

BCS70 age 46 follow up – Summary of questionnaire content

<p>Introduction</p>	<p>Introduction Confirmation of name, sex, date of birth etc. Whether interview through an interpreter Type of accommodation</p> <p>Confirmation of contact details Home address Home telephone number Mobile telephone number Email address</p>
<p>Relationships</p>	<p>Information collected about all co-habiting relationships since previous interview (up to and including current partner): When started living together Whether male or female Age of partner when started living together Legal status of partner when moved in together Whether got married When got married When stopped living together (ex-partners only) Whether got divorced (ex-partners only) When got divorced (ex-partners only) When partner died (ex-partners only)</p>
<p>Children</p>	<p>Information collected about all cohort member’s children (including non-biological children): Sex of child Date of birth Child’s relationship to cohort member Whether child lives with cohort member When child started living with cohort member When child last lived with cohort member (if no longer)</p>
<p>Other household members</p>	<p>Information collected about all other household members: Sex Date of birth Relationship to cohort member When started living with cohort member When stopped living with cohort member (if no longer)</p>
<p>Family</p>	<p>Non-cohabiting relationship: Length of relationship Sex of partner</p>

	<p>Grandchildren: Number of grandchildren</p> <p>Parents: Whether mother is still alive Whether father is still alive Age of cohort member when mother died Age of cohort member when father died</p> <p>Frequency of meeting up with family members Frequency of meeting up with friends Whether anyone would be willing to listen to cohort member's problems</p>
Housing	<p>Housing history:</p> <p>Whether living at same address as at last interview</p> <p>Details of all previous addresses: Date of move Reasons for moving Postcode/Town/County of previous address Periods of having no fixed address</p> <p>Current address: Date moved to current address Type of accommodation (eg house, flat) Number of rooms in home Tenure Whose name accommodation is held in (if has partner)</p>
Employment	<p>Economic Activity History:</p> <p>Details of all periods of economic activity: Dates If employed: Job details to derive SOC Reason for changing job</p> <p>If currently an employee: Job details to derive SIC Organisation type Gross pay Net pay Hours (including overtime) Whether does shift work Whether has a zero hours contract</p> <p>If self-employed: Whether runs own business or works for others Take home income in last year Hours</p> <p>Whether main job involves shift work Job satisfaction Frequency of working at night between 10pm and 4am Frequency of working in the early morning between 4am and 7am</p>

	<p>Other jobs: Number of jobs Frequency of hours worked at other job</p>
Partner	<p>Current main economic activity Whether working full or part-time Whether temporarily or long-term sick or disabled</p>
Income	<p>Sources of income (cohort member and partner) Total take home income after tax and deductions How well cohort member is managing financially Savings and investments</p> <p>Debt: Type of debt (except mortgages) Total amount of debts</p>
Education	<p>Whether obtained any recognised qualifications since last interview Qualifications achieved in reference period</p> <p>For each type of qualification: Number of qualifications Grade / level Date qualification achieved Who paid fees</p>
Health	<p>Self-rating of general health Self-rating of general health compared to a year ago</p> <p>Any physical or mental health conditions or illnesses lasting or expected to last 12 months Whether illnesses/conditions reduce ability to carry out day to day activities Length of time ability to carry out day to day activities has been reduced</p> <p>Health problems since last interview (21 broad conditions with follow-up questions to identify specific conditions plus details of any 'other' conditions)</p> <p>For each health problem: Whether health problem diagnosed by a doctor</p> <p>Rose Angina Scale</p> <p>Whether taking any medicines</p> <p>For each medication: Name of medication Purpose of medication (if name not given) Whether used medication in last 7 days</p> <p>Whether respondent has any long acting medication</p> <p>For each long acting medication: Name of long-acting medication</p>

