

Time use diary data, by gender

Note: Time spent is given as the mean (average) among those who did participate

	Monday to Friday (excluding school holidays) N=2,305		Monday to Friday (including school holidays) N=3,506		Saturday and Sunday N=3,493	
	Participation	Time spent	Participation	Time spent	Participation	Time spent
PERSONAL CARE Including taking a shower/bathing, grooming, getting dressed.	89% Boys: 84% Girls: 94%	60m Boys: 45m Girls: 1h 12m	85% Boys: 79% Girls: 89%	1 h Boys: 45m Girls: 1h 12m	79% Boys: 72% Girls: 85%	1h 1 m Boys: 45m Girls: 1h 12m
HOMEWORK	40% Boys: 35% Girls: 44%	1h 13m Boys: 1h 9m Girls: 1h 16m	31% Boys: 27% Girls: 34%	1h 17m Boys: 1h 12m Girls: 1h 19m	27% Boys: 23% Girls: 30%	1h 30m Boys: 1h 27m Girls: 1h 32m
CHORES Cooking, cleaning, and shopping for the household; fixing things around the house, fixing bike, gardening; looking after brothers, sisters, other children in household; looking after parent or other adult in the household (medical or personal); pet care.	25% Boys: 19% Girls: 31%	44m Boys: 41m Girls: 45m	30% Boys: 23% Girls: 37%	54m Boys: 53m Girls: 55m	37% Boys: 29% Girls: 44%	1h 3m Boys: 1h Girls: 1h 5m
PHYSICAL EXERCISE Cycling; individual ball games and training (e.g. tennis, badminton); jogging, running, walking, hiking; team ball games and training (e.g. football, hockey), swimming and other water sports; other exercise and sports, dancing, keeping fit and other sport (e.g. skateboarding, gymnastics).	42% Boys: 46% Girls: 39%	1h 29m Boys: 1h 31m Girls: 1h 27 m	41% Boys: 45% Girls: 38%	1h 33m Boys: 1h 38m Girls: 1h 28m	40% Boys: 42% Girls: 38%	1h 43min Boys: 1h 34m Girls: 1h 52m

SOCIAL MEDIA Answering emails, instant messaging, browsing and updating social network sites; general internet browsing; programming (not time on social networking sites).	50% Boys: 39% Girls: 61%	1h 21 Boys: 1h 23m Girls: 1h 20m	49% Boys: 38% Girls: 60%	1h 26m Boys: 1h 27m Girls: 1h 25m	50% Boys: 39% Girls: 61%	1h 28m Boys: 1h 24m Girls: 1h 30m
ENTERTAINMENT MEDIA Listening to music, radio, iPod, other audio content; playing electronic games and apps; watching TV, DVDs, downloaded videos.	72% Boys: 75% Girls: 69%	2h 35m Boys: 3h 12m Girls: 1h 59m	72% Boys: 75% Girls: 70%	3h 3m Boys: 3h 33m Girls: 2h 22m	79% Boys: 81% Girls: 76%	4h 0m Boys: 4h 47m Girls: 3h 14m
Playing electronic games and apps	28% Boys: 48% Girls: 10%	2h 19m Boys: 2h 37m Girls: 57m	30% Boys: 50% Girls: 12%	2h 31m Boys: 2h 52m Girls: 1h 15m	36% Boys: 58% Girls: 17%	3h 2m Boys: 3h 32 Girls: 1h 33m
Listening to music, radio, iPod, other audio content	16% Boys: 12% Girls: 21%	55m Boys: 58m Girls: 53m	16% Boys: 12% Girls: 20%	56m Boys: 57m Girls: 55m	18% Boys: 12% Girls: 23%	1h 1m Boys: 59m Girls: 1n 2m
Watching TV, DVDs, downloaded videos	55% Boys: 52% Girls: 58%	1h 55m Boys: 1h 57m Girls: 1h 53m	57% Boys: 54% Girls: 60%	2h 17m Boys: 2h 23m Girls: 2h 12m	67% Boys: 63% Girls: 70%	2h 51m Boys: 2h 52m Girls: 2h 51m
HOBBIES/OTHER Did nothing, just relaxing, bored, waiting; hobbies, arts and crafts, musical activities, writing stories, poetry etc; reading (not for school); other activities not listed.	53% Boys: 46% Girls: 60%	1h 39m Boys: 1h 35m Girls: 1h 41m	54% Boys: 47% Girls: 62%	1h 57 m Boys: 1h 49m Girls: 2h 3m	58% Boys: 53% Girls: 63%	2h 19m Boys: 2h 18m Girls: 2h 19m
Did nothing, just relaxing, bored, waiting	23% Boys: 21% Girls: 24%	1h 1m Boys: 1h 2m Girls: 1h 1m	24% Boys: 22% Girls: 27%	1h 14m Boys: 1h 12m Girls: 1h 16m	26% Boys: 23% Girls: 29%	1h 22m Boys: 1h 29m 1h 16m
Hobbies, arts and crafts, musical activities, writing stories, poetry etc	13% Boys: 11%	1h 8m Boys: 1h 9m	13% Boys: 10%	1h 16m Boys: 1h 13m	15% Boys: 11%	1h 26m Boys: 1h 25m

	Girls: 14%	Girls: 1h 8m	Girls: 15%	Girls: 1h 20m	Girls: 18%	Girls: 1h 27m
Reading (not for school)	10% Boys: 7% Girls: 14%	56m Boys: 53m Girls: 58m	11% Boys: 6% Girls: 15%	1h 2m Boys: 1h Girls: 1h 3m	12% Boys: 9% Girls: 15%	1h 12m Boys: 1h 9m Girls: 1h 13m
Other activities not listed	29% Boys: 25% Girls: 33%	1h 21m Boys: 1h 15m Girls: 1 25m	31% Boys: 26% Girls: 35%	1n 37m Boys: 1h 33m Girls: 1h 40m	32% Boys: 30% Girls: 33%	2h 4m Boys: 2h 7m Girls: 2h 1m