR APPETITE PROBLEMS?

NO D019

YES - MILD

YES - SEVERE IF YES, is it:

not eating enough D020

over-eating for more than the occasional meal. D021

faddiness D022

Please describe any other eating problem:
 D023

19,20

7. DOES CHILD ATTEND SCHOOL, NURSERY SCHOOL, PLAYGROUP OR ANYTHING LIKE THAT?

NO D024A

YES IF YES, has he/she had tears on arrival

NO D024B

YES, once or twice a week

YES, every day

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8. Below is a series of descriptions of behaviour often shown by children. After each statement are three columns - "Doesn't apply", "Applies somewhat", and "Certainly applies". If your child definitely shows the behaviour described by the statement put a cross in the box under "Certainly applies". If he/she shows the behaviour described by the statement but to a lesser degree or less often, place a cross under "Applies somewhat". If, as far as you are aware, your child does not show the behaviour, place a cross under "Doesn't apply".

Please put **one** cross against **each** statement.

	Doesn't apply	Applies somewhat	Certainly applies
Very restless. Often running about or jumping up and down. Hardly ever still	<input type="checkbox"/> D025	<input type="checkbox"/>	<input type="checkbox"/>
Is squirmy or fidgety	<input type="checkbox"/> D026	<input type="checkbox"/>	<input type="checkbox"/>
Often destroys own or others' belongings	<input type="checkbox"/> D027	<input type="checkbox"/>	<input type="checkbox"/>
Frequently fights with other children	<input type="checkbox"/> D028	<input type="checkbox"/>	<input type="checkbox"/>
Not much liked by other children	<input type="checkbox"/> D029	<input type="checkbox"/>	<input type="checkbox"/>
Often worried, worries about many things	<input type="checkbox"/> D030	<input type="checkbox"/>	<input type="checkbox"/>
Tends to do things on his own - rather solitary	<input type="checkbox"/> D031	<input type="checkbox"/>	<input type="checkbox"/>
Irritable. Is quick to "fly off the handle".	<input type="checkbox"/> D032	<input type="checkbox"/>	<input type="checkbox"/>
Often appears miserable, unhappy, tearful or distressed	<input type="checkbox"/> D033	<input type="checkbox"/>	<input type="checkbox"/>
Sometimes takes things belonging to others	<input type="checkbox"/> D034	<input type="checkbox"/>	<input type="checkbox"/>
Has twitches, mannerisms or tics of the face or body	<input type="checkbox"/> D035	<input type="checkbox"/>	<input type="checkbox"/>
Frequently sucks thumb or finger	<input type="checkbox"/> D036	<input type="checkbox"/>	<input type="checkbox"/>
Frequently bites nails or fingers	<input type="checkbox"/> D037	<input type="checkbox"/>	<input type="checkbox"/>
Is often disobedient	<input type="checkbox"/> D038	<input type="checkbox"/>	<input type="checkbox"/>
Cannot settle to anything for more than a few moments	<input type="checkbox"/> D039	<input type="checkbox"/>	<input type="checkbox"/>
Tends to be fearful or afraid of new things or new situations	<input type="checkbox"/> D040	<input type="checkbox"/>	<input type="checkbox"/>
Is fussy or over particular	<input type="checkbox"/> D041	<input type="checkbox"/>	<input type="checkbox"/>
Often tells lies	<input type="checkbox"/> D042	<input type="checkbox"/>	<input type="checkbox"/>
Bullies other children	<input type="checkbox"/> D043	<input type="checkbox"/>	<input type="checkbox"/>

22-25

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SECTION 2 Mother's Health

Please leave blank

Many mothers find caring for their children difficult if their own health is not very good. Listed below are a number of common symptoms that mothers often describe to doctors. We would like you to say if these happen to you by putting a ring round Yes or No as in the examples given.

Here are two EXAMPLES:

- Do your hands often tremble? Yes No
- Are you worried about travelling long distances?..... Yes No

This means my hands do not tremble but I am worried about travelling long distances.

