Millennium Cohort Study

Postal Questionnaire
used for
Survey of MCS Mothers
who had received
Successful Fertility Treatment

May 2003



Centre for Longitudinal Studies

Bedford Group for Lifecourse & Statistical Studies Institute of Education, University of London

In collaboration with



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Mothers' Experiences of Fertility Treatment

In Confidence

HOW TO FILL IN THIS QUESTIONNAIRE						
Please answer the questions by:						
Ticking a box like this	✓					
Or writing a number like this	2 3					
Sometimes you will find an instruction telling you which questions to answer next like this	Yes					
	No GO TO Q4 below					
Sometimes you will need to write in your answer using the space provided	Travelled by train					
HOW TO RETURN THIS QUESTIONNAIRE						
Please complete and sign the consent form and return	n it to us in the SMALL FREEPOST envelope					
If you are willing to complete the questionnaire, pleas the LARGER FREEPOST envelope	se fill in as much as you can and return it to us in					
If you would prefer to complete the questionnaire over form	er the telephone, please let us know on the consent					
If you do not wish to participate in the study just retu envelope	rn the consent form to us in either FREEPOST					
PLEASE START THE QUESTION	NNAIRE AT Q1 ON PAGE 2					
THANK YOU AGAIN FOR YOUR HELP						

SECTION ONE: SEEKING FERTILITY TREATMENT

This section asks you about where you FIRST sought fertility treatment to help you get pregnant as well as how long it took to gain access to the treatment you required.

	How long were you trying to get pregnant before you first went t the GP to discuss fertility treatment?	0	
	Please write the number of months in this box.		117-119
	When was the first time you ever sought medical help for fertility?		
	Please write the month in this box. (e.g.July=07)		120-121
	Please write the year in this box.		122-125
	Whom did you first go to see to seek medical help? (e.g. GP, Fert Gynaecologist etc) (If you did not see your GP for help go to Q9 on page 3)	tility specialist,	126-185
-	Did the GP advise or prescribe any treatment for you? Tick	all that apply	186-19 (SPARE 192-199
	No, the GP did not advise any treatment for me	1	
	Yes, the GP prescribed clomid/seraphane tablets	2	
	Yes, the GP discussed lifestyle changes with me – smoking	3	
	Yes, the GP discussed lifestyle changes with me – drinking	4	
	Yes, the GP discussed lifestyle changes with me – drinking Yes, the GP discussed lifestyle changes with me – weight loss	5	

Q 5	Did the GP refer you to a fertility specialist?
	Tick <u>one</u> box
	Yes GO TO Q6 below
	No GO TO Q9 below
Q6	Which clinic were you referred to? (please write the name and location of the clinic below)
Q7	How many months was it between your first visit to the GP and when the GP decided to refer you to see a fertility specialist? Please write the number of months in this box.
Q8	Following the GP's letter of referral, how long did you wait until your first visit to the fertility clinic? Please write the number of months in this box.
Q9	Did you (or your partner) have medical tests or investigations to find out why you had difficulty getting pregnant? Tick one box
	Yes GO TO Q10 on page 4
	No GO TO Q13 on page 5
	Unsure (please explain below) GO TO Q13 on page 5

Q10	Please tick below who had tests or investigations fertility clinic (or both). Please write details below if you wish.	and whether	r they were p	rescribed by th	ne GP or the
	riease write details below if you wish.	Who had tests	GP prescribed	Fertility clin prescribed	
	My partner and I both had tests (or investigations)	473		474-475	GO TO Q11 below
	Only I have had tests (or investigations)	2	1	476-477	GO TO Q12 below
	Only my partner has had tests (or investigations)	3	1	178-479	GO TO Q12 below
					(SPARE 480-499) 513-599
211	Did you and your partner have tests at the same	referral?			613
			Tick one bo	ΟX	
	Yes, we both received tests at the	same referra	I 1		
	No, my partner h	nad tests first	t		
	No, I receive	ved tests first	t		
	(please write de	Other tails below)			614-699
212	What did the tests show as the likely cause or cause	ses of the dif	- ficulty in get	ting pregnant?	713-718
		Tie	ck <u>all</u> that a	ipply	
	A problem with the sperm	(male factor))		
	A problem with the fa	allopian tubes	5		
	A problem with ovulation (relea	sing the egg)) 3		
	E	Endometriosis	S4		
	No reason found ((unexplained)) 5		
	(please write de	Other tails below)			719-799

SECTION TWO: TYPE OF FERTILITY TREATMENT RECEIVED

Now we would like to ask about fertility treatment leading to the birth of your child/children in the Child of the New Century Study, whether or not it followed on from the experience described in Section One.