	<p>Purpose of long-acting medication (if name not given) How often respondent has long acting medication Whether respondent has taken medication in last period</p> <p>How many times attended hospital/clinic as out-patient Whether been in hospital/clinic as in-patient Days spent in hospital/clinic as in-patient</p> <p>Self-rating of dental health</p>
Smoking and drinking	<p>Smoking: Whether smokes (or used to smoke) Number of cigarettes smoked per day Age started smoking regularly Age when quit smoking</p> <p>Whether uses electronic cigarette Whether partner smokes (or used to smoke)</p> <p>Drinking: Type of drink consumed in last week Amount of beer drank in last week Amount of spirits drank in last week Amount of wine drank in last week Number of alcopops in last week</p>
Diet	Number of days per week eats breakfast
Exercise	Number of days in a typical week does 30 mins or more of exercise
Height and weight	<p>Self-assessment height Self-assessment weight Cohort member's assessment of their weight (underweight to overweight) Whether trying to lose weight, gain weight or stay about the same</p>
Sleep	<p>Average time it takes to fall asleep Average number of hours of sleep had per night over the last 4 weeks Frequency of waking and having trouble falling back asleep in last 4 weeks Frequency of getting enough sleep to feel rested on waking in last 4 weeks Whether snores</p>
Computer Assisted Self-Interview	<p>Attitudes and actions about work: Whether has to work very fast Whether has to work very intensively Whether has enough time to do everything Whether learns new things through work Whether work demands a high level of skill/expertise Whether has choice in deciding how to do work Whether has choice in deciding what to do at work Whether job provides variety of interesting things Whether different groups demand different things</p> <p>Work life balance satisfaction Satisfaction with partner's work life balance</p>

	<p>Relationship satisfaction Rating of partner's health</p> <p>AUDIT-PC(problematic drinking): Frequency of having an alcoholic drink Number of alcoholic drinks consumed on a typical day when drinking Frequency of not being able to stop drinking once started over last year Frequency of failing to do what was expected due to drinking in last year Has a relative/friend/health worker been concerned about their drinking</p> <p>Mental health: Whether seen a doctor or specialist for a mental health problem (5 broad mental health symptoms and one "other" category) Whether still suffers from mental health problem Whether seen a doctor or specialist for the mental health problem in the last 12 months</p> <p>Details of any children who have died</p> <p>Pregnancy (women only): Unsuccessful pregnancies and terminations</p> <p>Menopause (women only): Use of contraception Whether has had hysterectomy or oophorectomy Age had operation (if applicable) Whether has had period or menstrual bleeding in last 12 months Reason periods have stopped (if applicable) Whether has had period in last 3 months Date of last period Whether regularity of periods has changed in last few years When change in regularity of periods was noticed Whether has experienced symptoms of menopause in the last 12 months Whether currently on HRT Whether has ever had HRT When HRT started (if applicable) Whether periods had stopped before starting HRT Date of last period before HRT</p> <p>Voting behaviour and party support: Whether voted in last general election Who voted for</p> <p>Number of cars or vans owned</p> <p>Life satisfaction Expected life satisfaction in 10 years' time</p>
Cognitive function	<p>Word-list recall test Animal naming task Letter cancellation task</p>

	Delayed word-list recall test
Paper self-completion (Pre-interview)	<p>Warwick-Edinburgh Mental Wellbeing Scale A series of questions to measure wellbeing at a population level focusing on positive feelings.</p> <p>SF-36 scale: physical functioning, role limitations due to physical health, role limitations due to emotional problems, energy/fatigue, emotional well-being, social functioning, pain, general health</p> <p>Modified Cambridge EPIC physical activity questionnaire full scale: A series of questions asking about physical activity in everyday life</p> <p>Social participation: Whether a member of a range of social groups (eg political parties, neighbourhood watch, evening classes, gym classes) Frequency of participation</p> <p>Malaise scale: A series of questions designed to detect levels of emotional disturbance, well-being and stress</p>

Nurse visit	<p>Anthropometry Height Weight Body fat percentage Water percentage Hip circumference Objective Waist circumference</p> <p>Blood pressure Systolic blood pressure reading Diastolic blood pressure reading</p> <p>Maximal grip strength</p> <p>Leg raise / balance Blood sample</p> <p>Placement of ActivPal accelerometer</p>
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Online Diet Questionnaire	<p>Oxford WebQ - 24 hour recall of food and drink consumption on 2 days randomly selected from the 7 days following nurse visit.</p> <p>Nutrient intake automatically derived.</p>
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