PLEASE RING THE CORRECT ANSWER TO EACH OF THE FOLLOWING:

- Do you often have back-ache? D044 Yes No
- Do you feel tired most of the time? D045 Yes No
- Do you often feel miserable or depressed? D046 Yes No
- Do you often have bad headaches? D047 Yes No
- Do you often get worried about things? D048 Yes No
- Do you usually have great difficulty in falling asleep or staying asleep? D049 Yes No
- Do you usually wake unnecessarily early in the morning?..... D050 Yes No
- Do you wear yourself out worrying about your health? D051 Yes No
- Do you often get into a violent rage? D052 Yes No
- Do people often annoy and irritate you?..... D053 Yes No
- Have you at times had a twitching of the face, head or shoulders? D054 Yes No
- Do you often suddenly become scared for no good reason? D055 Yes No
- Are you scared to be alone when there are no friends near you? D056 Yes No
- Are you easily upset or irritated? D057 Yes No
- Are you frightened of going out alone or of meeting people?..... D058 Yes No
- Are you constantly keyed up and jittery?..... D059 Yes No
- Do you suffer from indigestion? D060 Yes No
- Do you often suffer from an upset stomach?..... D061 Yes No
- Is your appetite poor? D062 Yes No
- Does every little thing get on your nerves and wear you out? D063 Yes No
- Does your heart often race like mad?..... D064 Yes No
- Do you often have bad pains in your eyes?..... D065 Yes No
- Are you troubled with rheumatism or fibrositis?..... D066 Yes No
- Have you ever had a nervous breakdown? D067 Yes No
- Do you have any other health problems worrying you?..... D068 Yes No

41-44

45-48

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IF YES, please describe in your own words:

.....

.....

.....

.....

.....

.....

SECTION 3 Opinions

Please leave blank

This section asks for your opinion about a wide range of subjects. Please give your own opinions and do not worry about what others may think. There are no "correct" answers to the questions. We expect you will agree with some statements and disagree with others.

If you strongly agree, ring the 'A'

If you mildly agree, ring the 'a'

If you mildly disagree, ring the 'd'

If you strongly disagree, ring the 'D'

If you cannot say whether you agree or disagree with a statement, for instance when it "depends on circumstances", ring the 'X'

Please try to answer every one, but if you do not understand a statement leave it out.

These three examples should help you to see how to answer the questions.