Q13	Did the treatment which led to the birth of your chi Century Study follow directly from the consultations	s described in		?	813
		Yes	1		
		No	2		
Q14	Which fertility treatment led to the birth of your ch Study?				ry
			k <u>all</u> that ap	. •	
	Clomid/Seraphane (Tablets to make you produce more eggs)	Yes	No 2	Unsure 3	814
	Ovulation Induction (Injections to make you produce more eggs)	1	2	3	815
	Diathermy to your ovaries	1	2	3	816
Intraut	terine insemination of your partners sperm (IUI) (Putting sperm directly into the womb)	1	2	3	817
In	trauterine insemination of donor sperm (DI)	1	2	3	818
	Gamete intra-fallopian tube transfer (GIFT)	1	2	3	819
	In-vitro fertilisation (IVF)	1	2	3	820
IVF W	ith Intra-cytoplasmic sperm injection (ICSI) (Injecting a single sperm into the egg)	1	2	3	82
	Frozen embryo transfer	1	2	3	822
	Specific treatment for your partner (please explain below)	1	2	3	823
	Other (please write details below)	1	2	3	824

SECTION THREE: DRUG TREATMENT FOR FERTILITY

Now we would like to ask you more about any drug treatments which led to the birth of your child/children in the Child of the New Century Study.

Q15	Did you receive any fertility drugs to help you cond	ceive in this pr	egnancy?		913
		Т	ick <u>one</u> b	ox	
		Yes	1	GO TO Q16 below	w
		No	2	GO TO Q17 on pa	age 7
		Unsure	3	GO TO Q17 on pa	age 7
Q16	Please tick whether you received any of the follow (Remember, you may have used these drugs	for Ovulation		•	CSI)
		Yes	<u></u> No	Unsure	
(Inj	HMG (Human Menopausal Gonadotrophin) ection of hormones to increase the number of eggs the ovary produces e.g. pergonal, humegon, menogon)	1	2	3	914
(Inj	Follicle Stimulating Hormone ection of hormones to increase the number of eggs the ovary produces e.g. metrodin, menopur)	1	2	3	915
	(Recombinant Follicle Stimulating Hormone) ection of hormones to increase the number of eggs the ovary produces e.g. Puregon, Gonal F)	1	2	3	916
	HCG (Human Chorionic Gonadotrophin) n given to mature eggs just before they are released with IUI to IVF egg collection e.g. Gonadotrophin LH, pregnyl, profasi)	1	2	3	917
	Down Regulation Drugs (Nasal drugs for IVF e.g. synarel, buserelin, nafarelin)	1	2	3	918

SECTION FOUR: PREVIOUS FERTILITY TREATMENT

This section asks whether you have ever received fertility treatment **NOT** related to the pregnancy leading to the birth of your child/children in the Child of the New Century Study

Q17	Have you ever had other fertility treatment in the past before the treatment which led to your pregnancy with the child/children in the Child of the New Century Study?						
		Т	ick <u>one</u> b	ох			
		Yes	1	GO TO Q18 be	ow		
		No	2	GO TO Q26 on	page 10		
Q18	In which year was treatment started?				920-923		
	Please write the year i	n this box.			920-923		
Q19	Please state which of the following fertility treatme	ent(s) you rece	eived in the	e past.			
			all that a				
	aa	Yes	No	Unsure			
	Clomid/Seraphane (Tablets to make you produce more eggs)	1	2	3	924		
	Ovulation Induction (Injections to make you produce more eggs)	1	2	3	925		
	Diathermy to your ovaries	1	2	3	926		
Intra	uterine insemination of your partners sperm (IUI) (Putting sperm directly into the womb)	1	2	3	927		
L	ntrauterine insemination of donor sperm (DI)	1	2	3	928		
	Gamete intra-fallopian tube transfer (GIFT)	1	2	3	929		
	In-vitro fertilisation (IVF)	1	2	3	930		
IVF v	with Intra-cytoplasmic sperm injection (ICSI) (Injecting a single sperm into the egg)	1	2	3	931		
	Frozen embryo transfer	1	2	3	932		
	Specific treatment for your partner (please explain below)	1	2	3	933		
	Other (please write details below)	1	2	3	934 935-999		

SECTION FIVE: DRUG TREATMENT TAKEN IN THE PAST FOR FERTILITY

Now we would like you to tell us details about fertility drugs you may have received in the past **NOT** related to the birth of your child/children in the Child of the New Century Study.

Q20	Have you been prescribed fertility drugs in the past? (NOT related to the birth of your child/children in the past)		the New Ce	ntury Study	1013
			Tick <u>one</u> bo	ЭX	
		Yes	1	GO TO Q21	below
		No	2	GO TO Q22	on page 9
		Not sure	3	GO TO Q22	on page 9
	Please tick for each drug whether you received it or took it for. (Remember, you may have used any of th Ovulation induction, IUI, IVF or ICSI)				
			Tick <u>all</u> t	that apply	
		Yes	If yes, no. of cycles	No	Not Sure
(Ir	HMG (Human Menopausal Gonadotrophin) njection of hormones to increase the number of eggs the ovary produces e.g. pergonal, humegon, menogon)	1	1015-1016	2	3 1014
(Ir	Follicle Stimulating Hormone njection of hormones to increase the number of eggs the ovary produces e.g. metrodin, menopur)	1	1018-1019	2	3 1017
	(Recombinant Follicle Stimulating Hormone) n of hormones to increase the number of eggs the ovary produces e.g. Puregon, Gonal F)	1	1021-1022	2	3 1020
<i>(</i> 1, 1, 1)	HCG (Human Chorionic Gonadotrophin)		1024-1025		1023
	on given to mature eggs just before they are released with IUI to IVF egg collection e.g. Gonadotrophin LH, pregnyl, profasi)	1	1027-1028	2	3
	Down Regulation Drugs (Nasal drugs for IVF e.g. synarel, buserelin, nafarelin)	1		2	1026

Q22	Did these earlier treatments lead to a pregnancy/pregnancies? (Use additional space below if you had more than one previous fertility treatment)	pregnancy	y related to
		ick <u>one</u> b	ox
	Yes	1	GO TO Q23 below
	No	2	GO TO Q26 on page 10
Q23	How many babies did you conceive?		1030
	٦	ick <u>one</u> b	ох
	Single baby	1	
	Twins	2	
	Triplets or more	3	
Q24	Did the pregnancy lead to a live birth or births? (Please write more details below if you would like)		1031
	-	ick <u>one</u> b	ox
	Yes	1	GO TO Q25 below
	No	2	GO TO Q26 on page 10
Q25	How many babies did you have?		1032
	٦	ick <u>one</u> b	ох
	Single baby	1	
	Twins	2	
	Triplets or more	3	
			1033-1099

SECTION SIX: COSTS OF FERTILITY TREATMENT

The costs of having fertility treatment varies throughout the country. Often women and their families must pay a significant amount for the treatment. We would like to ask you whether you had to pay for treatment and if so how much you have paid altogether for fertility treatment ever in the past.

Q26	Did you receive any private care for fertility treatment (by paying outside the NHS)?	1113
	Tick <u>one</u> box	
	Yes GO TO Q27 below	
	No GO TO Q28 below	
Q27		4-1199 3-1299
		_
Q28	Did you receive any NHS care for fertility treatment (without having to pay for it)?	1313
	Tick <u>one</u> box	
	Yes GO TO Q29 below	
	No GO TO Q30 below	
Q29		4-1399 3-1499
		<u> </u>
Q30	Diagon liet which tertility druge you haid tor	3-1599 3-1699
		- -
Q31		3-1799 3-1899

	in Conjuen	ce			
Q32	Can you give us an estimate of how much you paid (If unsure please write an estimate of the overall				us)
	Yes I paid	£	for drugs		1913-1917
	I did not pay separately for drugs but paid	£	for all the (private ca	care I received re)	1918-1923
Q33	For each fertility treatment that you have ever rectreatment (e.g. you and your partner, GP, NHS, otherstimate how much you or your family paid. Please write who paid and how much you have	her). If you paid fo	or any of the	•	ase
		Who paid?	,	our cost £	
	Clomid/Seraphane (Tablets to make you produce more eggs)	1950-1969			1944-1949
	Ovulation Induction (Injections to make you produce more eggs)			(CDADE	1970-1975
	Diathermy to your ovaries	1976-1995		(SPARE	1996-1999) 2013-2018
Intrau	uterine insemination of your partners sperm (IUI) (Putting sperm directly into the womb)	2019-2038			2039-2044
Ir	ntrauterine insemination of donor sperm (DI)	2045-2064			2065-2070
	Gamete intra-fallopian tube transfer (GIFT)	2071-2090			2091-2096
	In-vitro fertilisation (IVF)	2113-2132		(SPARE	2097-2099) 2133-2138
IVF v	vith Intra-cytoplasmic sperm injection (ICSI) (Injecting a single sperm into the egg)	2139-2158			2159-2164
	Frozen embryo transfer	2165-2184			2185-2190
	Andrology test for partner	2213-2232		(SPARE	2191-2199) 2233-2238
	Treatment for partner	2239-2258			2259-2264
	Please add any details below:			(SPARE	2265-2299) 2313-2399

SECTION SEVEN: YOUR EXPERIENCES OF FERTILITY TREATMENT

We would like you to tell us some details about the impact receiving fertility treatment had on your life. We would like you to tell us about all your experience of fertility treatment not just the treatment leading to the birth of your child/children in the Child of the New Century Study.