Example 1

Strongly agree Mildly agree Cannot say Mildly disagree Strongly disagree

People are not very co-operative these days

This means I strongly disagree with this statement

A	a	X	d	D
---	---	---	---	---

Example 2

If people were not so selfish the world would be a happier place

This means I mildly agree with this statement

A	a	X	d	D
---	---	---	---	---

Example 3

No marriage is complete without children

This means I strongly agree with this statement

A	a	X	d	D
---	---	---	---	---

PLEASE ANSWER EVERY QUESTION

Strongly agree Mildly agree Cannot say Mildly disagree Strongly disagree

1. Women need something more from life than they can get by just looking after the home and children

A	a	X	d	D
---	---	---	---	---

D069

2. Such activities as painting and playing should take second place to teaching reading and arithmetic in infant schools

A	a	X	d	D
---	---	---	---	---

D070

3. Girls should accept the fact that they will marry and have children and not think about starting a career

A	a	X	d	D
---	---	---	---	---

D071

4. Strictly disciplined children rarely grow up to be the best adults

A	a	X	d	D
---	---	---	---	---

D072

5. Young children who never see children's T.V. miss a lot which is of value

A	a	X	d	D
---	---	---	---	---

D073

6. It's best not to visit children under five in hospital because it is too upsetting for the child

A	a	X	d	D
---	---	---	---	---

D074

7. Women should have the same work opportunities as men

A	a	X	d	D
---	---	---	---	---

D075

8. If a child is often allowed to have his own way while he is young he will be uncontrollable later

A	a	X	d	D
---	---	---	---	---

D076

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13-16

		Strongly agree	Mildly agree	Cannot say	Mildly disagree	Strongly disagree	
9.	A person that does not let others stand in his way is to be admired	A	a	X	d	D	D077
10.	Things should be made easier for unmarried mothers	A	a	X	d	D	D078
11.	Increases in vandalism and delinquency are largely due to the fact that children nowadays lack strict discipline	A	a	X	d	D	D079
12.	Children should not be allowed to talk at the meal table	A	a	X	d	D	D080
13.	Children under five should always accept what their parents say as being true	A	a	X	d	D	D081
14.	Mothers need a break from their children from time to time during the day	A	a	X	d	D	D082
15.	T.V. is a useful way of keeping the children amused	A	a	X	d	D	D083
16.	It is unreasonable to expect hospitals to upset their routine by allowing unlimited visiting in children's wards	A	a	X	d	D	D084
17.	Parents should treat young children as equals	A	a	X	d	D	D085
18.	Young children pick up a lot of bad habits from T.V.	A	a	X	d	D	D086
19.	One of the things parents must do is sort out their children's quarrels for them and decide who is right and wrong	A	a	X	d	D	D087
20.	Some equality in marriage is a good thing, but by and large the husband ought to have the main say-so in family matters	A	a	X	d	D	D088
21.	Nothing is worse than a person who does not feel a great love, gratitude, and respect for his parents	A	a	X	d	D	D089
22.	Unquestioning obedience is not a good thing in a young child	A	a	X	d	D	D090
23.	The State should open more day nurseries so as to make it easier for mothers of young children to go out to work	A	a	X	d	D	D091
24.	The trouble with hospital specialists is that they never have time to explain all their patients would like to know	A	a	X	d	D	D092
25.	People should be satisfied with their lot in this world and not struggle to get more	A	a	X	d	D	D093
26.	A mother who always gives in to her young child's demands for attention will spoil him	A	a	X	d	D	D094

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Strongly agree Mildly agree Cannot say Mildly disagree Strongly disagree

Please leave blank

- 27. There is nothing wrong with a mother going out to work if her children can be properly cared for by someone else A a X d D D095
- 28. Teaching 5 year old children obedience and respect for authority is not as important as all that A a X d D D096
- 29. If pre-school children would pay more attention to what they are told instead of just having their own ideas they would learn more quickly A a X d D D097
- 30. A mother who leaves her children with someone else in order to go out to work is not fit to be a mother unless she needs the money for food and clothes A a X d D D098
- 31. A child should not be allowed to talk back to his parents A a X d D D099
- 32. There are many things a 5 year old child must do with no explanation from his parents A a X d D D100
- 33. A young child must be allowed to be himself even if this means going against his parents' wishes A a X d D D101
- 34. Parents must face the fact that teenagers have different morals to their own when they were that age and must put up with it A a X d D D102
- 35. It is not surprising if educational standards are falling when children have so much freedom in school nowadays A a X d D D103
- 36. A wife must sacrifice her right to go out to work once she has children A a X d D D104
- 37. A mother should accept that her children are sometimes too busy to do as she asks A a X d D D105
- 38. You cannot expect a child under five to understand how another person feels A a X d D D106
- 39. A well brought up child is one who does not have to be told twice to do something A a X d D D107
- 40. A mother's proper place is at home with her children A a X d D D108
- 41. Children under five should never be allowed to watch adult T.V. A a X d D D109
- 42. Children who get upset whilst in hospital soon get over it afterwards A a X d D D110
- 43. Girls are just as capable as boys of learning to be engineers A a X d D D111

33-36

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The last few questions on this page are to give us some idea about how you got on with the form.

Please leave blank

1. Did you have any difficulty in understanding any of the questions? *D112*

- NO, no difficulties
- YES, some questions were difficult.....
- YES, many questions were difficult

IF YES, please say which questions were difficult and why

.....

.....

.....

52.53

2. Did you have any difficulty in making up your mind about any questions? *D114*

- NO, no difficulty.....
- YES, some difficulty
- YES, a lot of difficulty

IF YES, please say which questions and why

.....

.....

.....

54.55

3. Who answered this form? *D116*

- Mother alone
- Father alone
- Mother and father together

56

4. How long did it take to complete?

D117 minutes

57.58

5. Any other comments about the form:

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.....

.....

.....

.....

.....

.....

59-62

SEE PAGE 8a

THANK YOU VERY MUCH FOR ALL YOUR HELP

Page 8a

Procedure Adopted for Completion of MSCQ= D118A

Rutter Score Based on Simple Summing= D119

Missing Items For Vars 119 & 120= D121

Malaise Score= D122

Malaise Score Grouped= D122A

Malaise. Number not stated= D123

Zscore: Attitude to Maternal Employment= D124A

Zscore: Attitude to Sex Equality= D124B

Zscore: Attitude to Better Life for Women= D124C

Zscore: Attitude to TV Viewing= D124D

Zscore: Attitude to Hospital Visiting= D124E

Authoritarian World View= D124F

Authoritarian Child Rearing= D124G

Zscore: Attitude to Child Independence= D124H