Q34	How many visits have you made to your GP to discuss or receive	fertility tr	eatment?	
P	lease write the approximate number of visits in this box.			2413-2415
Q35	If you have a partner please write an estimate of the number of wade to the GP related to your fertility treatment.	visits your	partner has	
P	lease write the approximate number of visits in this box.			2416-2418
Q36	Have you received treatment at more than one fertility clinic to tr	y to get p	regnant?	2419
		Γick <u>one</u>		
	Yes	1	GO TO Q3	7 below
	No, I only attended one fertility clinic	2	GO TO Q4	0 below
	No, I never went to a fertility clinic	3	GO ТО Q4	4 on page 13
Q37	How many clinics did you go to for treatment?			2420-2422
	Please write the number of clinics in this box			2420 2422
Q38	Please give us the names of the clinics you attended in addition to at Q5.	o the clini	c you mentio	oned ²⁴²³⁻²⁴⁹⁹ ₂₅₁₃₋₂₅₉₉
Q39	Please tell us why you went to more than one clinic.			2613-2699 2713-2799
Q40	How many appointments have you ever had at fertility clinic(s) in	total?		
	Please write the number of appointments in this box.			2813-2815

For Q41-Q43 please indicate the distance and relevant costs for the most recent clinic you visited.

Q41	For the most recent appointment how many miles did you have to travel (roundtrip)?	0		201/ 2010
	Please write the number of miles in this box.			2816-2819
	Please write the number of miles your partner travelled in this box.			2820-2823
Q42	How did you travel to the clinic (e.g. rail, car, bus)?			2824-2899
Q43	Please estimate the total cost to you (and your partner) of your most recent visit to the clinic.			2913-2919
	Please write the cost in this box.	£		2/13-2/1/
Q44	Did you ever need to take time off work to receive fertility treatm	ent?		2920
	Ti	ick <u>one</u> b	ох	
	Yes	1	GO	TO Q45 below
	Not applicable as I was not working	2	GO	TO Q47 on page 14
	No I did not need to take time off work	3	GO	TO Q47 on page 14
	No I was not able to take time off work	4	GO	TO Q47 on page 14
Q45	How many days did you take off work to receive fertility treatment?			2921-2923
	Please write the number of days in this box.			2921-2923
Q46	Please indicate how this time off was arranged.			2924-2925
	Tick	all that a	apply	•
	I was allowed time off work (paid)	1		
	I took the time off work (unpaid or annual leave)	2		
	Please give further details if you would like:			2926-2999
-				

Q4 /	Did your partner need to take time off work to	receive fertility tre	atment?		301	
		Tic	k <u>one</u> b	ΟX		
		Yes	1	GO TO Q48 below		
	Not applicable as my partner v	vas not working	2	GO TO Q50 below		
	No my partner did not need to tal	ce time off work	3	GO TO Q50 below		
	No my partner was not able to tal	ce time off work	4	GO TO Q50 below		
Q48	How many days did your partner take off work treatment?	to receive fertility				
	Please write the number of day	s in this box.			3014-3016	
Q49	Please indicate how this time off was arranged.				3017-301	
	Tick <u>all</u> that apply					
	My partner was allowed time off work (paid)					
	My partner took the time off work (unpaid	d, annual leave)	2			
Q50	How disruptive was receiving fertility treatment to your life? Please tick one box and explain below.					
	Not at all Slightly Mo	derately	Very	Extremely		
	1 2	3	4	5	3019 3020-3099 3113-3199	
					_	
Q51	In what ways could your experience of fertility treatment have been improved?				3213-3299 3313-3399	
					_	
Q52	What, if anything, would you like to tell policy experiences of fertility treatment?	makers in the NHS	or Goverr	nment about your	3413-3499 3513-3599	

to tell us anything else that you would like to about your fertlility treatment.					
					3613-3699
					3713-3799 3813-3899 3913-3999

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE